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THE GENERAL ASSEMBLY OF PENNSYLVANIA

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HOUSE RESOLUTION

No. 402 Session of  
2019

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INTRODUCED BY STRUZZI, CAUSER, PASHINSKI, DIAMOND, HERSHEY,  
M. K. KELLER, OWLETT, MILLARD, GREGORY, ROZZI, ROTHMAN,  
JAMES, SCHMITT, FEE, KINSEY, DeLUCA, GLEIM, CALTAGIRONE,  
ECKER, IRVIN, HAHN, LAWRENCE, FRITZ, ZIMMERMAN, MASSER,  
SCHLEGEL CULVER, KLUNK, MUSTELLO, PICKETT AND MENTZER,  
JUNE 17, 2019

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REFERRED TO COMMITTEE ON AGRICULTURE AND RURAL AFFAIRS,  
JUNE 17, 2019

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A RESOLUTION

1 Recognizing the value of whole milk and supporting schools  
2 adding whole milk as a choice for consumption in  
3 Pennsylvania.

4 WHEREAS, Milk consumption has declined in schools across  
5 America because children are not consuming the varieties of milk  
6 made available to them via the Federal school meals programs,  
7 which include only low-fat and fat-free varieties of milk; and

8 WHEREAS, Whole milk is the number one source of nine  
9 essential nutrients in the diets of students in this  
10 Commonwealth; and

11 WHEREAS, The fats found in whole milk are healthy fats that  
12 contain the nutrition, as well as the flavor, and are the  
13 important parts of milk to be consumed; and

14 WHEREAS, Studies show that children who drank whole milk had  
15 higher blood levels of vitamin D compared to their peers who  
16 drank low-fat milk; and

1       WHEREAS, Whole-milk dairy products have the advantage of  
2 being higher in omega-3 fatty acids, which is helpful for  
3 maintaining weight; and

4       WHEREAS, Fluid whole milk is an important component in an  
5 adequate diet, being one of the most important sources of  
6 calcium; and

7       WHEREAS, Calcium keeps teeth and bones strong and healthy,  
8 has been found to prevent headaches and aid migraines, plays a  
9 role in reducing childhood obesity, reduces the risk of blood  
10 clots and improves nerve function; and

11       WHEREAS, Fluid whole milk shows many health benefits and  
12 should be added to the types of milk made available to this  
13 Commonwealth's students via their school lunches; therefore be  
14 it

15       RESOLVED, That the House of Representatives recognize the  
16 value of whole milk and support schools adding whole milk as a  
17 choice for consumption in Pennsylvania; and be it further

18       RESOLVED, That the House of Representatives support Federal  
19 legislation introduced by Congressman Glenn Thompson, the Whole  
20 Milk for Healthy Kids Act of 2019, to make whole milk available  
21 in schools throughout this Commonwealth.