

THE GENERAL ASSEMBLY OF PENNSYLVANIA

HOUSE RESOLUTION

No. 199 Session of 2011

INTRODUCED BY GROVE, BAKER, R. BROWN, CAUSER, CLYMER, CONKLIN, CUTLER, DIGIROLAMO, EVERETT, FLECK, FREEMAN, GABLER, GEIST, GINGRICH, GODSHALL, GRELL, HAHN, HARHAI, HARHART, HARPER, HENNESSEY, HESS, HICKERNELL, HUTCHINSON, KAUFFMAN, KILLION, KIRKLAND, KNOWLES, LONGIETTI, MAJOR, MALONEY, MATZIE, MICOZZIE, MILLARD, MILLER, MIRABITO, MOUL, MUSTIO, PAYTON, PICKETT, PYLE, QUINN, RAPP, REICHLEY, ROCK, ROSS, SACCONI, SCAVELLO, SCHRODER, SONNEY, SWANGER, TALLMAN, VULAKOVICH AND YOUNGBLOOD, APRIL 8, 2011

INTRODUCED AS NONCONTROVERSIAL RESOLUTION UNDER RULE 35, APRIL 8, 2011

A RESOLUTION

1 Designating April 16, 2011, as "Y Healthy Kids Day" in  
2 Pennsylvania.

3 WHEREAS, "Y Healthy Kids Day" is the Y's national initiative  
4 to improve the health and well-being of families across the  
5 United States; and

6 WHEREAS, On this day, Ys hold events and encourage parents to  
7 make play dates with their kids every day as a simple way to  
8 become a healthier, more active and connected family; and

9 WHEREAS, At a time when one in three children and the  
10 majority of adults in the United States are overweight or obese,  
11 developing healthier habits, which include increased physical  
12 activity, is more important than ever; and

13 WHEREAS, As a leading nonprofit for healthy living, the Y  
14 holds "Y Healthy Kids Day" to teach good health and to inspire a

1 lifetime love of physical activity; and

2 WHEREAS, For "Y Healthy Kids Day," 74 corporate and 85 Y  
3 branches across this Commonwealth will offer health fairs, fun  
4 runs, family aerobics, obstacle courses, open swims, dance  
5 classes, health screenings, arts and crafts and sporting events;  
6 and

7 WHEREAS, The Y knows that many parents struggle to find the  
8 time and resources to incorporate physical activity and healthy  
9 habits into their kids' daily routine; and

10 WHEREAS, By making time for active play every day, families  
11 can work together, have fun and achieve greater health and well-  
12 being for their spirit, mind and body; therefore be it

13 RESOLVED, That the House of Representatives designate April  
14 16, 2011, as "Y Healthy Kids Day" in Pennsylvania and encourage  
15 all kids and parents to incorporate more active play and  
16 healthier habits into their daily routines.