THE GENERAL ASSEMBLY OF PENNSYLVANIA

HOUSE RESOLUTION No. 244 Session of 2007

INTRODUCED BY WATSON, ADOLPH, ARGALL, BAKER, BELFANTI, BEYER, BIANCUCCI, BROOKS, CALTAGIRONE, CAPPELLI, CAUSER, CLYMER, CONKLIN, COX, CREIGHTON, CUTLER, DALEY, DePASQUALE, DeWEESE, DONATUCCI, D. EVANS, EVERETT, FABRIZIO, FAIRCHILD, FLECK, FREEMAN, GALLOWAY, GEIST, GEORGE, GIBBONS, GINGRICH, GOODMAN, HARHART, HENNESSEY, HERSHEY, HICKERNELL, HUTCHINSON, KENNEY, KILLION, KIRKLAND, KOTIK, KULA, MAJOR, MANN, MANTZ, MARKOSEK, MCILHATTAN, MELIO, MILLARD, MOYER, MYERS, O'NEILL, PALLONE, PARKER, PAYNE, PHILLIPS, PICKETT, PYLE, RAMALEY, RAPP, REICHLEY, ROHRER, ROSS, RUBLEY, SAINATO, SANTONI, SAYLOR, SCAVELLO, SIPTROTH, SOLOBAY, SONNEY, STERN, SURRA, TANGRETTI, R. TAYLOR, THOMAS, TRUE, TURZAI, VEREB, VULAKOVICH, WOJNAROSKI AND YOUNGBLOOD, APRIL 23, 2007

INTRODUCED AS NONCONTROVERSIAL RESOLUTION UNDER RULE 35, APRIL 23, 2007

A RESOLUTION

1 2 3	Observing May 1 through 7, 2007, as "National Physical Education and Sports Week" and the month of May 2007 as "National Physical Fitness and Sports Month" in Pennsylvania.
4	WHEREAS, May is "National Physical Fitness and Sports Month";
5	and
6	WHEREAS, This designation was established to encourage
7	broader promotion of physical fitness activities and programs in
8	schools, park and recreation departments, employee associations,
9	hospitals and other agencies involved in physical fitness; and
LO	WHEREAS, Many residents of this Commonwealth would improve
L1	the quality of their lives through proper exercise and diet; and
L2	WHEREAS, The Surgeon General of the United States Public

Health Service's 1996 Report on Physical Activity and Health has 1 verified that regular physical activity is associated with 2 3 improved health-related quality of life; therefore be it 4 RESOLVED, That the House of Representatives observe May 1 through 7, 2007, as "National Physical Education and Sports 5 Week" and encourage the residents of Pennsylvania to support the 6 schools' physical education programs; and be it further 7 8 RESOLVED, That the House of Representatives observe the month of May 2007 as "National Physical Fitness and Sports Month" in 9 10 Pennsylvania and encourage the residents of Pennsylvania to be 11 physically active on a regular basis; and be it further 12 RESOLVED, That the House of Representatives encourage the 13 residents of Pennsylvania to participate in the May 2, 2007, event called ACES Day (All Citizens Exercising Simultaneously) 14 15 by participating in a physical activity that day.