



Treatment Trends, Inc.

24 S. FIFTH STREET P.O. BOX 685 ALLENTOWN, PA 18105

• Confront • Keenan House • Halfway Home of Lehigh Valley
• LC TCAP • Richard S. Csandl Recovery House

September 17, 2018

To the Honorable members of the PA House of Representatives
Human Services Committee

Thank you for allowing me to provide the following written correspondence to support the need for long term drug and alcohol rehabilitation services.

During fiscal year ending June 30, 2017 our programs provided drug and alcohol treatment services to 1184 individuals in our continuum of care. 521 clients at Keenan House, 223 clients at The Halfway Home of the Lehigh Valley and 440 clients at Confront plus an additional 1108 assessments. This continuum of care is very important to those individuals suffering from substance use disorder and a host of other problems. Services provided in our inpatient facilities are habilitative in nature providing individual and group counseling plus additional services to address life skills which were never acquired or maladaptive.

Without long term treatment our clients would not learn the necessary skills to support their recovery. The treatment model utilized at Keenan House is the therapeutic community (TC) which is considered to have the highest likelihood of success with an addicted, criminal justice involved clientele. For example our Treatment Continuum Alternative Program (TCAP) clients are level 2-4 offenders facing state prison sentences, but are offered an alternative sentence to attend a 22 month treatment continuum program. This program provides 3-6 months of long term residential treatment, 3-4 months of Halfway Home treatment and 6-12 months of intensive outpatient and outpatient treatment which allows the client the opportunity to establish a solid foundation on their path to recovery.

In closing let me say, we all know we can't arrest our way out of this problem. The current opioid crisis is killing thousands of Pennsylvanians each year. Treatment providers are full and often have waiting lists. We need to make sure we continue to offer the appropriate level of treatment and the appropriate length of time in treatment to help these individuals struggling with the disease of substance use disorder.

Sincerely,
John E. Dillensnyder III
Executive Director
Treatment Trends, Inc.

Treatment Trends, Inc.

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Treatment Trends began in 1969 as Confront, Inc. (outpatient treatment) and subsequently developed a residential treatment facility Lehigh Valley Drug and Alcohol Abuse Services (LVDAAS) in 1972, through a collaborative community planning initiative funded by the National Institute of Drug Abuse. Treatment Trends, Inc. (TTI), a 501(c)(3) non-profit corporation, was formed in 1989 as a merger of the two sister programs. LVDAAS was re-named Keenan House shortly after the merger.

The mission statement of Treatment Trends, Inc. is:

We seek to lessen suffering caused by addiction to alcohol and other drugs by providing compassionate inpatient and outpatient treatment services in partnership with the criminal justice and human service systems. Our goal is to help individuals gain long-term recovery from their addiction and related self-destructive behavior.

Our programs provide a continuum of care for persons seeking help for drug and alcohol addiction, and serve over 1,000 individuals every year.

- **Keenan House**, a residential therapeutic community originally founded in 1972, which has 95 beds (all male). It is located at 18-22 South 6th Street in downtown Allentown.
- **Halfway Home of the Lehigh Valley**, a residential 'live in-work out' program, which was purchased by Treatment Trends from St. Luke's Hospital in 2004. The Halfway Home was established in 1975 and currently has 40 beds (male and female). It is located at 24 South 5th Street in downtown Allentown.
- **Confront**, providing drug and alcohol assessments, outpatient and intensive outpatient treatment, created in 1969. In 2017, Confront began providing services by Certified Recovery Specialists. Confront is located at 1130 Walnut Street in Allentown.
- An assessment/case management unit, **Lehigh County Treatment Continuum Alternative Program, (TCAP)** which was developed in November of 1997. TCAP is a collaborative involving Lehigh County Probation, the District Attorney's Office, Lehigh County Judiciary, Lehigh County Drug and Alcohol Commission and the Public Defenders' Office. The program design includes diversion of Level 3-4, non-violent offenders from a state prison sentence into a treatment continuum of care up to 22 months in Treatment Trends residential and outpatient facilities. TCAP staff are located at 24 South Fifth Street in downtown Allentown.
- **Richard S. Csandl Recovery House**, providing transitional, sober living was developed in 1990, with 11 beds, all male.

New Treatment Trends services:

In February 2017, the Treatment Trends' Center for Excellence (COE) for Opioid Use Disorder was established with funding from a grant from the Pennsylvania Department of Human Services, and since that time, its staff has served over 600 individuals. Care Managers assist individuals requiring level of care assessments for placement into detox and/or treatment and also for individuals who need help managing complex physical and/or mental health conditions. Care Managers also assist with client transitions between treatment levels, finding employment and housing for unemployed and homeless clients, and referral for Medication Assisted Treatment with buprenorphine (Suboxone®) and naltrexone (Vivitrol®) for those individuals for whom it is clinically appropriate. For those individuals receiving treatment within Treatment Trends continuum, Medication Assisted Treatment with Vivitrol® is administered through the COE. The COE also provides services by a Certified Recovery Specialist for individuals needing recovery support. COE staff are located at 24 South Fifth Street in downtown Allentown.

Certified Recovery Specialist services

Certified Recovery Specialists (CRS) are in personal recovery from addiction who provide peer recovery support to individuals before engagement into treatment, during the treatment process and post-treatment. They help individuals develop personal recovery plans and to access community resources (education, housing, transportation and recovery supports). Confront and the COE both offer CRS services.

In addition, TTI CRS accompany police officers in home visits to individuals who have survived overdose to encourage treatment and provide education for families, through a nationally-recognized "Blue Guardian" program in partnership with Lehigh County.