THE GENERAL ASSEMBLY OF PENNSYLVANIA

HOUSE RESOLUTION

No. 847

Session of 2020

INTRODUCED BY SAPPEY, HILL-EVANS, SHUSTERMAN, THOMAS, BIZZARRO, KORTZ, DONATUCCI, ULLMAN, YOUNGBLOOD, BURNS, T. DAVIS, FREEMAN, SCHLOSSBERG, KIM, LONGIETTI, MURT, SANCHEZ, NEILSON, HANBIDGE, CONKLIN, READSHAW, ZIMMERMAN, GAINEY, O'MARA, HOWARD AND ROEBUCK, APRIL 17, 2020

REFERRED TO COMMITTEE ON HUMAN SERVICES, APRIL 17, 2020

A RESOLUTION

- Designating the week of May 3 through 9, 2020, as "Higher Education Mental Health Awareness Week" in Pennsylvania.
- 3 WHEREAS, An increasing number of college students are
- 4 diagnosed with, or receive treatment for, a mental health
- 5 condition; and
- 6 WHEREAS, Half of all college students rate their mental
- 7 health as below average or poor and 30% of college students
- 8 report that they have problems with school work due to a mental
- 9 health issue; and
- 10 WHEREAS, A survey of 400 college counseling center directors
- 11 found that 95% of the directors believe that the number of
- 12 college students with significant psychological problems is a
- 13 growing concern; and
- 14 WHEREAS, Eight out of ten college students report feeling
- 15 stress on a daily basis; and
- 16 WHEREAS, The American College Health Association conducted a

- 1 nationwide assessment and found that, in the past year, three
- 2 out of five college students experienced overwhelming anxiety
- 3 and two out of five college students were too depressed to
- 4 function; and
- 5 WHEREAS, Seventy-five percent of college students who suffer
- 6 from depression do not seek help for their mental health issues;
- 7 and
- 8 WHEREAS, According to the National Alliance on Mental
- 9 Illness, one out of ten college students has made a plan for
- 10 suicide, and suicide is the second leading cause of death among
- 11 college students; and
- 12 WHEREAS, College should be a time of growth, learning and
- 13 exploration, where students feel safe and are enthusiastic about
- 14 their future, not a time of immense stress and anxiety; and
- 15 WHEREAS, "Mental Health Awareness Month" has been observed in
- 16 the month of May since 1949; therefore be it
- 17 RESOLVED, That the House of Representatives designate the
- 18 week of May 3 through 9, 2020, as "Higher Education Mental
- 19 Health Awareness Week" in Pennsylvania; and be it further
- 20 RESOLVED, That the House of Representatives, in support of
- 21 "Higher Education Mental Health Awareness Week," call on the
- 22 residents of this Commonwealth to raise awareness in their
- 23 communities about mental health issues on college campuses and
- 24 provide support to the college students in their lives.