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THE GENERAL ASSEMBLY OF PENNSYLVANIA

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HOUSE RESOLUTION

No. 594 Session of  
2019

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INTRODUCED BY LAWRENCE, OCTOBER 25, 2019

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REFERRED TO COMMITTEE ON EDUCATION, OCTOBER 25, 2019

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A RESOLUTION

1 Urging the State Board of Education to review the current  
2 medical and educational research relating to the amount of  
3 time needed by students in elementary and middle schools for  
4 research and how recess periods affect test scores.

5 WHEREAS, Studies show that recess periods during the school  
6 day for students in elementary and middle schools improve  
7 cognitive function and reduce behavioral problems; and

8 WHEREAS, Some states have enacted laws to mandate recess  
9 periods for students in elementary and middle schools because of  
10 the benefits of recess to the students' physical and mental  
11 health; and

12 WHEREAS, The Commonwealth should review the research on the  
13 issue of research time and recess for students in elementary and  
14 middle schools; therefore be it

15 RESOLVED, That the House of Representatives urge the State  
16 Board of Education to review the current medical and educational  
17 research relating to the amount of time needed by students in  
18 elementary and middle schools for research and how recess  
19 periods affect test scores and report its findings to the

1 General Assembly within 180 days of the adoption of this  
2 resolution.