
THE GENERAL ASSEMBLY OF PENNSYLVANIA

SENATE RESOLUTION

No. 290 Session of
2020

INTRODUCED BY BROWNE, SANTARSIERO, BARTOLOTTA, IOVINO, MARTIN,
J. WARD, DINNIMAN, KILLION, BREWSTER, MUTH, FONTANA, MENSCH,
PHILLIPS-HILL, BAKER, BLAKE, HUGHES AND COSTA,
JANUARY 29, 2020

INTRODUCED AND ADOPTED, JANUARY 29, 2020

A RESOLUTION

1 Recognizing the week of February 24 through March 1, 2020, as
2 "Eating Disorders Awareness Week" in Pennsylvania in
3 conjunction with the observance of "National Eating Disorders
4 Awareness Week."

5 WHEREAS, The National Eating Disorders Association's (NEDA's)
6 "National Eating Disorders Awareness Week" is the largest and
7 best-known eating disorders outreach effort in the country; and

8 WHEREAS, The goal of "National Eating Disorders Awareness
9 Week" or "NEDAwareness Week" is to shine the spotlight on eating
10 disorders by educating the public, spreading a message of hope
11 and putting life-saving resources into the hands of those in
12 need; and

13 WHEREAS, Eating disorders have the highest mortality rate of
14 any mental illness and approximately 30 million Americans
15 struggle at some point in their lives with an eating disorder;
16 and

17 WHEREAS, These disorders affect people across all backgrounds
18 and include anorexia nervosa, bulimia nervosa and binge eating

1 disorders; and

2 WHEREAS, In 2019, "NEDAwareness Week" encouraged individuals
3 to *Come as You Are*, highlighting NEDA's movement toward
4 inclusivity in the greater eating disorder community and
5 unifying the field; and

6 WHEREAS, *Come as You Are* is intent on conveying to
7 individuals at all stages of body acceptance and eating
8 disorders recovery that their stories are valid; and

9 WHEREAS, Building off of last year's success, the theme for
10 this year, *Come as You Are: Hindsight is 2020*, reflects on the
11 positive steps that individuals have taken, including those
12 stemming from setbacks and challenges, toward accepting
13 themselves and others; and

14 WHEREAS, The goal of the 2020 *Come as You Are: Hindsight is*
15 *2020* theme is to expand conversations, dispel myths, provide an
16 online screening tool and share a wide range of experiences,
17 resources and diverse stories of recovery; and

18 WHEREAS, Signs and symptoms of eating disorders are often
19 overlooked, and many individuals, families and communities are
20 unaware of the devastating mental and physical consequences of
21 eating disorders, as well as the pressures, attitudes and
22 behaviors that shape them; and

23 WHEREAS, Many cases of eating disorders go undetected and
24 less than one-third of youths with eating disorders receive
25 treatment; and

26 WHEREAS, Eating disorder experts have found that prompt,
27 intensive treatment significantly improves the chances of
28 recovery; and

29 WHEREAS, The Senate recognizes that "National Eating
30 Disorders Awareness Week" highlights the importance of

1 screenings for early detection and intervention of eating
2 disorders, dispels myths and presents eating disorders as a
3 public health issue with close connections to substance abuse,
4 obesity, trauma and other mental health conditions such as
5 depression, anxiety and obsessive-compulsive disorder; therefore
6 be it

7 RESOLVED, That the Senate recognize the week of February 24
8 through March 1, 2020, as "Eating Disorders Awareness Week" in
9 Pennsylvania in conjunction with the observance of "National
10 Eating Disorders Awareness Week."