## THE GENERAL ASSEMBLY OF PENNSYLVANIA

## HOUSE RESOLUTION

No. 971

Session of 2015

INTRODUCED BY KINSEY AND DRISCOLL, AUGUST 18, 2016

INTRODUCED AS NONCONTROVERSIAL RESOLUTION UNDER RULE 35, AUGUST 18, 2016

## A RESOLUTION

- Recognizing the month of September 2016 as "Senior Center Month" in Pennsylvania.
- 3 WHEREAS, According to the Penn State Data Center, the 2014
- 4 population of Pennsylvanians who are at least 65 years of age
- 5 totals more than 2.1 million, or 1 in 6 people; and
- 6 WHEREAS, Over the next 20 years the population of
- 7 Pennsylvanians who are at least 65 years of age will rise to 3.2
- 8 million; and
- 9 WHEREAS, Senior centers provide older Pennsylvanians with
- 10 services that allow them to remain active in their communities
- 11 and affirm their self-worth; and
- 12 WHEREAS, Services offered in senior centers include, but are
- 13 not limited to, nutrition and wellness programs, transportation
- 14 services, public benefits counseling, recreational and
- 15 educational activities and employment assistance; and
- 16 WHEREAS, Research indicates that seniors who participate in
- 17 senior center programs strengthen their mental and physical
- 18 health while better managing disease; and

- 1 WHEREAS, The National Council on Aging reports that senior
- 2 centers have become one of the most widely used services among
- 3 America's older adults and serve 1 million older adults every
- 4 day; and
- 5 WHEREAS, Every year since 1979, the National Council on Aging
- 6 has recognized senior centers as vital establishments that
- 7 promote positive images of aging; and
- 8 WHEREAS, In an effort to acknowledge the learning,
- 9 independence and energy within senior centers, the National
- 10 Council on Aging has established this year's "Senior Center
- 11 Month" theme as "Find Balance at Your Center!"; therefore be it
- 12 RESOLVED, That the House of Representatives recognize the
- 13 month of September 2016 as "Senior Center Month" in Pennsylvania
- 14 and call upon all residents and public officials to celebrate
- 15 the special contributions and services that senior centers
- 16 provide to enhance the well-being of older Pennsylvanians.