SENATE RESOLUTION

No. 240

Session of 2010

INTRODUCED BY TARTAGLIONE, WASHINGTON, STACK, FERLO, BOSCOLA, STOUT, KASUNIC, ALLOWAY, FONTANA, RAFFERTY, ORIE, EARLL, KITCHEN, O'PAKE, MENSCH, MELLOW, ROBBINS, D. WHITE, MUSTO, BAKER, ERICKSON, COSTA, HUGHES, M. WHITE, DINNIMAN, PIPPY, VOGEL, FARNESE, WOZNIAK, GREENLEAF, TOMLINSON, BRUBAKER, PILEGGI, VANCE, LOGAN AND WILLIAMS, FEBRUARY 1, 2010

INTRODUCED AND ADOPTED, FEBRUARY 1, 2010

A RESOLUTION

- Designating February 5, 2010, as "National Wear Red Day" in Pennsylvania.
- 3 WHEREAS, Diseases of the heart are the nation's leading cause
- 4 of death, and stroke is the third leading cause of death; and
- 5 WHEREAS, Cardiovascular disease claims the lives of nearly
- 6 460,000 American females each year, approximately one death per
- 7 minute; and
- 8 WHEREAS, Each year, 53% of all deaths due to cardiovascular
- 9 disease and 61% of stroke deaths occur in females; and
- 10 WHEREAS, Only 21% of women consider cardiovascular disease
- 11 their greatest heath risk; and
- 12 WHEREAS, Nearly as many women die of heart disease, stroke
- 13 and all other cardiovascular diseases than the next five leading
- 14 causes of death combined, including all cancers; and
- 15 WHEREAS, In 2010, the direct and indirect cost of
- 16 cardiovascular diseases in the United States, including stroke,

- 1 is estimated to be \$503.2 billion; and
- 2 WHEREAS, February is designated as American Heart Month; and
- 3 WHEREAS, Go Red For Women® is the American Heart
- 4 Association's national call to increase awareness about heart
- 5 disease, the leading cause of death for women, and to inspire
- 6 women to take charge of their heart health; and
- 7 WHEREAS, All women should learn their own personal risks for
- 8 heart disease, using tools such as the American Heart
- 9 Association's Go Red For Women® Heart CheckUp, Go Red For Women®
- 10 Better U and by talking to their health care providers; and
- 11 WHEREAS, Making the right choices relating to proper
- 12 nutrition, physical activity and other healthy lifestyle choices
- 13 are essential to living a heart-healthy life; and
- 14 WHEREAS, By choosing to speak up about heart disease, we can
- 15 save lives using the power of our very own voices; therefore be
- 16 it
- 17 RESOLVED, That the Senate designate February 5, 2010, as
- 18 "National Wear Red Day" in Pennsylvania and urge all citizens to
- 19 show their support for women and the fight against heart disease
- 20 by commemorating this day by the wearing of the color red.