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THE GENERAL ASSEMBLY OF PENNSYLVANIA

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SENATE RESOLUTION

No. 81 Session of  
2019

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INTRODUCED BY SCAVELLO, J. WARD, BARTOLOTTA, FONTANA, DINNIMAN,  
BAKER, FARNESE, BROWNE AND KILLION, APRIL 9, 2019

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INTRODUCED AND ADOPTED, APRIL 9, 2019

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A RESOLUTION

1 Designating April 8, 2019, as "Cushing's Syndrome Awareness Day"  
2 in Pennsylvania.

3 WHEREAS, Cushing's syndrome is an endocrine disorder that is  
4 caused by an overexposure of the body's tissues to the hormone  
5 cortisol; and

6 WHEREAS, Cortisol is essential to many of the body's  
7 cardiovascular and metabolic functions and assists the body's  
8 response to stress; and

9 WHEREAS, The excessive release of cortisol can be caused by a  
10 tumor in the pituitary or adrenal glands or by prolonged use of  
11 cortisone drugs to treat asthma, rheumatoid arthritis or lupus;  
12 and

13 WHEREAS, Cushing's syndrome affects between 10 and 15 million  
14 people, most commonly between 20 and 50 years of age; and

15 WHEREAS, The symptoms of Cushing's syndrome include abnormal  
16 weight gain in the abdomen and upper back, skin changes,  
17 depression, diabetes, high blood pressure and fatigue; and

18 WHEREAS, Treatment options include the cessation of

1 corticosteroid medicine, surgical removal of tumors and medicine  
2 therapy to reduce a tumor's production of cortisol; and

3 WHEREAS, Delayed treatment of Cushing's syndrome  
4 significantly reduces treatment options; and

5 WHEREAS, Educating the public about the symptoms of Cushing's  
6 syndrome will likely increase the rate of successful treatment  
7 of the disease; and

8 WHEREAS, April 8 is the date that is widely accepted to call  
9 attention to the disease because it is the birthday of Harvey  
10 Cushing, the American surgeon and endocrinologist who discovered  
11 the disease in 1932; therefore be it

12 RESOLVED, That the Senate recognize April 8, 2019, as  
13 "Cushing's Syndrome Awareness Day" in Pennsylvania.