THE GENERAL ASSEMBLY OF PENNSYLVANIA

SENATE BILL

No. 1133 Session of 2014

INTRODUCED BY YUDICHAK, KITCHEN, TEPLITZ, BREWSTER, KASUNIC, FERLO, WASHINGTON, FONTANA, ARGALL, HUGHES, ERICKSON, SMITH, VULAKOVICH, BLAKE, WILEY, STACK, RAFFERTY, SCHWANK, GORDNER, SOLOBAY, COSTA, WAUGH, BOSCOLA AND FARNESE, JANUARY 13, 2014

REFERRED TO PUBLIC HEALTH AND WELFARE, JANUARY 13, 2014

AN ACT

- 1 Providing for peer-to-peer support for veterans; and making an appropriation.
- 3 The General Assembly of the Commonwealth of Pennsylvania
- 4 hereby enacts as follows:
- 5 Section 1. Short title.
- 6 This act shall be known and may be cited as the Peer-to-Peer
- 7 Support for Veterans Act.
- 8 Section 2. Legislative findings.
- 9 The General Assembly finds and declares as follows:
- 10 (1) The Commonwealth of Pennsylvania has a moral duty
- and responsibility to provide proper services to its military
- 12 personnel and veterans, including the new class of veterans
- 13 returning from deployment in United States military
- 14 operations in Iraq and Afghanistan.
- 15 (2) While many individuals will return with physical
- 16 injuries and disabilities, a larger number will return with
- 17 psychological injuries connected to the trauma and stress

1 associated with combat.

- 2 (3) Posttraumatic stress disorder, traumatic brain
 3 injury, military sexual trauma and alarming rates of suicide
 4 among active duty personnel and veterans require the
 5 Commonwealth to take immediate action to ensure that the
 6 proper mental health, addiction and other services are
 7 available to its military personnel.
 - (4) Statistics have shown that over 300,000 veterans, or approximately one in five, of Operation Iraqi Freedom and Operation Enduring Freedom were diagnosed with posttraumatic stress disorder by the end of 2012. Treatment costs for the veterans have been estimated to exceed \$2,000,000,000.
 - (5) In 2012, there were approximately 3,374 reported cases of military sexual trauma, which includes rape, sexual assault and sexual harassment. However, it is estimated that approximately 26,000 service members experienced unwanted sexual contact.
 - (6) In 2012, suicide rates among active duty personnel averaged one per day.
 - (7) Veterans now account for 20% of all United States suicides, with veterans under 24 years of age committing suicide at rates four times higher than other veterans groups.
 - (8) Posttraumatic stress disorder, traumatic brain injury, military sexual trauma and suicide among veterans are often linked with alcohol or substance abuse as veterans seek to find relief from the symptoms and feelings.
 - (9) Unfortunately, the stigma attached to receiving mental health treatment often causes military personnel and veterans to avoid seeking professional treatment for their

- 1 condition.
- 2 (10) Establishing a program where veterans can support
- 3 one another through peer-to-peer counseling may assist in
- 4 removing the stigma surrounding receipt of mental health or
- 5 addiction services and allow veterans to receive needed care
- 6 as the veterans recover from the psychological scars often
- 7 associated with military service.
- 8 Section 3. Definitions.
- 9 The following words and phrases when used in this act shall
- 10 have the meanings given to them in this section unless the
- 11 context clearly indicates otherwise:
- "Certified peer counselor." An individual who meets all of
- 13 the following:
- 14 (1) Has personal experience as a mental health treatment
- recipient or who is in recovery from alcohol abuse, sexual
- abuse or trauma, substance abuse or chemical dependence.
- 17 (2) Has:
- 18 (i) served in the active military or naval service
- of the United States or the Pennsylvania National Guard
- and has been released from service other than by
- 21 dishonorable discharge, as documented by the individual's
- discharge papers; or
- 23 (ii) been furloughed to the reserve components of
- the armed forces of the United States.
- 25 (3) Has the training, credentials or experience to
- 26 provide counseling and is recognized by the department under
- 27 this act.
- 28 "Department." The Department of Health of the Commonwealth.
- 29 "Peer support service." A service that meets all of the
- 30 following:

- 1 (1) Is designated by the department and which is used in
- 2 the treatment of and recovery from mental illness, sexual
- abuse trauma, alcohol abuse, substance abuse or chemical
- 4 dependence.
- 5 (2) Is delivered by a certified peer counselor.
- 6 "Secretary." The Secretary of Health of the Commonwealth.
- 7 "Veteran." As defined in 51 Pa.C.S. § 9601 (relating to
- 8 definitions).
- 9 Section 4. Duties of department.
- 10 (a) Establishment of programs. -- Notwithstanding any other
- 11 provision of law, the secretary, in conjunction with the
- 12 Secretary of the Department of Drug and Alcohol Programs and the
- 13 Adjutant General, or the Deputy Adjutant General for Veterans'
- 14 Affairs if designated by the Adjutant General, shall develop and
- 15 establish a minimum of four regional peer support service
- 16 programs for veterans in this Commonwealth. The department
- 17 shall, if possible, establish the programs in a manner that
- 18 ensures access to a program by all veterans within this
- 19 Commonwealth regardless of geographic location.
- 20 (b) Services.--Services provided by a peer support service
- 21 program established under subsection (a) shall include peer-to-
- 22 peer counseling for all of the following:
- 23 (1) Mental health issues, including treatment and
- 24 recovery support for posttraumatic stress disorder, traumatic
- 25 brain injury and depression.
- 26 (2) Alcohol, substance abuse or chemical dependence
- treatment and recovery support, including treatment planning,
- 28 recovery coaching and relapse prevention.
- 29 (3) Military sexual trauma treatment and recovery
- 30 support.

- 1 (4) Co-occurring disorders.
- 2 (5) Any other counseling service which the department
- 3 believes will further the intent and goals of this act.
- 4 Section 5. Certified peer counselors.
- 5 The department, in conjunction with the Department of Public
- 6 Welfare, the Department of Drug and Alcohol Programs and the
- 7 Adjutant General, or the Deputy Adjutant General for Veterans'
- 8 Affairs if designated by the Adjutant General, shall establish
- 9 guidelines for the recruitment, training and development of
- 10 individuals capable of providing the services under section
- 11 4(b). The guidelines shall include the establishment of minimum
- 12 qualifications to receive credentials as a certified peer
- 13 counselor and procedures to suspend, revoke or annul the
- 14 credentials.
- 15 Section 6. Nonprofit organization.
- Nothing under this act shall prohibit the department from
- 17 contracting with nonprofit organizations within this
- 18 Commonwealth that provide services to veterans to offer peer-to-
- 19 peer counseling in accordance with this act.
- 20 Section 7. Publication.
- 21 (a) Duty.--The department shall publish the contact
- 22 information for an entity offering peer-to-peer counseling under
- 23 this act in the Pennsylvania Bulletin.
- 24 (b) The department and the Department of Military Affairs
- 25 shall each post the contact information for an entity offering
- 26 peer-to-peer counseling under this act on its publicly
- 27 accessible Internet website.
- 28 Section 20. Appropriation.
- 29 The sum of \$1,000,000 is appropriated to the department to
- 30 carry out the provisions of this act.

- 1 Section 21. Effective date.
- 2 This act shall take effect in 60 days.