



**pennsylvania**

DEPARTMENT OF AGING

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Office of the Secretary

Overview: Master Plan for Aging and Disabilities

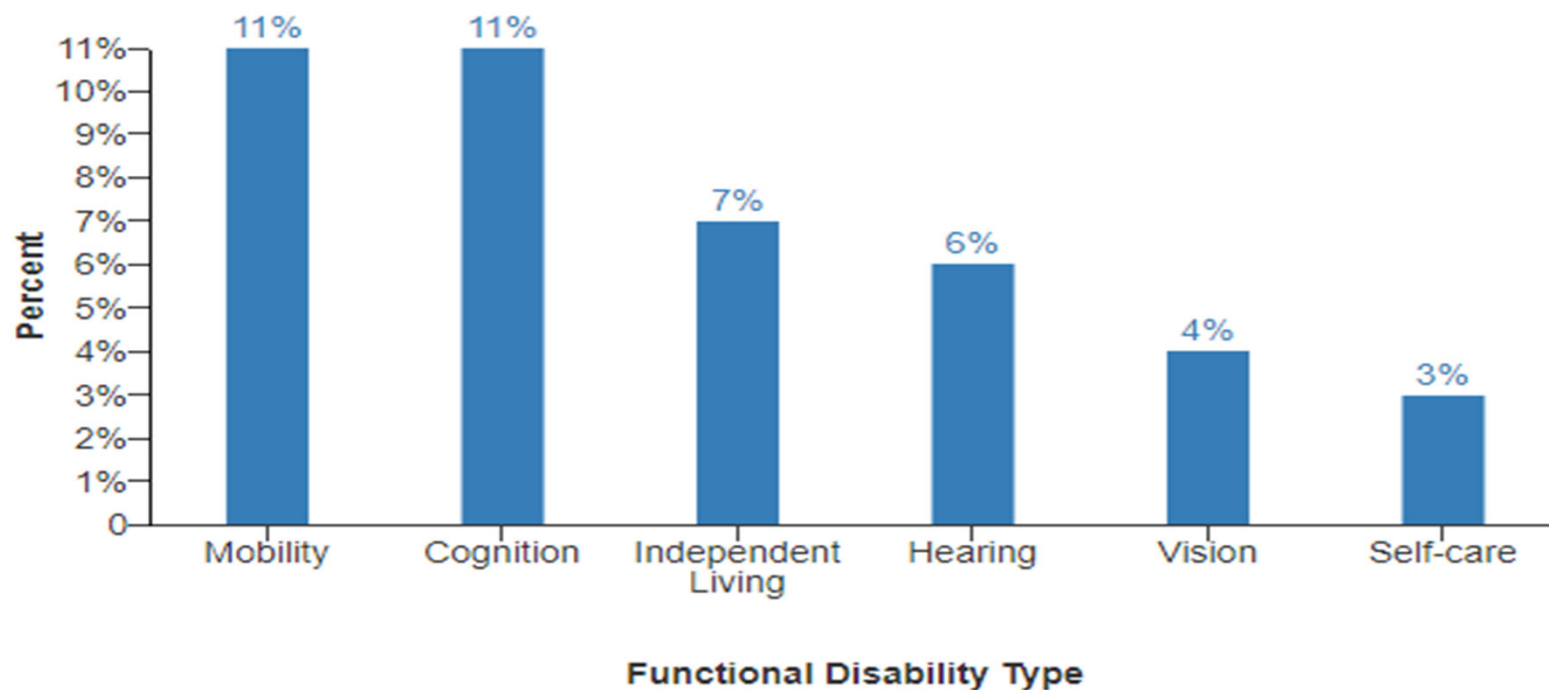
# Master Plan for Aging and Disabilities (MPAD) Overview

- A Master Plan for Aging and Disabilities (MPAD) is a state-led strategic planning resource that can help states transform the infrastructure and coordination of services for their older adult and disability populations.
- A MPAD is particularly valuable to states with aging demographics and a large population of individuals with disabilities, like Pennsylvania.

# Why Should Pennsylvania do an MPAD?

- Pennsylvania expressly values older adults and individuals with disabilities and is committed to building and maintaining an age and disability-friendly Commonwealth so that all Pennsylvanians may live with dignity and independence.
- Pennsylvania is ranked fifth among the fifty states by the sheer size of its older adult population (3.4 million) and seventh by percentage (17.8 percent) of the total population.
- Pennsylvania's total older adult population grew from 15.4 percent (1.96 million persons) in 2010 to 17.8 percent (2.27 million persons) in 2020.
- Pennsylvanians with disabilities represent 11% of the population in terms of mobility and cognitive challenges, 7% with regard to independent living, 6% regarding hearing impairment, 4% regarding vision impairment, and 3% with regard to self-care.

## Percentage of adults in Pennsylvania with select functional disability types



# Core Tenets

1. **Transparency and inclusion** involving significant stakeholder and public-facing engagement as well as a strong communication plan;
2. **Embed diversity, equity, and inclusion in all phases of development** addressing disparities and promoting equity and inclusion regardless of a person's age, gender, race, color, religion, national origin, disability, veteran status, economic insecurity, geographic disparity, other marginalized populations not yet identified, and genetic information; and
3. **Principles of person-centered planning** valuing older Pennsylvanians and Pennsylvanians with disabilities holistically with careful consideration to each person's unique needs and preferences.
4. **Creation of a living document that will evolve through the 10-year span of the plan** based on the changing needs and preferences of older Pennsylvanians and Pennsylvanians with Disabilities.
5. **A reframe of how we think about, talk about and value older adults and people with disabilities** to recognize the momentum, experience, longevity, and wisdom of older adults and people with disabilities and how these individuals add energy, vitality, and possibility to Pennsylvania.

# Approach – Gathering Input

The stakeholder engagement process lead by the Department of Aging and arbitrated by the Long-term Care Council and the Governor will involve outreach and requests for input from anyone or any group with an interest or with some interaction toward aging and disability-related services, programs, and infrastructure.

Outreach will include:

- The publication of a white paper released for comment.
- Scheduling and hold in person “listening sessions” representing every county in the Commonwealth.
- The use of qualitative interviews, surveys, and focus groups with older Pennsylvanians and Pennsylvanians with disabilities to discuss needs and preferences.
- The use of targeted workgroups and empower them to develop recommendation reports.
- The use of roundtable discussions for input.

# Stakeholder & Public Engagement

**Stakeholder and public engagement will be used to gather input and comments to support the development of MPAD. Stakeholders involved in this effort may include:**

- Older Pennsylvanians and Pennsylvanians with Disabilities
- Care partners and Caregivers
- Area Agencies on Aging
- Veterans
- Direct care workers and their advocates
- Community-based organizations
- Faith-based Organizations
- Advocates working with older adults and individuals with disabilities
- Health care, Behavioral Health, and LTSS service providers.
- Media
- Law enforcement Representatives
- Navigators
- Technology-sector organizations
- Housing and transportation entities
- Educational institutions
- Livable community experts including those focused on aging in place
- Civil rights and racial justice groups
- Large and small employers and businesses
- Food and nutrition providers
- Exercise and engagement groups
- Groups connected to the Arts
- Bar Associations
- Financial Institutions
- Retirement and Long-term Planning Entities

# Development Process

The MPAD development process will involve and engage all levels of government for input and engagement regarding the Master Plan goals, opportunities, and challenges including:

- County and local government representatives
- Members of the General Assembly and their staff
- Federal partners
- Members of the Executive Branch of State Government specifically those that are engaged with services and programs that intersect with older adults and individuals with disabilities



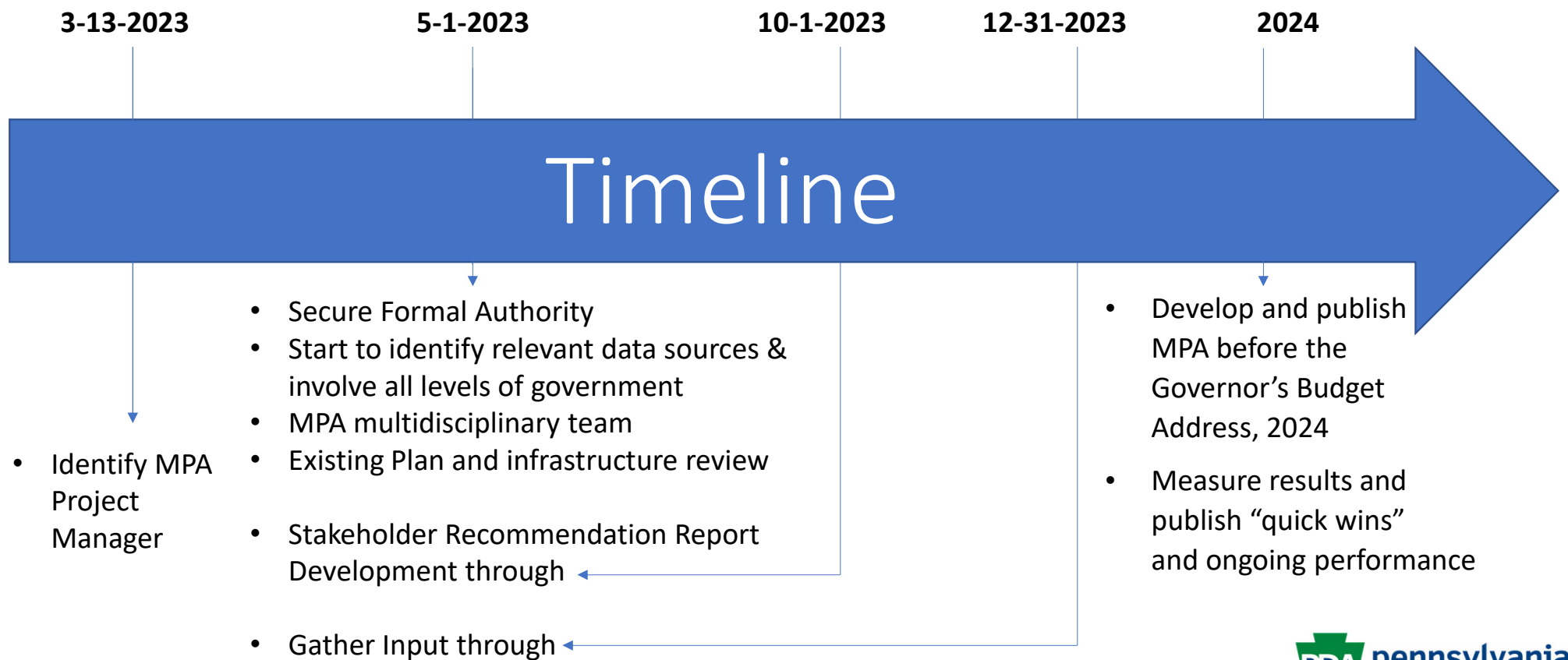
# State Agency Involvement

State Agencies Engaged in this Process will include:

- Administration and Technology
- Agriculture
- Banking
- Community and Economic Development
- Conservation and Natural Resources
- Court System
- Corrections
- Drug and Alcohol Programs
- Education
- Emergency Services
- Governor's Commissions
- Health
- Housing Finance
- Human Services
- Insurance
- Labor and Industry
- Higher Education Financing
- Revenue
- State
- State Police
- Transportation
- Treasury
- Military and Veterans Affairs
- SERS and PSERS

# After Publication Monitoring

- The MPAD will leverage data to inform and help to visualize Master Plan goals, objectives, opportunities, and challenges.
- The published MPAD will identify “quick wins,” aspirational goals, accountability and measurement, and resources for implementation.
- The MPAD will include a process for ongoing monitoring of initiatives to measure their effectiveness in supporting its goals and objectives.
- The MPAD will include a public-facing, accessible, and transparent reporting platform to demonstrate how well the Commonwealth is performing against Master Plan goals and objectives.



# Questions?

Contact us by email: [aging@pa.gov](mailto:aging@pa.gov)  
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