

---

THE GENERAL ASSEMBLY OF PENNSYLVANIA

---

HOUSE RESOLUTION

No. 633 Session of  
2014

---

INTRODUCED BY HARHART, READSHAW, WATSON, GRELL, SCHLOSSBERG, PICKETT, HEFFLEY, O'BRIEN, HAHN, COHEN, KIM, TOEPEL, STERN, KIRKLAND, BROWNLEE, BISHOP, VEREB, MACKENZIE, DIGIROLAMO, V. BROWN, P. DALEY, KOTIK, BIZZARRO, CALTAGIRONE, BOBACK, YOUNGBLOOD, SONNEY, KINSEY, GODSHALL, DELOZIER, D. COSTA, HENNESSEY, LONGIETTI, TURZAI, BAKER, CAUSER, MCNEILL, MOLCHANY, KORTZ, MILLARD, ROCK, MARSHALL, ROEBUCK, ROSS, THOMAS, C. HARRIS, KAUFFMAN, M. K. KELLER, MAHONEY, FARINA, GOODMAN, DeLUCA, PEIFER, MILNE, FLECK, GINGRICH, SWANGER, SCHLEGEL CULVER, CLYMER, QUINN AND MAJOR, FEBRUARY 4, 2014

---

INTRODUCED AS NONCONTROVERSIAL RESOLUTION UNDER RULE 35,  
FEBRUARY 4, 2014

---

A RESOLUTION

1 Designating February 7, 2014, as "National Wear Red Day" in  
2 Pennsylvania.

3 WHEREAS, Heart disease is the number one killer of women, yet  
4 is often preventable; and

5 WHEREAS, Cardiovascular diseases cause one in three women's  
6 deaths each year, killing approximately one woman every minute;  
7 and

8 WHEREAS, An estimated 43 million women in the United States  
9 are affected by cardiovascular diseases; and

10 WHEREAS, Heart disease kills more women than all forms of  
11 cancer combined, but is often undiagnosed; and

12 WHEREAS, Ninety percent of women have one or more risk  
13 factors for developing heart disease, yet only one in five

1 American women believes that heart disease is her greatest  
2 health threat; and

3 WHEREAS, Women comprise only 24% of participants in all  
4 heart-related studies; and

5 WHEREAS, Since 1984, more women than men have died each year  
6 from heart disease and the gap between men and women's survival  
7 continues to widen; and

8 WHEREAS, Women are less likely to call 911 for themselves  
9 when experiencing symptoms of a heart attack than they are if  
10 someone else were having a heart attack; and

11 WHEREAS, The American Heart Association's Go Red for Women  
12 movement has been impacting the health of women for more than  
13 ten years, more than 627,000 women's lives have been saved and  
14 330 fewer women are dying every day; and

15 WHEREAS, In celebration of the 11th National Wear Red Day on  
16 February 7, 2014, Go Red for Women is asking all women across  
17 America to Go Red and speak red by doing the following:

18 Get your numbers: Ask your doctor to check your blood  
19 pressure and cholesterol.

20 Own your lifestyle: Stop smoking, lose weight, exercise and  
21 eat healthfully.

22 Realize your risk: Women think it won't happen but heart  
23 disease is the cause of one in three female deaths each year.

24 Educate your family: Make healthy food choices for you and  
25 your family and teach your kids the importance of staying  
26 active.

27 Don't be silent: Tell every woman you know that heart disease  
28 is her number one killer and raise your voice at  
29 [GoRedForWomen.org](http://GoRedForWomen.org);  
30 therefore be it

1       RESOLVED, That in recognition of the importance of the  
2 ongoing fight against heart disease and stroke, the House of  
3 Representatives designate February 7, 2014, as "National Wear  
4 Red Day" in Pennsylvania, and urge all citizens to show their  
5 support for women and the fight against heart disease by  
6 commemorating this day by the wearing of the color red, because  
7 by increasing awareness, speaking up about heart disease and  
8 empowering women to reduce their risk for cardiovascular  
9 disease, we can save thousands of lives each year.