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THE GENERAL ASSEMBLY OF PENNSYLVANIA

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# HOUSE RESOLUTION

No. 182 Session of  
2013

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INTRODUCED BY PASHINSKI, COHEN, YOUNGBLOOD, CALTAGIRONE,  
SCHLOSSBERG, KORTZ, MUNDY, THOMAS, SWANGER, DeLUCA, DEASY,  
MURT, FRANKEL, MCCARTER AND FABRIZIO, MARCH 21, 2013

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REFERRED TO COMMITTEE ON INSURANCE, MARCH 21, 2013

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A RESOLUTION

1 Encouraging reduced insurance premiums for sponsors of medically  
2 managed wellness programs and encouraging government purchase  
3 of insurance from insurers offering reduced premiums for  
4 participation in medically managed wellness programs.

5 WHEREAS, The Commonwealth recognizes that wellness benefits  
6 everyone, and that an active workplace wellness program can  
7 result in better morale, increased productivity, reduced  
8 absenteeism, fewer job-related accidents and an overall decrease  
9 in health benefits costs; and

10 WHEREAS, Studies reflect that illness and injury associated  
11 with an unhealthy lifestyle or potentially modifiable risk  
12 factors account for at least 25% of employee medical care  
13 expenditures; and

14 WHEREAS, It is reported that well-designed and well-resourced  
15 workplace wellness programs lower health risks and significantly  
16 reduce health care costs; and

17 WHEREAS, These programs stress healthy eating, wellness  
18 challenges, at-work exercise and medical management that

1 includes blood pressure, cholesterol, body mass and blood  
2 glucose monitoring and home mailings; and

3 WHEREAS, Well-designed and well-resourced workplace programs  
4 provide financial incentives to participating employees for the  
5 cost of deductibles, for obtaining a health assessment, for  
6 participation in wellness advocacy and condition management  
7 programs; and

8 WHEREAS, Workplace wellness programs fall within the scope of  
9 preventive health measures contained within the Federal health  
10 care reform initiative; and

11 WHEREAS, The Commonwealth has a vested interest in the rising  
12 cost of health insurance and its impact on taxpayers; therefore  
13 be it

14 RESOLVED, That insurance companies licensed in this  
15 Commonwealth be encouraged to lower premiums for companies  
16 providing for medically managed workplace wellness programs; and  
17 be it further

18 RESOLVED, That State and local government offering workplace  
19 medically managed wellness programs be encouraged to purchase  
20 insurance only from companies providing lowered premiums as a  
21 financial incentive for participation with savings to taxpayers.