February 28, 2024 Subcommittee on Health Care Facilities Hospital consolidation and closure East Wing - Room 60

Panel 2 – Innovation to support independent hospitals Joe Gribik **Chief Executive Officer** Pennsylvania Mountain Health Alliance

Written Testimony transcript from: Michael Makosky, President and CEO **Fulton County Medical Center** McConnellsburg, PA

My name is Michael Makosky and I have been the President and CEO of Fulton County Medical Center since June 2018. Prior to that, I was CEO of small, rural hospitals in New Mexico and West Virginia for corporate-owned, for-profit hospitals and not-for-profit community hospitals. FCMC is a 21-bed Critical Access Hospital with a 67-bed nursing home. We are 1 of 16 CAHs in Pa and of those 16, 4 are independent. Upon my hiring, my marching orders from the Board of Directors were, and still are, to remain independent as long as possible. Since then, rural hospitals have endured many headwinds, including declining payments, increased administrative burdens, lack of timely EMS transfer to a higher level of care, provider and clinical staff recruitment, and recovery from the Covid pandemic. These issues impact all hospitals, but other factors affect independent hospitals more than hospitals that are part of a larger system, including increased pressure to improve computer EMR connectivity with other facilities, securing telemedicine and other clinical partnerships, and providing competitive, yet costeffective health insurance and other benefits to our employees, to name a few.

When times get tough and hospitals are facing adversity or unfavorable financial situations, hospital Board members and Executive Teams typically huddle and ask "Who are we going to affiliate with". At FCMC, when facing issues that threaten our viability, we roll our sleeves up and say, "OK how are we going to pull ourselves out of this one." We are, however, realists living real-life struggles to survive in this challenging healthcare environment and my Board realizes that affiliation is inevitable at some point in the future. Affiliating is a solution, but as my board chair put it, "Affiliation is plan Z, only until we have gone through Plan A, B thru Y will we consider affiliation". We will not wait until we are in dire straits and financially strapped, but will affiliate when our board feels the time is right. Until then, we will fight to remain independent. The most important aspect for us to remain independent is to keep the decision-making for the medical center local. The board feels this will:

1) Preserve jobs

a) One of the practical results of consolidation is achieving economies of scale, which make for a more efficient operation, but will result in job losses locally

and willing to make up the financial difference during times of lower patient census to keep hospitals financially viable. If the payors would simply pay hospitals fairly and eliminate the denial and certification games, and regulations were streamlined and updated to reduce the administrative burdens, ALL hospitals would have a fighting chance.