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THE GENERAL ASSEMBLY OF PENNSYLVANIA

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SENATE RESOLUTION

No. 14 Session of  
2019

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INTRODUCED BY TARTAGLIONE, BROOKS, DINNIMAN, FONTANA, SCHWANK,  
BREWSTER, COLLETT, VOGEL, PHILLIPS-HILL, BROWNE, BARTOLOTTA,  
K. WARD, SCAVELLO, AUMENT, MARTIN, HUGHES, MUTH, SANTARSIERO,  
KILLION, YUDICHAK, COSTA AND FOLMER, JANUARY 30, 2019

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INTRODUCED AND ADOPTED, JANUARY 30, 2019

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A RESOLUTION

1 Recognizing February 1, 2019, as "National Wear Red Day" in  
2 Pennsylvania.

3 WHEREAS, Cardiovascular disease is the number one killer of  
4 women in the United States; and

5 WHEREAS, Cardiovascular disease kills one woman every 80  
6 seconds in the United States; and

7 WHEREAS, Nearly 50 million women in the United States are  
8 affected by cardiovascular disease; and

9 WHEREAS, Ninety percent of women have one or more risk  
10 factors for developing heart disease or stroke; and

11 WHEREAS, Approximately 80% of cardiovascular diseases can be  
12 prevented; and

13 WHEREAS, Some risk factors, such as blood pressure, smoking,  
14 cholesterol and lack of regular physical activity, can be  
15 controlled; and

16 WHEREAS, The American Heart Association's "Go Red for Women"  
17 movement encourages women to learn their family health history

1 and to meet with a health care provider to determine their risk  
2 for cardiovascular disease and stroke; and

3 WHEREAS, Women involved with the "Go Red for Women" movement  
4 live healthier lives; and

5 WHEREAS, "Go Red for Women" encourages women to take control  
6 of their heart health by knowing five numbers that can be life-  
7 changing:

- 8 (1) total cholesterol;
- 9 (2) HDL (good) cholesterol;
- 10 (3) blood pressure;
- 11 (4) blood sugar; and
- 12 (5) body mass index (BMI);

13 and

14 WHEREAS, By increasing awareness, speaking up about  
15 cardiovascular disease and empowering women to reduce their risk  
16 for cardiovascular disease and stroke, we can save thousands of  
17 lives each year; therefore be it

18 RESOLVED, That the Senate recognize February 1, 2019, as  
19 "National Wear Red Day" in Pennsylvania; and be it further

20 RESOLVED, That the Senate highlight the importance of the  
21 ongoing fight against cardiovascular disease and stroke in women  
22 and urge all residents to show their support and commemorate  
23 this day by wearing the color red.