COMMONWEALTH OF PENNSYLVANIA HOUSE OF REPRESENTATIVES

HEALTH AND HUMAN SERVICES COMMITTEE HEARING

STATE CAPITOL MAIN CAPITOL BUILDING ROOM 60 EAST WING HARRISBURG, PENNSYLVANIA

MONDAY, NOVEMBER 16, 2009 11:00 A.M.

PRESENTATION ON PUBLIC HEARING ON HR 585

BEFORE:

HONORABLE FRANK LOUIS OLIVER, MAJORITY CHAIRMAN HONORABLE TIM SEIP HONORABLE EDDIE DAY PASHINSKI HONORABLE RONALD G. WATERS HONORABLE LOUISE WILLIAMS BISHOP HONORABLE VANESSA LOWERY BROWN HONORABLE LAWRENCE H. CURRY HONORABLE PAUL J. DRUCKER HONORABLE PAUL J. DRUCKER HONORABLE MATTHEW E. BAKER, MINORITY CHAIRMAN HONORABLE SETH M. GROVE HONORABLE SETH M. GROVE HONORABLE BRYAN CUTLER HONORABLE MAUREE GINGRICH HONORABLE KATIE TRUE HONORABLE DOUGLAS G. REICHLEY

JEAN DAVIS REPORTING 7786 Hanoverdale Drive • Harrisburg, PA 17112 Phone (717)503-6568 • Fax (717)566-7760

| 1 | | |
|----|-----------------------------------|----------------|
| 1 | I N D E X | |
| 2 | TESTIFIERS | |
| 3 | NAME | PAGE |
| 4 | Representative Ronald Marsico | |
| 5 | Joan Ward Ron Owen | 3 5 6 |
| 6 | Sheri Hathaway Karen Vellucci | 1 0 1 0 |
| 7 | Tom Moreken Roseanne Gallagher | 1 0 1 1 |
| 8 | Jane Holbrook Carol Hillard | 11 11 11 |
| 9 | Ricki Hood Charlene Sciarretta | 1 2 1 2 |
| 10 | Linda Eckman L.W. Nelson | 12 13 |
| 11 | Chuck Klenk Lor Mentzer | 13 14 |
| 12 | Lynne Bennetch Robin Rothermel | 1 4 5 7 |
| 13 | | |
| 14 | | |
| 15 | | |
| 16 | | |
| 17 | | |
| 18 | | |
| 19 | | |
| 20 | | |
| 21 | | |
| 22 | | |
| 23 | | |
| 24 | | |
| 25 | | |
| | L | |

PROCEEDINGS 1 2 * * * 3 CHAIRMAN OLIVER: This meeting will now come to order. Good morning. The meeting will now come to 4 5 order. The chair recognizes Representative Ron 6 Marsico who will now present. 7 REPRESENTATIVE MARSICO: Thank you, 8 Mr. Chairman, members of the committee. Thank you for 9 allowing me to say a few words this morning. 10 Mr. Chair, how are you? 11 REPRESENTATIVE BAKER: Mr. Chairman. 12 REPRESENTATIVE MARSICO: A lot of subchairs 13 up there, too. I'm glad you're all here. Thank you 14 very much for allowing me, like I said, to make this 15 presentation this morning. 16 Three years ago I was absolutely thrilled to receive unanimous support from my colleagues to enact 17 18 legislation allowing parents whose children have been 19 affected by alcohol and drug abuse to come together to 20 study accessible treatment services and make 21 recommendations to the House of Representatives to 22 facilitate access to treatment and intervention 23 services in the Commonwealth. 24 This legislation was so important to me 25 because there are more than 800,000 people in

Pennsylvania with unmet drug and alcohol treatment needs. We know that addiction cuts across all walks of life, as well as socioeconomic and cultural backgrounds. It affects men and women, teens and adults, from the poor to the middle class to the affluent, from the rural towns to the suburbs and to the cities.

8 My resolution required the Bureau of Drug 9 and Alcohol Programs within the Department of Health 10 to establish a parent panel consisting of parents from 11 across the state whose children have been or continue 12 to be affected by alcohol and drug abuse. The parent 13 panel was directed to convene in Harrisburg at least 14 three times a year and report its findings to the 15 House Health and Human Services Committee and to the 16 Bureau of Drug and Alcohol Programs.

People with family members in crisis often have difficulty locating alcohol and drug abuse and addiction intervention and treatment services. It was my hope, with a lot of your help, that with the creation of this panel we can develop strategies that will improve and potentially expand our treatment options and facilities in the Commonwealth.

It is my pleasure to see this idea realized.Within the report, you will find real ideas from real

1 families who have experienced this traumatic situation 2 firsthand. It is my hope that we can take a careful 3 look at these recommendations and suggestions and implement some of them or all of them in an 4 5 appropriate manner. 6 If we continue to look the other way, the 7 ramifications will be endless. Addiction will 8 continue, and will rise and the cost to Pennsylvanians 9 will be enormous. 10 I just personally want to thank all the 11 parents that have been involved. They did a 12 tremendous amount of work with this -- with these 13 suggestions. And I want to thank them for their time, 14 their advice, and their help. And I personally want 15 to commend them and applaud them for the dedication 16 and the commitment they put into this recommendation. 17 Thank you, Mr. Chairman. 18 MS. WARD: Thank you, Representative 19 Marsico. You indeed have been a guardian angel to our 20 cause. 21 Good morning. My name is Joan Ward and I'm 22 cochair of the Pennsylvania Parents Panel Advisory 23 Council. We call it PPAC. 24 My husband and I have two children. Our 25 daughter is an educator, as are we, and our son began

| _ | |
|----|--|
| 1 | using heroin in high school. He is currently |
| 2 | incarcerated for a drug related robbery. |
| 3 | In this council, we have come together like |
| 4 | members of a club that we never wanted to join, a club |
| 5 | created by a common tragedy, and that tragedy is |
| 6 | substance abuse and addiction. If statistics are to |
| 7 | be believed, some of you know firsthand the journey we |
| 8 | have travelled. For those of you who do not, it is a |
| 9 | journey of unmanageable darkness, compounded by |
| 10 | systemic barriers and daily struggles to find our way |
| 11 | through a web of a very complex and highly complicated |
| 12 | system. |
| 13 | I would like to introduce one of our members |
| 14 | now, Ron Owen, who knows firsthand the struggles that |
| 15 | families face. Ron. |
| 16 | MR. OWEN: Thank you, Joan. Good morning. |
| 17 | Thank you, Mr. Chairman, and committee members, for |
| 18 | giving us the opportunity to be here today. |
| 19 | My name is Ron Owen. I'm here today as a |
| 20 | long time Pittsburgh Pennsylvania resident, corporate |
| 21 | executive, community volunteer, a husband of more than |
| 22 | 38 years, and a member of the Parents Pennsylvania |
| 23 | Advisory Council since its inception. But mostly I'm |
| 24 | here because I'm a father, a father whose life was |
| 25 | changed forever on November 24th, 2003, when my |
| | |

1 23-year old daughter Sarah died. 2 She died -- she didn't die a peaceful death. 3 She died a painful and anguished death at the hands of the wicked and tenacious disease of addiction. 4 5 Sarah was a loving daughter, granddaughter, sister, and mother of a beautiful five-year old 6 7 daughter, Taylor Rose. 8 Sarah was not an angry, mean-spirited 9 person. Even though she was caught in the grip of a 10 relentless illness, she was always kind, respectful, 11 and sympathetic to the needs of others. She loved 12 life and lived it as fully as she could while 13 suffering each and every day with her addiction to 14 druas. She didn't want to have this illness. She 15 didn't want to live each and every day needing a fix 16 and finding herself doing things she wasn't proud of 17 to get that fix. She was sad and troubled by this 18 difficulty and pain that she caused her family and 19 friends. 20 She struggled mightily to conquer these 21 demons, but sadly, they were victorious in the end. 22 Chances are that many of you in this room have had a 23 similar experience with a loved one or have a friend 24 who's affected by a drug and alcohol abuse. 25 Statistics show that one in four families are affected

| 1 | in some way by a drug and alcohol addiction. Its |
|----|---|
| 2 | impact on our health care costs, lost employee |
| 3 | productivity, and the burden it places on the criminal |
| 4 | and judicial system is mind boggling. |
| 5 | Consider this. The total cost of drug use |
| 6 | disorders in the United States is estimated to exceed |
| 7 | \$180 billion annually. The economic cost for alcohol |
| 8 | abuse is estimated to exceed 185 billion annually. |
| 9 | In our own state of Pennsylvania, it costs |
| 10 | us and you almost \$12 billion, according to statistics |
| 11 | in 2005, for expenses related to substance abuse and |
| 12 | addiction. And we spent only \$188 million in |
| 13 | Pennsylvania on prevention during that same time |
| 14 | period. |
| 15 | Let me repeat these numbers. Almost 12 |
| 16 | billion to treat the path of destruction addiction |
| 17 | leaves behind, but only 188 million, less than |
| 18 | 2 percent of the cost, is spent trying to prevent it |
| 19 | in the first place. |
| 20 | Pennsylvania needs to be a leader in |
| 21 | changing this picture. We need to provide adequate |
| 22 | resources to help alleviate the suffering before it |
| 23 | starts. We need to provide the resources for |
| 24 | treatment, for education, for training, and support at |
| 25 | all level and age groups. Addiction doesn't |
| | |

1 There's no one profile that needs help discriminate. 2 more than another. 3 I beg you to listen to a video that you 4 will -- that we will be showing you, and have the 5 foresight, compassion and courage to make a change 6 that will benefit every citizen in Pennsylvania and 7 provide the funding needed to help all of us, the 8 resources we need, to prevent as well as treat the 9 disease of addiction. 10 I thank you for this opportunity and I turn 11 this program back over to Joan Ward, the chair of our 12 committee. 13 MS. WARD: Thank you, Ron. 14 For the past two and a half years it has 15 been my great honor to have worked with some of the 16 most courageous and amazing people in this 17 Commonwealth. These are the mothers and the fathers 18 who have found their way through the darkness of 19 addiction and have made a commitment to turn their 20 pain into passion. 21 They come before you now having worked these 22 past two and a half years on a series of 23 recommendations that we present today as a prayer and 24 a promise -- a promise to the families that are to 25 follow us, a promise that they will find a system

unlike the one we found, a system more accessible and 1 2 more prepared to help them through this desperation of 3 addiction. I'd like you to meet our panel members now. 4 5 MS. HATHAWAY: Hi. My name is Sheri 6 Hathaway from Allegheny County and I've lived there 7 for a little over a year but I've raised my son in 8 Greene County, so this was the county and environment, 9 very rural, that he became addicted in. And he's 24 10 right now. He's struggling with recovery. He began 11 smoking cigarettes at age 14, marijuana at age 16, 12 heroin at 18, and he's been struggling, been on methadone ever since. 13 He was diagnosed with hepatitis C, which is 14 15 currently in remission. And I'm just helping him with 16 his battle. 17 MS. VELLUCCI: Good morning. My name is 18 Karen Vellucci. I live in Delaware County. I'm an 19 archeologist and I head up a private foundation. My 20 son was an IV heroin user. He's now 26 years old and 21 he's been in recovery since May of 2004. 22 MR. MOREKEN: Hello. I'm Tom Moreken from 23 Scranton, Pennsylvania, Lackawanna County. I'm a 24 retired elementary physical education teacher and a 25 high school basketball and baseball coach. I had a

| - | |
|----|--|
| 1 | 28-year old daughter, Erin, who died on June 10th, |
| 2 | 2002, at the age of 28, the result of a heroin |
| 3 | overdose. Erin began using alcohol and tobacco at the |
| 4 | age of 14 and progressed to marijuana and prescription |
| 5 | drugs through high school. Cocaine and heroin were |
| 6 | her drugs of choice when she was in her 20s. |
| 7 | MS. GALLAGHER: Hello. My name is Roseanne |
| 8 | Gallagher and I'm from Luzerne County. I am a |
| 9 | business owner and a mother of a 29-year old son who |
| 10 | is with me here today and he is in recovery. |
| 11 | MS. HOLBROOK: Hello. My name is Jane |
| 12 | Holbrook. I'm from Luzerne County. I'm a U.S. Postal |
| 13 | worker. I have a 27-year old daughter, Jennifer, who |
| 14 | is in her fifth year of recovery following a minimum |
| 15 | recovery program. She is with me here today. She |
| 16 | started using heroin at the age of 17. |
| 17 | MS. HILLARD: Hello. My name is Carol |
| 18 | Hillard from Luzerne County, northeast district. I am |
| 19 | a retired cosmetologist and medical assistant. I have |
| 20 | a 31-year old son who's currently incarcerated in |
| 21 | Luzerne County. I am now in the process of trying to |
| 22 | get him into a place that has psychiatric evaluations |
| 23 | and can treat him with medication, a program that will |
| 24 | change his way of thinking because he now has a |
| 25 | criminal mind from being in and out of prison half of |
| | |

| 1 | his life. He began using heroin at the age of 15 and |
|----|--|
| 2 | he's been diagnosed with Hepatitis C. |
| 3 | MS. HOOD: Hi. My name's Ricki Hood. I'm a |
| 4 | nurse. I live in Mercer County. I have two sons. My |
| 5 | older son is 25 years old. He began drinking alcohol |
| 6 | at 18, had his first DUI by 19, has been in and out of |
| 7 | jail, more in than out. But he has been clean for |
| 8 | seven months. He has received his driver's license |
| 9 | back after having lost it for five years, and is |
| 10 | working a job part time and just became a daddy |
| 11 | seven weeks ago. |
| 12 | My younger son is 23 years old. He began |
| 13 | with cigarettes and marijuana at 14, used pain |
| 14 | killers were really his drug of choice, although used |
| 15 | many different things, has been in and out of rehab |
| 16 | quite a bit. He has been clean for two years. And he |
| 17 | also has Hepatitis C. |
| 18 | MS. SCIARRETTA: Good morning. I'm Charlene |
| 19 | Sciarretta. I'm from Southern York County. I work as |
| 20 | an administrative assistant. At the young age of 17 |
| 21 | my son began to use heroin. And at the young age of |
| 22 | 26 he was gone, overdose of heroin. He left this life |
| 23 | as a statistic and a victim of crime. |
| 24 | MS. ECKMAN: Good morning. Thank you for |
| 25 | coming. My name is Linda Eckman. I'm from Southern |
| | |

1 Chester County. I was a stay-at-home mom for 2 23 years, just back in the workforce the last eight. 3 I'm a behavioral health assistant with the kids in the 4 autistic spectrum in the schools. I'm currently seeking my masters and hope to be an addiction 5 6 counselor. 7 I lost my son Brian four years ago at the 8 age of 20 in a drug-related accident. According to 9 the coroner's report, he died from a drug cocktail, 10 including low levels of Xanax, OxyContin, Vicodin, 11 alcohol, marijuana, cocaine, and methadone. 12 MS. NELSON: Hello. My name is L.W. Nelson. I'm the mother of six and the grandmother of eight. I 13 14 live in Philadelphia. And I'm the voice of Samuel, my 15 son, who began using marijuana at 15 years of age. I 16 can say today that Samuel is currently 22. He is in 17 recovery, following treatment that I was fortunately 18 able to find a place called the Bridge in 19 Philadelphia. And he is working now in security 20 systems. His life was spared and he was saved, thanks 21 to programs. And I am very happy about that today. 22 He is currently the father of two children and he 23 attends church. It's my hope that you'll hear what 24 the panel has to say today. 25 MR. KLENK: Hello. My name is Chuck Klenk.

1 I'm from Edinboro, Pennsylvania. I'm a retired police 2 officer and currently deputy sheriff in Erie County. 3 I have a 25-year-old son who is incarcerated in state correctional institution due to drug use. 4 He began 5 using OxyContin and other drugs at age 14. He was diagnosed with depression four years ago and Hepatitis 6 7 C one year ago.

8 MS. MENTZER: Good morning. My name is Lori 9 Mentzer. I'm from Hummelstown in Dauphin County. I 10 work for a local fire protection contractor. I have a 11 28-year-old son and a 26-year-old son who were IV 12 heroin users. My 28 year old -- they started in their 13 late teens. The 28 year old is currently clean and 14 sober for quite a few years. The 26 year old is clean 15 due to methadone. They both have Hepatitis C and 16 neither one is able to get treatment for the Hepatitis 17 C because they have a suicide attempt in their 18 background so they can't be treated. Thank you.

MS. BENNETCH: My name is Lynne Bennetch. I'm from Dauphin County. I'm a registered nurse in an operating room. I have a 25-year-old son who is currently in recovery. He began using marijuana and alcohol at age 12 and heroin by age 18. Now at the age of 25 my son is in recovery for a year and a half, and it started me to run a support group for parents 1

with addicted kids.

| 2 | MS. WARD: Thank you very much, panelists. |
|----|--|
| 3 | When a child is born, a parent knows in a heartbeat |
| 4 | that they would give their very life for their child. |
| 5 | We instinctually whisper a promise to our creator that |
| 6 | we would do anything necessary to protect his precious |
| 7 | gift. At that time we had no idea what that promise |
| 8 | might later mean. We had no idea that we would |
| 9 | eventually tell our children to lie when we needed |
| 10 | treatment in detox and we drop them off at the doors |
| 11 | of a psychiatric hospital. And we told them to enter |
| 12 | alone and report to those inside that they were |
| 13 | homeless and suicidal, for that was the only way of |
| 14 | getting them into detox and inpatient treatment. |
| 15 | Anything less than that would result in a referral to |
| 16 | ambulatory detox, the treatment version of take two |
| 17 | aspirins and call me in the morning. |
| | - |

We had no idea that we might eventually become desperate enough to actually consider buying them drugs to get them through the weekend while we waited for the treatment centers to open on Monday morning.

23 We had learned that unless they presented 24 high enough on Monday morning with enough drugs in 25 their system, they would be denied entrance into

1 inpatient and detox treatment and they would once 2 again be delivered to the outpatient treatment that 3 had failed them so many times before. We had never imagined that we would have them arrested to get them 4 5 into treatment, but we did. 6 Then the unthinkable happened. A young man 7 died in Westmoreland County Jail of a heroin withdraw 8 when he was refused the IV treatment that could have 9 saved his life. 10 Now we don't know what to do when all else 11 fails. But most tragically, we never imagined that a 12 day might come when we would actually have to bury our 13 children, but we have, in unimaginable numbers, 14 numbers that can't begin to tell the true story of 15 loss and desperation that is this disease. 16 In addition to these personal experiences 17 and others, we've collected data through interviews 18 with the directors of the Single County Authorities 19 across Pennsylvania and conducted a review of best 20 practice research in effective treatment and 21 prevention services. Not surprisingly, as we study the issue to access of treatment, the single most 22 23 reoccurring theme throughout our research was that of 24 funding and lack of resources. 25 While we will make some observations about

| 1 | funding issues, we will not be making specific |
|----|--|
| 2 | recommendations as to how to fund our proposed |
| 3 | changes. As parents and ultimately consumers, our |
| 4 | expertise does not lie in finding a way to cover the |
| 5 | costs of our recommendation; but rather, our expertise |
| 6 | lies in what the failure to have these safeguards in |
| 7 | place has cost us and the thousands of families in |
| 8 | this Commonwealth that we represent. That cost has |
| 9 | been largely immeasurable. |
| 10 | We'd like you to meet our children. |
| 11 | (Video was played.) |
| 12 | VOICE: That's my son. |
| 13 | VOICE: There's my son. |
| 14 | VOICE: That's my son. |
| 15 | VOICE: My son. |
| 16 | MR. OWEN: I'd like to call your attention |
| 17 | to the poster which we're going to show up on the |
| 18 | screen also over here, which portrays the ultimate |
| 19 | tragedy for a parent, the loss of a child. And each |
| 20 | of us parents whose child was shown there will now |
| 21 | speak. You heard from me earlier, but as I said, our |
| 22 | daughter Sarah, this is my wife Judy, was a vibrant |
| 23 | young woman who lived her life to the fullest. She |
| 24 | was a loving daughter, sister, mother, niece, |
| 25 | granddaughter, and friend. She was a good person who |
| | |

1 happened to have a serious illness, which was drug 2 addiction. Most people were not aware that she was an 3 addict, and her struggles came to an end on November 24th, 2003, at the age of 23. 4 5 Her legacy lives on through the R.O.S.E.S. 6 from SARAH Foundation, which we created to give other 7 young mothers help and encouragement that they so 8 desperately need. I'll now introduce Charlene. 9 In 1983 my fair-haired boy MS. SCIARRETTA: 10 went off to see the word. This was his first day of 11 preschool. As he stood on the porch with his first 12 best friend, he had the courage to face what was ahead. 13 14 On May 13th, 2004, he was gone from this 15 life from an overdose of heroine. Another statistic, 16 another victim of a crime. Danny's Story, a nonprofit 17 organization is used to tell our children, parents, 18 anyone who will listen, this nightmare could be 19 waiting for them around this corner. Danny was your 20 son, your daughter, your brother, your sister -- he 21 was everyone's best friend. 22 Danny's mistakes changed his life and 23 eventually took it. It just changed all those who 24 loved him. I will miss my son's face and his love for 25 the rest of my life. My faith has taught me I will

| 1 | see him again, and I hold on to that promise. |
|----|--|
| 2 | MS. ECKMAN: The chapter that never ends. |
| 3 | How do you pick up the pieces after you lose a child. |
| 4 | Early on my approach in my heart that I would bring |
| 5 | life out of Brian's death. This meant I would speak |
| 6 | at his funeral. In an effort to try and make sense of |
| 7 | this senseless tragedy, I sit on the platform of the |
| 8 | church and pleaded with 200 of Brian's peers, "Climb |
| 9 | out your coffins while you can," I said, meaning that |
| 10 | whatever darkness that was enslaving them, be it drugs |
| 11 | or alcohol or something else destructive, they should |
| 12 | endeavor to beat it now, while they still could. |
| 13 | Within the first year of Brian's death, I |
| 14 | began to work to craft a longer message of warning. |
| 15 | On behalf of Cruisin', not Brusin' program at Bryn |
| 16 | Mawr Rehab, down in Chester County, I spoke at school |
| 17 | assemblies to thousands of high school seniors, |
| 18 | warning them of Brian's fate. |
| 19 | As this program ended to honor Brian's |
| 20 | memory, I started a 12-step program for troubled youth |
| 21 | called Life Hurts God Heals. Currently, in Brian's |
| 22 | memory I am pursuing my master's degree in counseling, |
| 23 | and I wish to be an addiction counselor. Life without |
| 24 | my son is certainly not easy, nor is it a simple task |
| 25 | to watch my family members continue to grieve. But |
| | |

1 with God's grace for every moment I endeavor to 2 stumble ahead with my daily walk of faith, knowing for 3 certain that I will see my son again. Thank you. MR. MOREKEN: Pictures of a performer. 4 Erin 5 was born to be a performer, and we have dozens of pictures to prove it. At five is a picture of Erin in 6 7 her Annie dress, belting out a slightly off-tune 8 rendition of "Tomorrow". At eight, she's in a brown 9 leotard and antlers playing Bambi's mother in her 10 ballet recital. Seventh grade, a picture shows Erin 11 portraying Minnie Mouse with her best friend Amy for a 12 musical at school. High school brought pictures of 13 Erin the cheerleader, always smiling at those freezing 14 football games. 15 We cherish those pictures. The pictures 16 that followed were not so pretty because once Erin was 17 in her twenties, heroin had taken over her life until 18 it finally took her life at the age of 28. Erin's 19 last and most beautiful picture is the one we have 20 placed on her tombstone. 21 In her memory, we established the Erin 22 Jessica Moreken Drug and Alcohol Treatment Fund, 23 Incorporated, which enables us to give charitable 24 gifts to individuals who are fighting the disease of 25 addiction.

1 It is ironic that Erin's picture is 2 displayed on a poster today, along with the pictures 3 of other young people whose lives have ended too soon. 4 In some way, this poster and what we are doing here 5 today is Erin's last performance. All of us as 6 parents sincerely hope that now the audience is 7 listening. 8 CHAIRMAN OLIVER: We're going to take a five 9 minute break. 10 (A recess was taken.) 11 CHAIRMAN OLIVER: You may proceed. 12 MS. WARD: As you look at those pictures 13 presented to you, it can't help but to be obvious that 14 these could be anyone's children. We represent 15 families from all regions of the Commonwealth, and our 16 struggle has been their struggle. It is for them and 17 all of the families that will follow that we make our 18 recommendations. 19 Many of our recommendations have resulted 20 from an examination of Blueprint of the State -- For 21 the States, and a national publication presenting 22 recommendations to develop the panel of experts on how 23 all states should most effectively organize and 24 deliver drug and alcohol programs. As a starting 25 point, we examine how Pennsylvania measures up to

their suggestions put forth in this document and what can be done to improve state policies and practices to make alcohol and drug services more effective and more available to families.

1

2

3

4

5 The major findings and summary of 6 recommendation from the PPAC specifically in 7 Pennsylvania include under leadership and structure, 8 we need the governor of Pennsylvania to take the lead 9 in coordinating the efforts of all appropriate state 10 agencies to improve delivery and tracking of addiction 11 services. His enthusiastic leadership has the 12 potential to dramatically improve organizing, 13 implementing, and tracking improved policies and 14 cooperation among all departments and bureaus that are 15 challenged to do more with less. To that end, the 16 parent panel recommends that the Bureau of Drug and 17 Alcohol Programs be elevated to a cabinet level 18 position answering directly to the governor. This 19 would not only send a message as to how critical the 20 drug and alcohol epidemic really is, it would also 21 facilitate public policy, budget prioritization 22 consideration, and implementation of programs at the 23 highest level of government.

24 Under the area of resources, the parent 25 panel has found that our state agencies are under

1 critically intense pressure to stretch resources to 2 their fullest during this period of economic 3 difficulty. The panel recommends a number of action 4 steps that can be taken to eliminate waste, end 5 redundancy, and generally achieve teamwork and efficiency in the delivery of addiction services, 6 7 including the establishment of best practices 8 throughout the state.

9 Their is a lack of sufficient emergency care 10 and access to available services. In most areas, if 11 not all areas of the state, there are no immediate 12 treatment centers available to families on the weekend. Families are forced to wait until Monday 13 14 morning when someone will be available to answer the 15 phone at a treatment center, and believe me, a lot can 16 happen between Friday night and Monday morning.

17 My husband and I discovered that our 18 19-year-old son had relapsed on Friday night. We 19 confronted him, and he agreed to go into treatment. 20 He had been involved in his journey long enough to 21 know that there would be no help available till Monday 22 morning. Unfortunately, by Monday morning, Rob was in 23 jail where he has remained for of the past 24 seven years.

For some time I thought this was an

25

unbearable tragedy. Then I met a grieving mother who 1 2 had lost her precious daughter, Ashley, while waiting for Monday morning. Ashley had died of a drug 3 overdose on Sunday night. Her mother discovered her 4 5 when she went to wake her Monday morning to leave for 6 the treatment center. Suddenly, I realized that I was 7 one of the lucky ones. My son was still alive. 8 Many of us have felt that way. But it seems 9 we should be able to expect more for our children. We 10 should be able to expect a system that is there when 11 we need them, even on the weekends. 12 For that reason, we make the following 13 recommendations. Improve visibility of available 14 service by implementing a 211 emergency system 15 statewide with 24/7 information and referral services. 16 Increased training for all medical 17 professionals about the unique needs of addicts in 18 hospital emergency rooms, in primary care, and in 19 prevention through education and training. 20 Develop a system that will ensure immediate 21 referral to treatment services while in an ER for a 22 drug related service. 23 Under the area of measurement and 24 accountability, the panel believes that true 25 accountability for improving access to information and

1 treatment services cannot occur until Pennsylvania 2 establishes prevention treatment continuum of care and 3 outcome measures for all state agencies and other funding entities. 4 5 Several specific recommendations to that end 6 are reported within this -- are included within this 7 report, including one for the creation of a unified 8 data tracking system to monitor compliance for the 9 standards behind the measures. 10 The Bureau of Drug and Alcohol Programs 11 needs adequate infrastructure and authority to 12 collect, analyze, and disseminate regular public reports on trends and outcomes. 13 This agency needs sufficient authority to 14 15 establish and mandate collaborative efforts with 16 agencies such as child welfare, protective services, Medicare, housing, employment, and the criminal 17 18 justice system. 19 The panel also recommends a number of 20 legislative considerations with a recognition that 21 many of our current laws and regulations are in 22 desperate need of updating as the epidemic of 23 substance abuse continues to grow in our society. Everything from a review of existing laws to 24 25 recommended changes to the creation of new legislation

1 has been considered and recommended in this study. 2 We have found that physicians are lowest on the list of those doing referrals for addiction. 3 4 Since addiction is recognized broadly as a disease, the physician should be capable of being one of the 5 6 first to identify the problem and provide access to 7 prevention, treatment, and recovery services. 8 Physicians in the service have little or no training 9 regarding alcohol and drug addiction, neither in 10 recognizing the symptoms of the disease, nor in the 11 special requirements for restriction for treating 12 patients with addiction issues. Today there are no 13 laws mandating that medical professionals receive 14 education in drug and alcohol prevention and 15 treatment. 16 The criminal justice system is often the 17 tool of last resort used by parents to get help for 18 their addictive children. At first, parents feel that 19 they have saved their child's life by getting him or 20 her off the streets and away from the drugs. 21 Unfortunately, the end result is that they have attached a lifetime label of convict to their child 22 23 with little progress having been made in the recovery 24 process.

Judges must establish partnerships with

25

| 1 | agencies dealing with drug and alcohol problems on a |
|----|--|
| 2 | state and county level. Each person released back |
| 3 | into the community should be assigned to the proper |
| 4 | support system to help them maintain recovery. |
| 5 | Additionally, we must ensure the state |
| 6 | legislators and other state officials understand the |
| 7 | nature of the disease of addiction and are made aware |
| 8 | of the financial costs and damage to communities |
| 9 | caused by drug and alcohol problems. |
| 10 | We must encourage all treatment providers to |
| 11 | include the family in treatment protocols and to offer |
| 12 | classes dealing with the family and their role in |
| 13 | recovery. |
| 14 | Finally, we would like to recommend that a |
| 15 | process be put in place to establish a system of |
| 16 | ongoing family involvement in the field. To ensure |
| 17 | this, we recommend that family members are included on |
| 18 | state, county, and local advisory councils on drug and |
| 19 | alcohol problems; be proactive in providing families |
| 20 | with education and contact information about other |
| 21 | programs and groups in the county to offer support for |
| 22 | families; seek out and train volunteers to serve as |
| 23 | advocates for family members. |
| 24 | Additional recommendations will be discussed |
| 25 | by Sheri Hathaway. |

MS. HATHAWAY: And again, thank you for inviting us here. And first I'd like to talk to you about enhancing opportunities for early intervention by improving school identification and response to substance use and abuse in schools.

6 Most us parents, if not all, were first 7 confronted with our children's substance abuse while 8 they were students in junior and senior high school. 9 Many families have experienced barriers and obstacles 10 to treatment through the systems in place in school. 11 I, myself, and Joan, we took our children out of 12 school because we feared the repercussions of what 13 would happen if he were caught with drugs in school, 14 an expulsion. The zero tolerance policies do nothing 15 to foster an environment conducive to treatment and 16 referral, but instead demand expulsion.

17 Research by the national institute of drug 18 abuse has shown that drug use during adolescence 19 alters brain function and normal progression to 20 cognitive and emotional development. An opportunity 21 for early intervention is lost at a critical stage of 22 development.

And second, conduct the PA Youth Survey with all schools across the Commonwealth of Pennsylvania. Currently schools have a choice of whether they participate in this survey or not. Surveillance of behavior, attitudes, and knowledge concerning alcohol, tobacco, and other drugs and violence enables the state and individual school districts to determine trends and patterns of drug abuse, risk, and protective factors and target areas that would most benefit from prevention resources.

And, additionally, promote collaboration between the Single County Authorities and the school districts for student assistance programs, otherwise known as SAP, and provide specific training for working effectively with families in crisis.

Section 1547 of the PA School Code enacted 13 14 as Act 211 of 1990 requires school districts to 15 implement tobacco, alcohol, and other drug programs, 16 including instruction in the classroom. In addition, 17 Section 1547 requires the establishment of a program 18 to provide appropriate counseling and support services 19 for students experiencing problems with drugs, 20 alcohol, and dangerous substances.

The Commonwealth of Pennsylvania, SAP, which is administered by the PA Department of Education's Division of Student and Safe School Services, in partnership with the PA Department of Health Bureau of Drug and Alcohol Programs and the PA Department of Public Welfare's Office on Mental Health and Substance Abuse Services, is designed to assist school personnel in identifying issues, including alcohol, tobacco, other drugs, and mental health issues which pose as barriers to students' success.

6 The primary goal of the SAP program is to 7 help students overcome these barriers in order that 8 they may achieve, remain in school, and advance. The 9 zero tolerance policies often conflict with these 10 Through our interviews and research across qoals. 11 state, it has been found that not all school districts 12 make use of support this valuable curriculum offers. 13 We suggest you mandate and standardize the use of SAPs 14 across the Commonwealth of Pennsylvania.

15 Additionally, create a statewide standard 16 for interface with the judicial system for addiction 17 treatment services; ensure state legislators are made 18 aware of the financial cost and damage to communities 19 by drug addiction; promote a common understanding 20 among criminal justice and substance use disorder 21 treatment and recovery personnel of their respective 22 systems and the unique needs of clients/offenders with 23 substance abuse and co-occurring disorders and their 24 families involved in the criminal justice system. 25 Many juveniles are referred to juvenile

1 court by law enforcement officers, but many others are 2 referred by school officials, social service agencies, 3 neighbors, and even parents for behavior or conditions 4 that are determined to require intervention by the 5 formal systems for social control.

6 According to the American Corrections 7 Association, the average daily cost for state prison 8 inmate per day in the U.S. is \$67.55. State prisons 9 held a little over 250,000 inmates for drug offenses 10 in 2005. It always takes a couple of years to get 11 these statistics published. That means that states spent approximately 17,100,000, approximately, per day 12 13 to imprison drug offenders, or over 6 billion per 14 year.

15 Now, according to the Office of Juvenile 16 Justice and Delinquency Prevention within the U.S. 17 Department of Justice, in 2004 approximately 48,000 18 Pennsylvania youth were involved in the justice 19 system. In 2002 -- and you know that the stats and 20 the numbers have exponentially raised since then but 21 it's hard to get that information as it's published --22 about 60 percent of detained boys and nearly half of 23 the girls tested positive for drug use.

Financial losses to individuals and communities include monies actually spent for drugs,

1 alcohol, et cetera; loss of productivity; time spent 2 searching for drugs; drugs and alcohol related 3 illnesses; long time loss of earning capacity due to illness, disability and medical costs; paying more for 4 almost every type of insurance, from medical to your 5 6 car insurance; legal bills; loss of earned income; and 7 general money problems. 8 Screening and treatment must be made 9 available at the time of arrest or incarceration. The 10 earlier treatment begins, the better chance for a 11 successful future. 12 The cost treatment is far less when compared 13 to the total impact to individuals and community is 14 calculated. 15 And I would like to introduce Karen 16 Vellucci. She is going to read a essay titled Where 17 Were the Parents. This was written by John Clayton of 18 Allegheny County, but he was unable to be with us 19 today. He had health issues. 20 MS. VELLUCCI: Good morning. I'm honored to 21 read John's essay to you. 22 "It was just another Monday evening after a 23 hard day at work. Dinner was over. It was time to 24 look at today's newspaper and spend a little quiet 25 time in decompression mode. It was the local news

1 that caught my attention that evening. 2 "Yet another 19 year old had been brutally 3 murdered in his car in one of the more dangerous local neighborhoods. Police who were investigating the 4 scene reported that numerous traces of drugs and 5 6 paraphernalia were found in the vehicle and speculated 7 to the reporter that the murder had all the earmarks 8 of a drug deal gone bad or possibly that the victim 9 had defaulted on a drug debt. Looking into the 10 victim's background, speaking with former classmates 11 and neighbors, the reporter learned that the victim 12 did indeed have a drug problem and it had been manifest since the age of 14. 13 14 "I remember saying to myself, 'What a 15 tragedy....19 years old and life is over for this poor 16 soul. What pain must the victim have suffered during 17 the five-year period of his addiction, and what pain 18 must have been felt by the family.' I also remember 19 saying to myself, 'Thank God it wasn't my son who 20 died.' 21 "After reading that jolting news and 22 internalizing my reaction to it, I wrapped up my 23 evening and went to bed. Didn't think much more about 24 the story until a couple days later when in the 25 letters to the editor section there appeared a letter

| 1 | from a subscriber that was titled "Where were the |
|----|--|
| 2 | parents?" |
| 3 | "The body of the letter took on an indignant |
| 4 | but sincere tone as it expressed outrage and anger |
| 5 | that the parents of this pitiful victim could have |
| 6 | 'let it happen.' The 'it' being the drug addiction. |
| 7 | "Although the letter's primary question |
| 8 | showed ignorance of the problem, it was a reasonable |
| 9 | and understandable question to ask if the writer had |
| 10 | never been confronted with the challenges of an |
| 11 | addicted family member. As far as I know, no one ever |
| 12 | responded to that rhetorical question. |
| 13 | "Here is the response I should have sent |
| 14 | into the paper. |
| 15 | "'Where were the parents, you ask?' Let me |
| 16 | tell you from personal experience where the parents |
| 17 | were and how they let it happen. |
| 18 | "They were both there in the delivery room |
| 19 | that exciting day 19 years ago. The birth of that |
| 20 | bouncing baby was heralded by the new parents as the |
| 21 | high point of their lives. Where were the parents? |
| 22 | They were there when the baby needed food and shelter. |
| 23 | They were there when the baby needed love, attention, |
| 24 | and care. They were prepared to sacrifice anything to |
| 25 | assure that their child had the necessities of life |

1 They were there with the camera in hand on and more. 2 the very first day of school. They're both sad and 3 happy as they watch their little tyke ascend the steps of the school bus and wave from the inside. 4 The 5 enthusiasm for supporting their child continued 6 through elementary and middle school. They were there 7 to help with homework; to condemn disrespectful, 8 violent, and profane music and videos; to celebrate 9 successes; to counsel and coach in areas where help 10 was needed. Further, they exposed their child to 11 music lessons, basketball camp, and other activities 12 to enable discovery of any hidden or obvious talent. 13 "And yes, they spoiled that child, too, by 14 buying the right brand of clothes, the latest video 15 system, the best games, the cool stereo system, a 16 portable CD player. The necessities of a teenage 17 life. Yeah, the parents were there for all of that. 18 "They were also there the day a little 19 plastic bag with grains of marijuana in the bottom was 20 discovered on the floor of their child's room. There 21 was an almost immediate denial of the obvious. This 22 situation can't be what it appears to be. Our child 23 just wouldn't do this. When the confrontation 24 occurred, the child's denial of any knowledge of how 25 that bag got where it was found satisfied the parents,

| 1 | because it confirmed their strong belief in their |
|----|---|
| 2 | child. |
| 3 | "But then there was the next bag and the bag |
| 4 | after that. And then came the pills and the alcohol. |
| 5 | After each discovery, truth became more ominous, the |
| 6 | reality of the situation more undeniable, and the |
| 7 | resulting discipline even more severe. |
| 8 | "The parents were there that day in the high |
| 9 | school guidance counselor's office when the first |
| 10 | discussion of poor attendance and declining grades |
| 11 | occurred. |
| 12 | "They were there to double their efforts, |
| 13 | helping their child to turn things around to make a |
| 14 | commitment to improvement and to get assurance from |
| 15 | their child that changes would indeed be made. All of |
| 16 | the normal discipline was intensified withholding |
| 17 | privileges, removal of video games, no TV, and |
| 18 | grounding. |
| 19 | "The parents were also there at the school a |
| 20 | few weeks later when it became clear that their |
| 21 | efforts had been futile and that their child needed |
| 22 | inpatient rehabilitation. The trip to school that day |
| 23 | to sign the withdrawal papers was as onerous and sad |
| 24 | as attending a funeral, but it was necessary and |
| 25 | critical to saving the child's life. They expressed |
| | |

1 their contempt for the life-style their child had 2 adopted but reinforced their love and hope as they 3 travelled that 85 miles to the rehab facility, and 4 they travelled it again every weekend over the next 5 four weeks for visits.

6 "Those four weeks of clean time and 7 counseling really seemed to make a difference. Child 8 came home with a fresh outlook and a determination to 9 get better, faithful attendance in night classes at 10 the community college, high scores on a GED test and 11 the awarding of a state certified high school diploma 12 all added to a sense of direction and accomplishment.

13 "Narcotics Anonymous meetings, a sponsor, a 14 job, a purpose all seemed to be converging to bring 15 closure to this horrible chapter in the parents' and 16 the child's lives.

17 "Love, hope, encouragement, support, and 18 celebration were the order of the day, as things 19 started to return to normal.

20 "The parents were also there when the 21 relapses began, although disappointed and, yes, even 22 discouraged, they were there with more support, love, 23 and understanding while never giving up or losing 24 hope. In this stage of reinforcement of the 25 principles that had been counselled in the 1 rehabilitation center, the clean times lasted nearly 2 two years and it looked like the crisis might really 3 be over this time.

4 "They were also there that day after 5 two years of relative peace when once again money was 6 missing from their home, along with their home 7 theater, the digital camera, and jewelry. They were 8 there that day to observe the needle tracks on their 9 child's arm from heroin usage after rescuing him from 10 a crack house. It seemed like the end of life itself.

11 "Where were the parents? They were there 12 the entire time doing what parents do. They went to 13 work, went shopping, took an occasional vacation, even 14 once in a while pursued their own interests, but never 15 through it all, they never lost site of their primary 16 responsibility, raising their child to be a 17 responsible citizen. They supervised their child's 18 development as attentively and competently as anyone 19 could expect. And they did it ungrudgingly; in fact, 20 enthusiastically. Nonetheless, the addiction 21 occurred. The consequences were paid and the struggle 22 continued.

23 "The next time you read about someone of any 24 age who was involved in a drug related episode, 25 please, don't immediately assume that there were

1 negligent parents responsible for the outcome. The 2 typical parent of an addict looks and acts just like 3 the typical parent of a child without this problem. With hopes, dreams, and aspirations, a commitment to 4 5 help their child achieve his or her full potential in 6 The parents of addicts are our friends, our life. 7 neighbors, members of our church, colleagues at work, 8 and regular folks with whom we interact every day. 9 They're no different from any other parent except for 10 the challenge they courageously face every day and the tenacity with which they confront it." 11 12 Thank you. 13 MS. WARD: We thank you for your time today. 14 We greatly appreciate your willingness to serve on the 15 Health and Human Services Committee and acknowledge 16 your commitment to improving circumstances for 17 individuals and families. 18 As members of this committee, you hear tales 19 of tragedy and loss. And in some ways ours is no 20 different. You know the statistics. But these are 21 numbers; nameless, faceless numbers; numbers without 22 stories, numbers without tears. We have come here 23 today to put a face on addiction. We have come here 24 today as examples of families that are wounded yet 25 stronger and more determined to clear the way for

1 those that come behind us. We've come here today with 2 hope and convinced that you are dedicated to changing 3 what we have found. And together we can build a system more responsible -- more responsive to the 4 families of this Commonwealth. 5 6 When you get right down to it, our options 7 are quite limited. We can work together to build a 8 better system; we can continue to build more prisons; 9 or we can continue to bury our children. Thank you. 10 We'd be happy to answer any questions you might have. 11 CHAIRMAN OLIVER: Thank you very much. 12 Representative Katie True. 13 REPRESENTATIVE TRUE: Thank you, 14 Mr. Chairman. Thank you all for all the work you've 15 done and for being here. I just -- I just want to say 16 particularly to the members of the committee that I 17 have not served with for a long time, I'm going to 18 retire next year, been here 16 years and really ran 19 because of a drug issue. We have a son who is now 50. 20 By the grace of God he's still alive. 21 My story, my husband's story, is your essay, 22 except back in 1979 there was very little juvenile 23 treatment and we did the tough love thing and we threw 24 him out of the house. That's -- we knew -- didn't 25 know what else to do. We were very ignorant of the

1 issue. And we had three little boys coming along, and 2 I could not find drug dealers that were sneaking in 3 our basement.

As far as the political end of it, you know, 4 5 you need to know and I guess I sort of been a failure when it comes to that because every year I ask, I talk 6 7 about prevention money, treatment money. We have a 8 very difficult time getting that here. There always 9 seems to be bigger issues, political issues. It's better to build prisons and look tough on crime than 10 11 it is to give prevention money or treatment money. 12 It's very difficult to get. And I don't make that a 13 partisan issue. Republican, democrat governor, it 14 doesn't seem to matter.

And it needs to be so. And I'm really hoping that your report and your words will be heard by the next General Assembly, by the next governor. Because it is -- in my opinion it's one of the reasons we're spending so much money and having so much trouble with our budgets.

I don't want to go on too long a lecture, other than to tell you I know where you're coming from. By the grace of God we have a 50-year-old son, and through no big plan of his parents other than we loved him beyond belief in spite of everything that happened.

1

23

| 2 | Just very respectfully, I just want to |
|----|--|
| 3 | mention, Mr. Chairman, you have to know my opposition |
| 4 | to the medical marijuana. Our son started on |
| 5 | marijuana. It's a gateway drug. And I would really |
| 6 | ask you to consider the hearing we're having |
| 7 | December 2nd. And many reasons why other than I don't |
| 8 | believe in it, but aside from that, what I've |
| 9 | championed is a good message all these years of a |
| 10 | message we're sending to our young children. And the |
| 11 | General Assembly even considering or hearing about |
| 12 | medical marijuana to me sends a message to the kids |
| 13 | out there, marijuana medicine, well, how bad could it |
| 14 | be. |
| 15 | I can tell you I know how bad it can be, |
| 16 | because I had an honor student that we pulled out of |
| 17 | high school that never had a chance at life because of |
| 18 | his drug use. So I just wanted to add that on top of |
| 19 | all the information you've heard here. I just think |
| 20 | it should not be something that we should be doing. |
| 21 | We should be struggling to get money out of any |
| 22 | governor or any place we can for prevention to help |

24 thank you for allowing me to say that, Mr. Chairman.
25 And thank you all.

these folks and the ones that come behind them.

And I

1 Representative Smith. CHAIRMAN OLIVER: 2 REPRESENTATIVE SMITH: Thank you, 3 Mr. Chairman. And I thank all of you for stepping up and being members of the committee. I know it's 4 5 difficult. But through your efforts, many will be 6 saved. 7 And to Tom Moreken, thank you very much for 8 your work. And I'm glad to see you brought the boss 9 with you today. 10 I know the Morekens personally, and I knew 11 Erin as well. Erin was a bright, beautiful young lady 12 who would come to our place of business with her 13 grandfather on a regular basis. And the loss was 14 tremendous. 15 Having said that, I want to share a guick 16 and personal story with you. I am a father of two 17 children. I have a son, Ryan, that's 20 and a 18 daughter, Kaleena that's 18. And my son Ryan is a --19 is an ambitious young man with a great personality. 20 And he went through high school being Mr. Personality. 21 And anything and everything that went on in that 22 school revolved around him because of that 23 personality. He was also very good athlete, and good enough to bring it to the college level. 24 25 He went on to college and after his first

43

year we discovered, through the intervention of a 1 2 friend, that my son had a drug problem, which 3 completely and totally sent our family into a tailspin. We were completely blindsided. There is no 4 5 history of addiction in our family. 6 You talk about, Where are the parents? 7 You're talking about two parents that are home, that 8 went to every practice, every game, every play. Ιf 9 there was a tutor needed for school, they were there. 10 The best education; loving, caring parents. 11 And I remember when Ryan was born, my 12 wife -- we brought Ryan home and my wife looked at me 13 and she said, I'm quitting my job. 14 I said, You're quitting your job? 15 She said, Yes, nobody's going to raise our 16 children. I thought, well, that's good but we might 17 starve to death. 18 But that was the commitment. That was her commitment; that was our commitment. 19 20 And, you know, I also I chair the Youth 21 Counsel for Lackawanna County, which is a spin-off of 22 the Workforce Investment Board. And since its 23 inception I have been the president -- I'm sorry, the 24 chairman of that -- of that Youth Council. And I took 25 it because of influence of friends of mine, but I took

that and used it as a tool to educate our area 1 2 students on the dangers of drug abuse. 3 Now this goes back 10 years ago. And I even at my own expense made up booklets with little cool 4 5 sayings on there, talking about the different drugs 6 and what they could do and how not to get involved and 7 how never go to the first use or how marijuana is a 8 leader drug. And along with doing this, I educated my 9 children every step of the way. 10 And then it will actually be one year this 11 Christmas that the intervention happened. And my son 12 went for rehabilitation and he's done very well. He's 13 doing well today. He almost has one year under his 14 belt. But you know, I walked around for many months 15 after my friend called me, he said stop being the 16 peacock. I kept asking time and time again, how does 17 this happen? Two loving parents, a good family, 18 education on drug addiction, good athlete, popular. 19 It doesn't make sense. 20 Listen, folks, from my perspective, this 21 disease doesn't make sense. There's no rhyme; there's 22 no reason; there's no sense of understanding. But for 23 whatever reason it's here and it grabs our children. And unfortunately, just in the case of Erin, the 24 25 addiction and the disease won.

45

1 I live -- I live every day in fear because 2 you don't know when that addiction may come back or 3 when. So I have -- I have a very close friend that is a president of a drug addiction center. He's very 4 good at what he does. I also have a friend, Judge 5 6 Michael Barrasse who heads up the drug court in 7 Lackawanna County. And his theory is that if you put 8 a drug addict or an alcoholic in prison, when you come 9 out, when he or she comes out, you still have a drug 10 addict and an alcoholic. So, you know, he gets it. 11 And I think for the most part our bench in Lackawanna 12 County gets it, that we need to have intervention. We need to have treatment. 13 But I also believe that we can't wait for 14 15 the train to wreck and pick up the carnage afterwards. 16 So unfortunately in our case my son's train 17 did wreck. And through a good friend of his we were 18 able to have that intervention, because God only knows on the road to which he was what may have happened. 19 20 So I want you to know, as we go home today, 21 that you have an ally in myself. And I get it. 22 Because I have lived it. And I continue to live it. 23 And, Representative Marsico, I ask you as we move forward that anything you need as far as legislation, 24 25 I'd love to be part of it and I'd like to communicate

1 And, you know, in our town, Tom, I watch with you. 2 the courageous efforts that you and your family and 3 your wife put forward every day for Erin. And I'm in 4 awe of each of you. But let me say this, because each 5 of you are here today and the understanding to which we have today, I believe at the end of the day we can 6 7 But we must continue to fight the fight. Thank win. 8 you.

CHAIRMAN OLIVER: Representative Pashinski.

10 REPRESENTATIVE PASHINSKI: Thank you, 11 Mr. Chairman. And thank you very much to all of you 12 for your outrageous, incredible losses, the courage 13 that you have to come before the public and make your 14 positions known. I think all of us can feel the pain 15 in this room and the tremendous loss. I think it's 16 important for us to continue on with the work that you have done. 17

9

18 Representative Marsico, I extend my hand out 19 to you as well, to work together on trying to educate, 20 first our legislators, so that no politics should come 21 between the solution. Michael Donahue from Luzerne 22 County, Carmen Ambrizino and I have discussed this 23 horrible situation at length many times. And he 24 pleads for more money for prevention rather than at 25 the other end. I think that when you begin to look at

1 the numbers, and unfortunately in state government we 2 are always looking at the numbers, because for obvious 3 reasons, there's a limited amount of resources and we 4 have to be able to spread it around for the needs, and 5 there's always more needs than we have resources. But 6 I think your efforts and your facts and your knowledge 7 and your experience can be the springboard for really 8 moving in the right direction, focussing in on the 9 prevention. Because none of you would go through what 10 you went through if we could just stop it at an early 11 point in their lives. It's incomprehensible how some of the kids 12 13 get involved. Being a teacher for over 30 years, I 14 can truly say to you that it's really not always their 15 fault. Because the kind of techniques that are used 16 by those that operate and move this drug, whatever 17 drug it is, they're ruthless, because they're driven 18 strictly by money. They don't care what lives are 19 ruined. They don't care what happens to those that 20 are using it. And they know better than anybody else 21 the dangers. 22 So I think it's our responsibility to help

22 So I think it's our responsibility to help 23 carry on with the great work that you've done and move 24 this effort forward to an ending that we can begin to 25 say we are really making that difference and

| 1 | preventing these kids from even looking at that stuff. |
|----|--|
| 2 | I am committed on this, Representative |
| 3 | Marsico, and I will work diligently towards that end. |
| 4 | And, again, I thank all of you for your courage. Hats |
| 5 | off to all of you. I have tremendous respect for you. |
| 6 | And I cannot imagine |
| 7 | CHAIRMAN OLIVER: Representative Seip. |
| 8 | REPRESENTATIVE PASHINSKI: I'm sorry. As |
| 9 | a father, I can't imagine the loss of a child. Thank |
| 10 | you. |
| 11 | CHAIRMAN OLIVER: Representative Seip. |
| 12 | REPRESENTATIVE SEIP: Thank you, |
| 13 | Mr. Chairman. Thank you for being here today. Thank |
| 14 | you for your testimony. I really appreciate the |
| 15 | comments on the Students Assistance Program, the SAP |
| 16 | program. I worked very closely with them in |
| 17 | Schuylkill County. And I know when issues are handled |
| 18 | the right way and they're given the right latitude to |
| 19 | implement it correctly it can be a very valuable tool |
| 20 | for students and families. |
| 21 | Today I don't think people really comprehend |
| 22 | the magnitude of substances and the grip that they can |
| 23 | get on individuals. You know, through my work at |
| 24 | social work, at case work before that, I've seen |
| 25 | individuals who put so many important things aside |
| | |

just because of substances. And I don't -- again, I 1 2 just don't think people comprehended how difficult it 3 is to break that grip or that hold that substances can 4 have on people. 5 In today's Pottsville Republican there was a 6 story about unfunded mandates and the millions of 7 dollars that Schuylkill County is going to have to put 8 out now because of unfunded mandates. And why would 9 they have to continue to offer, could they reduce some 10 of their costs for mental health and mental 11 retardation treatment and substance abuse treatment? 12 Would that be possible? 13 Now, the story didn't go in to any kind of 14 detail on trying to calculate the money that's lost 15 because of substance abuse, the impacts on communities and the families and the counties and the criminal 16 17 justice system and all these things that you outlined 18 for us today. I wish the article could have gotten 19 into those factors, because I think prevention will 20 save us an incredible amount of money, and certainly 21 save families and lives and individuals so that they 22 can contribute to community and achieve all different 23 kinds of positive things. 24 I think maybe we have a tax structure 25 problem. You know, we beat our heads against the wall

1 trying to come up with funding. We have a sales tax 2 system that's over 40 years old that really hasn't 3 been changed since the early '70s. We have a property tax system that's been in place for over 200 years 4 5 that maybe we need to look at. Maybe that's one way 6 that we can identify funding for important things like 7 substance abuse treatment and mental health treatment 8 here in the Commonwealth. 9 So I really don't have any questions for

you, but I do thank you for being here. Thank you for enlightening, not only this committee, but the public on how serious substance abuse can be and what the impacts are for everyone. So thank you. Thank you, Mr. Chairman.

15

CHAIRMAN OLIVER: Representative Baker.

16 REPRESENTATIVE BAKER: Thank you, 17 Mr. Chairman. I know I thanked you for your courage, 18 conviction, and your passion earlier, but let me also 19 thank you for your love for your family members and 20 for others, because you could have just gone away and 21 left it right there. But you have hope for a better 22 tomorrow, so thank you for your leadership.

Thank you, Ron, for your leadership in introducing this resolution a few years ago and sticking with it and making -- making really good

1 functional advisory committee. And, Katie, thank you 2 for your passion for all these years, a lifetime of 3 it. What I noticed in your testimony was the 4 5 common denominator. And it was something Katie 6 mentioned a little earlier, the whole topic of 7 marijuana and how insidious that drug can be. 8 In a couple weeks we're going have a hearing 9 here that would consider the legalization of medical 10 marijuana. You are a -- the Pennsylvania Parent Panel 11 Advisory Council. And I for one, as the minority 12 chairman, would love to have your advisory on whether 13 that bill should ever see the light of day. I think I 14 know the answer to that. But it would be nice to have 15 it in writing in anticipation of that hearing. And 16 once again, thank you for all that you do. God bless 17 you. 18 CHAIRMAN OLIVER: Representative Drucker. 19 REPRESENTATIVE DRUCKER: Thank you, 20 Mr. Chairman. I just want you to know that I walk in 21 your shoes. My son is 40 days clean from his fourth 22 rehab. That's all I have to say. That's all I can 23 say. 24 CHAIRMAN OLIVER: Representative Bishop. 25 REPRESENTATIVE BISHOP: Thank you,

1 Mr. Chairman. Let me say congratulation to this group 2 who has done such hard work. I congratulate you in 3 two areas. Twenty-one years ago when I was first 4 elected to the House of Representatives, one of my 5 first big efforts was to work with drugs. I was sent here by people who were tired of losing their children 6 7 and having difficulty with drugs. I thought drugs 8 should -- treatment should be mandated and so right 9 away I wanted to put it where we had mental illness. 10 I thought they were connected. So I wanted to mandate 11 and put them so parents had an opportunity to put 12 their children away and force treatment or to put 13 their husband away, force treatment. Of course that 14 didn't go very far. 15 I raised the issue of crack babies. Т

16 congratulate you, because 21 years ago representative 17 from York County asked me, What is a crack baby? Нe 18 had never heard of a crack baby. I realize now 19 21 years ago Philadelphia was ahead on the issue of 20 drugs. Across the Commonwealth of Pennsylvania you 21 have now caught up with where Philadelphia was 22 21 years ago. The same pain, the same hurt, the same 23 death, the same tears that were shed 21 years ago has 24 now crossed the Commonwealth of Pennsylvania. 25 It is still a huge issue, probably one of

53

1 the number one issues unaddressed to some degree that 2 is still roaming in the Commonwealth of Pennsylvania. 3 So I say to this beautiful group of assembled parents, caring parents from what I have heard that have done 4 5 so much to overcome your hurt and your pain and to try 6 to prevent it from happening to others, I say for the 7 thousands of drug addicted and drug deaths that are 8 out there who did not have your kind of 9 representation, make sure if we can that the two come 10 together, those who are parents to fight their battles 11 and the thousands that are addicted still who have no 12 parents to represent them; children, some of them who 13 opt out of the system at age 18 who became drug 14 addicted, drug dealers, drug selling, some who went to 15 jail with two bags of marijuana in their pocket, seemed to be such a crime that we should send them 16 17 away and punish them for a bag or two of marijuana 18 when they should have been put in a treatment center. 19 So before the bag of marijuana escalated to 20 something else, perhaps we would have had something in 21 I'd love to work with you, and if I can, call place. 22 me, get in touch with me. The passion is still there. 23 I still feel the pain. Fortunately, though I lost a

24 son, it was from a different kind of illness. It
25 wasn't a drug addicted illness, but I understand what

| 1 | it's like to lose a loved one. |
|----|--|
| 2 | On Friday we will bury the oldest member of |
| 3 | my family, an uncle, who begged me when he worked hard |
| 4 | to send me to Harrisburg 21 years ago, do something |
| 5 | about drug addiction, because he had a son that was |
| 6 | struggling with drug addiction. There must be |
| 7 | something. I've been the kind of father, he said, |
| 8 | that I should be, but we just can't get him healed. |
| 9 | Unfortunately, the son died coming out of a crack |
| 10 | house with a bullet in his back. He never had a |
| 11 | chance to see him heal. He never got over his death. |
| 12 | And, finally, his heart took him out a few days ago. |
| 13 | So I am sensitive. I want to work with you. |
| 14 | I want to do whatever I can. And I say something must |
| 15 | be done for treatment. Something must be done before |
| 16 | they get to the drugs, whether it's school that we |
| 17 | have to look at, whether it's jobs that we must look |
| 18 | at, whether it's better training than we have been |
| 19 | equipped to give them. But before they pick up that |
| 20 | needle or whatever it is they use, they're already in |
| 21 | trouble. That's the sign of a troubled child. Though |
| 22 | we may not pick it up right then, that's the |
| 23 | beginning. And as this group moves forward and you do |
| 24 | study, we have to find out what do they need in place |
| 25 | to prevent the drug desire from coming their way. |
| | |

| 1 | Thank you very much. God bless you. |
|----|--|
| 2 | CHAIRMAN OLIVER: Representative Brown. |
| 3 | REPRESENTATIVE BROWN: To come after a |
| 4 | senior member, Representative and Chairwoman Bishop, |
| 5 | she so eloquently just said so many of the things that |
| 6 | are on my mind and on my heart. And I just wanted to |
| 7 | add that even my, you know, I we've all experienced |
| 8 | some form of drug addiction in our lives. And I've |
| 9 | lost so many of my friends and my neighbors and even |
| 10 | my family to this serious issue. And it is a disease. |
| 11 | It is a mental health disease. And I've dedicated a |
| 12 | large portion of my life to supporting those who had |
| 13 | been drug addicted and also trying to encourage those |
| 14 | who sell drugs to find other options in their lives. |
| 15 | And during the course of this, it led me to an |
| 16 | organization called Weed and Seed. And I've been a |
| 17 | member and I still am a member. And I would still be |
| 18 | the acting chair of that organization, but I've been |
| 19 | blessed to be here. I was the chair of community |
| 20 | policing. |

And from walking the streets and talking with people who I believe this is a symptom of other things that have happened in their lives. And we often put Band-Aids on things. And the Band-Aid is not big enough for this issue, because we see what the 1 result ends up being, as the story that you've come 2 here to tell us today. 3 And, you know, it's just overwhelming for me

4 to even sit here and try to even explain to you what I 5 have experienced in my life of going through the 6 struggle and understanding every testimony that was 7 given here today and how personal it is to me, and to 8 have members that I sit here with in Harrisburg share 9 their most intimate stories. And hopefully it will 10 empower someone, someone.

And I just say thank you so much for your courage and your conviction. And I just hope that it gives you some hope in the struggle of you helping to save other families, other children, that you do have members here who get it. We do get it. Thank you so much.

17 CHAIRMAN OLIVER: The final person to speak
18 today is Miss Robin Rothermel from the Department of
19 Health.

20 MS. ROTHERMEL: Thank you, Mr. Chairman, 21 members of the committee. I just want to take a few 22 moments first to thank Representative Marsico for his 23 foresight in this issue. And I know that the 24 committee didn't say it today, but they are leading 25 the nation. This is -- this is something that other states are looking to do, to put a panel of folks like this together to help them with the same issues that these folks have so courageously and graciously been willing to help us with.

I do want to thank the committee for their 5 6 work. These folks are not policymakers. They're not 7 They are parents. And as one of them bureaucrats. 8 said, I'm not sure if it was Joan or who, they're not 9 the expert on the resources. They're not the experts 10 on the how to make it happen. They're the experts on the what should happen, and most importantly what 11 12 shouldn't happen, unfortunately. And because of that, 13 we at the Department take these recommendations very 14 seriously.

15 And although they have met technically their 16 requirement of the resolution and they have made their 17 recommendations and they have presented their report, 18 we asked them if they would continue to assist us in 19 implementing these recommendations. We've asked them 20 to continue to meet, to continue to take time out of 21 their personal lives, their very hectic schedules --22 you know, some of them are still raising -- are 23 raising children, you know, the majority of them in 24 the workforce. So they continue to take time out of 25 their lives to come to Harrisburg to help us fix this

1 And I think they have graciously agreed to svstem. 2 continue to meet with us and help us to implement some 3 of these recommendations. Some of them are easier to implement, as I'm 4 5 sure you'll see when you read the report, than others. 6 But these are -- these are very important 7 recommendations to the Department and we are willing 8 to work with the committee and to continue to work with the panel in order to see that we made some 9 10 difference so that the families that come behind them 11 hopefully have an easier road than they did. And I 12 thank you very much for your time. 13 CHAIRMAN OLIVER: Well, I certainly want to 14 thank Representative Marsico and all the persons today 15 who have testified before this committee. I want you 16 to know that you have touched most of our hearts, 17 because all of us have problems. It's a disease that 18 really it's lasted far too long. When will it end? 19 Certainly it has touched us. And I want you to 20 understand that what you have brought to us today is 21 certainly going to help us in the future to try to 22 solve all of the problems that we now have on our 23 hands. 24 Thank you again for coming. Thank you again

for touching our hearts also. Because we also,

25

| 1 | whether you know it or not, we as legislators, we also |
|----|--|
| 2 | have problems similar to yours. Thank you so much for |
| 3 | coming. That ends this testimony before this |
| 4 | committee. Thank you. |
| 5 | (Proceedings concluded at 12:37 p.m.) |
| 6 | |
| 7 | |
| 8 | |
| 9 | |
| 10 | |
| 11 | |
| 12 | |
| 13 | |
| 14 | |
| 15 | |
| 16 | |
| 17 | |
| 18 | |
| 19 | |
| 20 | |
| 21 | |
| 22 | |
| 23 | |
| 24 | |
| 25 | |
| | |

| 1 | I hereby certify that the proceedings and |
|----|--|
| 2 | evidence are contained fully and accurately in the |
| 3 | notes taken by me on the within proceedings and that |
| 4 | this is a correct transcript of the same. |
| 5 | |
| 6 | |
| 7 | |
| 8 | Heather L. Artz, RMR, CRR |
| 9 | Notary Public |
| 10 | |
| 11 | |
| 12 | |
| 13 | |
| 14 | |
| 15 | |
| 16 | |
| 17 | |
| 18 | |
| 19 | |
| 20 | |
| 21 | |
| 22 | |
| 23 | |
| 24 | |
| 25 | |
| | |