COMMONWEALTH OF PENNSYLVANIA HOUSE OF REPRESENTATIVES

CHILDREN AND YOUTH COMMITTEE HEARING

STATE CAPITOL HARRISBURG, PA

MAIN CAPITOL BUILDING ROOM 60 EAST WING

WEDNESDAY, JULY 17, 2013 10:05 A.M.

PRESENTATION ON
HOUSE BILL 162
ADOPTEE ACCESS TO ORIGINAL BIRTH RECORDS

BEFORE:

HONORABLE STEPHEN BLOOM

HONORABLE FRED KELLER

HONORABLE JOHN LAWRENCE

HONORABLE WILL TALLMAN

HONORABLE LOUISE BISHOP, DEMOCRATIC CHAIRWOMAN

HONORABLE MICHELLE BROWNLEE, DEMOCRATIC VICE CHAIR

HONORABLE STEPHEN KINSEY

HONORABLE STEPHEN MCCARTER

HONORABLE DAN MILLER

HONORABLE MARK ROZZI, DEMOCRATIC SECRETARY

HONORABLE KEVIN SCHREIBER

* * * * *

Pennsylvania House of Representatives Commonwealth of Pennsylvania ALSO IN ATTENDANCE:

HONORABLE KERRY BENNINGHOFF

COMMITTEE STAFF PRESENT:

JOHN SCARPATO

MAJORITY EXECUTIVE DIRECTOR, CHILDREN AND YOUTH, RESEARCH

MEREDITH SCHULER

MAJORITY LEGISLATIVE ADMINISTRATIVE ASSISTANT DONTIE BROOKS

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VALERIE WHITNEY

DEMOCRATIC RESEARCH ANALYST

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ILLINOIS HOUSE OF REPRESENTATIVES, ADOPTION REFORM COMMITTEE
SUBMITTED WRITTEN TESTIMONY
* * *
(See submitted written testimony and handouts online.)

PROCEEDINGS

2 * * *

REPRESENTATIVE LAWRENCE: Well, good morning.

I'd like to welcome everyone this morning to this hearing of the House Children and Youth Committee. You may have been expecting Chairwoman Watson. Unfortunately, she's not here today as a result of an illness. So I'd appreciate it if you'd keep her in your thoughts. We anticipate her back shortly.

Vice Chairman Moul is also unable to attend. Therefore, I have been designated as the Chair of the hearing today. So this is an unexpected pleasure but definitely a pleasure nonetheless.

Chairwoman Watson will be monitoring the hearing from home and, as I mentioned, I think we'd all like to wish her a speedy recovery.

I would like to announce, I'm sure most of the Members are aware of this, but this meeting is being recorded. I would ask Members and guests to please silence their cell phones and any electronic devices.

With that, would the Secretary please take the roll?

(Roll was taken.)

REPRESENTATIVE LAWRENCE: Thank you very much.

As I'm sure everyone is aware, today we will be holding a discussion about a Bill intended to give adoptees access to their original birth records here in the Commonwealth of Pennsylvania. The legislation that we're here to discuss is House Bill 162, which has been introduced by the good gentleman from Centre County, Representative Kerry Benninghoff.

I'd like everyone to take note that in the meeting packets today there are several pieces of written testimony in addition to those of the testifiers that we'll be hearing from today. With that, before we go to Chairman Benninghoff, I'd like to offer Chairwoman Bishop the opportunity to make some comments.

MINORITY CHAIRWOMAN BISHOP: Thank you very much.

And certainly my regrets that our Chairwoman is a little

bit under the weather. We'll keep her in our prayers.

Let me say for the past 30, 40 years adoptees' desire to access birth records have been an emotional and a politically charged issue. There has been public debate on the issue for a number of years. Now, we are tackling that issue right here in Pennsylvania with the hopes of respecting the rights of everyone that is involved.

Years ago, there was a trend toward secrecy because, as a society, our perception was different of

adoptees and unmarried birth parents. We're in the year of 2013 now and this all has changed. The progression of closing records arose from the idea that families formed through adoption should be more secretive than those formed by a birth. I believe the right to know one's history should not be revoked because of a person's birth date or how a person was adopted.

Right now, for too many adoptees that cannot get access to information that children who grew up with their birth families often take for granted. So we are here today recognizing that we must help others and ourselves understand by allowing the opportunity to be open, discuss freely, and then we hope vote it into legislation. I will be waiting anxiously to hear comments on how you feel before we have an opportunity to vote it out.

Thank you.

REPRESENTATIVE LAWRENCE: Thank you, Madam Chair. With that, as I mentioned, the maker of the legislation, Representative Benninghoff from Centre County, is here with us today and Chairman of the Finance Committee.

Chairman Benninghoff, I'd like to offer you the opportunity to make some brief comments to kind of summarize the legislation and also to give some background.

REPRESENTATIVE BENNINGHOFF: Thank you, Chairman Lawrence. I appreciate the opportunity.

Also Chairwoman Bishop, I feel actually humbled to follow your comments. Very well done, as always, and I appreciate that. I also want to thank the Committee for taking the time to be here today.

While the legislation looks pretty simple, pretty straightforward, and it may just be a simple issue to many people, for the families that it affects, specifically the adoptee, it's a vital thing, and I am honored that you are taking some time to hear our testimony.

By way of disclosure, I should probably say that I am an adoptee myself, as well as my three brothers and sister, and my parents were subsequently blessed for their kindness of adopting those four children and subsequently had one of their own. So rewards come in many ways.

The issue at hand in this legislation specifically, House Bill 162, is specifically saying that adoptees should have the same access to an original birth certificate as everyone else sitting in this room who is not an adoptee. Ironically, in the State of Pennsylvania, our foster children do have access to that birth certificate, an original one, but we as adoptees don't.

And some may say, well, what's the big deal?

Well, it's a big deal because most of us would like to know where we came from. As I was preparing for this today, I was thinking about my own children, who I've been blessed

also with five children, and I was thinking about a book that we have often read over and over, and it's the old Dr. Seuss book that says "Are You My Mother?" And this little birdie goes around and he asks many different animals whether or not they are his mother and he even walks up to this big giant front-end loader and he says are you my mother? And while the book is cute and entertaining in its own right, the ending of the story is you see the picture with this little birdie who eventually finds who it is that is his mother, and obviously it is not the front-end loader. It is this cute bonnet-wearing bird.

And the irony of that story, I believe, and applicable to today is I think we all inherently would like to know where we came from and where we were born. Not having an original birth certificate for a lot of people becomes a blockade to that simple information. This is not about invading other people's privacy. This is about allowing all Pennsylvanians to have the same right in the issue of fairness to the same certificate that the majority of our citizens have. I personally don't think that that is that much to ask.

I think Chairwoman Bishop eloquently said it earlier, with the changing times, the access to information, technology, the desire for us to have more transparency in our life and full disclosure, this is a

good step forward in that and to me a fair step.

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And two other things I want to share with you and then I will go on because I think there are some testifiers that have much better, more important information to share, and that is personal experiences that those of us who are adoptees go through or at least myself, and that is when you go in to see a physician or you go in to have any kind of medical procedure, you're often handed several pieces of paperwork about your history, medical history, family history. And year after year I would just write N/A, N/A, N/A, N/A, N/A, not applicable on these different sections. And one day it dawned on me as I sat in a doctor's office thinking, wait a minute, it is applicable. I'm no different than all these other people sitting around me filling out the information. The only difference is my government says I don't have access to that information. It's still applicable. So I changed it to writing "don't know" or "unknown." And the more I did this, the more frustrated I got and thought, you know, this really is not fair.

Subsequently, as I told you, I was blessed with several children. Two of my children developed epilepsy early in life, and, as some of you know, my daughter developed cancer. And as part of my children's treatment and other generations, one of the most inherently important

things, as somebody who is also worked in the medical field himself, is family history. Adoptees don't have that. The government says we can't have that.

And the last thing I want to throw out to that, I found some interesting irony, as I shared with a future testifier who was from another legislature about the experience I had on 9/11 when I was actually coming into our capital and was told I wasn't able to come in and at the time I didn't know what happened. We all know how security things have changed and how the desire and the need or requirement for identification has changed dramatically.

If you had a birth certificate prior to that, you now are required to get a raised seal on a birth certificate to legitimize your existence on this planet.

Well, that information is filled out just like your other one was. The difference is, as an adoptee, I may get this now-government-required identification to legitimize that I actually exist on this planet in order to get a passport over all the other array of issues that I need to have a certified certificate. The only difference is is my government, who's requiring me, is issuing me one that's incorrect. I think that's wrong. I don't think it's fair, and I think it's really kind of contradictive.

And so I would ask for you to listen intently to

the testifiers. This is not a major change. I think this is a sign where Pennsylvania is trying to be fair about access to information, and I think it's a good step forward for the Commonwealth, and I'd like to join the other roughly 50 percent of the States across the country who have moved in that direction. And I think we could speak volumes by doing that.

So again, I thank the Committee for their indulgence and for allowing me to be here today and for reviewing this legislation. Chairman Lawrence, Chairman Bishop, thank you very much. And, Chairman Watson, we hope you feel better soon.

REPRESENTATIVE LAWRENCE: Thank you. Thank you,
Kerry, for that very heartfelt and personal, those very,
very heartfelt remarks. I sincerely appreciate that. And
certainly your background in this area is unquestionable.

Today, we have the pleasure of -- this hearing is going to be a little different than some that we've had.

We're going to have a panel discussion here of four individuals who are knowledgeable in the field, Robert Hafetz, Carolyn Hoard, Amanda Woolston, and Dr. Mary O'Leary Wiley. And I'm pleased to say that two of these four individuals happen to live in southern Chester County, so I'm very pleased that they made it up here today from my legislative district.

The way that we're going to run the hearing here today is that we're going to give each panelist the opportunity to offer some opening remarks for about 5 to 10 minutes and then we're going to open up the entire panel for questions from the Members.

So with that, I believe Mr. Hafetz is going to be our first testifier.

MR. HAFETZ: Yes.

2.2

REPRESENTATIVE LAWRENCE: Very good, sir. You have the floor.

MR. HAFETZ: Thank you very much. It is a great honor to be able to come here and present my ideas about adoption, about being adopted. My point will be to explain to you why adoptees search not out of curiosity, not because they want to, but because they have a compelling need to search. This isn't simply a desire. This is something that some of us must do.

And there is a process at work in us. We are very different than non-adopted people. And my intent here will be to explain how adoption affects us and this will give you a baseline to understand the testimony that comes after me and so that you can see how we are different.

And my presentation, it's important for me to note this, is that in no way do I regard adoptees as disordered or pathological or look at them in the context

of pathology. And we tend to be diagnosed a little bit too much and it's erroneous, but that's another topic.

I am a marriage and family therapist in private practice. I work with adult adoptees and adoptive and foster families. I have extensive experience in Pennsylvania's residential treatment programs and I worked in the psych unit at Temple University Hospital in Philadelphia.

Well, here, I'll work off the presentation that you all have. In fact, it might even be easier.

Technology never seems to work when you need it.

The problem: Adopted children make up a higher-than-expected proportion of children in psychological distress. Adoptees are in psychotherapy at the rate of 2 to 5 percent, the expected rate is 1 to 2 percent for non-adoptees; 10 to 15 percent are in residential treatment, the expected rate is 1 to 2 percent; 6 to 9 percent are identified in schools as emotionally, perceptually, or neurologically impaired, the expected rate is 1 to 2 percent.

There is a clear tendency among adoptees not only to seek professional help but also to need it. The increased vulnerability of adoptees to psychological problems can be explained largely by their experience of loss, and that's what I'm going to talk about what this

loss is and how it manifests.

2.2

What creates this loss? Premature maternal separation. Most adoptions, not every one, but when an infant is involved or a child younger than age 3, there's a separation from the birth mother, from the primal mother, from the attached mother.

I'm going to talk about infant memory and how this results in a disconnection between cognitive and emotional, what we know and what we feel.

Adoptions begin during a critical period of development. The theme of a person's story and the fundamental success or failure of their entire life is determined in their early attachment and bonding with the environment. The primal mother is the environment.

Patterns of dysfunction in adulthood can easily be linked to the quality of very early attachment. Critical period is from late pregnancy to the second year. The brain is in a critical period of accelerated growth. It is highly plastic. Experiences are literally hardwired into the brain. During critical periods, brain growth is exquisitely susceptible to adverse environmental factors such as nutritional deficits and deregulating interpersonal affective experiences such as the loss of the attached mother.

The next picture is just my favorite picture

because you know this kid's adopted. Every adoption begins with a premature maternal separation. We call it adoption but we forget it begins with a separation. Premature maternal separation occurs during a critical period of development. It significantly disrupts the attachment process resulting in a disruption of the developmental process. It changes us. The ability to adapt to change and self-regulate as emotions is impaired. We learn this from our relationship with our mother in the first days, weeks, and months of life. We learn to self-regulate emotions. She regulates us.

Long-term emotional memories of the separation are created. This is very important and I'm going to go into this in a little bit more detail. It creates the need to transition the maternal attachment to a new mother, which we do in adoption. But the attachment to the adoptive mother does not replace or displace the attachment to the birth mother. We simply have two mothers. We love them both. And what I've discovered is that we simply have no limit on the number of people we can love, only on the number of people we can be angry at. That seems to be the way we're made. So there's no need for this belief that still persists that we have to replace an attachment. We create an attachment in addition to.

The emotional effects of premature maternal

separation, parental bonding behaviors may be met with anxiety, alarm, and anger. When you say I love you to an adopted kid, he may become fearful. Rejection of the attachment figure, paradoxical reactions to love, love can create anxiety at first. Constant adjustment of emotional boundaries, adoptees love to test, push, and pull, push you away, put you back. They want to know if you're going to leave them. The baseline emotions, and these are unconscious emotions, our anger, shame, feeling of isolation, incompleteness, and inauthenticity.

How many individuals are in this picture? Not widely known or even taught in graduate school is the process of individuation. At birth, there's only one person in that picture, a mother/baby dyad. An infant has no concept that it's an individual. It lives as a literal part of the mother's psychology. In the nine months before birth, it was a literal part of the mother's body. When the separation occurs, we have lost literally a part of our self. And so many adoptees will say I feel like something is missing. I have a hole in me. I can't fill it. I don't know what it is. There is a loss of part of ourselves because of this intimate connection that we have.

Disconnected thoughts and feelings, this, I believe, is the most important concept in understanding adoptee behavior and solving adoptee behavior problems.

- 1 And adoptee can know he belongs but feel he's an outsider.
- 2 I know that I am loved it but I feel that I am not. I know
- 3 they will never abandon me but I always fear that they
- 4 | will. I know I can do this but I feel I will fail. I know
- 5 I am with my family and belong but I feel isolated. I know
- 6 | who I am but I feel that part of me is missing. These are
- 7 all common statements by adoptees. I have powerful
- 8 | emotions that scare me, overwhelm me, and confront me when
- 9 I least expect it, but I can't put them into words. How do
- I ask for help when the words aren't there?
- The feelings that we have most of all is grief.
- 12 The easiest way to relate to it is grief. It's grief over
- 13 the loss of our mother because there is a memory of that
- 14 loss. And I'll talk about that in a little while.
- 15 How the disconnection is created, as adults, most
- of our memories are stored, retrieved, and expressed using
- 17 language. They're explicit memories, pictures and words,
- 18 very clear. In order for memories to be encoded during
- infancy to be verbally expressed, we would need to
- 20 translate out preverbal representations into language at
- 21 some point during development. Infant memories are not
- 22 stored as words but may be encoded in the mind as affective
- 23 schemas.
- What's being said here is that an infant one or
- 25 two days old can make memory, and since the primary task of

an infant is to learn, you can't learn without memory. And it is evidence-based, infants do record memory. What kind of memory is it? That's the question. Since infants have no cognitive ability, only emotional ability, their memories, our memories, adoptee memories are coded as emotions, as feelings.

2.2

We also call it preverbal memory because we can't speak. These studies have also shown that it is difficult if not impossible for children to map their new language skills onto their existing nonverbal memory representations. Children fail to translate their preverbal memories into language. Adoptees can't express their feelings in words. How then can they ask for help or understand what they are feeling?

When we reach the age of six and seven, the brain develops and we start to examine ourselves and we start to look at these feelings. They may be triggered by the loss of a pet, by literally anything, and that feeling is intense grief that starts to come to the surface. But that grief is located in our limbic system. The ability to think and speak explicitly, that's in our neocortex. We have brain systems that don't speak the same language and don't easily connect with one another. That's where this disconnection comes from.

The sense of grief is immense. I can't stress

this enough. Think of a loved one that you've lost; multiply that times 100. That's what we feel. We've lost the first intimate relationship in our life. We have a memory of it. It's coded as grief, intense grief, but here I am seven years old. I can't say I feel grief; help me. There's no funeral for us because no one would even believe us. There's no validation for what we feel so we tend to act out and misbehave, end up in the psychotherapist's office or in my office. I don't understand him. He's angry. He has memories he can't explain.

Adoptees have emotional memories that can be unexpectedly triggered, profoundly powerful, can be very uncomfortable, and they cannot identify them with words or know what they are. The struggle to understand these memories can lead to behavioral concerns or dissociative response, repression, push it down, push it away, but it keeps coming back. This is one of the things that drives us to search. We want to resolve the feelings.

When you have a loss and feel grief, you go to a funeral, go through a grief process, and resolve the grief. We don't have that. Adoptees have emotional memories that could be unexpectedly triggered, profoundly powerful, and very uncomfortable. We cannot identify them with words and know what they are.

Any questions at this point, anything unclear?

1 REPRESENTATIVE LAWRENCE: I just want to cut in 2 for just a moment. We want to move along here with the 3 hearing---MR. HAFETZ: Okay. 4 5 REPRESENTATIVE LAWRENCE: ---so I think we're 6 going to hold guestions until---7 MR. HAFETZ: Okav. REPRESENTATIVE LAWRENCE: ---we've heard from 8 9 everyone. And also you're kind of over your 10 minutes. 10 MR. HAFETZ: I'm sorry. 11 REPRESENTATIVE LAWRENCE: We're not strictly 12 enforcing these kind of things but just if you could kind of bring things to a close---13 14 MR. HAFETZ: I'll move quickly. 15 REPRESENTATIVE LAWRENCE: ---we could move on to 16 the next couple folks. 17 MR. HAFETZ: I'll move very quickly. And what I'll do is I'll just close with I have a case analysis that 18 19 illustrates my point. 20 Last year, a 74-year-old adoptee came into my office in a state of despair. It was crippling despair. 21 2.2 He was tearful. He couldn't speak. His wife had to literally speak for him. He was diagnosed with major 23 24 depression but none of the therapies or medication worked 25 because his diagnosis wasn't right. He wasn't depressed.

- 1 He was dealing with the grief over the loss of his mother.
- 2 He was adopted on the third day of life. He didn't
- discover he was adopted until he was 12.
- What I did for him was explained to him how he
- 5 has memories of his mother, search for his mother, and
- 6 then, well, she was 104 so she was deceased, so we found a
- 7 grave. And what I did was I brought him to her grave site
- 8 so he could find resolution and closure. And his
- 9 depressive symptoms ended. And this was all based on
- 10 implicit memories of loss because he was taken on the third
- 11 day after he was born and literally it was destroying him.
- 12 It was eating him up.
- All of us don't experience it to that intensity
- but it does tend to increase with age and it compels us to
- 15 search. We need to search. It is an extremely important
- 16 thing.
- 17 Thank you very much.
- 18 REPRESENTATIVE LAWRENCE: Thank you, Mr. Hafetz,
- 19 for your testimony. It was certainly very interesting.
- Next, we're going to hear from Carolyn.
- 21 MS. HOARD: Representative Lawrence, members of
- 22 the Committee, my name is Carolyn Hoard. I was born in
- Delaware County and currently live in Chester County. I've
- been a member of the American Adoption Congress since 1998,
- one of its past presidents, and currently a member of its

Legislation Committee.

2.2

I am the mother of five sons and daughters, only one of whom does not have his original birth certificate because I am a mother who placed my son for adoption in 1964. Despite the fact that I shamed my family by having a child out of wedlock, moved a thousand miles away so neighbors wouldn't learn about my pregnancy, and gave away my own child, I have my original birth certificate from Harrisburg.

My son, who did not choose to be born or choose to be given away, who did nothing wrong other than to be born to an unwed mother, is treated differently than his siblings. Of my five children, he is the only one who does not have a copy of his original birth certificate simply because he was adopted. My son was born in Florida, another sealed-records State. But had he been born in Pennsylvania, the result would have been the same; he would have been denied access to his own birth certificate.

My son passed away at the age of 37 without ever having received his birth certificate. Pennsylvania-born adoptees pass away day in and day out without ever seeing their original birth certificate.

Opponents of this bill will tell you that birth parents were promised confidentiality when they signed the relinquishment papers. This is not true. There is nothing

in the relinquishment papers signed by mothers that promised us confidentiality from our own sons and daughters.

A few years ago the attorney for the American Adoption Congress contacted the National Council for Adoption and requested copies of any relinquishment papers signed by birth mothers that promised confidentiality.

None were produced. I challenge anyone here today who opposes this bill to produce one document wherein a birth mother was promised confidentiality in writing. It simply does not exist.

On the contrary, most papers take away from the birth parent any right to the child. Now, when that child is grown, opponents seek to bestow on us rights we never had or asked for. In addition, court decisions in Tennessee and Oregon have confirmed that there was never an absolute guarantee of birth parent confidentiality in any adoption. "To the extent that adoption professionals might have verbally made such statements, courts have found that they were contrary to State law and cannot be considered legally binding."

Until 1984, adult adoptees born in Pennsylvania were treated fairly and exactly the same as every other PA-born person. They were permitted to apply for and receive their original birth certificate. In 1978, the Office of

the Pennsylvania Attorney General issued an Official

Opinion stating that the "Division of Vital Statistics...is

mandated by law to continue making certified copies of

their original birth certificates available to adoptees who

have attained majority and are not incompetent."

However, after years of trying, a Pennsylvania legislator finally convinced the General Assembly in 1984 that pregnant women would opt to have an abortion if they thought their son or daughter could search for them 21 years later. His argument has been proven to be untrue in the States that have allowed access. In Oregon, where adoptees have had access since 2000, abortions have declined 24.6 percent. The law also changed in Alabama in 2000 and abortions dropped 9.6 percent.

Two States, Kansas and Alaska, have never sealed adoption records. In the last 10 years, four States -Oregon, Alabama, New Hampshire and Maine -- have updated their laws to allow unrestricted access to the original birth certificate. In this 10-year period, over 20,000 adult adoptees have received their original birth certificates. Delaware changed its law in 1999 and 841 adoptees have their birth certificates. Illinois changed its law in 2010 and over 8,000 adoptees have received their birth certificate. The Rhode Island law took effect just one year ago, and in that one year, 759 adoptees have

received their original birth certificate.

2.2

Adopted persons are the only individuals in the United States who, as a class, are not permitted to routinely obtain their original birth certificates. The adopted person's need to receive their original birth certificate does not reflect negatively on their adoptive family; it is simply a desire to know who they were at birth, what nationality they really are, what name they received at birth. It is a basic human need and one which the Commonwealth of Pennsylvania has denied them since 1985. At least two Members of this body are treated differently from other members of the House simply because they are adopted.

The original birth certificate is considered a legal document, a factual snapshot of the beginning of the person's history. It belongs to the adopted person. As a birth parent who placed a son for adoption, I support HB 162 and I urge you to do the same.

Thank you.

REPRESENTATIVE LAWRENCE: Thank you, Carolyn, for that very compelling testimony. Thank you.

Our next testifier is Amanda Woolston.

MS. TRANSUE-WOOLSTON: Chairman Lawrence,
Chairwoman Bishop, esteemed members of the Children and
Youth Committee, and all present here at this hearing, good

morning. My name is Amanda Woolston. I have a bachelor's degree in social work and I am a candidate for a master's of social services at Bryn Mawr College. Actually, my cohort has joined me here today representing some of the best and brightest minds in our Nation's graduate social work classroom. So I thank them for coming and observing.

So I was adopted as an infant through the largest adoption agency in the United States and also spent some time in foster care before being placed with my wonderful parents. I am an author and speaker on adoption issues.

By the close of 2013, my work on adoption will have been published in six books.

I am here to testify in favor of HB 162. HB 162 will restore the right of adoptees who were born in Pennsylvania to access their original birth certificate, that's the birth certificates that they were born with, the same way that everyone else enjoys. And because I was not born in Pennsylvania, I do have access to my original birth certificate and the sky has not fallen in. And I am here today because I believe that adoptees born in this State deserve the same thing.

And I first wanted to quickly address the idea that adoptees should not access their original birth certificates because of privacy in healthcare. It's not a common objection to this type of legislation but you will

hear it. So I brought with me today three Pennsylvania original birth certificates. These belong to my husband and to my sons. They have access to these because they are not adopted. My private health information is not on these documents or else I would not be waving them around in front of you. And if this was a privacy and healthcare issue, my sons and husband would not have these, adopted or not. And my sons will certainly never have to ask my permission to have access to them, so all I am asking for is for everyone who was adopted in Pennsylvania to have what my sons and husband has and what everyone else was not adopted enjoys.

For me, it's not about search. Pennsylvania already has a search and reunion registry. This Bill is about what's fair.

By treating adoptees differently, we send the message that we think that there's something inherently wrong with being adopted. Adoptees, as a group, have been proven by research to be resilient and successful people. But when the default status of an adult adoptee's original birth certificate is to be hidden from their view unless a parent says that they can have it, we tell that adopted person and their adoptive parents and their birth parents that they all have something that they need to be ashamed of.

I'm here today to tell you that I am not ashamed of being adopted and I am waiting for this law to catch up to the positive way in which I view myself and my families.

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So we need to include in this discussion an accurate picture of what the adoptee population is. majority of adoptees in the United States are stepparent adoptees. These individuals are raised by at least one biological parent. Statistically, that would be their birth mother. The next largest portion of adoptees are foster care adoptees. In Pennsylvania, the majority of foster care adoptees are adopted by either their birth relatives or by their foster parents. And these are individuals who already know the adoptees' history. Also, these adoptees likely already have copies of their original birth certificate and that's because our birth certificates are not sealed at birth or even at the termination of parental rights. They are sealed when we are adopted, and that could be months or years and years and years and years after our births.

The problem with the law is even if you already have a copy, if you ever lose it and you need it to get your passport or driver's license or any other sort of documentation, you can't go get it again. So that's even an issue for these adoptees who are already likely to have these records.

So when we talk about this issue, we tend to focus on the stereotypes of private domestic infant adoption, and we need to be mindful that even if you're adopted as an infant through private adoption, it doesn't mean you don't already know who your birth parents are.

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So in reality we can't discuss this issue with the idea that the stereotypes of private domestic infant adoption are what adoption is because it's not accurate and it's not fair. Adoptees are diverse and adoption involves a lot of adoptees who already know who their birth parents are. This discussion can't be about whether or not it's okay to keep adoptees in the dark. It's about treating adult adoptees the same way we treat everyone else.

And I have observed this House of Representatives carefully consider regulatory policies so as not to infringe upon the freedoms of its citizens. The current state of this law does not reflect Pennsylvania's values in this regard. What Pennsylvania is doing to adoptee birth certificate is regulating them. It is placing unnecessary barriers to this document that are not faced by anyone else. And for what? The reason we implement regulatory legislation is for the protection of the public. What are we protecting the public from? From adoptees?

The current state of law exists as it does because the 1985 bill sponsor, as Carolyn said, believed

that creating heavy barriers to accessing adoptee original birth certificates would lower abortion rates. This was not empirically supported then, and it's not supported now. This legislation does not increase abortion rates and it does not cause a drop in adoption rates.

In the House Journal discussion of the 1985 law change to the registry systems, you will find over and over again mentions of adoptees don't need access and adoptees don't really deserve access. How did this honor our Commonwealth's adopted youth and adults? How did it tell them that they are valuable? I ask you to reflect on this.

As I said, the current state of law was implemented for the very specific reason of lowering abortion rates, and we know now that this just doesn't make sense and we've known this for some time. Yet, why did we not immediately reverse the law back to the way it once was once we knew these things? Very simply, we did not follow up. And every year that goes by that we fail to follow up and fix this law is another year that we send the message that it's just not important enough. We cannot send these negative messages any longer.

And this is why I'm so grateful that we're having this hearing today. With this hearing, you are following up. You are sending the message to adopted people in Pennsylvania and to their families that they matter to you

1 and to this State.

Today, we are following up. Now, let's follow through. I urge you to support HB 162 and recommend it to the House for a vote today.

Thank you for your time.

REPRESENTATIVE LAWRENCE: Thank you, Amanda.

Thank you very much. Your passion is evident. Thank you.

Our next testifier is Dr. Mary O'Leary Wiley.

You have the floor.

DR. O'LEARY WILEY: Thank you. I was going to use PowerPoint but the nature of the hearing is such that I'm going to skip that.

Chairman Lawrence, Chairperson Bishop, and all members of the House Committee on Children and Youth, my name is Mary O'Leary Wiley and I am from Altoona,

Pennsylvania, where I practice full-time as a licensed psychologist in my hometown. As a matter of background, I attended Villanova University for two years, graduated from Penn State in psychology, and did my master's and doctoral work at the University of Maryland in counseling psychology.

I am Co-Chair of the Special Interest Group on

Adoption Research and Practice within the American

Psychological Association, a group I cofounded in 2005.

It's the only voice related to adoption within the American

Psychological Association.

I, along with my colleague Amanda Baden, who happens to be a Harrisburg native, and others, have published several integrative reviews of the research literature in APA journals on counseling people whose lives are touched by adoption, including adoptees, original families, and adoptive families. I cofounded the Center for Adoption Education of Central Pennsylvania, a group that serves as a resource to Central Pennsylvanians whose lives are touched by adoption. I've done keynotes at several national conferences including Resolve, the Barker Foundation, and the American Adoption Congress, most typically on growing up adopted. This is my first foray into the legal venue.

In my practice, I have provided psychological services to hundreds of clients whose lives are touched by adoption. That's my professional background related to adoption and there's more on my website of other things that I've done, which is on the testimony.

As a matter of personal background, I was adopted by my parents, James and Patricia O'Leary, at six months of age. I happened to be born in Minnesota. My dad at the time was a surgical resident at the Mayo Clinic. We moved home to Altoona when I was a year old so he could practice surgery in his hometown, which he did until his death in

1982. My mom died only four years ago and I am blessed to have been able to spend time with her daily since I live only a few blocks away from her.

My parents were both supporters of adoptee rights and they would be very proud that I have the opportunity to be here today. In fact, whenever I was about six years old, we were on television. From anybody who's near Altoona, we were on the Big John Riley Show as an adoptive family. And at the time people were slightly scandalized because it was supposed to be a secret that people are adopted. So they were pretty avant-garde in their approach to being non-shameful about adoption. I am deeply honored to have the opportunity today to speak on a topic that's so near to my heart.

I am the oldest of the three adopted O'Leary children. My brother Denis, who is two years younger than I am, was adopted at 10 days of age and came to us straight from Mercy Hospital in Altoona. My brother John, who's three years younger than I am, was adopted at two years of age, and I clearly remember picking him up from the orphanage in Cresson. I was five at the time. After John had walked across a big room in a blazer and a tie to where my mom, dad, my brother and I were sitting on a sofa, the Sister said to him, Anthony, your name will now be John, and this is your new family. He started to cry and I quess

I was empathic early. I started to cry and even then I knew something was very wrong in erasing a child's history and a child's identity. As we were growing up, John always asked me to tell that story over and over and over, and I realize now that it was his only tie to the first two years of his life.

My brother is still the closest person in the world to me, along with my husband and three kids, and it's on behalf of my family that I became a psychologist whose practice and research focuses on adoption.

It is well known in adoption circles that somehow it seems that adopted children never grow up. We're sort of the Peter Pans of society. We are treated as children for the rest of our lives. Our adoption as children defines us. The law treats us as children. I am 59 years old and I am testifying today in front of the Committee on Children and Youth about a law that has an effect on my adult clients and my adult brothers, who were born in Pennsylvania. In psychodynamic jargon, this is referred to as infantalization: the treating of adults like infants.

Knowing the truth about oneself, as everyone has said, is part of healthy emotional development for all people. Recently, I had a client who was seeking information about herself from Catholic Charities, the agency she had been adopted through. Now, I have been on

the Board of Catholic Charities for the Diocese of Altoona-Johnstown for the last 12 years, I was Chair for 6 years, and their Executive Director, Jean Johnstone, is a close colleague and friend of mine. She came to my office and was nervous about telling my client the circumstances of her birth, which were quite challenging. I understand this. But I assured Jean that no matter what the truth is, it is far better than the millions of other scenarios that run through adoptees' minds. My client was incredibly grateful for this information and so appreciative for information, any information, about herself.

Adoption is a lifelong process. Lack of knowledge about oneself affects people differently at different stages of their lives. When I was young I wanted to know who I looked like. When I was a teen I wanted to know medical information. When I was a bit older I wanted information to help my children.

At this stage of my life, I am most concerned about the principles upon which adoption is based. I would like adoption and all the structures within our Commonwealth to be based on principles of which we can be proud, principles such as honesty and integrity, principles such as care for the well-being of all the citizens in our Commonwealth, principles such as positive attitudes toward adoption and all those whose lives are touched by adoption.

And most of all, I would like our principles about adoption to never, ever be based on shame.

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I'm afraid that our current legal structure around adoption is not fully based on these principles. Adoptees, as you have heard, are the only class of people to be denied information about themselves by the Commonwealth of Pennsylvania. They are denied their original birth certificate. If they are under the age of 18, their parents are denied their original birth certificate. Original birth certificates are denied to adoptees from stepparent and older children public adoptions.

HB 162 would change this. HB 162 would help adoptive families to have accurate information to help their children. It would help adult adoptees to have accurate information about themselves, and it would allow positive principles to serve as the foundation of our adoption laws.

I am asking each of you to recommend HB 162 to the House of Representatives for a vote. I believe it's the right thing to do. Every person born in Pennsylvania should have the right of access to information about themselves without government intrusion, even adoptees.

Thank you so much for the opportunity to speak with you today.

REPRESENTATIVE LAWRENCE: Thank you, Dr. O'Leary Wiley. I appreciate your testimony.

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With that, we are going to open it up for questions. And I'd like to take the opportunity to ask the first question if I could. And anybody can chime in, so feel free.

The testimony that we heard today was that the law in Pennsylvania was changed in 1984, and prior to that, the law related and spoke to the issue. And 1984 certainly is a little bit ago but it's not 1940, so my question is it seems from the testimony that's been presented today that a number of other States have passed laws that provide additional access for adoptees' birth certificates in the recent years. I guess my question is have there been any States that have gone in the opposite direction? Was Pennsylvania the last one to pass a law like this in 1984 or have there been others more recently that have kind of gone in the other direction?

MS. HOARD: Alabama, which changed its law in 2000, had sealed records probably just 10 or 15 years, maybe 20 years earlier than that. So Alabama was probably the latest State to close its records but it has then in 2000 opened them again.

REPRESENTATIVE LAWRENCE: Okay. Thank you. Chairman Bishop?

MINORITY CHAIRWOMAN BISHOP: Thank you very much.

Medically, we have come a long way and I want to make sure I understand this correctly. Are you saying that we cannot look at a child's medical records to find out if there are any kind of diseases that has possibly affected them and they don't know where they come from or what they might be?

MS. TRANSUE-WOOLSTON: For this piece of legislation specifically, it's just the original birth certificate. So accessing the original birth certificate is probably not going to give you much health information, only if you're able to look at genealogy and maybe see what your ancestors had passed away from from obituaries. There is a medical history registry the Pennsylvania has, and I do think that that could be improved to increase the flow of information. But through this Bill specifically, it would basically be genealogy where would we be getting our information.

For me, when I was adopted, I did not come with any medical records whatsoever other than maybe some of my infant vaccinations. And so I had to wait until I was 24 years old before I found anything out.

MINORITY CHAIRWOMAN BISHOP: Thank you.

MR. HAFETZ: I'd like to answer your question also.

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MINORITY CHAIRWOMAN BISHOP: Yes.

2.2

MR. HAFETZ: Most medical problems arise later in life. I had no medical records all my life. My mother died of heart disease at 43 and my brother, who also unknown to me until later in life, died at 41 of heart disease. I have this same heart disease. It doesn't respond to traditional therapies. I don't even know why I'm here. But if I had known early, it would have been very important. It's just by the luck of the draw.

But the records at the time of the adoption are going to be inadequate because everybody is young and we don't see things surface until 10, 20, 30, 40 years later.

MINORITY CHAIRWOMAN BISHOP: Thank you.

DR. O'LEARY WILEY: My experience with medical records is it varies a good bit depending on the agency that does the adoption. Each State's Department of Children and Youth decides what medical records to pass through. In the case of infant adoption, it depends on the agency. Nevertheless, HB 162 doesn't really address that issue. And as Amanda has said, that's already covered through a medical registry.

MINORITY CHAIRWOMAN BISHOP: Okay. Thank you.

REPRESENTATIVE LAWRENCE: I'd like to recognize

Chairman Benninghoff.

REPRESENTATIVE BENNINGHOFF: Thank you. By no

means do I consider myself an expert, but one thing I would say, while we specifically don't address these specific issues in 162, what it does do if you have access to information, knowing who your parents are, there are voluntary abilities for those people to provide you medical history.

As somebody who worked in a hospital, many times also served as county coroner, one of the things that we see very consistent is the importance of medical histories for treating current illnesses, symptoms, and diseases. So I think, if nothing else, it becomes an opportunity or a gateway to have people have access to that information through future research.

Thank you, Mr. Chairman.

REPRESENTATIVE LAWRENCE: All right.

Representative Bloom.

REPRESENTATIVE BLOOM: Thank you, Mr. Chairman.

And I do want to thank all the witnesses who testified this morning. It's been very compelling testimony, very helpful, and also to Chairman Benninghoff for sponsoring the bill and for sharing your story.

I'm supporting the Bill. I have constituents in my district for whom this is a very important issue, and I'm very supportive. I just did have one question of, I quess, follow-up for Professor Hafetz.

1 And there was something said in your presentation that bothered me a little bit here and I just wanted to 2 3 give you an opportunity to perhaps clarify that a little 4 bit for the record for anyone who's watching this hearing. 5 You showed the slide of the mother with the child and you 6 seemed to indicate that there was only one individual in 7 that picture, and I just want to make sure you didn't mean to imply that from a moral or a legal perspective that that 8 9 child is not a wholly distinct human individual in that 10 photograph of the mother and the baby? 11 MR. HAFETZ: No. I was referring to the theory 12 of individuation which was put forth by Margaret Mahler. 13 And what we found in testing infants, and you can show an 14 infant its reflection in a mirror and it has a cookie and 15 it will reach for the infant's in the mirror cookie because 16 it doesn't realize it's itself. Individuation is self-17 awareness. 18 REPRESENTATIVE BLOOM: So it's an awareness 19 issue, not a moral or legal---20 MR. HAFETZ: Correct, a psychological issue 21 purely, yes. 22 REPRESENTATIVE BLOOM: Okay. Thank you very 23 much, Professor.

25 REPRESENTATIVE BLOOM: Thank you, Mr. Chairman.

Sure.

MR. HAFETZ:

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REPRESENTATIVE LAWRENCE: Representative Kinsey.

2 REPRESENTATIVE KINSEY: Thank you, Mr. Chairman.

I also want to thank Chairman Benninghoff for sponsoring this legislation. I, too, look forward to supporting this legislation. And I want to thank the testifiers for coming here today and sharing the information, compelling information, which was, as I talked with some of my colleagues sitting beside me. I mean we were just sitting in awe listening to your testimony so I want to thank each and every one of you for coming here this morning.

I just have two questions, Mr. Chairman, if I may. The first question, and I can direct this towards

Ms. Carolyn Hoard or any member of the panel, approximately how many folks in the Commonwealth of Pennsylvania are impacted by this current law? Do you have an estimation of roughly how many folks?

MS. HOARD: I don't have an estimation of that.

I don't know whether Amanda or Mary would have that. I
know that I worked in Delaware a few years and we worked to
change the law down there and we did get a number of
adoptions in Delaware but they didn't even differentiate
between stepparent and foster parent and infant adoptions.

So I would assume if we contacted the division of vital
records, they could tell us how many sealed records they

1 have---2 REPRESENTATIVE KINSEY: Okay. MS. HOARD: ---but they wouldn't be able to break 3 4 it down for us. 5 REPRESENTATIVE KINSEY: Okay. In regards to 6 stepparent or foster and so forth? 7 MS. HOARD: Correct. 8 REPRESENTATIVE KINSEY: Okay. Great. Thank you. 9 My next question, Mr. Chairman, is towards 10 Professor Hafetz. Your slide was very interesting and 11 actually it shared a lot of information, and it spun a 12 different thought process within me. I think it was on 13 page 4 or maybe not page 4 but when you actually talked 14 about baseline emotions and you talked about anger, shame, 15 isolation. And I have a two-part question. Does guilt 16 play a part in this also? Again, I've not really had 17 experience working with adoption agencies or with things of that nature, but when you were naming some of the baseline 18 19 emotions, I started thinking about quilt. Does quilt play 20 a part? Like do you find---21 MR. HAFETZ: Guilt and shame sometimes are very 2.2 close but they're not the same. 23 REPRESENTATIVE KINSEY: Okay. 24 MR. HAFETZ: What happens, children, before the age of five, we tend to think of them -- they're normally 25

egocentric. Everything that happens happens to them, for them, because of them. It's their fault. So adoptees commonly will take on the belief that I wasn't good enough. That's why my mother gave me up. That creates shame, that sense of shame. I'm the problem. My existence is the problem, not what I do, which is guilt. It's normal egocentric thinking. So you'll find adoptees who have this feeling I'm not worthy. My mother wouldn't keep me. Or they may develop, well, I'll be perfect in my adoptive family and she'll take me back. They become perfectionists, too.

REPRESENTATIVE KINSEY: So let's say when you have the whole family that's adopted -- I know that Chairman Benninghoff shared his story -- and so when you have maybe other siblings and you all go to the same family, is there a support built in amongst the siblings because of the fact that they're all being adopted by the same family or is that still like individualized where they---

MR. HAFETZ: It's individualized.

REPRESENTATIVE KINSEY: It still is? Okay.

MR. HAFETZ: Adoptees do tend to bond, which is really interesting because those of us who are attachment-compromised trust each other and almost bond instantly with each other.

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                 REPRESENTATIVE KINSEY: Okay.
                MR. HAFETZ: But family dynamics are so
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       different. You could have two adoptees that don't speak to
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       each other. So it's impossible to generalize from that.
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      But the loss at a preverbal period creates a lot of
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       different emotions.
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                 I'll give you a non-adoptive example. One of my
       clients was three years old riding on the back of her bike
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      with her father and he died of a heart attack. She felt
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      it's her fault and she's 50 and she still thinks it's my
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       fault. And that's shame. That's not guilt.
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                 REPRESENTATIVE KINSEY: Okay. Sure.
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                MR. HAFETZ: It's a different process. It's very
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       serious.
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                 REPRESENTATIVE KINSEY: Right.
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                MR. HAFETZ: Sometimes it's subtle; sometimes
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       it's not there, or it's varying degrees in intensity.
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                 REPRESENTATIVE KINSEY: Great.
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                MR. HAFETZ: Yes.
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                 REPRESENTATIVE KINSEY: Well, thank you. Thank
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       you very much.
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                 Thank you, Mr. Chairman.
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                 REPRESENTATIVE LAWRENCE: Thank you.
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       Representative Tallman?
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                 REPRESENTATIVE TALLMAN:
                                          Thank you, Mr. Chairman.
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1 And I've got two questions. And Chairman Benninghoff, his piece of legislation is addressing a very poignant issue. 2 3 And so my first question is going to be to the professor and Dr. Wiley. On cognitive emotional disconnect---4 5 MR. HAFETZ: Yes. 6 REPRESENTATIVE TALLMAN: ---I'm very familiar 7 with the foster system here in Pennsylvania. My church is kind of big into that. We have a thing called RAD, which 8 9 is relational associative disorder. Do you say that this 10 cognitive emotional disconnect is the same as? 11 MR. HAFETZ: Just for the record, I have a master's degree. I'm immensely flattered to be addressed 12 13 as professor. I mean, believe me, it's a wonderful 14 feeling. I come from a family of professors but I never 15 felt good enough that I would ever make it because I was 16 adopted. So I am validated now beyond -- you have healed 17 me beyond comprehension. 18 REPRESENTATIVE TALLMAN: Is that right? MR. HAFETZ: RAD, you mean reactive attachment 19 20 disorder? 21 REPRESENTATIVE TALLMAN: Yes. 22 MR. HAFETZ: Okay. I call it compromised 23 attachment because reactive attachment disorder puts us in

the area of pathology and we're saying an adoptee is now

mentally ill. That is a very extreme form of behavior.

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The diagnosis RAD in the DSM-IV is really a poor diagnosis because the research is way ahead of it. It's very ambiguous.

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One of the reasons we diagnose is to get insurance companies to pay claims, not because that's what's really wrong with the child. And by diagnosing the child with attachment disorder, we are negating the inability of the adoptive family, maybe they don't know how to attach to this child and the fault is in the family system. We are actually scapegoating the child.

So I'm very dubious of RAD diagnosis, fetal alcohol syndrome unless the symptoms are profound. I don't think children should be diagnosed anyway before the age of 15 because they carry that label with them. And once they think there's something wrong with them, they can play into that. So I treat it with suspicion when I do see that diagnosis and rule it in or out. I think it's the rare cases that would fall into that category.

We are attachment-compromised because the first attachment in our lives resulted in us being abandoned, so we expect that in future attachments. We anticipate that. And I've seen this and adoptees in intimate relationships in their 40s and 50s.

REPRESENTATIVE TALLMAN: Interesting. I would just make a comment. Our Children and Youth folks, it's a

spectrum of RAD. It's not just one. It's a broad spectrum.

MR. HAFETZ: Yes.

REPRESENTATIVE TALLMAN: And secondly, by the way, I found your testimony very, very interesting because---

MR. HAFETZ: Thank you.

REPRESENTATIVE TALLMAN: ---I would not have known at birth or one or two days I would've had some of these issues. So I'm just going to ask this question. So if I'm premature, seven months, are those same issues there? If I'm seven months and I'm adopted at birth, do I have the same issues?

MR. HAFETZ: This is just my opinion that the process that I'm talking about, that exists to a greater or lesser extent like a normal distribution. For most of us it's right in the middle. For the outliers it's hardly at all. For others it's extreme. To a greater and lesser extent there's this process. So, yes, I think it's there in all of us that are separated, but it may be significant. It may be insignificant.

What's important is that the overwhelming number of us do adapt and live happy, healthy lives. That doesn't mean we still don't have something to resolve or feelings of memory. I think it's a process. And if you search for

it and I usually do -- in my clients you can usually uncover that this disconnection is at work at some point and you can address it. But in no way do I view this in the context of pathology. So someone who's trained in a medical context looks at everything in the context of pathology and disorder. I'm trained in positive psychology so I look at strengths and what can I do to strengthen this child, not alleviate the symptoms. It's my view.

REPRESENTATIVE TALLMAN: Thank you. Now, I'm going to ask Carolyn a question.

MR. HAFETZ: Okay.

REPRESENTATIVE TALLMAN: Just real quick, I'm going to ask you as a parent who gave up. By the way, we've had a general decline in abortion so I'm just wondering, the three of you said that, did we filter out that national trend with the data that's here? That's not my question. My question is you as a mother gave up a child and that had to be emotionally trying at that point of time.

And then we see on TV, and I'm trying to think, but where people have some kind of program, you know, whatever, Donahue or whatever's out there now, the child will -- and they're typically older, you know, 20s or 30s, will meet their birth mother and it's usually a very positive, joyous reunion. And that's typical, but we have

seen at least two times where that wasn't. That did not occur. So I guess my question is what about that situation? And I'm asking you as a mother. What do you think is going on there? I'm not sure myself.

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MS. HOARD: Well, I think both parties have to be ready. For instance, with my son, when I first contacted Catholic Charities because I wanted to see if they could give me some information, they told me that he had been in touch with the agency a few years earlier and he had tried to find me but that there was no information available to him. So then they gave me some information and with the help of a private investigator I was able to contact him. At that point in his life, he did not want to have any contact with me, and so I had to respect that, that he wasn't at that point where it would have been good to have a reunion with me. And I didn't know that he had been seeking a reunion three or four years earlier than that. So I think each party has to respect the other party and what they're ready for at that particular time in their lives.

REPRESENTATIVE TALLMAN: Thank you.

REPRESENTATIVE LAWRENCE: Representative Miller.

REPRESENTATIVE MILLER: Thank you, Mr. Chairman.

I apologize for not, perhaps, knowing the exact protocol. I was wondering, though, if the good Chairman

1 Benninghoff would take a question of clarity.

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2 REPRESENTATIVE BENNINGHOFF: If that's the will of the Committee, I have no problem. That'd be fine.

REPRESENTATIVE LAWRENCE: You agree to stand for interrogation?

REPRESENTATIVE BENNINGHOFF: As tall as I can stand.

REPRESENTATIVE LAWRENCE: The gentleman is in order.

REPRESENTATIVE MILLER: Thank you, Mr. Chairman.

Mr. Chairman, part of my research coming in before, and I took a look through some related adoption resources in the State, and then when I heard the testimony today, I seemed to pick up two different strains here. And perhaps you might be able to assist me. I thought that I was hearing from two of our presenters today that they were talking specifically about allowing for the original birth certificate upon the age of majority, I think was one testimony, or as an adult was a word another testifier used. And then I seemed to hear a third testifier seem to be saying at any time, meaning under the age of majority. And when I looked at the language presented here, I wasn't sure if I was understanding your intent of what you were looking to do in relation to that question of age of majority or not.

REPRESENTATIVE BENNINGHOFF: Great question. I appreciate the opportunity for clarification. Basically, we're adding Section D to the current law back in 1953, which at that time requires that this be done at the age of 18 years or older, and we would continue that practice here in the State of Pennsylvania as an adult.

REPRESENTATIVE MILLER: Thank you for the clarification on that.

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I wondered one final question, Mr. Chairman, if you would, I know that you made reference to the voluntary sharing of medical information. I wonder, sir, given your experience and your involvement with the issue, is there any step along the way to perhaps go through a path that would take away the voluntariness of that aspect? It would seem that the medical information should be something or some may look for it to be something that would accompany every child.

REPRESENTATIVE BENNINGHOFF: Someone might think that I put you up to that question. It's ironic that you ask that but when I first came to the legislature back in 1997, that was an issue of great interest to me. The State of Pennsylvania had actually just upgraded some of their laws in '95 to include some of that voluntary information. And the reality is is there was a lot of pride of authorship of the gentleman who did that in the previous

session and so I kind of acquiesced to not come in and try to change a Bill he just did.

There was a lot of fear for some people to do that. No one necessarily likes mandating but I think our society has grown and progressed in a lot of ways and I think we've seen the significance and the importance of trying to provide additional information. What I would answer your question directly and say is I think that is another great goal that we should work towards. I would like to not necessarily do it within 162.

I think the people who would like to have access to their original birth certificate have waited too long and I would like to do that, but I would be more than glad to work with you in conjunction with that because I think there's objective ways that we can do that still protecting people's privacies.

But I'm a big believer, especially as a former healthcare worker, that if you can provide two, three generations of information to people about their medical history, you can do that without necessarily identifying names and things as we discharge children from a hospital with that parent or as an adoptee. Here, in addition to this, you know, your maternal mother had this issue, your grandfather had this. And again, as somebody with five children, three of which has had medical problems, that

information would have been tremendously helpful.

2.2

And I will close with I have always felt in some ways inept as their father because I can't provide that information to them, that somehow I have shortchanged them. And I've always had emotional turmoil within myself when physicians are asking these questions that I can't answer. I'm the reason why I can't answer that. But as some of the great testifiers said, that's not necessarily by my choice.

REPRESENTATIVE MILLER: I thank the kind Chairman for the answers. I would just note that if the Chairman finds the time to take the lead on that issue, I'm sure that we'll find many good sponsors looking to jump on in the sense that I would think that we have to perhaps find — there are many children right now who are just starting that process and maybe we should address that sooner rather than later. But thank you very much for the time.

REPRESENTATIVE BENNINGHOFF: Thank you for your input and your support.

 $\label{eq:REPRESENTATIVE LAWRENCE: Representative} \\ Brownlee.$

MINORITY VICE CHAIRWOMAN BROWNLEE: I thank you,
Mr. Chairman.

I've been listening to the testimony and there's some very compelling testimony. And I fully expect to support this bill because I think that everyone wants to

know who they are and where they come from.

But I have a question and I'm hoping that somebody on the panel or possibly Chairman Benninghoff could answer because around here there's always two sides to the coin, okay. And what I'm going to ask is can anyone here tell me what the argument would be against this Bill?

MS. HOARD: Well, I can tell you from other

States that the primary argument is going to be that birth
mothers were promised confidentiality. And I can also tell
you as someone who has her papers that I signed at the time
of relinquishment and we also have papers that two other
birth mothers signed at the time of relinquishment, there
is nothing in those papers that promises confidentiality.
But the argument will be that there was an implied promise
of confidentiality, but an implied promise is not a written
promise of confidentiality. So that is one of the primary
arguments that we will get.

MR. HAFETZ: I want to read an excerpt from the Oregon Court of Appeals. After Oregon unsealed its records, they were sued, and the issue was exactly the one that you brought up. And this has gone to the Supreme Court and Sandra Day O'Connor refused to hear an appeal on it. "Neither a birth nor an adoption may be carried out in the absolute cloak of secrecy that may surround a contraception or the early termination of a pregnancy. A

birth is an event that requires the generation of an accurate vital record that preserves certain data, including the name of the birth mother. That the State has a legitimate interest in preserving such data is not disputed. We recognize that a birth mother may well have a legitimate interest in keeping secret the circumstances of a birth that is followed by an adoption and also that an adoptee may have a legitimate interest in discovering the identity of his or her birth mother.

Legitimate interests, however, do not necessarily equate with fundamental rights. The State may make policy choices to accommodate such competing interests just as the State has done with the passage of Measure 58," the Oregon passage. "We conclude that the State legitimately may choose to disseminate such data to the child whose birth is recorded on such a birth certificate without infringing on any fundamental right to privacy of the birth mother who does not desire contact with the child." That is actually the law of the land.

MINORITY VICE CHAIRWOMAN BROWNLEE: Thank you.

MR. HAFETZ: You're welcome.

MINORITY VICE CHAIRWOMAN BROWNLEE: Is that in your testimony anywhere?

MR. HAFETZ: It's not but I'd be happy to give you the document.

1 MINORITY VICE CHAIRWOMAN BROWNLEE: Mr. Chairman, would you see that we are able to get that information? 2 3 REPRESENTATIVE LAWRENCE: Sure. If you could provide that to us at the end of the hearing, we'll make 4 sure that that's distributed to the Members. 5 6 MR. HAFETZ: Okav. 7 MINORITY VICE CHAIRWOMAN BROWNLEE: Thank vou. Thank you, Mr. Chairman. 8 9 REPRESENTATIVE LAWRENCE: All right. Well, I'm 10 pleased to report that we are running right on schedule, so 11 I'd like to thank our testifiers again very much for coming 12 today and taking the time to come all the way up to the 13 State capital. I think your testimony was very valuable. 14 Thank you. 15 MS. TRANSUE-WOOLSTON: Thank you. 16 MR. HAFETZ: Thank you. 17 REPRESENTATIVE LAWRENCE: With that, our next testifier has come quite a ways to speak with us here 18 19 today. We'll now hear from State Representative Ann 20 Williams from Illinois. Representative Williams is an 21 adoptee from Pennsylvania. She currently represents the 2.2 11th District in the Illinois State House representing

So, Representative Williams, a hearty welcome to

Chicago's North Side, and she is a member of the Adoption

Reform Committee there.

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the Commonwealth of Pennsylvania---

IL REPRESENTATIVE WILLIAMS: Thank you.

REPRESENTATIVE LAWRENCE: --- and we look forward to your testimony.

IL REPRESENTATIVE WILLIAMS: Thank you. Thank you so much, Chairman Lawrence and Chairwoman Bishop. It's such an honor to be here today and I really appreciate the opportunity to testify and I'm enjoying being in your beautiful Capitol building.

As you already mentioned, I represent the 11th District, which is the North Side of Chicago, and, as you also mentioned, I'm also a Pennsylvania adoptee, so I'm here to strongly urge your support of House Bill 162. And although my family moved away from the Commonwealth in the '70s, I have been a very closely monitoring this issue for many, many years.

And I want to thank Chairmen Benninghoff for your commitment to advancing this legislation and also to thank the many advocates who have been pushing this over the years. I have been watching from Illinois and appreciate all your hard work.

Illinois passed a similar bill in 2010 before I was elected so I didn't have the opportunity to vote on it, although I did testify on behalf of it. But it did pass, and so now in Illinois adult adoptees have the opportunity

to obtain their original birth certificates. The Illinois law, which went into effect in 2011, has been tremendously successful, and whoever mentioned 8,000 adoptees got their records, it's now up to 9,000 have obtained their original birth certificates.

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And, gosh, the Bill's signing was an incredible day. It was great to see the excitement, joy, and fulfillment of these people who were able to get their birth certificates for the first time. But I have to be honest, it was a bit bittersweet for me because I was not among them.

In 1968 I was adopted into a wonderful and loving family from the Catholic Social Agency in Allentown. Like all of us -- and I brought props -- I have a birth certificate to reflect my entry into the world. The difference between me and some of you is that my birth certificate, it's not real. It's called a birth certificate but it's actually an adoption certificate. I don't know and have never seen my original birth certificate. I don't know who gave birth to me. I don't know where I was born. This is pretty significant information and information that most of us take for granted.

Pennsylvania law does permit an adoption agency to give out what they call non-identifying information on

his or her birth parents and the circumstances of his or her adoption placement. I requested and obtained mine maybe 1998, so a while ago now. The result was this two-page document, which contains information that was summarized by a caseworker about me, my birth parents or at least what they thought was true, and I've read every single word of it over and over because that's all I have. But it's not enough.

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House Bill 162 would give me and other adult adoptees the opportunity to get our original birth certificates, which is actually the opportunity to get the truth. Having access to my original birth certificate is important for so many reasons. And Chairmen Benninghoff mentioned one of them, and that is first having the opportunity to possibly get medical history information. So many of us take this for granted, but especially as you get a little bit older, the doctors are requesting this more and more frequently. And my answer, too, to these medical questions about family history of cancer, diabetes, et cetera, was always N/A, N/A, documents and pages and pages of N/A, which I might now change to I can't get this information because Pennsylvania won't release my original birth certificate.

But in addition to the medical information, it would give a sense of my ethnic background. So many of us

really get a lot of our identity from what ethnic background we have. This two-page document lists a few possible ethnicities for me. I'm going with the Italian because that seems fun and, you know, they can cook and everything. But I'm just not sure about the accuracy, and that would be an important and exciting piece of the puzzle to put together.

Finally, and I think most significantly, having that original birth certificate would fulfill a very basic and intangible need to know, as one of the Members said, who you are and where you came from. It's such an inherent part of most of us that we don't even think about it, but for most adoptees, it's one big question mark. I strongly believe that having access to your original birth certificate is a basic human right and really a civil right because don't we all want to know the beginning of our stories?

I strongly believe in adoption. It has given me the most wonderful family I could ever ask for. They're probably watching online and they wish they could be here today. My parents are the ones who raised me, took care of me when I was sick, carted me around to concerts, school plays, followed me around in band, you know, watching through all of the ups and downs of life. They were my best precinct workers, they were huge contributors to my

campaign, and you know all about that, and they wouldn't miss an Inauguration Day. So nothing about finding out or getting this information would change that at all. They're my mom and dad and they always will be. My quest to find my identity and any other adoptee's quest to find their identity does in no way jeopardize their family. My parents understand this and that's why they're very supportive and excited about this Bill.

I turned 45 years old in April so my adoption took place 45 years ago. The world looks a lot different now than it did then. There were no iPads, iPods, Facebook, Twitter, computers, anything like that, but my birth mother, then a 20-year-old woman, is now 65 years old. If she is still alive and we meet someday, she and I are going to just have to figure out what kind of relationship we will or will not have. It really should be up to us. We're talking about a relationship with two people that government really should have no place in regulating.

It's now 2013 and I strongly believe it's time for the Commonwealth to join the growing number of States to recognize the very basic human right and need to know who they are and where they come from.

Thank you so much.

REPRESENTATIVE LAWRENCE: Thank you,

Representative Williams, and again thank you for taking the time to come to Harrisburg today.

IL REPRESENTATIVE WILLIAMS: Thank you so much.

REPRESENTATIVE LAWRENCE: I wanted to ask a quick question. In your testimony here, and I will confess that I was ignorant of this, that you say that the law here allows for you to request basic non-identifying information. And I mean non-identifying information, that sounds like an extremely vague term, which sometimes we are very guilty of as lawmakers. But I was wondering if maybe you could give a little bit more information about what -- I mean, it's a two-page letter, so what kind of information would be contained in such a letter?

IL REPRESENTATIVE WILLIAMS: Well, I can't attest to the accuracy of any of it because if you think about it, this information was provided verbally by a 20-year-old woman, which it says, well, I think, was the age of my birth mother when she relinquished me under quite a bit of duress. So it's what she reported as summarized decades and decades later by a caseworker digging through files.

So it contains a little bit of information, her age, her ethnic background, her height, her weight, a little bit about her family, birth father apparently, according to this document, never knew the mother was pregnant, which is interesting. You know, you hang on to

every word because you have nothing else, and it talks a little bit about the circumstances. She was, as many, many women were in the '50s and '60s, went off to typing school or something of the like but really it was a maternity home where she was cared for until she gave the baby, me, up for adoption. So it has some general stuff.

I mean, as someone that has no information about their family history, it's a very significant document. I look at my mom and dad and we don't look alike, although people say we act alike at times, I mean, nature versus nurture, but it's kind of intriguing to read this. And I just really wish I could find out a little more detail and dig deeper. I mean, you get to the end and you're like, well, then what happened? And there are so many more questions.

REPRESENTATIVE LAWRENCE: Thank you.

IL REPRESENTATIVE WILLIAMS: Thank you.

REPRESENTATIVE LAWRENCE: Chairman Benninghoff.

REPRESENTATIVE BENNINGHOFF: Now you're under the gun. Actually, I was going to ask if you could share what knowledge you may have as far as Illinois' experience because I think, especially listening to some of the testifiers today, I think Mrs. Hoard's testimony is interesting because she is a birth mother who gave up a child who also had the desire to learn about that child.

What I would like to get across not only to the Members but also to those who might be watching is I think sometimes we, as a society, assume all birth mothers, i.e., or a parent, would never, ever want this information to go to the child. They don't want to have this exposure. And I suspect that that's not true and I suspect not everyone's going to have a reunion on TV with their birth child. And for many adoptees, it's just about having that certificate. But I think it's wrong of us to assume that all birth parents, either both or one, would also maybe not want to know that that child is healthy and that child is well and that they're doing well. And that should not be an obstacle to not let this Bill pass.

And I don't know what experiences you may have seen or heard about now in Illinois, if you could share a few of those kinds of results.

IL REPRESENTATIVE WILLIAMS: Well, you make an excellent point, and the coalition working in support of the Bill in Illinois contained adoptees like myself. Many, many birth mothers were involved, too. So I think they call it the adoption triad. All segments of the world of adoption have an interest in moving these sorts of Bills forward.

And just anecdotally, the stories that I've heard have been overwhelmingly positive. I mean I think

Ms. Hoard can testify. You don't just forget. You don't give up a baby for adoption and you're not just done with it then.

And I think that for me, and I've said this many times, if I were and hopefully when I get the opportunity to meet my birth mother, the first thing I'd like to say is thank you for giving me such a great opportunity, such a wonderful family, and I think there's some healing that would take place on both sides of that were to happen.

So overwhelmingly, and I think the stats show it in Illinois as well, it's been a very positive experience. I've heard very, very little -- actually, I've heard no negative outcomes.

REPRESENTATIVE BENNINGHOFF: A last quick comment on it, you talked about the triad there. I'm assuming also specifically in your case and others, we're all very blessed to have this other set of parents who say I want you, I love you, I want to take care of you. And a lot of them are, I think, becoming more supportive of saying yes, I think that is your right. You should be able to pursue that. Again, think society assumes that adoptive parents want everything blackened out and closed off and don't give any of this information. I don't think that's the case.

IL REPRESENTATIVE WILLIAMS: Absolutely. In fact, I was just talking with a colleague of a friend of

mine who was here yesterday who has adopted a child and everyone -- in current society you adopt a child and it looks very, very different. The adoptive parents today understand the psychology behind adoption and they make an effort to share identifying information, ethnic background, and in some cases adoptions are more open than others and there's actual exchange of pictures and sometimes meetings that take place.

That notwithstanding, I think that the recognition that to know who you are and where you come from is just an important part of a healthy psychology is it is recognized for kids today that are adopted. And there's a group of us that were adopted and the records were sealed that don't get that shot, so I think that we feel kind of like the lost generations and we'd like to close that gap.

REPRESENTATIVE BENNINGHOFF: Thank you, Representative Williams.

IL REPRESENTATIVE WILLIAMS: Thank you.

REPRESENTATIVE BENNINGHOFF: Thank you,

Mr. Chairman.

22 REPRESENTATIVE LAWRENCE: Thank you. Chairwoman 23 Bishop.

MINORITY CHAIRWOMAN BISHOP: I'm just going to ask one last short one.

1 Representative Williams, welcome. IL REPRESENTATIVE WILLIAMS: 2 Thank you. 3 MINORITY CHAIRWOMAN BISHOP: How old were you 4 when you learned that you were adopted? 5 IL REPRESENTATIVE WILLIAMS: Oh, when I found out 6 I was adopted? 7 MINORITY CHAIRWOMAN BISHOP: IL REPRESENTATIVE WILLIAMS: I don't know. 8 Ι 9 feel like I've always known. My parents were, I think, 10 looking back very, very good. It's just something I've 11 always known. They never announced it one day that I can 12 recall. I just grew up identifying as an adopted person. 13 My brother is also adopted, not biologically related to me, 14 and we were always aware of that and it just became part of 15 us. And so it was never an issue. And I think my 16 nonprofessional opinion that was the way to go because I 17 had a very positive view about it and I felt very wanted and cared for by my parents, still do. 18 19 MINORITY CHAIRWOMAN BISHOP: Did you at the time 20 when you found out you were adopted, were you angry? Did 21 it make you feel someone had deceived you? 22 IL REPRESENTATIVE WILLIAMS: No, I don't recall 23 finding out per se but it's interesting because I spoke 24 with a reporter a couple days ago about this Bill and he

asked that question. He said, do you now have any

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       resentment in any way? And for the biological mothers out
       there, absolutely not. I don't even have a bit of that. I
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      have appreciation and I'm very grateful that I have the
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       life that I do. I am concerned on how she is doing and
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      hope that she knows that I'm well and I'd like the
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       opportunity to tell her that. But, no, not at all.
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                MINORITY CHAIRWOMAN BISHOP: Thank you so much.
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                 IL REPRESENTATIVE WILLIAMS:
                                              Thank you.
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                 REPRESENTATIVE LAWRENCE: All right. Well, thank
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       you, Representative Williams again ---
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                 IL REPRESENTATIVE WILLIAMS: Thank you so much.
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                 REPRESENTATIVE LAWRENCE: --- for your long
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       trip---
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                 IL REPRESENTATIVE WILLIAMS: Thank you as well.
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                 REPRESENTATIVE LAWRENCE: --- and for your
       compelling testimony.
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                 IL REPRESENTATIVE WILLIAMS:
                                              Thank you.
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                 REPRESENTATIVE LAWRENCE: It's appreciated.
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                 Well, with that, this brings the hearing to a
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       close.
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                 I'd just like to make a brief comment that very
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       dear friends of ours at our church have adopted two
       children in the last several years, and I confess that in
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       general on the topic of adoption I was relatively ignorant
      prior to that. You know, certainly, you see it on
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television or you read about it in the newspaper or you see a movie where somebody's adopted or whatever. It seems like every 1980s sitcom growing up there had to be an episode where somebody found out they were adopted and then the process went through, right. But a lot of that I think boiled down to stereotypes. And certainly the personal experience that I've had now with these close friends of ours has been very eye-opening and just a very positive experience really for everyone involved.

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So I'd like to thank everyone who took the time to testify today on this legislation, and I'd like to recognize Chairwoman Bishop for closing remarks as well.

MINORITY CHAIRWOMAN BISHOP: Thank you very much.

I would like to just say a couple of things.

We have come a long way with adoption. This Bill has been around for a while. I'm delighted that it has made it to a hearing with the Committee. And for those who ask questions and it may not say everything that we would like it to say, it's a step in the right direction. And we have to begin somewhere. We need the door open so that perhaps if there are other things that we can address, it will be easier then.

I certainly hope that as it narrows down to a vote that we will all remember some of the things that we've heard today, some of the advantages, and those at a

1 disadvantage will take them and put them in another Bill at 2 another time and vote them into the House where they could 3 be changed. But I do believe that it is the best that we can offer at this time, and I certainly thank the 4 5 Representative for taking the effort and for being patient because he's worked on this for a little while, and I hope 6 7 that all is well. Thank you. 8 REPRESENTATIVE LAWRENCE: Very good. That

REPRESENTATIVE LAWRENCE: Very good. That concludes the hearing. Thank you.

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(The hearing concluded at 11:40 a.m.)

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1	I hereby certify that the foregoing proceedings
2	are a true and accurate transcription produced from audio
3	on the said proceedings and that this is a correct
4	transcript of the same.
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