

THE GENERAL ASSEMBLY OF PENNSYLVANIA

# HOUSE RESOLUTION

No. 988 Session of  
2020

INTRODUCED BY BOBACK, MURT, SONNEY, SCHMITT, BROOKS, HENNESSEY,  
BURNS, HILL-EVANS, YOUNGBLOOD, JAMES, MENTZER, KORTZ,  
PASHINSKI, LONGIETTI, MACKENZIE, MOUL, CIRESI, SCHLEGEL  
CULVER AND MILLARD, SEPTEMBER 1, 2020

INTRODUCED AS NONCONTROVERSIAL RESOLUTION UNDER RULE 35,  
SEPTEMBER 1, 2020

## A RESOLUTION

1 Recognizing August 11, 2020, as "National Sons and Daughters  
2 Day" in Pennsylvania to encourage outdoor activities and the  
3 use of parks and recreational facilities throughout this  
4 Commonwealth.

5 WHEREAS, The time children spend outside leads to higher  
6 levels of physical activity in children; and

7 WHEREAS, Children who live within two-thirds of a mile from a  
8 park with a playground are five times more likely to be a  
9 healthy weight; and

10 WHEREAS, A 20-minute walk in a park or other natural area can  
11 help children with attention deficit hyperactivity disorder  
12 focus better; and

13 WHEREAS, Active children show more brain activity and they  
14 are 20% more likely to earn an A grade in the subjects of  
15 English and math in school; and

16 WHEREAS, Seventy-six percent of park and recreation agencies  
17 offer summer camps in this Commonwealth which provide some form

1 of active programming for children; and

2 WHEREAS, Fifty percent of park and recreation agencies in  
3 this Commonwealth also provide healthy feeding programs for park  
4 participants; and

5 WHEREAS, Park programs help children move more and eat  
6 healthy and can help fight against diseases, including  
7 hypertension and type 2 diabetes, to enable children to live  
8 longer and healthier lives; and

9 WHEREAS, In the context of the COVID-19 crisis, when our  
10 regular routines and coping strategies are being challenged, a  
11 connection with the outdoors and the environment becomes even  
12 more important; therefore be it

13 RESOLVED, That the House of Representatives recognize August  
14 11, 2020, as "National Sons and Daughters Day" in Pennsylvania  
15 to encourage outdoor activities and the use of parks and  
16 recreational facilities throughout this Commonwealth.