
THE GENERAL ASSEMBLY OF PENNSYLVANIA

SENATE RESOLUTION

No. 470 Session of
2018

INTRODUCED BY ARGALL, GREENLEAF, MENSCH, DINNIMAN,
RESCHENTHALER, HUGHES, SABATINA, EICHELBERGER, BARTOLOTTA,
BROWNE, FONTANA, MARTIN, SCAVELLO, COSTA, KILLION, RAFFERTY,
STREET, BAKER, BLAKE, FOLMER AND SCHWANK, OCTOBER 16, 2018

INTRODUCED AND ADOPTED, OCTOBER 16, 2018

A RESOLUTION

1 Designating the month of October 2018 as "Chiropractic Health
2 Month" in Pennsylvania.

3 WHEREAS, Pennsylvania-licensed Doctors of Chiropractic are
4 physician-level providers who focus on the whole person in their
5 "Conservative Care First" approaches to pain management and
6 health care; and

7 WHEREAS, Doctors of Chiropractic have particular expertise in
8 the prevention, care and rehabilitation of musculoskeletal
9 injuries and conditions; and

10 WHEREAS, Chiropractors recognize through research and
11 clinical experience that a sedentary lifestyle can diminish
12 joint health, wellness and longevity; and

13 WHEREAS, It is widely proven that physical activity reduces
14 the risk of cardiovascular disease, Type 2 diabetes and even
15 some cancers while strengthening our bones and muscles and
16 reducing the incidence of low-back pain; and

17 WHEREAS, Low-back pain, one of the most common

1 musculoskeletal conditions, is the single leading cause of
2 disability worldwide; and

3 WHEREAS, Years lived with disability caused by low-back pain
4 have increased worldwide by 54% between 1999 and 2015, primarily
5 because of the increase and aging of the population; and

6 WHEREAS, Chiropractic care is widely recognized as one of the
7 safest nondrug, noninvasive therapies available for the
8 effective nonopioid treatment of low-back pain and other
9 musculoskeletal complaints; and

10 WHEREAS, The American College of Physicians' low-back pain
11 treatment guidelines released in 2017 promote the use of
12 noninvasive, nondrug treatments such as spinal manipulation as a
13 first line of defense against back pain; and

14 WHEREAS, Groups such as the Joint Commission and the Centers
15 for Disease Control and Prevention promote the use of
16 nonpharmacologic approaches for pain treatment before drugs and
17 surgery; and

18 WHEREAS, The American Chiropractic Association (ACA) has
19 declared the month of October 2018 to be "National Chiropractic
20 Health Month"; and

21 WHEREAS, For "National Chiropractic Health Month," the ACA
22 and its members encourage the public to "Move 4 Life" to improve
23 and maintain their musculoskeletal and overall health; and

24 WHEREAS, Recognizing "National Chiropractic Health Month" in
25 this Commonwealth serves as a reminder to all residents that
26 noninvasive and nondrug treatments for low-back pain, such as
27 chiropractic services or spinal manipulation, combined with an
28 active and healthy lifestyle may lessen or eliminate the need
29 for riskier, potentially addictive treatments, such as
30 prescription opioid pain medications, and may keep individuals

1 healthier and active into their senior years; therefore be it

2 RESOLVED, That the Senate designate the month of October 2018

3 as "Chiropractic Health Month" in Pennsylvania; and be it

4 further

5 RESOLVED, That the Senate recognize the efforts of the

6 American Chiropractic Association to promote the benefits of

7 movement through the "Move 4 Life" campaign.