
THE GENERAL ASSEMBLY OF PENNSYLVANIA

SENATE RESOLUTION

No. 25 Session of
2015

INTRODUCED BY TARTAGLIONE, HAYWOOD, WOZNIAK, KITCHEN, BAKER,
TEPLITZ, GREENLEAF, DINNIMAN, SCHWANK, FARNESE, FONTANA,
BREWSTER, PILEGGI, COSTA, AUMENT, WHITE, VANCE, SMITH,
VULAKOVICH, HUGHES, ALLOWAY, RAFFERTY AND BOSCOLA,
FEBRUARY 17, 2015

INTRODUCED AND ADOPTED, FEBRUARY 17, 2015

A RESOLUTION

1 Recognizing February 6, 2015, as "National Wear Red Day" in
2 Pennsylvania.

3 WHEREAS, Heart disease is the number one killer of women, yet
4 80% of cardiac events can be prevented; and

5 WHEREAS, Cardiovascular diseases cause one in three women's
6 deaths each year, killing approximately one woman every minute;
7 and

8 WHEREAS, An estimated 44 million women in the United States
9 are affected by cardiovascular diseases; and

10 WHEREAS, Ninety percent of women have one or more risk
11 factors for developing heart disease, yet only one in five
12 American women believes that heart disease is the greatest
13 health threat; and

14 WHEREAS, Since 1984, more women than men have died from heart
15 disease; and

16 WHEREAS, Women comprise only 24% of participants in all

1 heart-related studies; and

2 WHEREAS, Women are less likely to call 911 for themselves
3 when experiencing symptoms of a heart attack than they are if
4 someone else is experiencing symptoms of a heart attack; and

5 WHEREAS, Only 43% of African-American women and 44% of
6 Hispanic women know that heart disease is their greatest health
7 risk, compared to 60% of Caucasian women; and

8 WHEREAS, Women involved with the American Heart Association's
9 Go Red For Women movement live healthier lives and nearly 90%
10 have made at least one healthy behavior change; and

11 WHEREAS, The American Heart Association is asking all
12 Americans to Go Red by wearing red and "speaking" red by:

13 (1) *Get Your Numbers*: Ask your doctor to check your
14 blood pressure and cholesterol.

15 (2) *Own Your Lifestyle*: Stop smoking, lose weight,
16 exercise and eat healthy.

17 (3) *Raise Your Voice*: Advocate for more women-related
18 research and education.

19 (4) *Educate Your Family*: Make healthy food choices for
20 you and your family and teach children the importance of
21 staying active.

22 (5) *Don't Be Silent*: Tell every woman you know that
23 heart disease is their number one killer and raise your voice
24 at GoRedForWomen.org;

25 therefore be it

26 RESOLVED, That, in recognition of the importance of the
27 ongoing fight against heart disease and stroke, the Senate
28 recognize February 6, 2015, as "National Wear Red Day" in
29 Pennsylvania, urge all residents to show their support for women
30 and the fight against heart disease and commemorate this day by

1 the wearing of the color red; and be it further

2 RESOLVED, That by increasing awareness, speaking up about
3 heart disease and empowering women to reduce their risk for
4 cardiovascular disease, thousands of lives can be saved each
5 year.