

THE GENERAL ASSEMBLY OF PENNSYLVANIA

HOUSE RESOLUTION

No. 58 Session of 2017

INTRODUCED BY HAHN, DIGIROLAMO, FREEMAN, LONGIETTI, HENNESSEY, BAKER, TOOHIL, DRISCOLL, READSHAW, BURNS, DONATUCCI, DEAN, MACKENZIE, WATSON, JAMES, BULLOCK, MATZIE, MURT, FEE, KAVULICH, CALTAGIRONE, KULIK, MILLARD, KINSEY, R. BROWN, BOBACK, RYAN, SCHLOSSBERG, OBERLANDER, SCHLEGEL CULVER, CHARLTON, TOEPEL, NEILSON, DUSH, SONNEY, D. COSTA, MARSICO, GABLER, V. BROWN AND PHILLIPS-HILL, FEBRUARY 3, 2017

INTRODUCED AS NONCONTROVERSIAL RESOLUTION UNDER RULE 35, FEBRUARY 3, 2017

A RESOLUTION

1 Recognizing February 3, 2017, as "National Wear Red Day" in
2 Pennsylvania.

3 WHEREAS, Heart disease and stroke kill one in three women in
4 the United States, yet 80% of cardiac events may be prevented;
5 and

6 WHEREAS, Cardiovascular disease and stroke kill one woman
7 every 80 seconds in the United States; and

8 WHEREAS, An estimated 44 million women in the United States
9 are affected by cardiovascular disease; and

10 WHEREAS, Ninety percent of women have one or more risk
11 factors for developing heart disease, yet only one in five
12 American women believe that heart disease is her greatest health
13 threat; and

14 WHEREAS, Since 1984, more women than men have died from heart
15 disease each year; and

1 WHEREAS, Women comprise only 24% of participants in all
2 heart-related studies; and

3 WHEREAS, Women are less likely to call 911 for themselves
4 when experiencing symptoms of a heart attack than for someone
5 else having a heart attack; and

6 WHEREAS, Only 36% of African-American women and 34% of
7 Hispanic women know that heart disease is their greatest health
8 risk, compared with 65% of Caucasian women; and

9 WHEREAS, Women involved with the American Heart Association's
10 "Go Red for Women" movement live healthier lives and nearly 90%
11 have made at least one healthy behavior change; and

12 WHEREAS, "Go Red for Women" encourages women to take charge
13 of their health and schedule a "well-woman" visit to learn about
14 their health status and risk for disease; and

15 WHEREAS, "Go Red for Women" asks all Americans to Go Red by
16 wearing red and speaking red as follows:

17 "Get Your Numbers" by asking your doctor to check your
18 blood pressure, cholesterol and glucose.

19 "Own Your Lifestyle" by not smoking, losing weight, being
20 physically active and eating healthy.

21 "Raise Your Voice" by advocating for more women-related
22 research and education.

23 "Educate Your Family" by making healthy food choices for
24 you and your family and teaching your children the importance
25 of staying active.

26 "Donate" by showing your support with a donation of time
27 or money;

28 and

29 WHEREAS, By increasing awareness, speaking up about heart
30 disease and empowering women to reduce their risk for

1 cardiovascular disease, we can save thousands of lives each
2 year; therefore be it

3 RESOLVED, That, in recognition of the importance of the
4 ongoing fight against heart disease and stroke, the House of
5 Representatives recognize February 3, 2017, as "National Wear
6 Red Day" in Pennsylvania and urge all residents to show their
7 support for women and the fight against heart disease by
8 commemorating this day by wearing the color red.