

COMMONWEALTH OF PENNSYLVANIA  
HOUSE OF REPRESENTATIVES

LABOR AND INDUSTRY COMMITTEE  
PUBLIC HEARING

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HARRISBURG, PA

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THURSDAY, MARCH 17, 2016  
9:05 A.M.

PRESENTATION ON HB 1800 (MACKENZIE)  
WORKERS' COMPENSATION  
TREATMENT GUIDELINES

BEFORE:

HONORABLE MAUREE GINGRICH, MAJORITY CHAIRMAN  
HONORABLE STEPHEN BLOOM  
HONORABLE SHERYL DELOZIER  
HONORABLE CRIS DUSH  
HONORABLE MARK GILLEN  
HONORABLE RICH IRVIN  
HONORABLE RYAN MACKENZIE  
HONORABLE DAVID MALONEY  
HONORABLE STEVEN MENTZER  
HONORABLE JESSE TOPPER  
HONORABLE DAN TRUITT  
HONORABLE JUDITH WARD  
HONORABLE JOHN GALLOWAY, DEMOCRATIC CHAIRMAN  
HONORABLE MARIA DONATUCCI  
HONORABLE FRANK FARINA  
HONORABLE MARC GERGELY  
HONORABLE BRANDON NEUMAN  
HONORABLE PAMELA SNYDER

\* \* \* \* \*

*Pennsylvania House of Representatives*  
*Commonwealth of Pennsylvania*

COMMITTEE STAFF PRESENT:

NOAH KARN

MAJORITY EXECUTIVE DIRECTOR

VICKI DILEO

DEMOCRATIC EXECUTIVE DIRECTOR

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## SUBMITTED WRITTEN TESTIMONY

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(See submitted written testimony and handouts online.)

## P R O C E E D I N G S

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MAJORITY CHAIR GINGRICH: Good morning. Thank you all for being here.

We're going to get this hearing started, of course of the Labor and Industry Committee.

And I want to say welcome, and I want to say Top o' the Morning to all of you. I'm wearing my green in my eyes today. I ran out of the green wardrobe yesterday, so. But that won't cause us to celebrate any less, for sure.

But today we have before us a bill for discussion that we all want to hear more about. And our goal today is to be able to gather a lot of information from a very robust group of testifiers today.

So we have -- I think we have five panels before us, so we're going to do our very best to move it along. The structure that I'm going to use on our conversation today on House Bill 1800, which we'll hear a little bit more specifically about in just a moment, will be each panel and a limited time for questions, because I want the questions to be able to be asked while they're fresh in mind. And you can all help us manage that, because we eventually will be evicted out of the room, and I don't want that to be physical. So we'll be careful about

1 managing our time.

2           So before we get started and hear a little bit  
3 more about the bill, I would like for you to know who is  
4 here, and we'll introduce ourselves.

5           Of course, I am the Chairman of Labor and  
6 Industry currently, and I'm Representative Mauree Gingrich  
7 from Lebanon County. And we'll go off here to my right and  
8 around.

9           REPRESENTATIVE MACKENZIE: Good morning.

10           I'm State Representative Ryan Mackenzie from  
11 Lehigh and Berks Counties. It's the 134<sup>th</sup> Legislative  
12 District. Happy St. Patrick's Day to everyone else.

13           REPRESENTATIVE DONATUCCI: And Top o' the Morning  
14 to you.

15           I'm Maria Donatucci, the 185<sup>th</sup> District. That's  
16 Philadelphia and Delaware Counties.

17           REPRESENTATIVE DUSH: Good morning.

18           Cris McCracken Dush -- Top o' the Morning -- from  
19 Jefferson and Indiana Counties, the 66<sup>th</sup> District.

20           REPRESENTATIVE WARD: Hi.

21           Judy Ward, Representative in the 80<sup>th</sup> District in  
22 Blair County. I am the daughter of Patrick Farrell, so I  
23 am legitimate.

24           REPRESENTATIVE BLOOM: All right. We're really  
25 going to have to start stretching here. But Stephen Bloom

1 from the 199th District, Cumberland County. The middle  
2 name is "Larkin," named for my grandfather, John Larkin,  
3 whose parents were both from the County Mayo in Ireland.

4 REPRESENTATIVE MENTZER: Steve Mentzer, Lancaster  
5 County.

6 MAJORITY CHAIR GINGRICH: Nothing else?

7 REPRESENTATIVE GERGELY: Marc Gergely, Allegheny  
8 County.

9 REPRESENTATIVE NEUMAN: Brandon Neuman,  
10 Washington County.

11 REPRESENTATIVE SNYDER: Pam Snyder, 50<sup>th</sup> District,  
12 Greene, Fayette, and Washington Counties.

13 REPRESENTATIVE FARINA: Frank Farina, the  
14 112<sup>th</sup> District, Lackawanna County.

15 REPRESENTATIVE TOPPER: Jesse Topper, the  
16 78<sup>th</sup> District, Bedford, Fulton, and Franklin Counties.

17 REPRESENTATIVE MALONEY. David Maloney.

18 MAJORITY CHAIR GINGRICH: Your real name.

19 REPRESENTATIVE MALONEY: That's about as Irish as  
20 it gets. I know, you're either Irish or you want to be.  
21 They're even changing their names here today.

22 The 130<sup>th</sup> from Berks County. Thank you.

23 MAJORITY CHAIR GINGRICH: And my Minority Chair.

24 MINORITY CHAIRMAN GALLOWAY: I'm John Galloway,  
25 County Tyrone.

1 MAJORITY CHAIR GINGRICH: County Tyrone. Is that  
2 close to Mayo? Close enough; close enough.

3 I would also like to introduce my staff. To my  
4 right is Noah Karn, and I'm sure you would like to  
5 introduce Vicki.

6 MINORITY CHAIRMAN GALLOWAY: Vicki DiLeo,  
7 Executive Director for the Democratic House Labor  
8 Committee.

9 MAJORITY CHAIR GINGRICH: So much work comes out  
10 of that staff and our research staff and our support staff,  
11 and we thank them.

12 So we are pleased also to have on the Committee  
13 and with us today as the prime sponsor of House Bill 1800,  
14 Representative Ryan Mackenzie.

15 And at this point, Ryan, to lead us off, will you  
16 please give us the intent of the bill and some of the  
17 details of the bill before we have an opportunity to hear  
18 from stakeholders that are very interested in what this  
19 bill would do.

20 REPRESENTATIVE MACKENZIE: Absolutely.

21 Well, thank you, Madam Chair, for holding this  
22 hearing. And thank you to Chairman Galloway as well, new  
23 Chairman Galloway. Congratulations on the chairmanship.

24 And I do want to thank all of our testifiers for  
25 joining us here today. We have a great hearing before us



1 with representatives from labor and industry, from the  
2 health-care industry, the legal community, the business  
3 community. And we also have testimony provided by some  
4 other groups, including the AFL-CIO.

5 So I do want to thank everyone for their input  
6 today. It's a complex topic and one that's very important  
7 for all of our workers across Pennsylvania.

8 Anybody who is in a situation where they are  
9 injured, obviously we know how difficult that can be, and  
10 we want the goal of the workers' comp system here in  
11 Pennsylvania to be not only to return to work but also to  
12 return to function and get people back to the livelihood  
13 that they enjoyed prior to their injury.

14 So 1800 regards workers' compensation treatment  
15 guidelines, and this was a concept that first came to my  
16 attention when I was Policy Director at the Department of  
17 Labor and Industry.

18 And I had heard about this. Other States, many  
19 other States across the country, have already implemented  
20 treatment guidelines. They have found very positive  
21 results for their systems. And so it was something that we  
22 began to look into. That was, again, several years ago.  
23 I've done a lot of research on the topic and, again, found  
24 that it can be very beneficial for the system.

25 At the same time, we do want to maintain

1 Pennsylvania-specific guidelines. And so you'll see in the  
2 legislation that we've introduced here today, you talk  
3 about nationally recognized, medically evidenced treatment  
4 guidelines, so there is some predictability, some stability  
5 in the system, from those national guidelines. But at the  
6 same time, we still want to maintain control here in  
7 Pennsylvania, so we put that in place here and in our  
8 legislation that we have introduced.

9 At the same time, I do anticipate, again, through  
10 the course of this testimony today, we're going to have  
11 some great feedback. I look forward to listening to that  
12 and also making changes to the legislation as we move  
13 forward.

14 So again, this is a learning process for all of  
15 us, but I do think it is something that can be very  
16 beneficial for the workers' comp system and also individual  
17 workers here in Pennsylvania.

18 And just very briefly, you know, some of the  
19 positive things that I've heard for individual workers are  
20 that they can now receive treatment much quicker in places  
21 that have treatment guidelines, because previously they  
22 would go to an individual provider and they would have to  
23 go back and forth with the provider and the insurer to make  
24 sure that they were going to receive payment for that type  
25 of treatment.

1           If it's in the guidelines, a provider knows  
2 they're going to receive the payment for that treatment  
3 right away. They can start providing that treatment. The  
4 injured worker can receive that treatment immediately and  
5 get back into work quicker and back to work faster. And  
6 ultimately, that saves time and money for everybody, and  
7 that's a good thing to get somebody back to work and back  
8 to function. So that's a positive outcome.

9           Again, I think we're going to hear lots more  
10 discussion on this topic, and I really look forward to it.  
11 So again, Madam Chair, I do want to thank you and Chairman  
12 Galloway for holding this hearing today.

13           MAJORITY CHAIR GINGRICH: Thank you very much for  
14 your openness and willingness for this discussion and to  
15 look for and solicit input from all of us. That's the best  
16 way to create good policy and good legislation, is to  
17 invest our time in this type of effort.

18           Before we get started with the first panel, I  
19 want to give a few words over here to my Minority Chair,  
20 Chair Galloway.

21           MINORITY CHAIRMAN GALLOWAY: Thank you, Chairman  
22 Gingrich. I appreciate it.

23           And good morning, everybody. And again, happy  
24 St. Patrick's Day.

25           I've been fortunate in my life. I have never had

1 to go through the workers' compensation process. I've been  
2 lucky. So in reviewing the material for 1800 itself,  
3 there's a lot of information to process, a lot of  
4 information to go over. It's a very complex issue. And  
5 for me, it was walking through the existing process and  
6 then seeing what life would be under the proposed changes  
7 in 1800.

8 And even though it's a very, very complicated  
9 issue, the questions I have are very simple. The first  
10 question is, are the proposed changes better for the  
11 injured worker? Does moving to a one-size-fits-all  
12 approach, evidence-based medicine, benefit the injured  
13 worker? How does a system where doctors become irrelevant,  
14 where you just need someone who can read from a chart, how  
15 is that beneficial to an injured worker?

16 And the second question is, does it actually save  
17 money? The workers' compensation insurance rates have  
18 fallen significantly since 2012, saving employers some  
19 \$570 million. The Department of Insurance announced  
20 recently that rates are going to fall again in April of  
21 this year, saving businesses some \$20 million.

22 So those are the two questions, because if it  
23 isn't better for the worker and it doesn't save money, then  
24 what's the crisis? What's the reason for this legislation,  
25 and who does it actually benefit? Who is it really written

1 for?

2 I am disappointed that the AFL-CIO was not  
3 permitted to testify today, considering that this is the  
4 Labor and Industry Committee. I believe it is essential to  
5 have the labor community's perspective on issues that could  
6 affect, directly affect their members.

7 And on behalf of my Members, I would like to  
8 request a subsequent hearing and additional review of the  
9 legislation, and I hope going forward that this committee  
10 would welcome those comments.

11 And as I have said, I've been fortunate in my  
12 life. I have never had to go through this process, and I  
13 would be interested to know how many other people on this  
14 side of the desk, on this panel, have actually gone through  
15 the workers' compensation process. It would be interesting  
16 to hear their perspective if they did.

17 But I do look forward to hearing the testimony  
18 today. Again, I want to thank you, Madam Chair, and thank  
19 all of you for being here, and happy St. Patrick's Day  
20 again.

21 Thank you.

22 MAJORITY CHAIR GINGRICH: A feisty leprechaun  
23 here beside me I would say.

24 You asked your questions in advance, and I like  
25 an eager, new Minority Chair with me, without a doubt.

1           The questions you asked I'm sure will be answered  
2 today as we go through. So that's good, because you can  
3 just answer his questions and we don't have to have him go  
4 through all that again. I'm teasing you, John.

5           At any point---

6           MINORITY CHAIRMAN GALLOWAY: I'm just getting  
7 started.

8           MAJORITY CHAIR GINGRICH: Yeah.

9           I do want to say that we do have testimony from  
10 the AFL-CIO, and we have, as I mentioned earlier, a  
11 structured testimony here. We absolutely couldn't have the  
12 room any longer, and we really appreciate them putting this  
13 together for us.

14           And we're going to work our way. I think the  
15 prime sponsor of the bill said that clearly in the  
16 beginning, that this is an effort to work together on  
17 making this the right way to go. So that's our intent  
18 moving forward, positively gathering the information we  
19 need, and we appreciate the input from everybody so far.

20  
21                           *PANEL I:*

22                           *PA DEPARTMENT OF LABOR AND INDUSTRY*

23  
24           MAJORITY CHAIR GINGRICH: So let's get this show  
25 rolling here with our first panel. To come forward on the

1 agenda is the department. So we have Scott Weiant with us  
2 -- right? -- and Michael Vovakes.

3 If you would not mind coming forward. And just  
4 make sure you have a mic close enough so everybody can  
5 hear you. And our ears are open and our attention is  
6 yours.

7 DEPUTY SECRETARY VOVAKES: Good morning,  
8 Chairwoman Gingrich, Chairman Galloway, Committee Members,  
9 and committee staff.

10 I appreciate the opportunity to testify before  
11 you today in the House Labor and Industry Committee  
12 regarding workers' compensation treatment guidelines in  
13 Pennsylvania and specifically House Bill 1800.

14 My name is Michael Vovakes. I am the Deputy  
15 Secretary for Compensation and Insurance. I will forsake  
16 my Greek heritage in the spirit of the day and will be  
17 happy to be addressed as O'Vovakes for the next 18 hours or  
18 so.

19 MAJORITY CHAIR GINGRICH: That's too hard to say.  
20 I'm sorry.

21 DEPUTY SECRETARY VOVAKES: Yeah.

22 Workers' compensation represents a long-standing  
23 agreement between employers and employees, an understanding  
24 that in exchange for the inability to sue one's employer  
25 for injuries sustained on the job, an injured worker will

1 receive compensation for lost wages and necessary medical  
2 treatments so the employee, if possible, can return to  
3 work.

4 Inherent in this agreement is the understanding  
5 that an injured worker will receive the best possible care,  
6 receiving not only the required treatment but the  
7 reasonable, necessary, and related treatment prescribed by  
8 a physician.

9 The Department of Labor and Industry opposes  
10 medical treatment guidelines in House Bill 1800 for several  
11 reasons, the primary one being that such a change is  
12 nothing more than a solution in search of a problem.

13 Workers' compensation in Pennsylvania is  
14 currently achieving unprecedented results in terms of  
15 meeting the needs of both injured workers and their  
16 employers. Injured worker satisfaction of treatment is at  
17 a record high, while workers' compensation insurance rates  
18 have declined for 5 consecutive years.

19 The most recent annual medical access study  
20 performed by the Bureau of Workers' Compensation showed  
21 that approximately 90 percent of all injured workers  
22 believe that they received timely, appropriate, and  
23 satisfactory medical care for their work-related  
24 injuries.

25 These findings are supported by the recent study



1 conducted by the Workers' Compensation Research Institute,  
2 that we'll refer to as "WCRI," a national independent,  
3 not-for-profit research organization that provides  
4 high-quality, objective information of an academic  
5 quality about public policy issues involving workers'  
6 compensation.

7           The WCRI study documented that four in five  
8 injured workers in Pennsylvania reported overall  
9 satisfaction with the medical care that they received.  
10 This success in providing appropriate treatment has been  
11 coupled with annual decreases in the assessments on  
12 workers' compensation insurance carriers, which result in  
13 lower workers' compensation insurance premiums for  
14 Pennsylvania employers.

15           These assessments have been lowered for each of  
16 the past 7 consecutive years. Additional cost savings are  
17 expected to be realized as we evaluate the effects of the  
18 physician dispensing legislation enacted as Act 184 of  
19 2014.

20           The Department of Labor and Industry has several  
21 other concerns specific to House Bill 1800.

22           House Bill 1800 effectively switches the burden  
23 from the insurance carrier to the physician, and ultimately  
24 the injured worker, requiring them to justify any treatment  
25 that exceeds the guidelines prior to providing the

1 treatment or risk not being compensated.

2           Currently, the treatment provided to an injured  
3 worker is based on the worker's injury, needs, and the  
4 obtainable outcome or outcomes. Accordingly, should an  
5 insurance carrier believe that the treatment is excessive  
6 or unnecessary, it may request a utilization review.

7           The present system is designed to provide a  
8 shield to the insurance industry, giving them the ability  
9 to challenge treatments, and ultimately, when appropriately  
10 determined, receive relief from charges. Flipping this  
11 assumption -- requiring treatment to coincide with specific  
12 guidelines -- inhibits care from the beginning, and only  
13 after an arduous process may additional treatment be  
14 given.

15           Under current law, an injured worker can be  
16 required to treat with a physician of the employer's  
17 choosing for the first 90 days after injury. Only if the  
18 disability continues and the need for care lasts longer  
19 than 90 days is an individual currently able to seek  
20 additional or different forms of care for the injury.

21           Individuals who sustain work-related injuries  
22 that are serious enough to require more than 90 days of  
23 treatment should be allowed the liberty to seek alternative  
24 methods to deal with their injury and not be confined to a  
25 few options that are prescribed by a board if their

1 original means of treatment is not giving them the results  
2 that are desired after the first 90 days of their  
3 treatment.

4 This legislation also creates a board that would  
5 be empowered to alter nationally recognized treatment  
6 guidelines. This six-member board would be empowered to  
7 modify treatment guidelines that will govern treatment for  
8 all injured workers, yet the legislation gives no policy  
9 guidance to the board in developing these standards.

10 This board is similar to other such appointed  
11 panels, which has resulted in repeated litigation  
12 regarding their authority and the exercise of their  
13 duties.

14 Additional concerns regarding this board  
15 include:

16 • The language would create a nonfunded mandate  
17 for the department. The department would be required  
18 to provide administrative support, professional  
19 support, and meeting space among other necessary  
20 logistics for this board, but is provided no  
21 appropriation to cover these costs.

22 • The bill provides that the Board Members will  
23 serve without remuneration. This will deter qualified  
24 individuals from serving, as it could take significant  
25 time away from their practices.

1           • The way the treatment guidelines would be  
2           created would cause a lack of stability, and the  
3           guidelines would be changed frequently with the  
4           changing of appointments to the board that issue these  
5           guidelines.

6           • With appointments to the board having 6-year  
7           terms, this means that every 6 years, treatment  
8           guidelines could change, thus creating issues with the  
9           stability of the guidelines and causing confusion  
10          among stakeholders and medical practitioners. This  
11          lack of continuity would negatively affect the  
12          treatment of workers' injuries.

13               The current process for certification of  
14          utilization review organizations, or that we refer to as  
15          "UROs," does not require training and treatment guidelines.  
16          Although training could be required and obtained, if the  
17          treatment guidelines are substantially altered from the  
18          national standard or changed frequently, training would  
19          become difficult at best.

20               Current UROs are not certified to implement  
21          treatment guidelines. The accreditation of UROs will  
22          result in increased fees charged to carriers by UROs since  
23          the UROs will be required to satisfy the criteria of a  
24          nationally recognized accrediting organization.

25               The current workers' compensation system in place

1 in Pennsylvania is already designed to keep the cost of  
2 injury care in check. The provisions of Act 44 of 1993 and  
3 Act 57 of 1996 and the resulting cost-containment  
4 regulations have been important steps in controlling  
5 medical costs while ensuring that injured workers receive  
6 proper and timely treatment for their work-related  
7 injuries.

8           The fact that injured workers are overwhelmingly  
9 satisfied with the treatment that they receive while  
10 assessments on carriers and premiums charged to employers  
11 continue to be reduced is proof that Pennsylvania's  
12 workers' compensation system is already on the correct path  
13 and is balancing the needs of injured workers with  
14 cost-containment concerns.

15           To conclude, I would again like to thank this  
16 committee for the opportunity to testify today regarding  
17 workers' compensation treatment guidelines in Pennsylvania  
18 and House Bill 1800. The Department of Labor and Industry  
19 will remain devoted to provide workers who sustain an  
20 injury or work-related illness with the most treatment  
21 options available while controlling workers' compensation  
22 insurance costs to employers in Pennsylvania.

23           Before I conclude, I want to introduce  
24 Scott Weiant, who is the Director of the Bureau of Workers'  
25 Compensation.

1           Scott, I don't know if you have any comments that  
2 you want to add at this point.

3           MR. WEIANT: Sure.

4           Good morning. My name is Scott Weiant, and I am  
5 the Director of the Bureau of Workers' Compensation.

6           I have been with the Bureau of Workers'  
7 Compensation approximately 10 years, and I can tell you, I  
8 think I'm in a unique position where I have also spent  
9 about 22 years in private industry and manufacturing.

10          And to Chair Galloway's comments earlier, I was a  
11 young worker and I did experience a workers' compensation  
12 injury in the manufacturing environment, so I have been  
13 through the process as well.

14          At the Bureau of Workers' Compensation, we are  
15 continuously looking at ways to improve the workers'  
16 compensation system in Pennsylvania for both or for all of  
17 our stakeholders -- the insurers, the self-insured  
18 employers, and the claimants as well.

19          Taking a look at the treatment guidelines and the  
20 holistic picture involved with the whole workers'  
21 compensation process from not only the Workers'  
22 Compensation Bureau's side but from the side where I spent,  
23 you know, 22 years in private industry and how the workers'  
24 compensation system affects industry and the workers and  
25 everybody out there.

1           One of the things that I look at is the fact  
2           that, you know, 99 percent, if not even a higher rate of  
3           those employees that are injured on the job, they want to  
4           get back to work. They want to get back to work as soon as  
5           possible and provide for their families and all the good  
6           things that come with it. They want to receive the good  
7           medical treatment that they're looking for and is needed in  
8           the particular situations that they encumber.

9           So when I look at that and I look at our access  
10          ability study, and I see within that study that over the  
11          past 5 years in the study are statistics relating to  
12          satisfaction of treatment, they continue to get better  
13          within the system. If you look at our study back in 2010,  
14          the satisfaction was about 85.2 percent, and in the most  
15          recent year that we conducted this study, it was up around  
16          90 percent. So you see those things continuously rising  
17          with the satisfaction of care from the injured worker's  
18          side.

19          But, you know, I go a step further, and I look at  
20          that satisfaction survey from a different perspective of  
21          the employer's side of the house as well, and what I see  
22          there is that, you know, when I worked in private industry,  
23          one of the key goals for us was, you know, getting that  
24          injured worker better and getting them back to work, you  
25          know, in as fast as a fashion as we could do that, as time

1 would permit within their treatments.

2 And if you look at the accessibility study back  
3 in 2010, the day's lost per injury were about 63 days of  
4 the individuals that we surveyed, and now in 2014, those  
5 days have gone from 63 days down to 47 days. So we have  
6 closed that window.

7 So that tells me two things. It tells me, this  
8 study, that the claimants are happy with their treatment,  
9 and also, the time away from work that they are  
10 experiencing because of an injury has drastically reduced  
11 from 2010 up until now.

12 And there are a number of reasons that I feel  
13 come into play with that. You know, number one, and  
14 probably first and foremost, you know, somebody that has  
15 come from the HR background in private industry with  
16 thousands of employees at a manufacturing plant, you know,  
17 you do the things that you do on a regular basis to try to  
18 be proactive and prevent the injuries in the workplace.  
19 You know, lo and behold, if we prevent these injuries,  
20 these issues we are talking about this morning are not as  
21 big of an issue as we think we're doing.

22 Well, in Pennsylvania, we've done some things  
23 where we have started reaching out to employers, and we're  
24 proactive in providing the proactive measures and the  
25 training and things like that for the employees. Last year



1 alone, the Bureau of Workers' Compensation training arm has  
2 reached out and trained over 37,000 individuals in  
3 workplace safety classroom-type trainings through webinars  
4 and actually in-house trainings.

5 Now, why am I saying that in relation to the  
6 accessibility study and the number of days away from work?  
7 Because if you reach out and you do those trainings,  
8 statistics show you that the severity of the injuries are  
9 going to be much, much less when they do occur, and when  
10 you have much, much less severe injuries, those are going  
11 to reduce the time away from work. So I look at this from  
12 a holistic perspective. I really do.

13 Studies also show that the number of URs that  
14 have been conducted over the last few years have gone down  
15 as well. If you look at the health-care services division  
16 within the Bureau of Workers' Compensation, back in 2014,  
17 the number of URs were at 7,852. Last year, that number in  
18 2015 had gone down to 5,644. So that's a substantial drop.  
19 That's an indicator as well.

20 And also, the costs associated with those  
21 utilization reviews. If you look at the costs associated,  
22 the charges that are applied from the utilization review  
23 organizations to the carriers, we track those costs as  
24 well, and in 2014, those costs were about \$7.6 million,  
25 and in 2015, those costs have been reduced to about

1 \$5.4 million as well.

2 So the number of utilization reviews being  
3 requested have decreased, and the costs associated with  
4 those utilization reviews that are pushed on to, say, the  
5 carriers or whoever request those reviews, they have gone  
6 down as well.

7 So just to summarize. You know, again, I like to  
8 say that, you know, we are always looking at ways to  
9 improve the workers' compensation process in Pennsylvania,  
10 whether it be for the claimant, the insurer, the employer,  
11 all of our stakeholders. And, you know, from a number of  
12 methods, from technology to outreach to proactive measures,  
13 and you can go on and on and on. But this is one of -- the  
14 way the bill is worded in this bill here, it's not  
15 something that I think would be proactive for all of the  
16 stakeholders within the system are beneficial.

17 So thank you.

18 MAJORITY CHAIR GINGRICH: Thank you both. Thank  
19 you for sharing the perspective and the data from the  
20 department.

21 MR. WEIANT: Certainly.

22 MAJORITY CHAIR GINGRICH: And I'm really happy to  
23 see it reinforced that our common goal is for, you know,  
24 the worker and the employee and to keep everybody working  
25 safely, and those safety statistics are very important to

1 all of us as well. So thank you.

2 We have a number of questions, so if you can, you  
3 know, hold your seats for a little bit.

4 I'm going to start with my fellow Minority Chair  
5 Galloway, and go ahead, and then we'll move on.

6 MINORITY CHAIRMAN GALLOWAY: Thank you,  
7 Madam Chair.

8 I know there are a lot of questions and we got a  
9 lot to get through. Just quickly on justification.

10 You made a statement about the transfer of burden  
11 from the injured -- or that the insurance carrier to the  
12 physician to the injured worker. Could you just take me  
13 through that, and the benefits, the pros and cons, that you  
14 see in this transfer. Thank you.

15 DEPUTY SECRETARY VOVAKES: Can I answer that  
16 first question?

17 MR. WEIANT: Sure. Go ahead.

18 DEPUTY SECRETARY VOVAKES: The current process --  
19 and this is a rough description. Of course, there's some  
20 more detail.

21 But if an injury occurs and there's a notice of  
22 compensation payable issued, the current process is the  
23 claimant receives treatment from the employer's list of  
24 physicians for 90 days. The physician and the patient  
25 collaborate on what that treatment will be. The physician

1 sees the patient that's in front of them and determines  
2 what the best course of action is.

3 Claimants receiving treatment. The physician is  
4 billing the insurance carrier at this point, and the  
5 insurance carrier is getting those bills and determining  
6 whether those are reasonable charges in the insurance  
7 company's estimation or not. If they are, they are paid  
8 and everything stops in terms of that specific bill.

9 If the carrier determines that the bill is not  
10 reasonable, they can file for utilization review, and the  
11 utilization review organization reviews the records of the  
12 physician to determine whether the treatment is reasonable  
13 and necessary.

14 If the utilization review organization determines  
15 that indeed those treatments were reasonable and necessary,  
16 they send a payment order, and the insurance carrier can,  
17 again, either accept that and pay it or can appeal the  
18 utilization review decision to the Workers' Compensation  
19 Office of Adjudication, and then that's the whole  
20 adjudication flow.

21 If the utilization review folks or organization  
22 does not think that the treatment was reasonable or  
23 necessary, the URO sends an order that their treatment was  
24 indeed not necessary. The carrier at that point is off the  
25 hook. The claimant and the provider then have to deal with

1 the cost of the treatment that has been issued. And again,  
2 if the claimant doesn't agree with that, they can petition  
3 for utilization -- or for an appeal through the Workers'  
4 Comp Office of Adjudication.

5 The new, or the proposal in 1800, as I read it,  
6 is that, you know, if there's an injury, there is a notice  
7 of compensation payable. The claimant goes for treatment,  
8 and the treatment is based on the employer's -- on the  
9 guidelines that would be selected by the department.

10 If the claimant is recovered, that's great and  
11 the process ends. But if the claimant is not recovered,  
12 the worker has to file for utilization reviews, as I read  
13 it.

14 The utilization review looks at whether the  
15 treatment is consistent with the guidelines. I don't read  
16 anything that says that they can suggest other things.  
17 It's just a yes or no; is it consistent with the  
18 guidelines?

19 If it is, the insurer pays for the treatment  
20 with, of course, appeals to the Workers' Comp Office of  
21 Adjudication. If it's not, the claimant is liable for the  
22 costs of treatment.

23 So part two of your question is -- well, let me  
24 highlight part one.

25 Part one is that you asked about the shifting of

1 responsibilities. At the beginning -- or the current  
2 policy is that the insurance carrier is getting the bills,  
3 and the insurance carrier is contemplating whether the  
4 treatment and the fees are appropriate. And what I read in  
5 the new proposal, there's not, at least initially, no  
6 deviation in what treatment a claimant is going to get. My  
7 sprained ankle is going to be the same as Scott's, is going  
8 to be the same as Ryan's, and so forth. And, you know, it  
9 doesn't take into effect my weight, my age, my health, and  
10 so on and other variables that are important in medical  
11 decisions.

12 And I, the claimant, and perhaps my doctor are  
13 determining whether I'm fully recovered or not, and if I  
14 don't think I am, the worker, as I read 1800, is filing for  
15 the utilization review.

16 So that's where I see, you know, there's a shift  
17 in the insurance company/employer is doing it today. 1800  
18 is contemplating that the utilization review would be filed  
19 by the injured worker or their physician.

20 And as I read it again, the decision that this  
21 board is going to be making is simply whether the treatment  
22 is consistent with the guidelines or not, not any sort of  
23 deviation from the treatment. Now, that's my read, so,  
24 you know, we can discuss that.

25 You know, the other issue is, who pays for the

1 UROs? Obviously the language is kept about insurers,  
2 insurance companies and employers paying for it that  
3 currently exists. But there is some ambiguity, I think, or  
4 something that should be made more clear with respect to,  
5 are there limits as to when an injured worker can ask for a  
6 utilization review? Since they're not paying for it, can  
7 somebody dispute it? So I think that needs to be  
8 clarified.

9 And, you know, the cost of these things is a  
10 thousand to \$1,500, which if that falls, if that burden  
11 falls to the worker, the workers of Pennsylvania, the  
12 injured workers of Pennsylvania, you know, the decision  
13 might be, well, why not put that towards for the treatment  
14 rather than payment for utilization review?

15 So there are some process issues, but, you know,  
16 that's what I think -- that's where I think the onus  
17 changes hands and what I think some of the issues are with  
18 the bill that we have in a more restrictive way.

19 Do you have anything to add?

20 MR. WEIANT: Yeah. I would just like to add one  
21 thing to that.

22 You know, when I look at this perspective, I take  
23 myself back into, you know, my early twenties when I was  
24 working in manufacturing and also when I was in private  
25 industry for those years after.

1           Within the bill where it stipulates that the  
2 injured worker may challenge the employer's determination  
3 at that time, you know, the majority of our folks out there  
4 in sales and manufacturing and administration or whatever  
5 they're doing in their daily activities, they really do not  
6 know anything about the workers' compensation system. It's  
7 very rare that you have employees out there that are  
8 experts in workers' compensation.

9           Now, there are some people that are very  
10 knowledgeable, but the majority of them do not know  
11 anything about workers' compensation. So when you take the  
12 burden from the employer, the insurer, submitting for the  
13 UR request and you put that upon the employee now, there's  
14 probably no other choice within that process for that  
15 employee to reach out then and become represented on the  
16 case by an attorney.

17           And that doesn't always happen, so the additional  
18 effects of that particular language is you're probably  
19 going to create more litigation within the workers'  
20 compensation system, and that has residual effects  
21 throughout the whole process as well.

22           MAJORITY CHAIR GINGRICH: Okay. Thank you,  
23 gentlemen. That was very comprehensive.

24           The question, I believe, was to walk us through  
25 the current process, and you went a little further to



1 challenge the language of the new. So we're going to have  
2 limited time for really answering just the questions.

3 MR. WEIANT: Sure.

4 MAJORITY CHAIR GINGRICH: I'm going to go to  
5 Representative Mackenzie at this point, and hopefully we  
6 can get in another question or two before the next panel.

7 REPRESENTATIVE MACKENZIE: Yeah; absolutely.  
8 Thank you, Madam Chair.

9 And again, I do appreciate the department being  
10 here. We share the goals of making sure that individual  
11 workers receive compensation for lost wages and the best  
12 possible care, and I think both of those can still be  
13 achieved with treatment guidelines.

14 Very quickly, I do appreciate, Mr. Vovakes, your  
15 opinion on the current system and I think your explanation  
16 to determine just how complicated the existing system is  
17 and what an individual worker who challenges determinations  
18 has to go through.

19 I think that's a very complicated process. And I  
20 think with treatment guidelines, I think you can actually  
21 simplify that, because what we've seen in other instances  
22 is when an individual worker goes that treatment, and we  
23 can discuss this later outside of a hearing, but I think  
24 the process that I see in the legislation is different than  
25 what you described for what would happen with treatment

1 guidelines where an individual goes to a medical  
2 provider.

3           As I see it, they can -- they're going to have a  
4 discussion with that medical provider about what their  
5 injury is and what type of treatment is available. There  
6 is wide latitude within these guidelines. It's not a  
7 one-size-fits-all based on -- I mean, they do take into  
8 account your weight, your age, all of these different  
9 things. You know, any medical professional will do that.  
10 And again, within the latitude of the guidelines, they can  
11 then make a determination.

12           So I do challenge that, but I will get to my very  
13 specific questions here.

14           Mr. Weiant, you mentioned that an individual  
15 worker may not challenge or may not be the best to  
16 challenge a determination. Would you feel better if the  
17 legislation and the language said a medical professional,  
18 that a medical professional would be the one to challenge  
19 that?

20           MR. WEIANT: I don't know that I would feel  
21 better in that respect either, Representative.

22           I think the way the system has justified through  
23 some of the statistical data and the numbers that we have  
24 in place relative to the costs and the satisfaction of the  
25 claimant outcome and the reduction, as well in the workers'

1 compensation costs per the State over the last number of  
2 years as being reduced, has really provided a very big  
3 picture that has been tested over a number of years, that  
4 the workers' compensation system in this respect of it is  
5 working pretty well. I really do, where the insurers, the  
6 self-insured employers, and the employers have to submit  
7 the UR request versus the providers or the employees.

8 Now, if I would have seen statistical data that I  
9 would have evaluated, I would have indicated this has only  
10 been for 1 year or 2 years. But the statistical data that  
11 I look at indicates that, you know, the workers'  
12 compensation costs have been stable, if not going down,  
13 over the last 5 to 7 years, and the satisfaction of injured  
14 workers has been there where it needs to be for a number of  
15 years, 5 years, and really to me an indicator.

16 And from an employer's side of the perspective is  
17 that, you know, if I can see that number going down where  
18 my employee is back to work on the job and I don't have to  
19 pay somebody overtime to cover for that employee, and if I  
20 can see that number going down consistently over 5 years, I  
21 think that we're in a position where we're seeing good  
22 things within the process as it is now.

23 Now, I'm not trying to indicate that, you know,  
24 we are opposed in any way to working with, again, all of  
25 our stakeholders to try to improve the workers'

1 compensation system, because I'm a believer that we can  
2 always improve the system with the help of all our  
3 stakeholders.

4 But to answer your question, a long-winded  
5 answer, I don't believe that would be the proper way to  
6 go.

7 REPRESENTATIVE MACKENZIE: All right.

8 You talked about the costs and your answer coming  
9 down over the years, but you mentioned in your testimony  
10 that the big cost drivers that have been changing, our  
11 safety is improving because of training, which is a great  
12 thing; URs, the number and the costs are coming down. So  
13 those are main cost drivers which are bringing down the  
14 costs.

15 Can you speak to the individual claims? In  
16 individual claims, is the medical costs coming down as  
17 well?

18 MR. WEIANT: Well, I can get those statistics for  
19 you, Representative, on the individual medical costs.

20 I can tell you this: that the numbers that I'm  
21 looking at that are going to be released for 2015, we're  
22 seeing a reduction, again, in the lost-time injuries and  
23 illnesses in Pennsylvania, the workers' compensation  
24 claims, and the numbers I'm looking at in fatalities  
25 relative to employees. You know, going to work in the

1 morning and not going home to their loved ones has been  
2 reduced significantly as well.

3 Now, when you look at some of these injury and  
4 illness, some of the data that's out there, you'll notice  
5 that in the last couple of years since we have gone to an  
6 automated system in Pennsylvania to electronic data to  
7 collect our claim-related information, those numbers may  
8 look a little higher than in previous years.

9 But in fact what we've done is, we're actually  
10 pulling in data now that we have not pulled in before for  
11 medical-only claims. And those medical-only claim data,  
12 that's going to provide us with some data that we can  
13 utilize to determine not only what type of injuries and  
14 illnesses are causing the lost-time claims but also for the  
15 medical-ONLYs, that in my eye, they were that far away from  
16 becoming a lost-time injury. So that data is a real good  
17 indicator to us.

18 Now, if you look at what we're going to do with  
19 that data in the future, you know, it's not uncommon now  
20 for private industry out there and some of the Fortune 500  
21 companies to take that data and throw that data into a  
22 database and use some predictive modeling to really  
23 indicate where those injuries are going to take place, what  
24 counties, what demographics of individuals are going to  
25 have those.

1           And when you have that information at your hand  
2   -- you know, the Bureau of Workers' Compensation has  
3   20 years of lost-time injury in their pocket -- that we can  
4   use that for predictive modeling, where we're going to be  
5   able to predict where the injuries are going to happen, who  
6   it's going to happen to, what sector of the industry, and  
7   we're going to be able to rule out training and, you know,  
8   training programs and things like that and proactive  
9   measures in those areas.

10           REPRESENTATIVE MACKENZIE: Great. Well, I'll  
11   wrap up my questions there. I know we have a number of  
12   other questions.

13           But I do want to thank you for your written  
14   testimony. I think there are a number of other good  
15   comments here that we can incorporate into new language  
16   going forward. So thank you.

17           MR. WEIANT: Thank you, Representative.

18           MAJORITY CHAIR GINGRICH: Thank you,  
19   Representative.

20           The next on the list is Representative Dush. But  
21   before I go to you, I want to apologize in advance. We're  
22   running out of time for this panel, and we have a lot of  
23   other valid information.

24           If any of the other Members have questions,  
25   please submit them and we will get your answers, follow up.

1 If you can respect that short timeline, Representative  
2 Dush, I would appreciate it.

3 REPRESENTATIVE DUSH: Certainly, Madam Chair.

4 Scott, going back to your reference of the  
5 reduction in numbers.

6 With the expansion of -- well, since the great  
7 recession in 2008, we have had a number of people dropping  
8 off of the workforce. And we've also seen expansion for a  
9 lot of other social programs where people that sometimes  
10 would be our largest claimants in a workers' compensation  
11 case would possibly find it easier -- well, in fact they  
12 are finding it easier to go onto the Federal Government  
13 system and not have to deal with the workers' compensation  
14 as a way of gaining money for not working.

15 I've been on both sides of this, both as an  
16 investigator for workers' compensation claims and as a  
17 claimant under the heart/lung program. And if you had  
18 asked me during the middle of the process, I would tell you  
19 -- that's another metric in your survey. If you were  
20 asking me in the middle of that process, no, I wouldn't,  
21 but I'm also one of those people who was, even though I  
22 still don't have any feeling in the outside of my right  
23 foot, I still came back to work.

24 There are people who will purposely try to get  
25 back to work and then there are others who aren't. But I

1 think what I would like to know is, those parts of the  
2 metrics, were those included in your calculations as to the  
3 reductions in the costs and then the reduction in  
4 claimants?

5 Also, since the workers are more likely to stay  
6 active and be in work, was that a factor in that study?

7 MR. WEIANT: This study is very specific in  
8 certain areas, Representative. It goes to the respect of  
9 the care and the satisfaction of the care.

10 It does not -- it's a random sample of just under  
11 11,000 injured workers in this survey. And actually the  
12 respondents for the latest survey is about 1,949  
13 respondents. It does not go into the detail level as which  
14 you were just indicating.

15 I can say this in reflection to the recession and  
16 the number of injuries and illnesses out there in  
17 Pennsylvania and the type of claimant historically in  
18 Pennsylvania that we have within the workers' compensation  
19 system. A lot of people, when I go out and speak on this,  
20 is that they are a little surprised that the age  
21 demographics of the most prevalent individuals that are  
22 going to be injured on work are between the age of 50 and  
23 54. You know, for some reason, a lot of people think,  
24 well, it's going to be the younger person, the people in  
25 their twenties.



1           But the most prevalent age is the age between  
2   50 and 54. And those are people, for the most respect,  
3   that are out there. They have established lives. They  
4   have established families. They're paying bills. You  
5   know, they have a mortgage and things like that.

6           Again I'll reiterate back to what I said  
7   previously, is that, you know, my experience in real  
8   life -- and I appreciate your real-life experience as well  
9   -- is that, you know, the majority of these individuals,  
10  they are hurt on the job; they want to get back to work.

11          Now, you know, we deal with those outliers as  
12  well in our program where, you know, some folks, we think  
13  that at times they may be stretching the program. But the  
14  majority of the people are good people and they really do  
15  want to get back to work and put an honest day's work in.

16          REPRESENTATIVE DUSH: I agree with that, and I  
17  would just like to have some more -- I'd like to see them  
18  drill down more, and specifically on the studies. But  
19  thank you very much.

20          MAJORITY CHAIR GINGRICH: Thank you,  
21  Representative.

22          Gentlemen, thank you very much. It's our  
23  pleasure to work well with the department, and we do  
24  appreciate your feedback, your data, and we will continue,  
25  along with the prime sponsor of the bill, to share that

1 information.

2 DEPUTY SECRETARY VOVAKES: Thank you all.

3 MR. WEIANT: Thank you.

4 MAJORITY CHAIR GINGRICH: Thank you.

5 Please hang around if you have time. This is  
6 very interesting information.

7  
8 *PANEL II:*

9 *HEALTH CARE*

10  
11 MAJORITY CHAIR GINGRICH: And I'll invite the new  
12 panel and do our switch with our health-care panel, also an  
13 equally important part of the dialogue. We had a lot of  
14 discussion now about safety and our improvements there and  
15 types of injuries, but now we're going to hear from people  
16 who see it all the time.

17 Once you're settled, I'll actually have you  
18 introduce yourselves so everybody will know who you are  
19 affiliated with and we'll be comfortable with your  
20 background.

21 Shuffle the chairs any way. Just make sure  
22 everybody can get to a microphone when we need to do so.  
23 This is a large panel.

24 Okay; we're going to have to watch our time on  
25 this panel, too. So let's help each other out in

1       respecting time, and we'll start with Scott, if you don't  
2       mind, and introduce yourselves so everybody knows who is on  
3       the panel.

4               MR. BISHOP:   Sure.   I'm Scott Bishop, Senior Vice  
5       President of Legislative Advocacy for The Hospital and  
6       Healthsystem Association of Pennsylvania.

7               MR. RHINE:   I'm Mike Rhine.   I am the Vice  
8       President of Operations for Concentra Urgent Care for the  
9       Northeast Region.

10              DR. MILLER:   My name is Dr. Keith Miller.   I'm  
11      the Co-Chair of the Legislative Committee for the  
12      Pennsylvania Chiropractic Association.

13              DR. McGLYNN:   My name is James McGlynn.   I'm an  
14      orthopaedic surgeon with Premier Orthopaedics in Delaware  
15      County and a member of the Pennsylvania Orthopaedic  
16      Society.

17              MS. DeWITTIE:   I'm Kathy DeWittie, and I'm with  
18      the Pennsylvania Orthopaedic Society.   I'm staff on this  
19      issue.

20              MR. BIGLEY:   Go ahead and introduce me, too.

21              MS. DeWITTIE:   Jonathan Bigley to my right, who  
22      is our governmental relations representative.

23              MAJORITY CHAIR GINGRICH:   Okay.   Thank you very  
24      much.

25              Now for the individual testimony and what you can

1 add of value to this conversation. If it's okay, we'll  
2 work our way down the panel, again, as we introduced  
3 ourselves. Thank you.

4 MR. BISHOP: Chairman Gingrich, Chairman  
5 Galloway, thanks for the opportunity to be here.

6 To respect the timing, I'm not going to read our  
7 testimony. You have it. I certainly don't want to be the  
8 guy that makes you to be physically removed from the room  
9 in a little while.

10 MAJORITY CHAIR GINGRICH: It may have happened to  
11 you before, Scott.

12 MR. BISHOP: Right.

13 So, you know, we're in a unique position. Just a  
14 couple of things.

15 You know, as hospitals, clearly we'd be on the  
16 health-care panel as one of the key components of the  
17 Commonwealth's health-care system, but also as a major  
18 employer. And as we note, hospitals either directly employ  
19 or support nearly 600,000 employees, and we contribute  
20 somewhere over the range of \$110 billion to the State's  
21 economy. So we come at it from both perspectives, and we  
22 appreciate the opportunity to be here this morning.

23 So a couple of things. One, I think we do  
24 support the concepts that are contained in Representative  
25 Mackenzie's legislation to improve the workers'

1 compensation program with, I think, two points that we just  
2 really want to focus and emphasize on. And I think it goes  
3 to some of the comments raised by Chairman Galloway earlier  
4 and others, and that is, if we're going to use treatment  
5 guidelines for the purposes of caring for injured workers,  
6 then hospitals, I think, need to have a specific role in  
7 that process. Because we're not new to dealing with  
8 guidelines, with accreditation standards, with all these  
9 different kinds of things as part and parcel of what we do  
10 as health-care providers. But to the extent that the  
11 Commonwealth is going to use treatment guidelines, allow  
12 for modifications to those guidelines, we'd like to see  
13 hospitals having a very specific role in that process.

14           And the second thing, we would be remiss if in  
15 talking about improving care and talking about making sure  
16 costs are contained, we always want to talk about the  
17 opportunities to engage in telemedicine as a way to get to  
18 these goals. And so as this legislation would move forward  
19 in the process, we would look for opportunities to talk  
20 about how that as a way of caring for injured workers is a  
21 part of this process, because it can accomplish a lot of  
22 the things on both sides of this issue that folks are  
23 concerned about.

24           So with that, I'll turn it over to the other  
25 members of the panel. And again, thanks for the

1 opportunity to be here.

2 MAJORITY CHAIR GINGRICH: Thank you, Scott.

3 DR. RHINE: Good morning, and I just echo  
4 Scott's sentiments. And thank you for asking me to testify  
5 today.

6 In addition to being the Vice President of  
7 Operations for Concentra, I am also a Doctor of Physical  
8 Therapy and have treated patients in the State of  
9 Pennsylvania.

10 Just a brief background on Concentra. We are the  
11 largest provider of occupational medicine in the country.  
12 We treat about 30,000 patients a day in 300 locations  
13 across the country, and we have about 150 locations that  
14 are co-located with large employers.

15 Our presence in Pennsylvania is 13 independent  
16 locations with some co-located locations as well. We also  
17 treat about 1,800 patients a day, and those patients in our  
18 centers will receive, could receive, specialty care,  
19 primary and occupational medicine, physical therapy, x-ray,  
20 and including pharmacy as well.

21 So as it relates to our operations in States with  
22 evidence-based guidelines, we are not opposed to the  
23 guidelines as long as they do not create unnecessary  
24 administrative barriers to providing timely patient care.  
25 So as a company, we have strived to practice an

1 evidence-based approach, which we have done since our  
2 inception, to get the injured worker through the process of  
3 care.

4           This has not been impacted by guidelines in any  
5 other State, whether that be ODG, ACOEM, the State's  
6 independent own guidelines, or their mix of sort of the two  
7 where they have adopted that. In fact, it has actually  
8 supported what we have done and helped us continue to do  
9 that.

10           And just so everybody understands, we practice in  
11 acute care, sort of a sports-medicine approach. So you  
12 understand the care we give in our center, the patients  
13 walk into our center, and within a matter of weeks, they  
14 start treatment that day, but through the scope of their  
15 care and release, they receive in our center all the  
16 services I just mentioned. And we are able to do that in a  
17 very timely fashion without barriers in any of these  
18 States. So I just wanted to make that part clear.

19           One issue that we are concerned about is  
20 clinician education about the guidelines. Believe it or  
21 not, many of the clinicians in States that have guidelines  
22 are operating with no guidelines, no knowledge that the  
23 guidelines even exist. So if we were to introduce  
24 guidelines, it would be important that there is an  
25 extensive grassroots education program, especially for

1 those clinicians that are in more remote areas.

2 More broadly, we recommend that the Committee  
3 carefully define the issue it is attempting to solve with  
4 the implementation of guidelines. In our opinion, the  
5 primary goal for any treatment guideline should be to help  
6 patients obtain necessary medical care in a timely manner  
7 and return to normal function as soon as they are able.

8 As I mentioned before, we operate in States that  
9 follow ODG, ACOEM, as well as their own guidelines.  
10 Between the ODG and ACOEM, we do not have a strong  
11 preference either way. However, we have noted more States  
12 are currently using ODG than ACOEM.

13 With either of these choices, there's obviously  
14 incurrent costs to all parties involved in the process. An  
15 alternative to predefined guidelines is the approach taken  
16 by Colorado, which started in 1992. They developed their  
17 own State-specific guidelines. It was an intensive process  
18 with stakeholder input, particularly from physicians, in  
19 the development and implementation phases, as well as  
20 ongoing updates of their own guidelines. Other States  
21 have since adopted Colorado's guidelines to use for their  
22 own.

23 As it relates to the structure of the bill, we  
24 would suggest modifying the term of panel members to have a  
25 rotation of half the members every 2 years. And as it



1 relates to specialties, it's important to ensure a primary  
2 care occupational medicine doctor is on the board at all  
3 times.

4           So with that, I thank you guys for the  
5 opportunity of inviting me to testify today, and I'll wait  
6 for questions.

7           MAJORITY CHAIR GINGRICH: Thank you.

8           DR. MILLER: All right. Thank you for the  
9 opportunity to speak today on House Bill 1800, and I'd  
10 first like to thank everyone here for the opportunity to  
11 have stakeholders and the physicians talk about what our  
12 concerns are.

13           I would also like to thank the Department of  
14 Labor, who gave a really good synopsis of some of the  
15 challenges on the administrative side of the workers'  
16 comp.

17           First off, I want to say that House Bill 1800  
18 really centers around evidence-based medicine. I would  
19 really strongly suggest that everyone here read my written  
20 testimony -- I'm not going to read it to you; it's rather  
21 long -- on the challenges of evidence-based medicine. I'm  
22 going to hit the highlights on it.

23           First, I would like to say, who wouldn't agree  
24 that we want evidence-based medicine. I'm a doctor. I  
25 mean, who wouldn't want to have medical care based on

1 science and research and give the best quality care for  
2 what science and current technology tells us.

3 We don't use leeches anymore; we use MRIs. We  
4 want science. We want research. It's a worthy goal.

5 Health care is not just a science, though; it's  
6 an art, and somewhere along the way, evidence-based  
7 medicine, while it sounds like a worthy goal, really  
8 usually is poorly implemented. And usually it's poorly  
9 implemented because of the type of research, and  
10 unfortunately, the research bias that exists out there;  
11 that pretty much over and over and over again, larger and  
12 larger bodies and more and more respected people are coming  
13 out and saying, we've got to stop and take a look at this.

14 I'm going to start off and make an analogy.  
15 Global warming; climate change. Okay? If I was in a panel  
16 right now in front of a different group and we had the  
17 World Wildlife Federation on my left and the coal producers  
18 on my right and we were discussing policy changes in the  
19 State of Pennsylvania, they would both have research. They  
20 would both have evidence. They would both sit down and  
21 talk about their scientists and whether it's made or not  
22 made by human beings. As we look at this panel here, all  
23 of you sitting there, I guarantee, we do not have a  
24 consensus of all of you here on which one of those two  
25 sides is right.

1           So whose evidence do we use? Whose science do we  
2 select? How do we select that science? Which research is  
3 good? The coal industry says this is all hooey. The  
4 World Wildlife Federation says that all the owls are going  
5 to die tomorrow unless we get rid of coal plants. They  
6 both have opposing views. How do we make policy? How do  
7 we pick that? It is the same problem we're having with  
8 HB 1800.

9           It's not just in Pennsylvania; it's across the  
10 country. Believing that all of a sudden we're going to  
11 just be like, oh, we're going to make these guidelines and  
12 we're going to use this great research; everything is going  
13 to be fine, it's just nonsense. It's nonsense.

14           Look at the opioid crisis we have right now in  
15 Pennsylvania, one of the largest issues on the campaign  
16 trail for President right now and all across the country  
17 right now we're talking about. The Governors meeting, the  
18 National Governors meeting; the largest thing they talked  
19 about was the opioid crisis.

20           In the Virginia primary - I'm sorry; the Vermont  
21 primary, what was the largest thing they talked about? The  
22 opioid crisis.

23           Guess what? Evidence-based medicine 15 years ago  
24 said that these drugs were great. They were safe. We  
25 should release them on the public. No, we shouldn't just

1 give them for cancer patients anymore. The evidence and  
2 the studies show that addiction is really low; it doesn't  
3 happen. We don't have to worry about these things. So  
4 what did we do? We opened up the floodgates. Well,  
5 Pennsylvania right now is the third largest distributor of  
6 opioid medications to workers' comp according to the  
7 Workers Comp Research Institute, the same people that the  
8 Department of Labor quoted.

9           Pennsylvania just, at the end of 2015, became the  
10 highest opioid-death State in the entire country. That was  
11 research that came out, and whose research was that? It  
12 was the Big Pharma. Big Pharma came out with all these  
13 studies.

14           They had these wonderful biased studies that said  
15 that all this stuff is safe; we should sell more of it. So  
16 we adopted the guidelines. And the insurance carriers  
17 changed the policies, and the doctors were forced to push  
18 out more drugs. And what happened? Private industry made  
19 money; the State is now picking up the check. And that was  
20 evidence, but it was biased evidence. And as we go through  
21 and look at all the guidelines out there, the evidence  
22 really is biased.

23           When we talk about -- the British Medical  
24 Journal. The British Medical Journal is arguably one of  
25 the most influential journals in the world. The American

1 Medical Association Journal; the New England Medicine.

2 Okay? These are the three best journals in the world. And  
3 the recent editor, 25-year editor of the British Medical  
4 Journal just retired, just retired, Richard Smith, and he  
5 says, and I'm going to quote very shortly off of it, that  
6 most of what appears in peer-reviewed journals is  
7 scientifically weak. He goes on to make an argument that  
8 because of the cost of research today, that almost all  
9 research is funded by private industry, and when private  
10 industry funds research, be it the World Wildlife  
11 Federation or the coal industry, people are going to come  
12 up with very good science based on their funding.

13 The CDC -- the CDC, the Centers for Disease  
14 Control of the United States -- in June of 2015 published  
15 an editorial paper. The editorial paper -- and please read  
16 it in my submitted testimony, and I'm going to cut an  
17 excerpt in a little bit here -- they said, and this is the  
18 CDC:

19 "Evidence is mounting that publication in a  
20 peer-reviewed medical journal does not" support or  
21 "guarantee a study's validity. Many studies of health care  
22 effectiveness do not show the cause-and-effect  
23 relationships that they claim. They have faulty research  
24 designs. Mistaken conclusions later reported in the news  
25 media can lead to wrong-headed policies and confusion among

1 policy makers, scientists, and the public."

2 "Scientists, journalists, policy makers, and  
3 members of the public often do not realize the extent to  
4 which bias affects the trustworthiness of" health care  
5 "research."

6 "Systematic reviews of health care intervention  
7 studies show that half" -- half -- of all "...published  
8 studies use weak designs and are untrustworthy. The  
9 results of weak study design are flawed science,  
10 misconstrued policies, and potentially billions or  
11 trillions of..." dollars wasted.

12 This is the CDC. The CDC is telling us that you  
13 can't trust the research right now and everybody should  
14 take a deep breath and pause in the whole EBM debate and  
15 wait for the science to kind of figure it out to come up  
16 with national guidelines on how we use research and how we  
17 kind of figure out and get rid of the research bias.

18 I'll quote a couple other excerpts of some major  
19 studies recently:

20 "EBM...is not a valid basis for medical  
21 decision-making...and it does not acknowledge the role of  
22 experience, understanding and wisdom" in "medical  
23 decisions."

24 Here's another one from a major study:

25 "Since its introduction, health care costs have

1 increased while there remains a lack of high-quality  
2 evidence suggesting EBM has resulted in substantial  
3 population-level...gains."

4 "EBM's indiscriminate acceptance of industry"  
5 standard "generated 'evidence,'" in quotes, "is akin to  
6 letting politicians count their own votes. Given that most  
7 intervention studies are industry funded, this is a serious  
8 problem for the overall evidence base."

9 Again: "Scientific fraud reappears with  
10 alarming..." consequences. Several studies have found that  
11 it exists in more than 40 percent of surveyed researchers.  
12 "These kinds of results indicate that there exists a  
13 substantial problem. Fraud/misconduct can lead to study  
14 losing...credibility. Moreover, it can lead to ineffective  
15 or harmful" patient "treatment being available..." to  
16 patients and deny treatment access.

17 So the PCA is not against evidence-based  
18 medicine. We're not against research. We're not against  
19 science. The problem we have is, it's too early. Is it  
20 really right to make the injured workers of Pennsylvania be  
21 the guinea pigs in a very small panel of "unpaid," "when I  
22 have time to sit down and come up with guidelines" that the  
23 CDC itself says they really can't trust right now?

24 Who does the research? How is the research  
25 funded? How do we see if it's biased or it's valid? Who

1 selects that final evidence, and how are the policies then  
2 designed around them?

3 We talked -- and I'm going to kind of go to the  
4 Department of Labor discussion really quickly, and I'll sum  
5 up my notes after that.

6 We talked about UROs. We talked about the URO  
7 system. We already have a URO system, and the URO system  
8 right now, and I think everyone here would agree, pretty  
9 much uses evidence-based guidelines in the URO. It's an  
10 after-the-fact system, and it's not perfect, but it's  
11 working. And the costs are coming down, and people are  
12 happy, okay? But the problem is, there's abuse in URO.

13 I have a personal example. I had a URO that I  
14 lost, my first one in 10 years. And when you read the URO,  
15 the conclusions had nothing to do with my patient  
16 treatment. Not only did it not have anything to do with  
17 the patient treatment, the patient's name was "Bob," and  
18 the conclusions were about a patient named "Jane." So the  
19 reviewer copied and pasted a URO that had nothing to do  
20 with my patient, collected his check, and moved on.

21 That's one example, and obviously we could  
22 cherry-pick them out, but isn't evidence-based medicine  
23 going to do the same thing? Isn't it going to allow the  
24 URO system just to be a cookie-cutter, slap-it approach?

25 And then we're going to take a patient who works



1 on an assembly line, who may or may not speak English very  
2 well, and we're going to make that person then responsible  
3 for fighting an industry and a system that the lawyers and  
4 doctors have a tough time getting through.

5 And then who pays for that? Right now when a URO  
6 happens, the employer says, we're going to review this  
7 case. And when the employer reviews the case, the employer  
8 knows that I'm going after maybe not paying those bills,  
9 but I have to pay for the review. So there's a give-and-  
10 take, that there's a risk that the employer has in the  
11 game. They have skin in the game to do the URO, but they  
12 have the benefit, if they win, they don't have to pay. Who  
13 pays?

14 So every time an employee now has a problem, they  
15 have to file a URO? The URO system takes 30 to 90 days  
16 right now. If you're sitting there waiting for your cancer  
17 care, do you want to have to have a 30- to 90-day appeal  
18 period whether or not you're going to get your radiation?  
19 How long is that system going to be? How long is it?  
20 Who's going to pay for it?

21 And when a worker who is an assembly line worker  
22 or God knows what else looks at the system and says, I  
23 don't know what to do, they're going to go 1-800-SUE-ME.  
24 There's a million of those ads on TV, and they're going to  
25 call a lawyer because they don't know how to navigate the

1 system. So you're going to drive up the amount of people  
2 suing because they're going to have to.

3 How is this blue-collar worker who may or may not  
4 have even finished high school going to navigate a system  
5 that myself as a doctor has a problem getting through it?  
6 They're not; they're just going to sue you, and they're  
7 going to get a lawyer, and it's going to drive up costs.

8 We have a system that is not perfect. We'll all  
9 agree there's no such thing as a perfect system, but it's  
10 working. The Department of Labor -- the Department of  
11 Labor -- says that the 5-year average says everything is  
12 getting better, so why break it? Why take something that's  
13 working and break it?

14 The Representative said, how about the doctors do  
15 the reviews? Do you know how much paperwork I have? I go  
16 in at 8 a.m. and I come home at 10 p.m. I keep adding  
17 extra staff. My reimbursement rate has gone down. Blue  
18 Cross cut it 10 percent, okay? We just got told by  
19 Highmark, on March 18<sup>th</sup>, tomorrow, we're getting the new  
20 rate schedule that goes in for April 1<sup>st</sup>. They're cutting  
21 my rates again. I have had to hire two extra staff to do  
22 my paperwork.

23 I'm going to fight the UROs? You know what's  
24 going to happen? We're just not going to see you. We're  
25 going to drop out of the workers' comp system. Doctors

1 will flee, and you'll take that 90 percent approval rating  
2 and it's going to plummet, and it's all going to just wind  
3 up in litigation.

4           Some I'm going to conclude by saying the PCA is  
5 for science. We're for good treatment. We're for good  
6 medicine. But HB 1800 doesn't do any of that. It's vague.  
7 It doesn't create solutions; it just creates problems.

8           And one day the PCA would love to stand behind a  
9 commonsense bill, but a commonsense bill for the workers in  
10 this State is a conservative care-first approach,  
11 conservative care-first approach that doesn't put  
12 Pennsylvania third in the country to creating junkies on  
13 opioid medications. We feel there's enough scientific  
14 evidence and there's enough good social policy out there  
15 that conservative care-first approaches work.

16           When we look at the WCRI reports from 2014 that  
17 the Department of Labor quotes to as the best metadata out  
18 there, those reports show that when patients go to  
19 chiropractors first, that the overall cost of back and neck  
20 pain treatment is lower, that the number of surgeries is  
21 lower; that when a chiropractor is the first doctor they  
22 see, only 1.5 percent of patients wind up in surgery. When  
23 the first doctor they see is a surgeon, 42.7 percent get  
24 surgery.

25           So that's all I have to say. I thank you all for

1 your time, and I hope common sense prevails.

2 MAJORITY CHAIR GINGRICH: Thank you very much.

3 I'm glad you two gentlemen kept yours shorter and  
4 allowed your time to move on down the table.

5 I appreciate the information. For awhile, I  
6 thought you were talking about politics when you went off  
7 on the bias between the research and so on. We have our  
8 own situations with that, believe me.

9 Dr. McGlynn, let's hear from you before we go to  
10 questions, please.

11 DR. McGLYNN: Yes. Thank you.

12 Thank you, Chairwoman Gingrich and Committee  
13 Members for this opportunity to testify on House Bill 1800,  
14 and I will stick to the script today.

15 My name is James McGlynn. I'm the Chairman of  
16 the Pennsylvania Orthopaedic Society's Workmen's  
17 Compensation Committee, and I appreciate your willingness  
18 to hear our Society's views on this important legislation.

19 HB 1800 would require the use of treatment  
20 guidelines as part of the dispute resolution process in  
21 workmen's compensation cases. Given the large majority of  
22 cases in this WC system are not in dispute, HB 1800 would  
23 not have broad application in the workmen's compensation  
24 system. It would, however, have a significant impact on  
25 those injured workers who find their medical care under

1 dispute as well as the physicians who treat them.

2           The Pennsylvania Orthopaedic Society is engrossed  
3 in workers' compensation issues. From a medical  
4 professional viewpoint, orthopaedic surgeons treat more  
5 injured workers than any other type of physician. In  
6 addition, the patients we treat are often severely injured.  
7 We care deeply for our patients, and we hope this  
8 legislation will not adversely impact them or the  
9 relationship between the patient and the physician.

10           With that said, if properly implemented,  
11 treatment guidelines can be a benefit to the workers'  
12 compensation system. Many States have already adopted  
13 these guidelines, including Colorado, and Colorado's is  
14 considered by some provider groups as a national model.  
15 The POS welcomes the opportunity to work with you as the  
16 House Labor and Industry Committee deliberates this bill.

17           After reviewing HB 1800, our Society adopted  
18 three principles in regard to work treatment guideline  
19 legislation. This action was taken at our February board  
20 meeting.

21           First, lawmakers must understand that treatment  
22 guidelines should be merely that, guidelines. Pennsylvania  
23 Orthopaedic Society will not agree to legislation that  
24 imposes treatments and procedures upon patients and  
25 orthopaedic surgeons.

1           Although this is not the intent of the bill, we  
2 are concerned that some advocacy groups may see this  
3 legislation as a vehicle to prescribe treatment protocols  
4 in this system. Guidelines should also not become de facto  
5 policy on the part of insurers.

6           Second, treatment guidelines should be specific  
7 to Pennsylvania. HB 1800 calls for the adoption of  
8 national guidelines. These may be instructive for  
9 Pennsylvania policymakers, but they have limited value to  
10 the practicing physician who is treating these injured  
11 workers, each with their own set of nuances.

12           The POS suggests that the legislation establish a  
13 workgroup of health-care providers charged with the duty to  
14 develop Pennsylvania-specific treatment guidelines within a  
15 certain time period. The Secretary of Labor and Industry  
16 could then promulgate that work product as Pennsylvania's  
17 treatment guidelines.

18           We make this suggestion because HB 1800 requires  
19 the implementation of national guidelines within 60 days.  
20 A lengthy process of proposing modifications, public  
21 notice, and comment would begin thereafter. It would be  
22 far more efficient and less costly to delay implementation  
23 of any guidelines, allow a workgroup to modify existing  
24 State or national guidelines, and then implement one set of  
25 Pennsylvania-specific guidelines instead of two. All

1 parties in the workers' compensation system should have  
2 notice of one set of guidelines.

3           Lastly, treatment guidelines must be flexible  
4 enough to incorporate new or emerging techniques,  
5 procedures, and technology. This principle is obviously  
6 related to the first two. With innovation a constant in  
7 orthopaedics and other medical specialties, treatment  
8 guidelines cannot be static.

9           Pennsylvania's regulatory review process,  
10 however, is cumbersome. Pennsylvania-specific treatment  
11 guidelines should contain provisions that allow for the  
12 rapid application of these innovations in the delivery of  
13 care without wading through the State's daunting process.  
14 Obviously, this principle is in the best interests of the  
15 injured worker.

16           Our Society has seen in other contexts how  
17 guidelines can become de facto regulations or even outright  
18 bans on physician practices. At times, this is due to  
19 ensure reimbursement activities that deny payment for  
20 necessary and proper treatment that just happens to be more  
21 than they wish to pay. The Pennsylvania Orthopaedic  
22 Society does not want House Bill 1800 to become a tool for  
23 any player in this system to dictate the type of care  
24 provided to injured workers.

25           A troubling provision of House Bill 1800 is the

1 language on page 4, line 2. Currently in utilization  
2 review, the moving party is the employer or the insurer.  
3 House Bill 1800, however, shifts this burden to the injured  
4 worker. Our concern with this burden-shifting provision is  
5 that employers or insurers will be in the position of  
6 dictating care to injured workers and the physicians who  
7 treat them.

8 In fact, the bill reads in relevant part, quote,  
9 "An injured worker may challenge an employer's  
10 determination of reasonableness or necessity...." The POS  
11 firmly believes that employers or insurers are in the least  
12 able position to determine the reasonableness or necessity  
13 of medical treatment.

14 Employers already have the authority to require  
15 injured workers to seek care from employer-selected  
16 provider panels for 90 days. Giving employers the  
17 authority to select care and forcing injured workers to  
18 contest employers' determinations is inappropriate in  
19 regard to the delivery of quality care and will inevitably  
20 lead to more frequent and protracted litigation.

21 As you continue your review of this bill, please  
22 consider these relevant facts which demonstrate that  
23 Pennsylvania physicians' costs are lower relative to other  
24 States according to the Workers' Compensation Research  
25 Institute and their benchmark for Pennsylvania in



1       October of 2015, and they are as follows:

2               •     Of the 17 States in the study group, the  
3               average physician payment per claim of the median  
4               State was \$4,357. Pennsylvania ranked 15<sup>th</sup> of the 17  
5               with an average payment claim of \$3,605. However,  
6               Pennsylvania's average payment ranks for chiropractic  
7               and physical therapy were 1 and 4 respectively. The  
8               average chiropractic claim for Pennsylvania was \$3,619  
9               while the median State was \$1,619. The average  
10              physical therapy claim for Pennsylvania was \$3,648,  
11              while the median State was \$2,719.

12              Secondly:

13              •     Of the 17 States studied, Pennsylvania had the  
14              third highest average payment per claim for physical  
15              medicine. But for two of the most important provided  
16              physician services -- they include major surgery and  
17              the E and M, or evaluation and management codes --  
18              Pennsylvania ranks 13.

19              As you can see, the physician compensation  
20              component of Pennsylvania workers' comp is well below what  
21              you may expect. POS members pride themselves on delivering  
22              the highest care within a reasonable reimbursement system.  
23              We hope to continue to do so.

24              The Pennsylvania Orthopaedic Society believes it  
25              is important to remember that House Bill 1800's provisions

1 would affect a limited number of cases and those cases in  
2 which medical treatment is in dispute. The creation of  
3 treatment guidelines, however, may have a larger impact  
4 upon the workers' compensation system depending on how  
5 employers and insurers decide to use them to determine the  
6 reasonableness and necessity of treatment. We ask the  
7 Committee to carefully consider our concerns as you review  
8 this bill.

9 In conclusion, the Pennsylvania Orthopaedic  
10 Society stands ready to work with Representative Mackenzie  
11 and your committee to craft reasonable and effective  
12 legislation regarding workers' compensation treatment  
13 guidelines.

14 Thank you for the opportunity to be here.

15 MAJORITY CHAIR GINGRICH: Thank you, Dr. McGlynn.

16 Thank you to all of the panel.

17 Again, we're facing time constraints here. I  
18 have five Reps now who have questions, and we want to get  
19 through as many of them as we can within 15 minutes.

20 So Representative Gergely, you have a question, I  
21 believe.

22 REPRESENTATIVE GERGELY: Thank you, Madam Chair.

23 Thank you, gentlemen and the lady, for testifying  
24 today.

25 This panel in particular is probably the most

1 important panel to speak on this issue. I respect the fact  
2 that our two doctors took the time today to come down and  
3 give us their perspectives. One of you gave an analogy. I  
4 have one.

5 If you can answer this for me. This has a lot of  
6 direction for me in the decisions I have to make whether  
7 HB 1800 is a worthwhile cause or not to undertake.

8 I have a Chief of Staff. I'm in session, and  
9 he's going to go to a fundraiser or an event for me back  
10 home, so he's technically working for the Commonwealth.  
11 And his wife goes with him, and they get in a car accident.  
12 They get injured.

13 We have 1800 implemented, so they have a  
14 guideline of care. The wife doesn't. She's under our  
15 health insurance plan; he's under the disability plan now  
16 because he was hurt while working for the Commonwealth.  
17 Can you assure me both of them are going to get the same  
18 exact standard of care, or will the guidelines affect the  
19 way my Chief of Staff is treated?

20 DR. MILLER: Right now, you would come to my  
21 office, and you'd have a PIP claim and a comp claim, two  
22 different acts -- Act 6, et cetera.

23 Right now, you'd both come in and you'd both be  
24 basically treated the same. The only difference is that  
25 workers' comp has a medical necessity-based payment and the

1 PIP claims in Pennsylvania right now have a set amount that  
2 a person buys for themselves. The State minimum right now  
3 is \$5,000, which, by the way, on a separate issue, is one  
4 of the lowest in the entire country. That's a whole nother  
5 point. But depending on how much she purchased, she would  
6 be covered under PIP, and then once that exhausted, she  
7 would then move into her private insurance.

8           What would happen, once you create some kind of  
9 evidence-based guideline, if it was a cookie-cutter  
10 program, is we would be forced, almost like having an  
11 iPhone app out: Do you have this? Yes. Do you have that?  
12 No. Do you have this? Yes. Then do this. And the doctor  
13 is kind of cut out of the loop completely. We would have  
14 to follow what the guideline says. If not, we don't get  
15 paid.

16           Then when that happens, the wife in this case, in  
17 your analogy, would have to file a URO. Somewhere in 30 to  
18 90 days, a review would come back, and then depending on  
19 how that review went, the costs then would get possibly  
20 shifted to the private sector from workers' comp into, say,  
21 Blue or Aetna or United.

22           So the system won't be saving money; we're just  
23 going to cost shift possibly who pays that money.

24           REPRESENTATIVE GERGELY: Will the standard of  
25 care be affected because of the guidelines, is more

1 important.

2 DR. MILLER: Well---

3 REPRESENTATIVE GERGELY: Or will the worker under  
4 the guideline, the Chief of Staff, have less of a standard  
5 of care because the guidelines are in effect, where you  
6 couldn't expand that because of identified needs?

7 DR. MILLER: The doctor---

8 REPRESENTATIVE GERGELY: Referring back to what  
9 you said is art.

10 DR. MILLER: Yeah. The doctor on the workers'  
11 comp, assuming we do this, would have to follow a certain  
12 guideline that may or may not be beneficial to that person,  
13 whereas the wife under the PIP guideline would have  
14 access to whatever care they needed based on medical  
15 necessity.

16 The standard of care usually does go down, and  
17 when you look across on the Workers Comp Research  
18 Institute, that's typically what happens. And that's  
19 metadata, as they said, of 17 of the largest major States  
20 in the player game, including California, Pennsylvania,  
21 et cetera.

22 DR. McGLYNN: Yes. In the hands of orthopaedic  
23 surgeons, both people would be treated exactly the same.  
24 If the injuries were serious and they wound up in the  
25 hospital, we're going to take care of that husband and

1 wife.

2 And the emergency care is the same; in the  
3 office, exactly the same. We're not really interested in  
4 how they got hurt. They were hurt, and we're going to help  
5 them.

6 It may become a problem if the treatment  
7 guidelines prohibit care further on down the line,  
8 especially in that severely injured person.

9 REPRESENTATIVE GERGELY: So the guidelines could  
10 affect the standard of care for the State employee?

11 DR. McGLYNN: Later, unless they are flexible  
12 enough.

13 REPRESENTATIVE GERGELY: It doesn't matter when,  
14 it could, correct?

15 DR. McGLYNN: In my opinion, later, yes.

16 REPRESENTATIVE GERGELY: Okay.

17 DR. RHINE: And just one point to keep in mind,  
18 too, is that it's already affected, because you've got a  
19 panel, right? So the wife and the husband may not be able  
20 to go to the same doctor---

21 REPRESENTATIVE GERGELY: Okay.

22 DR. RHINE: ---because of the panel that's  
23 already established.

24 So the goal is to have, you know, the same  
25 quality -- you know, great quality physicians at every

1 point of care on that panel. But that panel, depending  
2 where you are, will already limit, you know, so there's  
3 already some subject to decide what do the guidelines do  
4 and what happens, just because of where you enter the  
5 system differently.

6 MR. BISHOP: Right. And to follow up on  
7 Dr. McGlynn, there would be no change in treatment for  
8 either person presenting to an emergency department.

9 REPRESENTATIVE GERGELY: No; I wouldn't have  
10 assumed emergency. When you walk in the emergency room,  
11 you're going to get treated for your needs. But the  
12 follow-up with these guidelines is if the wife gets a  
13 better standard of care because the guidelines aren't  
14 assessed to her but they are assessed to the State worker,  
15 that's very problematic to me. We don't have that now.  
16 Why are we going to change that?

17 Thank you.

18 MR. BISHOP: Yeah.

19 MAJORITY CHAIR GINGRICH: I guess that's an  
20 answer we'll have at the end of this whole process. Thank  
21 you.

22 Let's move on again -- I remind everybody of the  
23 time constraint -- to Representative Neuman, who missed out  
24 the last time in asking a question.

25 REPRESENTATIVE NEUMAN: Thank you, and I do

1 appreciate everybody's time being here. I think it just  
2 shows the need for another hearing. So this is a very  
3 complex issue that we do need to hear everybody's answers.  
4 And if you see, the cameras are on. I think the public  
5 and the working class needs to hear your answers as well.

6 My question first goes to Scott Bishop.

7 Your answer in supporting this bill deals with  
8 economics and not patient treatment, from what I gathered  
9 in your testimony.

10 MR. BISHOP: No, I wouldn't say that at all. I  
11 mean, I say we come at this from two perspectives, uniquely  
12 as a large employer and also as a key health-care provider.  
13 So that was a recognition that that's the hospital  
14 perspective on this.

15 And again, I think we are a long way from  
16 standards being suggested, guidelines in this legislation,  
17 and some of the outcomes that have been suggested. But our  
18 whole reason for being a part of the conversation is that  
19 if we are going to go down that road of having a set of  
20 guidelines or evidence-based standards, whatever they are  
21 -- modifications, that process -- that hospital  
22 specifically, because of our role as health-care providers,  
23 would have a specific role in that process to make sure  
24 that some of the outcomes that have caused a level of  
25 concern don't actually take place.



1           So it's not in the perspective -- we just happen  
2 to be, unlike some of our fellow panelists, we have a dual  
3 perspective.

4           REPRESENTATIVE NEUMAN: And with that dual  
5 perspective, your testimony quotes the number of jobs --  
6 and we do appreciate your economic driver in our community  
7 -- quotes the number of jobs and employees in economics.  
8 My concern is that if you are a part of the guidelines,  
9 that dual role, is your fiduciary duty with the  
10 shareholders if you're private or maybe the Board Members,  
11 or is your fiduciary duty with the patients that will come  
12 to your hospital?

13          MR. BISHOP: Well, I don't think that changes the  
14 -- remember, at the end of the day, hospitals, we are 24/7,  
15 365 providers of health care, and that doesn't change and  
16 that won't change. And having standards or trying to  
17 provide some structure to the treatment, I don't think  
18 there's an inherent conflict there.

19          I mean, when folks present to us -- again,  
20 remember, when they first present to us at an emergency  
21 department, we don't know if you're insured/not insured,  
22 working/not working. We're there to treat, stabilize, and  
23 that's our -- we have no flexibility there.

24          So I think there is not necessarily an inherent  
25 conflict being able to be a part of the kinds of care that

1 would guide this process. I think we can do that.

2 And again, we face that as facilities and  
3 institutions all the time.

4 REPRESENTATIVE NEUMAN: Yes, I agree, and I  
5 appreciate your answer.

6 To the doctors. Whenever you were in medical  
7 school, did they present a multiple-choice question that  
8 said, if you have a broken leg, you treat it this way, or  
9 was it an analysis of each individual human that you're  
10 going to treat and the treatment was going to be different  
11 based on the analysis of that human and their injury versus  
12 an injury and an answer A, B, C, or D?

13 DR. McGLYNN: I would like to tackle that  
14 question first.

15 I think at Georgetown University, we learned both  
16 techniques. You always have to keep the person, the whole  
17 person, in mind, holistic medicine, but you also have to be  
18 an expert in treating the problem. So if you incorporate  
19 both, you do that successfully.

20 REPRESENTATIVE NEUMAN: Okay. And since there  
21 are no specifics in the guideline, House Bill 1800 lacks  
22 complexity for you to be able to make, in my opinion,  
23 and I believe your testimony alludes to, for you to be able  
24 to say that you're going to support, definitely support  
25 1800.

1           How will you deal with in your practice, either  
2 of you, if your treatment recommendations go against the  
3 guidelines?

4           DR. McGLYNN: Well, as I stated earlier, many of  
5 these guidelines will not be affecting almost 80 or more  
6 percent of our patients of injured workers. In those  
7 smaller percentage of situations, we're already answering  
8 to utilization review boards in many of these cases, and  
9 sometimes treatment is delayed until that is approved.

10           So we are already seeing that and view this as  
11 possibly a way of having a say instead of being on the  
12 bench.

13           DR. MILLER: I think the good doctor next to me  
14 would like this basic, because you asked about patients  
15 instead of problems.

16           I sometimes have a patient that comes in who  
17 can't sit, who is crying, who can't sleep. Pain is down  
18 their leg so severe they are telling me they want to cut it  
19 off. On their pain scale, it's an 11 out of 10. And then  
20 we get an MRI, and the MRI has an itty-bitty little disc  
21 bulge, that if I just saw the MRI and I never met the  
22 patient, I would have thought this wasn't a big problem.

23           Then I get a patient sometimes who has a  
24 sequestered disc blown out so large that the spinal cord is  
25 actually pushed out of the way. The only reason they got

1 the MRI is because they weren't getting better with  
2 conservative care. And their pain level might be a three  
3 or a four, and their only real neurological symptom is the  
4 back of their calf is burning.

5 So in one, you have an MRI, a clinical  
6 objective-based test, that says that their problem is not  
7 that bad but they're dying, and vice versa on the other  
8 one.

9 You see these all the time I'm sure, right?

10 DR. McGLYNN: Yeah.

11 DR. MILLER: So here's the problem: You now have  
12 a guideline that says if you have disc A, you do this; if  
13 you have disc B, you do that. That sounds really great,  
14 but it doesn't work. They're not cars.

15 You know, if my car doesn't start in the morning,  
16 I try to jump it. If it doesn't jump, I check the battery.  
17 If the battery doesn't work, I go to the alternator. If  
18 the alternator doesn't work, I take out a couple bolts, I  
19 slap in a new alternator, I start the car up, and we're  
20 good to go. That's cars. People ain't cars. And  
21 evidence-based medicine creates guidelines that if they're  
22 used as a flow chart of, try this first, and this is a good  
23 idea, and -- it's loosely set up.

24 You know, it's not a bad idea, and to be honest,  
25 that's kind of what we all do right now. But that's not

1 what happens. It's bias in the way these researches are  
2 done, on the selection of the patient outcomes.

3 The problem is, just like I talked about the  
4 opioid crisis, is that the Golden Rule is by who has the  
5 gold makes the rules, and all of us, we're fleas in the  
6 system. We're itty-bitty little people. We're not the  
7 billion-dollar companies, and the billion-dollar companies  
8 are the ones who eventually are going to make the  
9 guidelines.

10 The good doctor talked about chiropractors in the  
11 State of Pennsylvania, physical therapists in the State,  
12 and how we're slightly ahead of the averages. So they're  
13 talking about the numbers that we get paid on average in  
14 the State. Absolutely. We can get paid about \$1,200 more  
15 than the average nationwide, but when you look across the  
16 board in the States that have higher chiropractic  
17 accessibility and utilization, the average claim is lower.  
18 When they see a chiropractor, the average claim is lower.  
19 They have less surgery. They have less long-term  
20 disability. The amount of people on opioid medication is  
21 lower.

22 So is paying me \$1,200 more by giving me the  
23 flexibility and the freedom saving the system \$100,000?  
24 Saving the social costs of a junkie in rehab and families  
25 destroyed and all the other problems going on?

1                   REPRESENTATIVE NEUMAN: And I don't mean to cut  
2 you off---

3                   DR. MILLER: Yeah; \$1,200 is cheap.

4                   REPRESENTATIVE NEUMAN: ---but I do know that  
5 the Chairman is kind of looking at me and wanting this to  
6 end.

7                   MAJORITY CHAIR GINGRICH: Thank you,  
8 Representative.

9                   REPRESENTATIVE NEUMAN: You know, I would suggest  
10 that these guidelines, to your analogy, are like a limited  
11 warranty for a vehicle, and nobody wants a limited warranty  
12 for a vehicle when you're talking about a human.

13                   So thank you, Madam Chairwoman, for the  
14 leeway.

15                   MAJORITY CHAIR GINGRICH: Thank you for the good  
16 question and for helping me out here, because we are  
17 limited on time, and I'm getting tired of saying we're  
18 limited on time.

19                   A quick question from Representative Ward, and  
20 then we'll have to move on.

21                   REPRESENTATIVE WARD: Sure. Thank you,  
22 Chairwoman.

23                   My question is for Dr. McGlynn. A little  
24 background.

25                   Before I came to the House, I'm a nurse by

1 training, and I worked in our family transportation  
2 business. I reviewed workers' comp claims with our risk  
3 manager. And wouldn't you say that most cases that come  
4 in, although the patient is unique, each person is unique,  
5 you start out the same place and you start down almost an  
6 algorithm, if you would, of care that you go through until  
7 you, as you get that patient better, you're working down  
8 pretty much an algorithm. Is that -- would that be  
9 accurate?

10 DR. McGLYNN: Yes, I think it is.

11 We start out with a good history. We hear what  
12 the person has to say. We do a good physical exam, prudent  
13 testing, and come up with a treatment plan. In many cases,  
14 it works. And if it's not working, then you need to  
15 reassess, reevaluate, and change, and that's essentially an  
16 algorithm.

17 REPRESENTATIVE WARD: Okay. All right. Thank  
18 you so much.

19 DR. McGLYNN: You're welcome.

20 MAJORITY CHAIR GINGRICH: Thank you, gentlemen,  
21 very much, and the lovely lady sitting at, you know, the  
22 ready in case they needed you, I guess.

23 Thank you very much. You know, the health issues  
24 related to our discussion today are very, very important,  
25 and I thank you for your time and for your enlightenment.

PANEL III:

LEGAL COMMUNITY

MAJORITY CHAIR GINGRICH: And we will move on to our legal panel. So if they are available to hop up.

And thank you. Please stick around if you can.

And again I say if there are any other questions from the Committee Members that we couldn't get to, please let us know. We'll get them answered for you.

Welcome, gentlemen.

MR. BRICMONT: Thank you.

MAJORITY CHAIR GINGRICH: Not quite as long a panel, but equally important. So if you don't mind introducing yourself to the group, and we'll let you get started immediately.

MR. BRICMONT: Thank you, Chairperson Gingrich and Minority Chair Galloway and the Members.

I'm Dan Bricmont. I'm Chair-elect of the Pennsylvania Bar Association Workers' Compensation Section, present today on behalf of the American Bar Association.

I'm joined by Mike Rutch, who is Vice Chair of the section.

We represent the 68,000 members of the -- or excuse me; 28,000 members of the Pennsylvania Bar Association and are a part of the 650 members of the



1 Workers' Compensation Section Bar within the PBA.

2 I primarily represent injured workers. Mike  
3 primarily represents employers and insurers.

4 On behalf of the Workers' Compensation Section  
5 and indeed the Pennsylvania Bar Association, we oppose  
6 HB 1800 and we urge a "no" vote. Our members have  
7 significant concerns about this legislation. We view it as  
8 substantially altering how medical care will be delivered  
9 to work-injury patients.

10 We believe it may impair the doctor-patient  
11 relationship regarding treatment in favor of a guideline  
12 for governing those decisions. And we voice, again,  
13 comments you heard this morning that this is a solution in  
14 search of a problem in the sense that workers' compensation  
15 rates have been declining in Pennsylvania over the last  
16 several years.

17 As this panel may know, Act 44 of 1994 adopted  
18 medical cost-containment regulations which apply to  
19 workers' compensation injuries. There were several  
20 significant measures that have worked to save money for the  
21 system. You have heard reference to the 90-day panel  
22 provider rules, the utilization review process, and the cap  
23 on reimbursements of medical services to, I believe it's  
24 113 percent of the Medicare rate.

25 These changes have provided powerful tools to

1 reduce costs yet still permit either the injured worker or  
2 the employer to obtain judicial review by a neutral hearing  
3 officer to challenge denials or concerns with excessive  
4 care. Those reviews currently are based on the actual  
5 facts of the specific patient's condition and injury.

6 Now, this is a process that satisfies due process  
7 concerns in the sense that it affords notice and an  
8 opportunity to be heard, both sides, and affords  
9 protections of cross-examination regarding the medical  
10 opinions that the judicial officer will be ruling on.

11 More recently, Act 184 of 2014 addressed  
12 physician prescription dispensing limits, and just recently  
13 the CDC has announced new guidelines on the prescription of  
14 opioids. So over the whole, we feel these recent  
15 regulations should be given additional time to show savings  
16 before new regulations are added on top of the existing  
17 system.

18 Now, further experience teaches that the new  
19 regulations may generate unforeseen results. Specifically,  
20 there was concern voiced earlier today about changes in the  
21 medical academic field that will drive new guidelines being  
22 developed and potentially approving new therapies of care,  
23 perhaps biologics or gene therapies, new care that may  
24 actually escalate costs if doctors are truly obligated to  
25 follow these guidelines, or drive an increase in the number

1 of utilization review filings, which have recently been on  
2 the decline.

3 Further, we are concerned medical providers may  
4 be less willing to treat work injury patients to avoid the  
5 interference and the limitations of these guidelines, and  
6 so that's really getting to a cost-shifting concern.

7 In addition, there is a concern of increased  
8 costs on either the claimant or the employer; the cost of  
9 challenging these determinations, which at least for  
10 claimants, they are frequently unlikely or unable to  
11 finance those challenges.

12 For these reasons and some additional reasons  
13 that Mr. Rutch is going to address, the Pennsylvania Bar  
14 Association believes that a one-size-fits-all standard,  
15 which appears to be embodied in 1800, is wrong for both  
16 employees and employers, and again, we oppose it.

17 Let me introduce Mike Rutch, who is Vice Chair  
18 of the Workers' Compensation Section.

19 MR. RUTCH: Thank you.

20 Michael Rutch, and I appreciate your attention  
21 this morning.

22 We note the primary feature of the proposed  
23 amendment is to delegate medical treatment decisions to a  
24 panel, and a panel chosen by the Department of Labor and  
25 Industry invariably becomes subject to the political

1 process.

2           And with all due respect, we do not believe that  
3 individual medical treatment decisions are best handled by  
4 the political process. We ask if the process would be  
5 equipped adequately to consider cutting-edge medications,  
6 assistive devices, or therapies. Is the department and a  
7 small panel equipped to become the dictator of treatment in  
8 a vacuum, and that concerns the members of the Bar.

9           When it comes to medical care for injured  
10 workers, a one-size-fits-all approach we believe creates  
11 legal pitfalls. Physicians are already obligated to treat  
12 specific patients based on defined enforceable medical  
13 standards, but they are required to treat the patient as  
14 they find him or her.

15           A doctor faces, we believe, potential malpractice  
16 issues if he or she fails to take the individual  
17 characteristics of the patient into account. There is  
18 often a theory noted the "eggshell skull" theory. You take  
19 the patient as you find them and you must respond  
20 accordingly. We believe the guidelines will hinder  
21 individual care.

22           Doctors should not face restrictions on care  
23 adopted from cost-saving guidelines while still bearing  
24 responsibility for a patient's health and well-being.  
25 While employers in workers' compensation cases have

1 tort law immunity, medical providers who treat those  
2 patients do not. The current system has the flexibility to  
3 let physicians make the treatment recommendations for the  
4 specific patient while still permitting utilization review  
5 on a case-by-case basis.

6           How will this system account for the outliers who  
7 do not fit the profile? We believe the focus will shift  
8 away from the actual results of treatment to injured  
9 workers to expected results. There are patients who find  
10 success -- I've seen it in my practice -- with less  
11 conventional procedures.

12           The proposed legislation also places, we believe,  
13 added significance on pinpointing the correct diagnosis  
14 from the outset. Obviously, proper application of any  
15 treatment guideline depends on it, and I can speak from  
16 personal experience that I have seen delayed treatment due  
17 to delayed diagnosis. It is not too uncommon for a  
18 shoulder-sprain injury to become an impingement, then a  
19 tear, and even later, attributable to a cervical condition.  
20 We worry that the guides will limit flexibility in those  
21 circumstances based on the patient's true needs.

22           Ultimately, clinical observations, patient  
23 symptoms, and imaging studies come together to create the  
24 correct diagnosis, and one-size-fits-all guidelines should  
25 not limit care for the partially informed diagnosis.

1           From a litigation standpoint, the act currently  
2 allows claimants and employers' attorneys to challenge  
3 medical opinions on treatment and causation. And as Dan  
4 mentioned, we have the utilization review process that  
5 permits attorneys on both sides to question the bases for  
6 the opinions of the physicians.

7           As part of that process, I can tell you that I  
8 have referred to treatment standard guidelines as a way to  
9 cross-examine a particular expert in a situation. They are  
10 available to me as an employer's counsel, and I use them.  
11 But ultimately, I note the decision goes to an impartial  
12 workers' compensation judge who we as attorneys feel  
13 comfortable with in the present workers' compensation  
14 system. We believe that ultimately these decisions are  
15 best handled by the impartial hearing examiner or workers'  
16 compensation judge.

17           I worry about a situation as defense counsel,  
18 that I have noted in our remarks, about a situation in  
19 Wisconsin where all the way to the Supreme Court of  
20 Wisconsin, an employer counsel was denied the opportunity  
21 to specifically cross-examine an expert appointed by the  
22 department. That was barred, and in essence, the employer  
23 was left without the ability to challenge the conclusions  
24 of that expert.

25           While not exactly the situation presented here,

1 it leads us to become concerned that once the medical care  
2 evidence-based guidelines become part and parcel of the  
3 system, our ability to challenge them is diminished, and we  
4 believe that having adequate legal counsel on both sides  
5 adequately protects employers and claimants and gives them  
6 the right to assert any positions and challenge any medical  
7 conclusions within the workers' compensation system. Once  
8 the guidelines become part and parcel of the system, those  
9 rights are diminished.

10 As a defense lawyer, I do not wish to deny my  
11 employer clients the right to challenge any medical  
12 conclusion in a workers' compensation case, and as a  
13 defense attorney, I join with Mr. Bricmont and the PBA in  
14 urging you not to move this proposed legislation forward.

15 MR. BRICMONT: Thank you, Mike, and we agreed  
16 I would end with just a few more comments from a  
17 claimant-specific perspective.

18 We have some legal and procedural concerns on the  
19 claimant's side, because 1800 appears to place the burden  
20 on the injured worker to bring the challenge for denial of  
21 care. Claimants, particularly unrepresented claimants, are  
22 unlikely to have the sophistication to successfully bring  
23 this challenge.

24 And the panel should recall that many of the  
25 worker compensation claims do occur without lawyers. The

1 system was initially designed so that an unrepresented  
2 worker could get the care, move through the system,  
3 recover, and go back to work without ever being involved in  
4 the litigation process. We're concerned that this  
5 legislation places an additional burden on claimants to now  
6 make that address to the litigation system to challenge  
7 this care.

8 And that leads to the next substantial hurdle,  
9 which is the rules for obtaining a variance when exception  
10 of the guidelines are not spelled out in the draft of 1800.  
11 We're concerned what those standards would be; what types  
12 of evidence would be required to challenge or seek a  
13 variance on exception to the guidelines.

14 There is also concern about unaccepted claims.  
15 These are the claims in the system where at the time of  
16 injury or shortly thereafter, a carrier may deny covering  
17 the claim, viewing it as an unaccepted claim.

18 In those instances, frequently the worker will  
19 then treat with their own health insurance plan or  
20 government agency plan. The lawyers then get involved,  
21 litigation pursues through the system, a favorable outcome  
22 for the injured worker reaches a determination that the  
23 claim is a covered claim, and under the current rules,  
24 there is allowance for payment back to the health insurance  
25 plan from the workers' compensation insurance carrier once



1 the final determination of responsibility is made.

2 What happens under HB 1800 to those costs that  
3 were incurred beyond the care guidelines -- remember, the  
4 care guidelines would not have been in place while an  
5 unaccepted claim was initially being treated. But now that  
6 determination of compensability has been made, presumably  
7 there is going to be conflict between reimbursing a health  
8 plan for care that may have fallen outside of the  
9 guidelines adopted by HB 1800.

10 Now, this leads to the cost-shifting concern  
11 again on behalf of patients and claimants. I'm concerned  
12 that the denial of care under the evidence-based guidelines  
13 will likely promote shifting of health treatment to plans  
14 not subject to those limits. That, in turn, would increase  
15 copays, deductibles, and other out-of-pocket expenses to be  
16 absorbed by the worker, which under the current system, the  
17 worker is not supposed to bear.

18 If the worker can't afford those copays or  
19 deductibles for denied treatment, treatment will be  
20 delayed, delaying their recovery, delaying their return to  
21 work, and we view that as an added expense to the system  
22 that is not warranted.

23 So again, on behalf of the PBA, we thank you very  
24 much for the opportunity to address you this morning, and  
25 we continue to urge a "no" vote on HB 1800. We're

1 certainly available to answer any questions the panel may  
2 have.

3 MAJORITY CHAIR GINGRICH: Okay. Thank you. And  
4 I'm sure we do have a few questions here as well.

5 We'll start with Representative Topper.

6 REPRESENTATIVE TOPPER: Thank you, Madam Chair.

7 I feel as though we're setting up a straw man a  
8 little bit with this legislation and some of the testimony  
9 that I've heard, that there is absolutely no way that a  
10 panel such as been outlined could possibly prescribe any  
11 regulations that are flexible, like we're going to be  
12 imposing these immovable, inflexible regulations.

13 I mean, isn't there a way that this legislation  
14 has given some leeway so that we're not talking about  
15 things that are immovable or inflexible, or you just don't  
16 see any way that reasonable guidelines can actually be  
17 established?

18 MR. ROUTH: I'm concerned, Representative. In  
19 20 years of doing workers' compensation, I've seen so many  
20 different scenarios. You've got so many different  
21 possibilities that crop up in these cases.

22 I have a hard time believing that those types of  
23 guidelines are going to be able to account for all those.  
24 And if they do, I'm beginning to believe that they will be  
25 unwieldy and very difficult to follow by medical

1 practitioners.

2 MR. BRICMONT: And I would echo Mike's comments.  
3 I think the medical people call it comorbidities -- heart  
4 disease, diabetes, cigarette smoking history, alcohol use  
5 or abuse. These are types of things that obviously aren't  
6 work related but they significantly impact how a particular  
7 individual responds to medical treatment. We have seen  
8 that in our practice, and so it's, in my view, very  
9 difficult to formulate a guideline that's going to be able  
10 to account for these personalized aspects of care that are  
11 best left in the hands of the physician.

12 REPRESENTATIVE TOPPER: But I just don't see that  
13 the guidelines can't take those things into account. I  
14 think the intent, and obviously the maker of the bill would  
15 be able to speak to this maybe better than I can, but I  
16 think the intent is still that there would be an allowance  
17 for those kinds of issues.

18 I mean, we're still talking about patients seeing  
19 doctors. We're still talking about, as we heard testified,  
20 these doctors are going to look at and kind of go through  
21 what they normally would. I think there is some room for  
22 reasonable guidelines without saying nobody is going to be  
23 able to take into effect whether somebody was a smoker or  
24 not.

25 I think that's putting a little bit -- not giving

1 the ability to create some of these regulations enough  
2 credit. But I did want to hear your input on that.

3 MR. ROUTCH: Representative, I can't say that  
4 Attorney Bricmont and I would be too disappointed by this,  
5 but the broader the standard, the more litigation I think  
6 you're going to see, and I'm not sure that's ultimately  
7 what these guidelines are trying to do.

8 REPRESENTATIVE TOPPER: I wouldn't think you  
9 would be disappointed with that at all, so.

10 MR. BRICMONT: Representative, as I read the  
11 current language, it appears that the utilization review is  
12 limited to what is in the guidelines. So I guess the magic  
13 is, what is the guideline? If it's not controlling, if  
14 it's advising the medical industry and not controlling the  
15 care, then I think your point may be well taken, because  
16 there's flexibility for the doctor to go beyond that care.

17 But as I read the language currently, it seems  
18 limited.

19 REPRESENTATIVE TOPPER: Thank you, Madam Chair.

20 MAJORITY CHAIR GINGRICH: Thank you, and thank  
21 you, gentlemen.

22 We have another question from Representative  
23 Neuman.

24 REPRESENTATIVE NEUMAN: Thank you.

25 MAJORITY CHAIR GINGRICH: He's very good at this.

1           REPRESENTATIVE NEUMAN: I guess.

2           My question is, I know that you're attorneys, so  
3 I'm going to ask you some legal questions.

4           Nobody here is claiming that the worker has ever  
5 been at fault for their injury. You agree with that,  
6 right?

7           MR. ROUTH: It's a no-fault system.

8           REPRESENTATIVE NEUMAN: No-fault system to assume  
9 that the injured worker is not at fault. With these new  
10 guidelines and shifting the burden, doesn't it assume now  
11 that some level of fault is on the worker, because now they  
12 have to have -- they have to hire the attorney. They have  
13 to fight the guidelines. They are the ones that have the  
14 burden of essentially proof, even though it is assumed that  
15 they are not at fault?

16          MR. BRICMONT: Well, I do view it as moving the  
17 goalposts slightly, because again, it's changing the burden  
18 of proof subtly but importantly from an employer, an  
19 insurer-driven decision to challenge to an injured-worker  
20 burden to challenge.

21          I can't -- and I'm not sure "fault" is really the  
22 way I would characterize it. But we definitely have a  
23 concern about shifting goalposts for what are really  
24 usually unsophisticated, and I don't mean that in a  
25 derogatory term, but individuals who just simply haven't

1 had a lot of interference with the legal system or filling  
2 out the medical forms. So they're somewhat unsophisticated  
3 in the sense of going through utilization review without  
4 counsel.

5 REPRESENTATIVE NEUMAN: And what did the worker  
6 give up in order for the original workers' compensation  
7 law?

8 MR. BRICMONT: Well, the worker gave up their  
9 common-law right to bring an action directly against the  
10 employer and be compensated for all the elements of damage  
11 you would receive in a typical common law litigation --  
12 pain and suffering, inconvenience, lost wages, and the  
13 actual medical expenses incurred.

14 MR. ROUTH: And, Representative, it was a  
15 trade-off, because employers gave up their rights also in  
16 part to deny coverage if in fact a worker, say, was  
17 reckless or negligent. So it was a bargain for trade-off.

18 REPRESENTATIVE NEUMAN: And, I mean, that's the  
19 balance that we deal with between management and the  
20 workers.

21 MR. ROUTH: Yeah.

22 REPRESENTATIVE NEUMAN: So I appreciate your  
23 comments, and Madam Chairwoman, I appreciate your  
24 indulgence.

25 MR. BRICMONT: Thank you.

1 MAJORITY CHAIR GINGRICH: Thank you very much.

2 Good questions. Great testimony. Thank you very  
3 much, gentlemen.

4 MR. RUTCH: Thank you.

5 MR. BRICMONT: Thank you.

6 MAJORITY CHAIR GINGRICH: Thank you again. I'm  
7 glad to know you're willing to work through this with us.

8

9 *PANEL IV:*

10 *BUSINESS REPRESENTATIVES*

11

12 MAJORITY CHAIR GINGRICH: And we'll invite next  
13 the people who represent the people who supply the jobs  
14 that workers get to work at and hopefully not get injured  
15 at.

16 Gentlemen, welcome. And I'm going to have you do  
17 the same, if you will. Introduce yourselves so everybody  
18 knows who they're talking to and with.

19 MR. HALPER: Good morning.

20 Alex Halper, Director of Government Affairs for  
21 the Pennsylvania Chamber of Business and Industry.

22 MR. MARSHALL: Good morning.

23 Sam Marshall with the Insurance Federation.

24 MR. LESHER: Neal Leshner, Legislative Director  
25 for the National Federation of Independent Business.

1 MAJORITY CHAIR GINGRICH: Good to see you all.  
2 If it works for you, we'll work our way down the  
3 panel.

4 MR. MARSHALL: You know what?

5 MAJORITY CHAIR GINGRICH: Either one.

6 MR. MARSHALL: Just because I'm old and grumpy.

7 MAJORITY CHAIR GINGRICH: All right; if you're  
8 old then. In case you might not last---

9 MR. MARSHALL: And I might not last. It has been  
10 a long morning.

11 MAJORITY CHAIR GINGRICH: ---we'll start with  
12 you, Mr. Marshall.

13 MR. MARSHALL: You know, I thought that I'd lead  
14 off. And you have my remarks and those of my colleagues.

15 You know, I'll be brief, because it has been a  
16 fascinating morning; you know, some of the fears about  
17 guidelines we've heard and some of the reasons that people  
18 have said, let's not do it.

19 You know, I'll start with the reason, let's not  
20 do it, because everybody says, hey, isn't the system great  
21 right now; rates are going down. Well, rates are going  
22 down because fewer people are getting hurt. That's a good  
23 thing, obviously, but that doesn't mean that the system  
24 can't be improved.

25 And where we're looking to improve the system is



1 not on the workplace safety deal. I mean, we're all  
2 working very diligently on that, and that's the reason the  
3 rates are going down.

4 What we're looking to do is to try to improve one  
5 relatively narrow but very important area, and that is, how  
6 are the standards that those who review questions or  
7 disputes on medical necessity, how are those standards  
8 arrived at? How do you have some level of consistency  
9 among the roughly 20-some utilization review organizations  
10 that get randomly assigned by the Department of Labor and  
11 Industry to handle those disputes? Where do you get that  
12 consistency in determining what is reasonable and necessary  
13 care?

14 The way you get that and what this bill does is  
15 to say here, everybody involved, you follow evidence-based  
16 guidelines. You take the randomness out of that decision.

17 We've heard a lot about, gee, we don't want  
18 one-size-fits-all. Well, at the same time, you really  
19 don't want whether care is reasonable or necessary, when  
20 it's reviewed for that purpose, you don't want the  
21 utilization review organizations, who are essentially  
22 judges on that, and then if there's an appeal from that,  
23 the judges themselves, you don't want them operating under  
24 unaccountable, unknown standards. You want there to be  
25 some level of consistency.

1           That's what these guidelines do. They're just  
2           that; they're guidelines. They are flexible. That's why  
3           they're called guidelines; not mandates, not constraints,  
4           or anything like that. And you're going to hear the  
5           gentleman who comes after us about how that's done.

6           But, you know, over the years -- I've been doing  
7           this a while -- we have seen on the insurance side, on the  
8           employer side, and frankly, on the injured-worker and the  
9           provider side, what happens when you have inconsistency and  
10          uncertainty in determining what's reasonable and necessary  
11          care. You end up having bad care, you know? And if you  
12          don't have some level of consistency in how that review is  
13          done, that's what you end up with.

14          And it's not just that it's a needless added  
15          expense. Sometimes you get genuinely dangerous care.  
16          There was some talk about opioids. Well, opioids and  
17          workers' compensation are -- I mean, Pennsylvania is, talk  
18          about outliers, Pennsylvania is a real outlier there. It's  
19          a real problem. It's one of the reasons that physician  
20          dispensing was addressed last session. This bill goes into  
21          that, too.

22          I would say, I mean, we ask for your support. I  
23          think there has been, you know, some constructive dialogue.  
24          But I asked for it, and, you know, we're not here saying  
25          that there's a crisis in workers' compensation and that the

1 rates are going out of the, you know, out of control and  
2 skyrocketing and that this will produce huge savings.

3 And if all we as a Commonwealth are going to do  
4 is crisis management, then that's a shame. What we're  
5 doing is trying to bring in some level of consistency, some  
6 level of accountability, in determining utilization review  
7 questions and determining what is reasonable and necessary  
8 care.

9 I don't see how that's bad for patients. I would  
10 think that they would want, you know, I would think they  
11 would want to take the randomness out of that review  
12 themselves. It's not bad for providers. They should want  
13 to take the randomness out of that review. And it's not  
14 bad for insurers and employers, because they, too, want to  
15 take that randomness out of the review.

16 Let's have the standards that utilization review  
17 organizations apply aboveboard, accountable to all, ongoing  
18 monitoring by the department with input from the provider  
19 community. We'd accept input from anybody, but make it  
20 aboveboard.

21 Right now, you have 20-some utilization review  
22 organizations that are certified by the Department of Labor  
23 and Industry, and they're not even -- I mean, frankly, if a  
24 health insurance company said, here, you know, we're going  
25 to use the UROs that they would have, there would be a

1       clamor to say, no, that's not enough.

2               I mean, the utilization review, that every other  
3 line of insurance does; that, you know, the UROs themselves  
4 have to be certified. They have to beat, going with what  
5 the bill talks about, they have to beat national  
6 accreditation standards.

7               Only in workers' comp do utilization review  
8 organizations not have to meet some form of national  
9 standards. Only in workers' comp is care reviewed, and  
10 when it's reviewed and there's a question about whether  
11 it's reasonable and necessary, only in workers' comp is  
12 there no question of cheating. Are decisions on that based  
13 on evidence, or are they just sort of based on, well, I  
14 don't know; that's what I felt on a given day. You want to  
15 take the randomness out of that decisionmaking process, out  
16 of that review process. That's good for everybody. That's  
17 why we support the bill.

18              And we appreciate this inquiry, but I would ask  
19 you not to say, gee whiz, aren't rates going down? They're  
20 going down for other reasons. It doesn't mean you can't  
21 improve and it doesn't mean you shouldn't improve the  
22 system.

23              Thank you.

24              MAJORITY CHAIR GINGRICH: Thank you, Sam.

25              Now let me ask, who's the next eldest to the old

1 man in the middle?

2 MR. HALPER: That would be me.

3 MR. MARSHALL: They're both so young relative to  
4 me.

5 MAJORITY CHAIR GINGRICH: I know; I can't tell.

6 MR. MARSHALL: Who can tell?

7 MAJORITY CHAIR GINGRICH: You know, I understood  
8 you, Sam. I can't guess on these two.

9 Alex?

10 MR. HALPER: Thank you very much.

11 MAJORITY CHAIR GINGRICH: Thank you.

12 MR. HALPER: Thank you, Madam Chair, Chairman  
13 Galloway, and Members of the Committee. I appreciate the  
14 invitation to be part of the discussion today.

15 Getting to a couple of the questions that  
16 Chairman Galloway posed at the onset -- why are we looking  
17 to do anything when rates are going down and we're not in a  
18 crisis -- and echoing Mr. Marshall's comments, generally  
19 speaking, yeah, that's true. We are seeing far fewer  
20 workplace accidents than we ever have. I think a lot of  
21 that is due to investments from employers to make safer  
22 workplaces. It's also just a natural evolution of our  
23 economy away from more dangerous professions to a more  
24 service-based. So yes, the number of accidents and  
25 injuries has been decreasing.

1           What we see at the same time, however, is the  
2 average cost of individual claims continues to increase.  
3 And when you sort of combine the two, they cancel each  
4 other out and mean that rates generally stay the same.

5           But I think it's very important to note that --  
6 and again, with respect to treatment guidelines, as was  
7 noted by one of the medical professionals -- we're talking  
8 about really a minority of cases that would be impacted.  
9 And when you look at individual, individual businesses  
10 whose insurance premium rates are partially based on their  
11 experience, if they happen to be an employer who has one of  
12 those outlier cases where the costs for that claim just  
13 continue to increase for no good reason, then that  
14 individual employer is going through a crisis if their  
15 rates are increasing so exponentially.

16           We did a survey this past summer of Pennsylvania  
17 businesses, just put some numbers behind it and asked about  
18 workers' comp premium rates. About 40 percent said they  
19 were generally steady. Only 4 percent saw decreases, and  
20 the rest saw that their premium rates increased. So yes,  
21 when you look on average, in general statewide, as a  
22 similar around the country, we see rates relatively steady.  
23 But again, if you look at individual businesses, they may  
24 be going through a crisis if their rates are increasing.

25           So again, we look at why is the average cost of

1 individual claims increasing, and WCRI, Workers' Comp  
2 Research Institute, has been cited already several times  
3 today. They are a sort of nationally recognized authority  
4 on this subject. And we see different measures where  
5 Pennsylvania is, as was noted, an outlier State.

6 One of the measures that WCRI regularly tracks is  
7 litigation costs. Pennsylvania was the second to worst  
8 State in the study for average litigation costs per claim  
9 -- 60 percent higher than the median State. And this is, I  
10 think, a big reason why treatment guidelines comes into  
11 play. Right now, worker's comp says treatment is covered  
12 if it's reasonable and necessary, and it ends there pretty  
13 much. It's almost like if you all passed a law that said  
14 fraud is illegal and left it there.

15 Of course there's going to be constant litigation  
16 if each individual judge and jury is deciding for  
17 themselves what constitutes fraud. That's what we're  
18 seeing right now. Each individual URO, each individual  
19 judge, is coming up with sort of their own definition for  
20 what constitutes reasonable and necessary, and what that  
21 means is that litigation becomes a necessity to figure that  
22 out.

23 And again, those are costs that are not going to  
24 the purpose of treating patients. It's certainly not  
25 helping the business community. And again, we would

1       strive, we would love to be just an average State when it  
2       comes to excessive litigation costs, which are prominent in  
3       workers' comp and certainly in other areas.

4               WCRI also ranks Pennsylvania very high in terms  
5       of physical therapy visits per claim and has already been  
6       noted in opioid use, which I know is a high priority for  
7       many in the Legislature and something that is particularly  
8       acute in workers' comp.

9               So we do support House Bill 1800. We do support  
10      the idea of treatment guidelines. And we support workers'  
11      comp. I mean, we've talked about the grand bargain that  
12      workers' comp represents, and we support it. I think what  
13      frustrates employers sometimes is when you have proven  
14      strategies in health care that help contain costs without  
15      hurting patients, proven strategies that for some reason  
16      are not able to be or are not applied to workers' comp.

17              There was talk about treatment guidelines today.  
18      We have the benefit of Pennsylvania being a little bit late  
19      to the game. This is not hypothetical. This is not  
20      theory. Most States in the country have treatment  
21      guidelines, and we're able to -- we have the benefit of  
22      their experience, and we did not see, we did not see a mass  
23      exodus of doctors from workers' comp. We did not see  
24      patients being prescribed more opioids.

25              Quite the contrary. The opposite has occurred.



1 We've seen in treatment guidelines State outcomes improved.  
2 Opioid overutilization and overprescription has been  
3 mitigated.

4           So again, I appreciate the invitation to be here  
5 today, and I will just finally note that of all these  
6 States that have implemented treatment guidelines over the  
7 years and over the past decades, not a single State after  
8 implementing guidelines has reconsidered and gone back and  
9 decided they weren't good. Every single State has had a  
10 positive experience to the point that they've maintained  
11 the utilization of treatment guidelines in workers'  
12 compensation.

13           So thank you again for the opportunity to  
14 testify, and I'll be happy to answer any questions.

15           MAJORITY CHAIR GINGRICH: All right. Thank you  
16 very much.

17           I guess you get to be the young buck in the  
18 room.

19           MR. LESHER: Yes. And there's a benefit to going  
20 last.

21           MAJORITY CHAIR GINGRICH: There you go.

22           MR. LESHER: They've already covered all the  
23 salient points, so I can be very short.

24           MAJORITY CHAIR GINGRICH: You can wear that one  
25 all day on St. Patty's Day, right?

1           MR. LESHER: Thank you for having me, Chairman  
2           Gingrich and Chairman Galloway. Congratulations, and I  
3           look forward to working with you.

4           I'll be very brief, because I think Sam and Alex  
5           have covered all the points.

6           I would just reinforce, you know, particularly  
7           what Alex said. He cited to you the statistics from their  
8           study that 56 percent or the majority of their businesses  
9           are reporting that their workers' comp rates have actually  
10          gone up, and that's something that we point out in our  
11          testimony. Oftentimes we hear from some folks, well, hey,  
12          loss-cost filings went down, and therefore, everybody's  
13          premiums have been reduced by whatever that number is.

14          We just caution that, you know, it's a little bit  
15          more complicated than that. Certainly a loss-cost filing  
16          is the largest component of what goes into the rates, but  
17          that doesn't necessarily apply across the board for every  
18          industry or for every employer. And we tend to hear from  
19          those employers who continue to see their rates going up;  
20          you know, when we report back to them that we got physician  
21          dispensing done, you know, with bipartisan help in the  
22          Legislature, and they say, well, then why did my premiums  
23          go up again this year?

24          So I do think it's something that we hear from a  
25          lot of our small business members who are concerned about

1 workers' comp, and I'll give you one example, speaking with  
2 a member of ours who owns and runs a foundry in Butler  
3 County and has an identical foundry across the border in  
4 Ohio and called me the other day to say, you know, I just  
5 don't understand why I'm paying twice as much for the same  
6 number of workers in Pennsylvania as I am in Ohio; how can  
7 this be? And so it's an example, and he says to me, you  
8 know, we're looking at expanding our operations and we're  
9 taking a close look at all of our cost centers, and that's  
10 a significant cost center for us and could be one of the  
11 deciding factors for why we had more jobs in Ohio as  
12 opposed to our Pennsylvania facility.

13           So it is a job-creation issue, you know, what  
14 employers are paying for their workers' comp premiums and  
15 how many jobs they can afford to create here in  
16 Pennsylvania relative to other States.

17           I would also reinforce what Alex said about, you  
18 know, most other States have treatment guidelines. I mean,  
19 we don't have to get into a discussion on science, and I  
20 left my war-on-call folder back at the office so I won't go  
21 into that. But we do have examples. I mean, this is the  
22 great thing about, you know, the democracy that we live in  
23 and the States being able to be incubators of these types  
24 of policies.

25           The majority of other States have implemented

1 treatment guidelines. From the testimony that we heard  
2 already today, I didn't actually hear a single person  
3 reference pitfalls that were experienced in other States.  
4 I didn't hear a single testimony reference. You know,  
5 there's basically three models that are out there -- ACOEM,  
6 ODG, and the Colorado treatment guidelines, as I  
7 understand. There really wasn't any specific reference to  
8 specific problems with those treatment guidelines.

9 We heard a lot of theory about what could happen  
10 and we're worried and concerned about certain things, but  
11 there are specific examples out there when we reference  
12 national guidelines. They're out there and we can look at  
13 them, and, you know, I would just point out, I don't think  
14 we really heard any specific problems that have been  
15 identified that would be concerns. And if there are  
16 specific problems in those treatment guidelines, the bill  
17 does allow for a process with Pennsylvania-specific medical  
18 professionals to adopt, you know, amendments to those  
19 guidelines. So I think that it's appropriate.

20 I will also just, you know, quickly note, when  
21 you look at where Pennsylvania ranks nationally, too, our  
22 workers' comp prices are significantly higher than the  
23 average. We rank, according to the National Foundation for  
24 Unemployment Compensation and Workers Compensation, which  
25 put out a recent study, we're the 12<sup>th</sup> highest State in

1 terms of workers' comp premiums, 22 percent above the  
2 national median. So it gets back to my point earlier that,  
3 you know, it's a significant cost that small employers are  
4 looking at, whether they can create jobs here in  
5 Pennsylvania or are looking at other States.

6 So with that, I'll wrap up my comments, and we  
7 can answer any questions that you have.

8 MAJORITY CHAIR GINGRICH: Excellent. Thank you  
9 very much. And we do have some questions from Members.

10 And I will start with Representative Gergely.

11 REPRESENTATIVE GERGELY: Thank you, Madam.

12 Let's get some new information. NBC New York,  
13 March 15<sup>th</sup>, this year, an investigative report. A gentleman  
14 had -- they have an evidence-based medicine workers' comp  
15 system: 64 ophthalmologists, not one would take his case.  
16 The quote from one of the doctors: "You get challenged at  
17 every step" -- diagnosis, meds, and testing. That's a  
18 problem. That's a big problem. It goes back to a lot of  
19 the issues.

20 We could follow up on that. I see, Sam, you seem  
21 concerned.

22 MR. MARSHALL: Yeah. You know what? I'm  
23 appreciating it.

24 REPRESENTATIVE GERGELY: This is what I'm saying.

25 MR. MARSHALL: I'm appreciating that. You know,

1 if 64 of them won't do it---

2 I mean, this is where there's a little bit of a,  
3 you know, whether there are some red herrings being tossed  
4 or it's apples and oranges, but there's some confusion.  
5 Because you know what? I really want to look into that,  
6 because we don't see -- frankly, we use treatment  
7 guidelines in all other forms of health insurance right  
8 here in Pennsylvania right now and you don't see the  
9 problems.

10 You know, what we're talking about,  
11 Representative, is when you do -- right now in workers'  
12 comp, if there is a dispute between the insurer and the  
13 employer and the provider as to whether care is medically  
14 necessary, reasonable and necessary in the parlance of the  
15 act, that then is heard by one of 20-some utilization  
16 review organizations that are randomly assigned to the  
17 case---

18 REPRESENTATIVE GERGELY: Right.

19 MR. MARSHALL: ---by the Department of Labor and  
20 Industry. What we're talking about is trying to take --  
21 they may be randomly assigned, but the standards that they  
22 apply shouldn't be random.

23 I would be fascinated to learn in that---

24 REPRESENTATIVE GERGELY: So why aren't we writing  
25 a URO review bill instead of this? Why shouldn't we do

1 that instead if we need---

2 MR. MARSHALL: Actually, I mean, I'm not in  
3 charge of setting what the picture in the bill is.

4 REPRESENTATIVE GERGELY: I'm just trying to get  
5 your input.

6 MR. MARSHALL: But as our remarks, what we're  
7 talking about are treatment guidelines that control the  
8 review of whether the care is reasonable and necessary.  
9 That review, that questioning, that deciding whether the  
10 care is reasonable and necessary in the first instance is  
11 done by the treating doctor. The doctor says, you know  
12 what? I think this care for Patient Smith is reasonable  
13 and necessary. He then submits a bill. Whether it's prior  
14 authorization or after the fact, he submits his claim, his  
15 bill, to the insurance company or employer.

16 The insurance company or employer looks and says,  
17 you know what; I agree, because that's what happens  
18 apparently in the overwhelming majority of cases. Case  
19 approved; claim paid.

20 But at times, the insurer or the employer will  
21 say, you know what? I don't agree with that. I don't  
22 think that that's reasonable and necessary care. I think  
23 the chiropractor wants to do 10 visits and only needs 6 or  
24 whatever the case may be.

25 In that situation, then the parties can say, you

1 know what? Okay, we didn't agree. We now go to the  
2 utilization review organization. Either party, you know,  
3 either side, can request that of the Department of Labor  
4 and Industry.

5 The Department of Labor and Industry has 20-some  
6 UROs approved. None of them are certified by any national  
7 organization, and frankly -- I think 3 out of the 20 some.  
8 What we're talking about here is having treatment  
9 guidelines so that everybody involved in that  
10 decisionmaking process, everybody involved in that review  
11 process, is working on the same page.

12 You don't want, of the 20 UROs out there, you  
13 don't want some doing it this way, some doing it that way.  
14 You don't want, frankly, you don't want insurers and  
15 employers saying, you know what? Some of us make this  
16 decision; some of us make that decision. You want --  
17 you're never going to have one-size-fits-all. There's  
18 always going to be flexibility in it, but you want  
19 everybody at least looking at evidence. You want everybody  
20 making decisions that are evidence-based.

21 We have -- and the fellow who is going to follow  
22 us can talk about it, you know, about how the guidelines  
23 are developed and how they work. But everybody, I mean,  
24 the providers, have said, yeah, we live with guidelines.  
25 You live with them.



1 REPRESENTATIVE GERGELY: Okay.

2 MR. MARSHALL: I mean, health insurers do it,  
3 too.

4 REPRESENTATIVE GERGELY: Alex, you said that  
5 States haven't changed back from when they have adopted  
6 this, correct?

7 MR. HALPER: Correct.

8 REPRESENTATIVE GERGELY: Have States amended?  
9 changed? done anything significant to it, like Colorado or  
10 New York, from when they first implemented it to where they  
11 found fault in it and they've had -- because I don't  
12 believe every State has had a problem with keeping some of  
13 the doctors in the system, et cetera. Would you disagree  
14 or would you agree with that?

15 MR. HALPER: Well, my understanding is, there  
16 have been States that have attempted to create their own  
17 set of guidelines that have ultimately shifted to one of  
18 the nationally recognized guidelines. I'm aware of  
19 examples of that occurring, but not totally shifting away  
20 from an evidence-based model.

21 And again, you know, talking to some of our  
22 members with experience in this, I think they would, just  
23 as you stated, they would really describe this as a  
24 utilization review focus.

25 You know, as the gentleman from the Orthopaedic

1 Society said, you know, I think he said 80 percent. You  
2 know, in the vast majority of cases, treatment guidelines  
3 are not even relevant because they're clearly treating with  
4 their standard. It's how you go about justifying an  
5 exception to the rule, and as long as that ability to  
6 qualify for an exception is laid out, I think it's totally,  
7 it's completely appropriate. It's just putting some  
8 standards on how you do that.

9 REPRESENTATIVE GERGELY: I think, you know, I  
10 think there's room for us to have that expanded discussion  
11 on UROs, too, since we learned so much in this hearing.

12 One thing between Neal and yourself, Alex, and  
13 you haven't really had much to do with it, Sam, is, you  
14 know, we do a UCC, Uniform Construction Code, based on  
15 national standards and guidelines. How are we doing with  
16 that, guys?

17 We've created a bureaucracy we can't even get  
18 through this year. We've been doing 2012 standards. But  
19 we want to create a bureaucracy of guidelines for the  
20 medical health for humans in this State. We can't even get  
21 it for building codes.

22 This is troubling. That's one of the reasons why  
23 this implementation -- and this is the committee that  
24 handles this with the UCC codes. We can't even agree on  
25 that. We have our own board; we have national standards,

1 and we can't even implement it, and you guys know that.  
2 You're a part of that issue. But yet we want to come here  
3 and say we're going to create a whole new bureaucracy.

4 We already got a letter from radiologists wanting  
5 to be on this committee. We only have the six that  
6 Representative Mackenzie proposed. We need to take a step  
7 back and really evaluate this.

8 I appreciate the conversation. Sam, I appreciate  
9 the challenges that we face, but creating a whole new  
10 bureaucracy really is troubling to me.

11 MR. MARSHALL: You know, and I would caution you  
12 -- the fellow who follows us can talk about it in other  
13 States -- we're not in favor of a whole new bureaucracy  
14 either. We're the ones who absorb the cost of it. We're  
15 the ones who pay it. I mean, first we pay the operational  
16 costs of the Bureau of Workers' Compensation. Second, we  
17 pay it on a case-by-case basis. What we're trying to do is  
18 take a level of randomness that isn't fair to anybody in  
19 deciding whether care is reasonable and necessary.

20 Now, we're trying to make -- you know, we're  
21 trying to take that randomness out. It's not a  
22 one-size-fits-all, but we're trying to say, here, you know  
23 what? Let's all make sure that it's based on evidence.  
24 That's what the guidelines do. They're not, they're not  
25 the UCC.

1           MR. HALPER: Yeah. There is bureaucracy in  
2 health care right now whether we like it or not. I think  
3 our contention is, other forms of group health and Medicare  
4 and Medicaid and workers' comp in other States have figured  
5 out some ways to help bring some stability to the system,  
6 help control costs without impacting patient care, and we  
7 would at least like Pennsylvania to look at some of these  
8 proven strategies.

9           MR. LESHER: And just, I mean, it's a bit of a  
10 technicality, but I do think this would work differently  
11 than the UCC Board where, you know, with the UCC Board,  
12 they're going -- you know, you have annual updates that are  
13 coming out, and that committee is going through each one of  
14 those and deciding which ones they want or not.

15           As I understand the bill, it would ask that the  
16 department adopt the national guidelines, and then from  
17 that point, where there are adjustments needed, decisions  
18 would be made.

19           So I think the struggle right now going on with  
20 the UCC Board is, a year has now elapsed, and it is  
21 becoming incredibly complicated to try and publish a  
22 document. We're, you know, trying to get all those things  
23 to fit up, and we have a member that sits on that---

24           REPRESENTATIVE GERGELY: You realize, even on  
25 this board, though, you'll have divergent opinions.

1 MR. LESHER: Right.

2 REPRESENTATIVE GERGELY: An orthopod may have an  
3 opinion that his treatment is necessary, but the  
4 chiropractor doesn't agree because that might affect his  
5 bottom line, gentlemen.

6 MR. LESHER: Well---

7 REPRESENTATIVE GERGELY: You realize that,  
8 right?

9 This is not exact science, is my point. It's  
10 similar in that sense, that one versus the other may not  
11 agree on the changes because it will affect their bottom  
12 lines, with all due respect to each other.

13 My job is to protect the injured worker. Their  
14 jobs are going to, you know, protect their bottom lines.  
15 I'm looking out for them when I say those things, not---

16 MR. MARSHALL: And I think you'll hear the fellow  
17 who follows us and who can talk about how -- first of all,  
18 they're guidelines; they're not codes. And I know there's  
19 a difference, and that's one of the differences right then  
20 and there. But they are guidelines.

21 And we would agree. Protecting the injured  
22 worker, you know, this is not, gee whiz, insurance  
23 companies and employers are against injured workers.  
24 Frankly, we want them back to work as quickly as possible,  
25 too.

1           REPRESENTATIVE GERGELY: We all share that  
2 sentiment. You know that.

3           MR. MARSHALL: You know, it saves us. The  
4 quicker they're back to work, the quicker they're off of  
5 the claim.

6           So, you know, all of this is evaluated on whether  
7 the care works for the worker, whether it gets them back.  
8 We wouldn't be advocating this if it was going to set up  
9 some big complicated bureaucracy, because the one thing a  
10 big complicated bureaucracy does is it keeps the person out  
11 of work longer. I mean, it never gets them back to work  
12 quicker.

13           So, I mean, as you evaluate this, you know, let's  
14 be careful on that.

15           REPRESENTATIVE GERGELY: Thank you.

16           Thank you, Madam Chair.

17           MAJORITY CHAIR GINGRICH: Thank you,  
18 Representative.

19           Representative Mackenzie. I think you had  
20 another question.

21           REPRESENTATIVE MACKENZIE: Thank you,  
22 Madam Chair.

23           Yeah; I did just want to comment on  
24 Representative Gergely's statements.

25           First, I share your recognition of the importance

1 of looking at utilization review, and that is something  
2 that we highlight in the bill. It's on page 4 of the bill,  
3 and it's in the summary as well. So we do want them to be  
4 nationally recognized and the accreditation standards be  
5 met there, and so that's URAC. We are one of the few  
6 States that does not do that currently, so I think that  
7 needs to be updated.

8 And then just briefly on the UCC comparison. I  
9 mean, I think the national standards that start out each of  
10 those is about where the comparison ends, in my opinion.  
11 The adoption and review process is totally different in  
12 those two systems, and the recognition at the State level  
13 is drastically different as well.

14 So again, one point of comparison, but again, I  
15 think they are two totally different systems. But thank  
16 you.

17 MAJORITY CHAIR GINGRICH: Thank you very much for  
18 commenting on that aspect.

19 Representative Truitt, I believe you have a  
20 question.

21 REPRESENTATIVE TRUITT: Yes. Thank you,  
22 Madam Chair.

23 As I listen to the testimony, I wonder if my  
24 question might be more appropriate for the next panel, but  
25 I want to find out from you guys.

1           I mean, I happen to be a fan of alternative  
2 medicine, and what I'm hearing is a lot of concern about,  
3 you know, who's going to create these treatment guidelines  
4 and will there be bias in it and so forth.

5           I mean, I have had extraordinary luck with my  
6 chiropractor, is my favorite doctor, because I can walk in  
7 there and he can actually, when I walk out, I feel better.  
8 I would be worried as a worker that if I got injured on the  
9 job, because now I don't control which doctor I go to or  
10 what these guidelines are, that they might tell me I have  
11 to go to some, seek some kind of care other than  
12 chiropractic care.

13           Do you think there's room in the establishment of  
14 these treatment guidelines to ensure that there is at least  
15 equal, I don't know if we want to call it representation,  
16 but making sure that there are alternative medicine options  
17 available to patients as part of those treatment  
18 guidelines? So that if the panel doesn't -- you know, if  
19 you wind up with a panel that is developing these treatment  
20 guidelines, that it doesn't wind up biased in one direction  
21 or another? Is there a way that we can, you know, make it  
22 so that the treatment guidelines are developed -- when you  
23 say evidence-based, that scares me a little bit, because I  
24 worry about some doctors saying, oh, you know,  
25 chiropractic, that's not real medicine. But I know from my



1 personal experience, I've had good luck with it, so.

2 MR. MARSHALL: I think the fellow, the gentleman  
3 who will follow us, can talk about how the chiropractic  
4 community in particular has embraced the evidence-based  
5 guidelines.

6 Also, I hope people aren't afraid of having  
7 guidelines that are evidence-based, because, you know, I  
8 think rather they be evidence-based than not based on  
9 evidence. I mean, if the guidelines aren't based on  
10 evidence, they're probably not worth that much.

11 REPRESENTATIVE TRUITT: Yeah. Maybe I'm  
12 misstating it. I mean, I have a preference as a patient to  
13 go to a chiropractor versus a DO.

14 MR. MARSHALL: Each of them -- the only  
15 guidelines out there, the only nationally recognized  
16 guidelines out there, all recognize, you know, chiropractic  
17 care. They recognize physical therapy. They recognize a  
18 range of care, you know, and the different forms of care  
19 that can address the needs of an injured worker.

20 I mean, I think that the chiropractic fellow  
21 talked about -- you know, sometimes, and frankly, I think  
22 they may do a better job of it than the actual treating  
23 physician himself. I mean, I think the chiropractor talked  
24 about, if you go to a chiropractor, you know, you're  
25 probably not going to get surgery. If you go to a surgeon

1 -- you know, to a hammer, everything is a nail. You know,  
2 people tend to prescribe that which -- people tend to  
3 prescribe that which they can perform. And I think the  
4 guidelines actually, you know, help ensure that that  
5 doesn't happen, but again, that's probably best addressed  
6 by the fellow after us.

7 REPRESENTATIVE TRUITT: Yeah. And I found  
8 generally, like with my personal medical insurance, I get  
9 more pushback from the insurance company over our visits to  
10 the chiropractor.

11 You know, they never question our visits to any  
12 of the other doctors, but it seems like once a month I get  
13 something in the mail and they're saying, you know, you're  
14 only allowed to go see this guy six times over the next  
15 year. And, you know, I get more pushback with regard to  
16 his services, which are far more effective for me  
17 personally, than any of the other doctors that I see for  
18 various things.

19 So I'm hoping -- well, I guess we'll find out  
20 from the next panel whether there's a way to ensure that  
21 the treatment guidelines adequately provide for the option  
22 to seek alternative medicines for a patient that prefers  
23 it, and I hope that you guys would be supportive of  
24 something like that if we go down that road.

25 MR. MARSHALL: Yep.

1 REPRESENTATIVE TRUITT: Thank you, Madam Chair.

2 MAJORITY CHAIR GINGRICH: Thank you,  
3 Representative.

4 I don't think I missed anybody?

5 I think we're all thankful to hear from you guys,  
6 and equally eager to hear whoever this gentleman who will  
7 follow us we have referred to about 10 times now, I think.  
8 So I think he has a name.

9 But thank you so much, gentlemen---

10 MR. HALPER: Thank you.

11 MR. MARSHALL: Thank you.

12 MR. LESHER: Thank you.

13 MAJORITY CHAIR GINGRICH: ---for your input and  
14 your continued input.

15

16

17 *PANEL V:*

18 *INDUSTRY REPRESENTATIVES*

19

20 MAJORITY CHAIR GINGRICH: We're down to a panel  
21 of one.

22 Last but not least -- it sounds like we have a  
23 lot of questions for you.

24 MR. EICHLER: That's a good thing.

25 MAJORITY CHAIR GINGRICH: This is Ken Eichler,

1 and he'll tell you more about himself. But I do want to  
2 point out to my colleagues and those of you who are looking  
3 for his testimony, it was not in your packet. It's green;  
4 it's laying with your info, so you'll want to refer to  
5 that.

6 And I have no idea whether you're speaking to  
7 that or speaking in broader terms, but welcome, and tell us  
8 a little bit about yourself.

9 MR. EICHLER: Madam Chairwoman, thank you.

10 Representative Galloway, Mr. Chair,  
11 Representative Mackenzie, thank you for including me and  
12 allowing me to join you today.

13 Let me tell you a little bit about my background,  
14 and then I'll jump into a presentation a little bit.

15 I did a little bit of a different presentation,  
16 as you see. I went with more of a PowerPoint style rather  
17 than a written testimony. When you're the last speaker in  
18 a 3-hour meeting, you fear what I refer to as the Charlie  
19 Brown syndrome. We've all seen that, you know, the comedy  
20 strip, "Wa wa, wa wa, wa wa." So hopefully I'm going to  
21 give you speaking points or thought points that you can  
22 take away.

23 I'm also going to give you some background on  
24 myself, on guidelines, and hopefully respond to some of the  
25 issues that have come up today. So if I'm going a little

1 too far abroad, please feel free to rein me in accordingly.

2 I don't want to go off skew on the proceedings here today.

3 Who am I?

4 MAJORITY CHAIR GINGRICH: Security will be  
5 dragging you out.

6 MR. EICHLER: Been there, done that. No.

7 I am a claims professional. I have been licensed  
8 as an independent insurance adjuster in 5 of the 10 lines  
9 of New York, workers' comp being my specialization. I've  
10 been licensed since 1992.

11 I started out as a stakeholder. I got involved  
12 on the national scene when our short-term Governor Spitzer  
13 had the workers' comp reform package in New York. I was  
14 appointed, representing the Business Council. So I sat on  
15 the committees; I sat in the hearings. I was part of the  
16 group that decided on what guidelines were being  
17 implemented and what was happening. From that, I moved to  
18 the national scene.

19 I am the Vice President of Regulatory Affairs for  
20 Work Loss Data, who produces ODG, one of the national  
21 guidelines that has been adopted in most of the  
22 jurisdictions that have adopted the guidelines.

23 I have previously represented ACOEM, the American  
24 College of Occupational Medicine. And I have been very  
25 privileged to serve the IAIABC, and for those of you who

1 are not familiar with it, that's the association of  
2 workers' comp regulators across the US, Canada, part of the  
3 EU, Australia, and New Zealand.

4 I have had the pleasure of serving as Chair of  
5 the medical issues and the return-to-work committees for  
6 over 6 years, and I'm currently one of the handful of  
7 selected individuals appointed to the Advisory Council of  
8 Industry Members. So I'm here to help expose you to  
9 guidelines and to educate you a bit.

10 One of the most important things with guidelines  
11 is the guideline should focus on expediting and  
12 facilitating appropriate care for injured workers. We want  
13 consistent care. We want guarantees of care. And when I  
14 talk about injured workers, something that concerns me came  
15 up, and it comes up in all the jurisdictions, about, do we  
16 want State-specific guidelines?

17 And I question, do individuals get injured  
18 differently and does the body get injured differently in  
19 Pennsylvania? Does the body heal differently in  
20 Pennsylvania? Is there something different in the water or  
21 the air that I'm not quite aware of that would change the  
22 physiology in Pennsylvania? Because absent those findings,  
23 I question why guidelines would have to be just specific to  
24 Pennsylvania rather than to individuals and based upon  
25 medicine.

1           We talked about evidence-based medicine quite a  
2 bit today. What is evidence-based medicine?

3           Evidence-based medicine is the ranking of studies  
4 transparently from high to low with subcategories within.  
5 Most research that's out there is self-serving and  
6 self-promoting. We have to call it as it is. Who is it  
7 done by? It's done by Big Pharma; it's done by device  
8 manufacturers to get their products to market.

9           Who else is doing studies? Medical institutes;  
10 research institutes. Is that self-serving? Certainly is  
11 if it's not NIH. Why is it self-serving? You get the big  
12 names, you get the big studies, you get the big  
13 benefactors, and you get the big donors.

14           I had the pleasure of being a trustee of the  
15 largest health-care system in New York. It's now known as  
16 Northwell. It was North Shore-Long Island Jewish. We  
17 brought in the big researchers; we got the big donors. So  
18 it is self-serving.

19           So what is the responsibility of the guidelines?  
20 It is to take in all those articles, all the studies. I  
21 think it was the British Journal of Medicine, and please  
22 don't quote me on the source but it was out of the UK, that  
23 stated for a doctor to stay current on studies, they would  
24 have to review 19 studies per day. How do you review  
25 19 studies per day and still practice medicine? It can't

1 be done.

2 Many of you, I'm guessing, are attorneys. Yes?  
3 No? No; okay. Many of you I'm hoping are familiar with  
4 Westlaw and LexisNexis. They are search tools to access  
5 legal information. Treatment guidelines such as ODG, such  
6 as Reed Group's ACOEM product, such as others out there,  
7 are search tools. It is our job to comb all the evidence  
8 that's out there to have independent rankings and  
9 transparent rankings and reviews of these studies to  
10 determine whether they are truly evidence-based, whether  
11 they are skewed, and rank them accordingly, so that one can  
12 rank and compare evidence to help make the decisions.

13 It's the guideline producer's responsibility then  
14 to give an overall summary, but to give one the ability,  
15 like Westlaw or LexisNexis, to drill down to the abstracts  
16 and the actual studies to support decisions for or against  
17 treatment and to help support the requests of treating  
18 physicians.

19 I've heard comments today about how well the  
20 system is doing here, and it's doing good, too. It's doing  
21 really great. But that would support, if it ain't broke,  
22 don't fix it. If we're supporting "if it ain't broke,  
23 don't fix it" in Pennsylvania or anywhere else, then we  
24 wouldn't have further development technology and further  
25 improvement.



1           Pennsylvania has been a leader in technology.  
2   You have got major institutions here. If they didn't -- if  
3   they adopted that, we wouldn't have the forward thought  
4   that we do that's coming out of Pennsylvania.

5           We heard a lot about low costs in Pennsylvania.  
6   If you go down and drill down to the studies, a lot of the  
7   low costs are related to fee-schedule issues, not  
8   necessarily utilization issues.

9           I'm going to jump around for a second in my slide  
10 presentation here.

11           Last week I had the pleasure of being at the WCRI  
12 conference -- thought leaders from around the country. And  
13 some of the pieces that came out in WCRI, and one piece I'm  
14 quoting from 2015, was that "Pennsylvania had amongst the  
15 highest utilization of physical medicine services of the  
16 study states." I believe there are 26 States in the study.  
17 "Pennsylvania providers of these services billed among the  
18 highest average number of visits per claim and services per  
19 visit of study states." Interesting.

20           Long-term use of opioids. Opioids are a major  
21 problem, major, major problem, and we're horrified that  
22 Pennsylvania ranks in the top three States for poor  
23 performance with opioids. What are those top three States?  
24 And there's no common thread. We're looking for the common  
25 thread. It's Pennsylvania, it's Louisiana, and it's

1 New York. You have more overdoses and more prescribing in  
2 Pennsylvania than most other States in workers' comp. It's  
3 truly disproportionate. We owe it to the injured workers  
4 to help protect them.

5 Let's speak for a second about group health  
6 versus workers' comp, because I think it will address some  
7 of the issues and concerns and questions that came up.

8 In group health, you get what you pay for. You  
9 buy defined benefits, and you have associated premiums  
10 based upon the associated risk. It's the highest level of  
11 gambling there is in the world. The insurance carriers  
12 figure out what their premiums are based upon what the cost  
13 of medical is going to be.

14 In group health, if you don't buy the coverage,  
15 you're not covered; you don't get that care. That's not  
16 the case in workers' comp. Part of the grand compromise,  
17 the grand bargain: Over 100 years ago before workers'  
18 compensation was that an injured worker is entitled to any  
19 treatment, including medication, that is causally related  
20 and medically appropriate. There are no exceptions.

21 Guidelines do not deny care. Guidelines bucket  
22 treatment into two basic buckets. One bucket is that it's  
23 fast-tracked. It's low risk. It gives you the evidence to  
24 show what is, quote, "recommended" versus the bucket that  
25 is referred to often as "not recommended." But "not

1 recommended" does not mean the care isn't given. "Not  
2 recommended" means it needs further substantiation of  
3 medical necessity, and that is to protect the injured  
4 worker. It is not cost driven; it is blind to cost. It  
5 needs to be blind to cost.

6 But there is a small percentage of treaters out  
7 there, medical providers, that are the outliers. And it  
8 upsets me that we have to spend time and money and energy  
9 to control the outliers. But look at basic laws of  
10 society. Basic laws of society are set up to control the  
11 outliers. Most citizens are good citizens. They will  
12 follow inherently what's right for society. But we have  
13 rules, we have laws, we have regulations, we have statutes  
14 to control those individuals.

15 Well, those outliers on workers' comp are the  
16 outliers that drive the majority of the costs. It's not  
17 the injured worker that has a minor injury and goes back.  
18 It's not the Representative Dushes of the State who have  
19 neuropathy or lack of sensation post-injury and who goes  
20 back. It's not me who had back surgery secondary to a  
21 workers' comp case who goes back to work. It's those  
22 outliers who are uneducated medical consumers and become  
23 the pawn in the system.

24 We heard somebody testify today that the injured  
25 worker can't figure out their way through the system.

1 Well, then how the heck are they going to figure their way  
2 through medical care? They can't do it in group health;  
3 what makes you think they're going to be able to do it in  
4 workers' comp?

5 Treatment guidelines protect that injured worker.  
6 It guarantees them a certain standard of care, and with the  
7 proper documentation of the exceptions above and beyond the  
8 guidelines, that injured worker gets the care.

9 I think it's very naïve for folks to believe that  
10 treatment guidelines are not being used in this  
11 jurisdiction or any other jurisdiction in this country. If  
12 that was the case, then the utilization review  
13 professionals, the UROs, would be using what for some of us  
14 remember, Johnny Carson, the Carnac method. You would put  
15 on a turban, you would hold the file to your head, and you  
16 would guess what the decision is going to be.

17 Or they'd be doing random willy-nilly all over  
18 the place. Do you want that for your constituents, or do  
19 you want certain controls to guarantee that the proper  
20 evidence, which is updated on a regular basis, and I  
21 provided Representative Mackenzie with some comments from  
22 myself and industry folks on the tweaking of some of the  
23 language.

24 I think the language in the bill does need to get  
25 tweaked, and I think folks are very willing and open to

1       tweaking. But I think the guiding principles here -- and  
2       we have to look at the legislative intent versus the draft  
3       that's in front of us of the bill right now.

4               I believe the legislative intent -- and please,  
5       you know, Representative Mackenzie or others correct me --  
6       but it is to ensure that consistent evidence-based medical  
7       guidelines can improve outcomes for injured workers with  
8       transparency, decrease transactional processes, and  
9       associated cost savings.

10              And forgive me if I get passionate about this  
11       stuff. I see what happens to injured workers across the  
12       country, and we've got to be there for them.

13              I also believe that folks are naïve when I say  
14       that guidelines are being used; evidence is being used.  
15       And I think if one applies the perspective, look, if you  
16       know you're going to have to go up against utilization  
17       review potentially at some point, you know in anything in  
18       life you're going to meet a certain hurdle, wouldn't you  
19       want to consider that hurdle from the onset of the race to  
20       know how to handle it and how to appropriately document,  
21       how to appropriately move things forward? That's what one  
22       does in group health.

23              You ask any doc; they have to know how the  
24       different carriers, the different payers in group health  
25       pay. Well, right now in Pennsylvania, they're kind of

1 guessing how the different payers handle things. Why not  
2 have that set road?

3 Because with consistent transparent utilization  
4 review criteria, regardless of who the payer is, everybody  
5 having the same criteria with disclosure for the criteria  
6 and the supporting evidence, the actual articles,  
7 physicians can apply that on the front end. They can know  
8 what they need to do in approaching the case, and they  
9 can know when they need to document what they need to  
10 document.

11 In California, the California Orthopaedic Society  
12 worked with us when guidelines were adopted, and what did  
13 we do? We worked with them to look, specifically with the  
14 Orthopaedic Society, subspecialty groups. The folks who do  
15 shoulders are doing about 10 or 15 procedures that require  
16 -- that cover most of their procedures, most of their  
17 billing.

18 So what did they do? They understood the  
19 guidelines. They understood the evidence. They used that  
20 conversely to hold the carriers to that standard. They  
21 documented accordingly. They cited the evidence. They cut  
22 and pasted the guidelines, and they knew what to state in  
23 their reports to make sure that patients were getting the  
24 authorizations they needed.

25 I think there were a lot of perceptions voiced

1 here today versus realities. I almost wish that for each  
2 person that came and testified, they were asked at the  
3 onset of their testimony whether or not they have actually  
4 looked at any of the national guidelines, whether they've  
5 looked at the specifics of the guidelines, and whether they  
6 have taken specific cases and run them through the  
7 guidelines to see what the implication and application of  
8 the guidelines would have been on the outcome of that case  
9 and the authorization of care for that injured worker. I  
10 bet you the testimonies would have been different if they  
11 had. And I challenge them and I welcome the opportunity to  
12 have folks learn about guidelines.

13           Folks are concerned about objective  
14 substantiation. Well, as I said, they need to objectively  
15 substantiate their positions and understand and take a  
16 test-drive. Would you make comments on a car without  
17 getting into it just by guessing, because you saw a  
18 commercial?

19           Unfortunately, injured workers make a lot of  
20 decisions based upon commercials, because when they're home  
21 injured, one of the two top advertisers they are seeing:  
22 Big Pharma, and plaintiff attorneys telling them that if  
23 you have a workers' comp injury, an auto accident, a slip  
24 and fall, or a med mal, you just hit the lottery. And  
25 those poor injured workers don't hit the lottery. They're

1 told they may, but they don't.

2 I hear about cookbook medicine and  
3 one-size-fits-all. Well, guidelines are a basis based upon  
4 the evidence, and evidence evolves and, therefore, needs to  
5 be updated on a constant basis as new evidence comes out,  
6 but that's not cookbook. That's reviewing the evidence and  
7 allowing for exceptions and showing physicians how to  
8 document the exceptions and document the variances to, on a  
9 fast-track basis, get treatment authorized.

10 In Louisiana, prior to their adoption of  
11 guidelines, the dispute resolution on medical care, 18 to  
12 24 months; currently, less than 60 days. Over \$20 million  
13 saved the first year on decreasing the delays. So it's not  
14 cookbook. It's enabling and giving the tools.

15 Evidence-based decisionmaking versus  
16 nonevidence-based decisionmaking. Do you want Susie the  
17 Adjuster who just graduated college to make a medical  
18 decision on a workers' comp case? I don't. I want that  
19 driven by medical evidence. And I want the denial to  
20 require a medical professional to look at it, not Susie the  
21 Adjuster.

22 There was a commercial, and I get Susie the  
23 Adjuster, because there was a commercial a few years ago  
24 for one of the insurance carriers with Susie with her files  
25 piled up who didn't have a clue. I want docs and medical



1 -- and when I say docs, I should say medical providers  
2 making medical decisions. It's important.

3 We talked about controlling outliers. Those  
4 doctors are out there.

5 Guidelines need to be ranked and summarized and  
6 updated.

7 There was a concern about shifting the burden to  
8 the employer versus the payer. Well, you know what? The  
9 responsibility should be on the treating physician if they  
10 want an exception, if we're holding standards and it's an  
11 open hand of cards. It's not the employee; it's the doctor  
12 who has to make their medical decisions.

13 A couple of quick facts and figures.

14 I spoke about WCRI with the utilization and  
15 Pennsylvania ranking in the top three with opioid problems.  
16 I would encourage you to take a look at some of the studies  
17 on the CDC. The CDC just released their new opioid  
18 guidelines. Numbers are off the charts.

19 I encourage, if any of you have the opportunity,  
20 to attend the prescription abuse and heroin summit -- it's  
21 now "and heroin" -- in 2 weeks in Atlanta run by the  
22 Federal Government; very important.

23 Take a look at the map from CDC. Pennsylvania is  
24 in the second tier for the highest number of prescriptions  
25 per hundred. You're ranging between 82 and 96

1 prescriptions per 100 people in this State. It's out of  
2 control.

3 Opioids in New York, a neighboring State, also in  
4 the top three. Look at the study that the New York Times  
5 cited the data. Cost of a claim without opioids, \$13,000.  
6 Cost of a claim with short-acting, \$39,000. And by the  
7 way, short-actings on the drug formulary are approved for  
8 front-line use. Long-actings; those are your really  
9 dangerous ones: The cost goes up to 117,000.

10 What's the impact on other States? People need  
11 to look at that. Through the IA, we can facilitate  
12 communication with other agencies as well as other  
13 Legislators across the country, and I encourage you to take  
14 advantage of that.

15 But Texas did the best job of data collection in  
16 the country. They adopted guidelines and formulary.  
17 Formulary is the list of drugs. And again, it's two  
18 buckets: What's fast-track versus what needs  
19 substantiation. The addictive, dangerous medications need  
20 substantiation. They're not denied, but they need  
21 substantiation.

22 There was a 70-percent reduction in the use of  
23 those dangerous drugs in Texas.

24 Panic dust. We went to the docs: Why did you do  
25 it? How could you stop prescribing? Their answer was,

1 because you gave us the ability to say no. You got us out  
2 of the hot seat.

3 We talked about patient satisfaction surveys  
4 today. We all get them when we go to our doctor, don't we?  
5 Why do docs write the scripts? A lot of the time, they are  
6 afraid of patient satisfaction surveys. If you don't write  
7 the script for the pain meds, the pediatrician doesn't  
8 write the antibiotic script, or you don't write the  
9 diagnostic testing, what do you get? A negative patient  
10 satisfaction survey. What does that translate to? Lack of  
11 bonus to the doc, lack of contract renewal, and/or lack of  
12 raise.

13 Texas went to the point of introducing  
14 legislation two sessions ago to protect the doctors on  
15 those scenarios. The physicians substituted more  
16 appropriate medications, and costs, which aren't important  
17 but are a benefit, medication costs for the opioids went  
18 down over 81 percent, with an overall 30 percent drop in  
19 the medication costs overall for workers' comp.

20 Other State outcomes: North Dakota, also a State  
21 that was doing, quote, "real well." Lowest premiums when  
22 they adopted it in 2005. Their costs dropped 40 percent  
23 while improving quality of care. Fifty-two million dollars  
24 in premium dividends were returned to the employers.  
25 That's major. That's one year.

1 Texas. Folks, lost time was down; work comp  
2 premiums down. Texas is now one of the best States to do  
3 business in. Workers comp translates to retaining -- good  
4 workers' comp translates to retaining business and  
5 attracting new business. Pennsylvania is fighting with  
6 New Jersey, New York, and other surrounding States, and  
7 Texas as well as others, that are trying to grab your  
8 industry where there are better tax structures. You've got  
9 to give them better workers' comp programs to do that.

10 Somebody talked about access of care. Access  
11 of care in Texas right now is up 42 percent over  
12 pre-guidelines. Doctors know the roadmap. They're not  
13 looking into a crystal ball anymore.

14 One of the Representatives, unfortunately who  
15 left the room, questioned why New York had a problem  
16 getting ophthalmologists? Well, what they didn't tell you  
17 was in New York State, in order to treat or do  
18 second-opinion exams, you have to be approved by the  
19 Workers' Compensation Board and you have to get an  
20 authorization number. No authorization number, no  
21 payment.

22 Ophthalmologists generally, if somebody wants to  
23 see an ophthalmologist and they can't find one, because not  
24 that many participate in workers' comp -- not because of  
25 guidelines but because of the administrative burden of

1 doing business in New York. And right now there's a group  
2 addressing administrative burden with the administrators in  
3 New York. It's ridiculous. Okay?

4 So what happens if somebody wants to see an  
5 ophthalmologist in New York? All that person had to do was  
6 call the Workers' Comp Board. They had the list of  
7 everyone authorized to treat in the State. And if you deny  
8 to take care and if you are on the authorized list, they  
9 drop you like a hot potato. They don't stand for it. So  
10 that when you hear these one-off stories, you have got to  
11 look at them in the bigger picture.

12 Oklahoma. They've gone through several different  
13 revisions. They adopted treatment guidelines, and costs  
14 are also down 22 percent.

15 I tried to hit on some of the highlights. I  
16 could go on for quite awhile. I recently met with the  
17 folks from North Carolina. They asked me for an hour  
18 meeting; they kept me on the phone for 2 ½ hours. Why?  
19 Because we really dove in. We looked at guidelines. We  
20 ran case scenarios. We got an understanding, and that's  
21 what I encourage you to do. Whether it's with the groups  
22 individually, whether it's having a hearing, whether it's  
23 having informal educational sessions, get informed, protect  
24 your injured workers, and please do the right thing.

25 MAJORITY CHAIR GINGRICH: Thank you. Thank you,

1 Ken.

2 I have to commend your ability to talk faster  
3 than almost anyone I know. And, and be clear and concise  
4 and understandable. So that's a real---

5 MR. EICHLER: Thank you, Representative.

6 MAJORITY CHAIR GINGRICH: Were you a  
7 communications major? You're good.

8 MR. EICHLER: No, but when you testify at  
9 hearings, you learn pretty quickly.

10 MAJORITY CHAIR GINGRICH: Practice makes perfect,  
11 right?

12 MR. EICHLER: Yes, ma'am.

13 MAJORITY CHAIR GINGRICH: We do have some  
14 questions.

15 Please.

16 MAJORITY CHAIR GINGRICH: And I appreciate your  
17 ability to speak quickly, so we kept the clock moving here.

18 We'll start with Representative Topper.

19 REPRESENTATIVE TOPPER: Thank you, Madam Chair.

20 Just so that I can be very clear on a  
21 back-and-forth also that I had earlier, and I want to ask  
22 you the same question.

23 MR. EICHLER: Please.

24 REPRESENTATIVE TOPPER: So just the fact that we  
25 have guidelines does not mean that medical professionals

1 will not be able to take into account whether their patient  
2 was a smoker or whether their patient has diabetes? I  
3 mean, just the mere fact that there are guidelines does not  
4 limit that kind of care, correct?

5 MR. EICHLER: You're 100 percent spot on, and let  
6 me give you -- because a smoker is going to have delayed  
7 recovery. After an orthopedic procedure, if there's bone  
8 healing, a smoker is going to have anywhere from a 30- to a  
9 300-percent delay in healing. So yeah, that has to be  
10 factored in. That's going to allow for certain other  
11 devices. If they cite the guidelines properly and request  
12 it properly in advance, that will further the healing, the  
13 bone stimulators and the like.

14 Let's take something even more simple. Let's  
15 look at body habitus and age. Somebody who is 400 pounds  
16 versus somebody that's 120 pounds and both have the same  
17 age? Normal range of motion is going to be different for  
18 the two. That has to be factored in, because obviously  
19 somebody who's somewhat larger is going to have less range  
20 of motion so it becomes their new normal.

21 So the guidelines specifically allow for those  
22 factors and those variances, and in the guidelines there  
23 are procedures on how to document those exceptions, which  
24 then further get baked, hopefully, into the regulations  
25 that would be associated with the treatment guidelines

1 statute.

2 REPRESENTATIVE TOPPER: Perfect. Thank you.

3 Thank you, Madam Chair.

4 MAJORITY CHAIR GINGRICH: Thank you,

5 Representative, and thank you for that answer.

6 Representative Truitt.

7 REPRESENTATIVE TRUITT: Thank you, Madam Chair.

8 And thank you for your testimony. It was really,  
9 really excellent.

10 My question is about the treatment guidelines and  
11 how they are developed. I mean, it seems to me that the  
12 success of this program is all going to come down to how  
13 well we -- you know, how good our treatment guidelines are  
14 and how good of a system we have in place for establishing  
15 them and modifying them.

16 And I was pleased; as I'm looking through the  
17 bill, I see that Representative Mackenzie has included that  
18 on the panel will be an occupational medicine, someone from  
19 occupational medicine, someone from orthopedic medicine,  
20 and then my favorite down there at the bottom, chiropractic  
21 medicine. So I feel like he's got good coverage on there  
22 to ensure that these treatment guidelines will be  
23 comprehensive.

24 Can you comment on how his proposal compares to  
25 what's done in other States, and is there anything else



1 that we should be including there?

2 MR. EICHLER: Yes, and I have actually provided  
3 some comments to Representative Mackenzie on that.

4 I do agree that a radiologist should probably be  
5 on there. I think you're going to want representatives of  
6 business as well as labor on the committee as well.

7 That's one of the things that we did well in  
8 New York, is we had good representation. You want to  
9 represent the disciplines that are treating, but also the  
10 stakeholders who are where the rubber meets the road.

11 You mentioned chiropractic care, and you asked  
12 about alternative medicine.

13 REPRESENTATIVE TRUITT: Yeah.

14 MR. EICHLER: And I don't know if you saw my  
15 head like a bobble, you know, thing in the back of the  
16 room.

17 Knowing the guidelines. When I said it's not  
18 cookbook medicine, both ODG and ACOEM present a laundry  
19 list of different treatments, and in ODG, we do it A to Z,  
20 and I'll take the back as an example. What's under "A"?  
21 "A" includes acupuncture. There are evidence-based studies  
22 to support acupuncture. There is no "Z" under low back,  
23 but we do have a "Y," and do you want to guess what the "Y"  
24 is? Yoga.

25 REPRESENTATIVE TRUITT: Oh; okay.

1           MR. EICHLER: Why? Because there are  
2 evidence-based studies that show that yoga is of  
3 significant benefit to somebody with chronic low back pain  
4 or other forms of muscle spasms, strains, sprains, and the  
5 like.

6           We had a situation recently where California  
7 adopted our chronic pain guidelines, and we got a call from  
8 the medical director. And by the way, both the editorial  
9 boards at ODG and ACOEM are shielded from outside contact.  
10 Both will accept as submissions of evidence from anyone who  
11 wants to submit it, but their review boards have to be  
12 shielded so that they can't be influenced in any way. They  
13 will then rank the evidence independently.

14           But one of the things we got challenged on is,  
15 why is there a positive recommendation for the use of green  
16 tea? Well, because there were truly evidence-based studies  
17 that weren't self-serving that ranked, that showed there  
18 was some improvement with the use of green tea for a  
19 certain condition. So it's in there.

20           So are the alternative treatments covered? A  
21 hundred percent. And if there's an alternative treatment  
22 that a physician can substantiate will benefit, it behooves  
23 the payer to pay for it and to authorize it. Why get into  
24 a dispute resolution that's going to cost a fortune and  
25 also turn the claim south, and I'm not talking about them

1 going down to Florida. I'm talking about them having a  
2 disgruntled employee who's not going to be motivated to go  
3 back to work, who's going to be angry at the system, who's  
4 going to be angry at their employer and not have a good  
5 outcome. So the goal is to have dispute resolution.

6 And hopefully if you go forward with the  
7 guidelines, something we encourage -- and as a guideline  
8 producer, we facilitate -- is communication between the  
9 payers and the providers. We tell the providers to  
10 identify their top payers and we tell the payers to  
11 identify good and outlying providers.

12 And on a non-case specific, sit down and have a  
13 dialogue. Facilitate the communication. Know what one  
14 party wants from the other so the communication can be done  
15 right the first time, because if it's not done right the  
16 first time -- and when we speak to doctors, what I've  
17 learned over the years is not only to speak to the  
18 physicians but to speak to the CFO and the practice manager  
19 as well who understand the process.

20 We all have to look at transactional processes.  
21 Every time there's a delay, it means the doctor's office  
22 have to go back and forth to the carrier, and their staff  
23 members probably will be making between 30 and 50 dollars  
24 an hour when you add on fringe and benefits at the level  
25 that can handle an insurance claim.

1           The same thing on the insurance side. So every  
2 time there is a problem, that problem is costing between  
3 50 and 200 dollars to get resolved to the overall system.  
4 So we got to get it right the first time, and we have got  
5 to show people how to get the approvals.

6           REPRESENTATIVE TRUITT: Very good. Thank you.

7           MAJORITY CHAIR GINGRICH: Thank you.

8           And as we move down to our eviction time, I turn  
9 to Ryan Mackenzie.

10          REPRESENTATIVE MACKENZIE: To close?

11          MAJORITY CHAIR GINGRICH: Yes, to close, unless  
12 -- was there anything else? Oh, I'm sorry. I didn't see a  
13 question back there.

14          REPRESENTATIVE SNYDER: Thank you, Madam  
15 Chairman. I'll try to be brief.

16          A couple of things.

17          MR. EICHLER: Yeah.

18          REPRESENTATIVE SNYDER: First of all, Work Loss  
19 Data Institute. What exactly is your organization? Are  
20 you a nonprofit?

21          MR. EICHLER: No, we are for profit. We're a  
22 privately held company. And when people say, oh no,  
23 they're for profit, the ACOEM guidelines produced by Reed  
24 Group is also a for-profit company. They are owned by  
25 Guardian Life. We are privately held.

1           Why would you want a private company to do this?  
2       No State has been able to keep their guidelines updated.  
3       You need extensive staff, extensive cost.

4           Colorado's Medical Director, Dr. Katherine  
5       Miller, is a very dear friend of mine. We have traveled  
6       the country together for many years. Katherine tells  
7       States not to write their own guidelines unless they have  
8       the budget for a staff and an ongoing budget of 3 to  
9       500,000 dollars a year. It costs money to review studies.  
10      It costs money to comb the evidence. It costs money to  
11      provide it in an electronic format.

12           One comment on cost, though, is if the guidelines  
13      are adopted with us, we allow the State to provide free  
14      versions of the guidelines on the State website at no  
15      charge to the State. If folks choose to buy the fancy  
16      tools, they can subscribe to that separate and apart. But  
17      there is no definitive cost for the adoption of the  
18      guideline through the State.

19           REPRESENTATIVE SNYDER: Okay. That leads me to  
20      my second question.

21           So this will cost Pennsylvania nothing to adopt  
22      the national guidelines. Is that what you're saying?

23           MR. EICHLER: It will cost them for the rollout  
24      as they would promulgating any new regulation or any new  
25      program. There are staff costs associated with that.

1 There is time. There is protocol development, things along  
2 those lines.

3 But as far as the---

4 REPRESENTATIVE SNYDER: Well, do you have a  
5 ballpark figure of what that would be for the Commonwealth?

6 MR. EICHLER: It varies by Commonwealth for what  
7 their administrative costs. Most, when the fiscal impact  
8 analysis is done associated with bills in most States, they  
9 state that there's no significant fiscal impact, because  
10 most agencies have budget for the adoption of new  
11 regulations, new rules, and new statutes on the rollout.  
12 There may be some costs.

13 But for the licensing fees for the use of the  
14 intellectual property, I couldn't speak to what ACOEM  
15 would charge the State if they would, but ODG does not  
16 charge the State anything for the use of the content. If  
17 people want the bells and whistles, they can pay for the  
18 search tools.

19 Why would somebody want to pay? It's time  
20 saving.

21 REPRESENTATIVE SNYDER: And did I understand  
22 you correctly when you said earlier that, do you think  
23 this legislation is fair in putting the burden on the  
24 employee?

25 And I do have some experience with workers' comp,

1 because my husband was a lineman for 34 years and he was  
2 seriously injured on the job, and I can't even fathom that  
3 he would have had to have taken on that burden.

4 MR. EICHLER: No, and he shouldn't be, but we  
5 have to think in terms of group health here.

6 When we want something approved in group health,  
7 it's the physician that has to request the authorization.  
8 If you want that MRI, they have to get the authorization  
9 and the precert. It's common practice. So it should be  
10 the physician's office who is communicating. They have the  
11 medical information. They are accustomed to going through  
12 this in group health.

13 And we've got to remember, why do physicians stay  
14 in workers' comp? Yeah, there's extra administrative  
15 burden, but the reimbursement is the highest reimbursement  
16 out there. And when we go across the States and we speak  
17 with the CFOs of the medical practices, they tell us if  
18 greater than 10 percent of the practice revenue is from  
19 workers' comp, they're not walking away from that high  
20 level of reimbursement.

21 REPRESENTATIVE SNYDER: But right now in  
22 Pennsylvania, it's the employer with the physician. This  
23 would shift it to the employee.

24 MR. EICHLER: But the employer would be paying  
25 for that. The way it's done in other jurisdictions is

1 basically the physician fills out a form, signs it. It  
2 goes into the administrative agency. They assign the case  
3 for utilization review.

4 But what's really happening in this State, before  
5 the payers say no, they're getting utilization review.  
6 It's either being done in-house by a nurse or a medical  
7 practitioner or a physician, or they're sending it out for  
8 unofficial review before they say no.

9 REPRESENTATIVE SNYDER: Well, thank you. I  
10 appreciate the testimony and appreciate the hearing.

11 MR. EICHLER: Thank you, ma'am.

12 REPRESENTATIVE SNYDER: I still have a lot more  
13 questions on this legislation. Thank you.

14 MAJORITY CHAIR GINGRICH: Thank you, Pam. I  
15 agree. It has been excellent.

16 And now we'll turn to the prime sponsor,  
17 Ryan Mackenzie, and let him wrap this up for us today.

18 REPRESENTATIVE MACKENZIE: Great. Absolutely.

19 Well, thank you, Madam Chair, and thank you,  
20 everyone, for joining us today.

21 I thought it was a terrific hearing, a lot of  
22 information shared, and we tried to make it as balanced as  
23 possible. We wanted to hear both sides, the good and bad,  
24 people's opinions on the issue.

25 At the end of the day, I still believe that the



1 concept is a good one to move forward with. Treatment  
2 guidelines have shown, and we have the data here from some  
3 of our testifiers today, that other States have seen great  
4 results.

5 In Texas, average lost time, down 34 percent.  
6 Return-to-work rates up across the board. Medical service  
7 denial rates down 50 percent, thereby reducing litigation  
8 costs. Lots of great results in other States as well, and  
9 some of our testifiers showed that information in Ohio and  
10 other places as well.

11 So again, it does seem like there is a benefit to  
12 going that route of treatment guidelines. No doubt some  
13 things that we're going to want to change and update in  
14 this legislation as we move forward. But again, I think it  
15 is important that we continue to look at our workers' comp  
16 system here in Pennsylvania.

17 Just briefly I do want to highlight, lots of our  
18 different testifiers cited the WCRI, the Workers  
19 Compensation Research Institute. Even those who didn't  
20 believe in research or data cited their research and their  
21 studies.

22 And all three or four people who cited it here  
23 today, the Work Loss Data Center cited WCRI, saying  
24 Pennsylvania had among the highest utilization for physical  
25 medicine services of the study States. The Orthopaedic

1 Society said that Pennsylvania's average payments for  
2 chiropractic is the highest in the country. And also  
3 finally, the Chamber says WCRI, citing the litigation  
4 expenses per claim, are, again, among the highest in the  
5 country, 60 percent higher.

6 So there are things that can be improved. And  
7 again, everybody has agreed that that data from WCRI is  
8 reputable, even those that opposed this legislation  
9 today.

10 So again, I think we have a basis to move  
11 forward. We want to improve our system for our injured  
12 workers and thereby helping reduce our costs as well.

13 So I do want to thank the Chair and thank  
14 everyone else for joining us today.

15 MAJORITY CHAIR GINGRICH: Thank you very much,  
16 Representative, for bringing this to our heightened level  
17 of awareness. I think we accomplished our goal today. We  
18 gathered a lot of information that's going to help us move  
19 in a direction that is satisfactory and fair all along.

20 Have a great St. Patty's Day, and thank you to  
21 the entire committee and my new Chairman.

22 MINORITY CHAIRMAN GALLOWAY: You can't say  
23 "St. Patty's," by the way. It has to be "St. Patrick's."

24 MAJORITY CHAIR GINGRICH: St. Patrick's.

25 MINORITY CHAIRMAN GALLOWAY: Thank you.

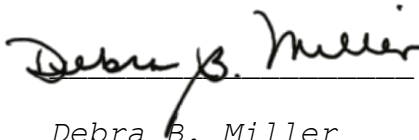
1                   MAJORITY CHAIR GINGRICH: I want the blessing.

2 Thank you.

3

4                   (At 12:15 p.m., the public hearing adjourned.)

1 I hereby certify that the foregoing proceedings  
2 are a true and accurate transcription produced from audio  
3 on the said proceedings and that this is a correct  
4 transcript of the same.

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8 *Debra B. Miller*

9 *Transcriptionist*

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