COMMONWEALTH OF PENNSYLVANIA HOUSE OF REPRESENTATIVES CHILDREN AND YOUTH COMMITTEE

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HARRISBURG, PENNSYLVANIA
AUGUST 5, 2008
1:00 P.M.

BEFORE:

HONORABLE LOUISE BISHOP, MAJORITY CHAIRWOMAN HONORABLE CAROLE RUBLEY, MINORITY CHAIRWOMAN

HONORABLE ROSITA YOUNGBLOOD

HONORABLE BARBARA MCILVAINE-SMITH

HONORABLE PHYLLIS MUNDY

HONORABLE FRANK OLIVER

HONORABLE EDDIE PASHINSKI

HONORABLE STEVE SAMUELSON

HONORABLE FRANK SHIMKUS

HONORABLE CURTIS THOMAS

HONORABLE JEWELL WILLIAMS

HONORABLE MARK COHEN

HONORABLE KAREN BOBACK

HONORABLE SUSAN HELM

HONORABLE DAVID HICKERNELL

HONORABLE DUANE MILNE

HONORABLE DAN MOUL

HONORABLE BRAD ROAE

HONORABLE KATIE TRUE

HONORABLE JAKE WHEATLEY, JR.

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    ALSO PRESENT:
    TOM HILLER, EXECUTIVE DIRECTOR(D)
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    JANELLE LYNCH, EXECUTIVE DIRECTOR(R)
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    TRACY L. MARKLE,
    COURT REPORTER/NOTARY PUBLIC
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1 ---000---CHAIRWOMAN BISHOP: The meeting will come to 2 order. Good afternoon, ladies and gentlemen. Thank you 3 4 for being here today. And I would like to begin by asking all of the members of the Committee to introduce 5 themselves, starting at my far left. 6 7 REPRESENTATIVE HICKERNELL: Dave Hickernell, Lancaster and Dauphin Counties. 8 9 REPRESENTATIVE MOUL: Dan Moul, Adams and Franklin. 10 11 CHAIRWOMAN BISHOP: Louise Bishop, 12 Chairlady. SUBCHAIRWOMAN RUBLEY: Carol Rubley, 13 14 Minority Chair from Chester and Montgomery Counties. 15 REPRESENTATIVE BOBACK: Karen Boback, 16 Luzerne, Columbia, and Wyoming Counties. 17 REPRESENTATIVE MCILVAINE-SMITH: Barb 18 McIlvaine-Smith, Chester County. 19 REPRESENTATIVE SHIMKUS: Frank Andrew 20 Shimkus from Lackawanna County. REPRESENTATIVE ROAE: Brad Roae, Crawford 21 22 County. 23 CHAIRWOMAN BISHOP: And, of course, we're 24 ready to begin. And our conversation and meeting this 25 afternoon has to do with after-school programs play an

important role in the education of our system. That's after-school programs play a very important role in the education system and in our communities. It is our hope that we may gain a clearer picture of the services that are offered through the information that will be added here today.

And so we begin by welcoming another member and Chairman, Representative Oliver. Representative Curtis Thomas asked that you allow him to come a wee bit late because he had another meeting. And so we begin with our first group of testifiers and those who are going to inform us, Michael J. Carroll, Chief of Police, Stephen -- oh, I'm jumping too far -- Kisha Bird, who's Project Director of the Pennsylvania Statewide After-school Youth Development Network.

Kisha.

MS. BIRD: Good afternoon, Chairwoman
Bishop, Chairwoman Rubley, and the members of the House
Children and Youth Committee.

I'm Kisha Bird. I'm Director of the

Pennsylvania Statewide After-school Youth Development

Network, PSAYDN. I want to thank you first for inviting

me to testify on the importance of after-school

programs.

PSAYDN is a collaborative effort among

state, regional, and local partners that promote sustainable, high quality out-of-school time youth-development programs that promote the welfare of Pennsylvania's children, youth, and families.

The Network has 100 major partner organizations and a membership of over 1,000 individuals that represent the academic community, provider and advocacy organizations, state and local government, and philanthropic institutions from across the Commonwealth. We believe that all children and youth deserve access to high quality programs that promote the positive development and successful transitions into adulthood.

We promote sustainable, high-quality after-school programming by creating awareness of best practices, data, research and resources. Through our partnerships, advocacy, and capacity building, we are creating opportunities for coordination of resources and increased investment for after-school programming.

So before proceeding with my comments, I'd like to thank the members of the Committee and the entire House of Representatives for unanimously approving House Resolution 824 prior to the summer recess. This resolution directs the Legislative Budget and Finance Committee study and to report on the availability of after-school programming and the needs

of after-school programming in the Commonwealth. It is my hope that this study will provide a solid foundation on which sound public policy decisions regarding after-school programs can be made.

So what is after-school? The National Governor's Association describes after-school programs, which are also known as extra learning opportunities and out-of-school time programs, as providing youth ages 5 through 18 with a variety of supervised activity that promote learning and positive development beyond the traditional school day. So they may occur on weekends, evenings, and during the summer months. They come in many forms, ranging from academic support to service learning to organized sports, community service, and scores of others. These programs offer youth new opportunities to improve academic performance, develop new skills, consider college and career options, participate on teams, and learn new problem-solving approaches with their peers and adults.

Pennsylvania has nearly 1.3 million school-age children and youth who have working parents. More than a third of them live in low-income families and 26 percent are responsible for taking care of themselves after school. They spend, on average, more than six hours each week unsupervised.

So, in short, out-of-school time programs represent the single biggest block of time for youth and key time during the development of children into adolescents and adolescents into adults. And these significant hours aren't solely influenced by families and schools. On the contrary, communities and community supports have a significant role during these hours. As research has demonstrated, out-of-school hours have significant influence on the development of children and teenagers' habits, attitudes and skills, and will ultimately help determine academic and life successes.

So the question and the challenge to all of us here today, is what do you want our children to learn during these critical hours? It takes resources, meaningful opportunities, and the will to create and maintain high-quality after-school programs. So how do we create the will, how do we find the resources and produce the opportunities necessary to make positive impacts on children's lives?

We already know that across Pennsylvania many communities are already working together to develop safe, affordable, and enriching after-school experiences. We know these programs give parents a piece of mind while they're at work, comforted in the knowledge that their children are safe and engaged in

positive activities that will contribute to their success in life.

So research illustrates that high-quality after-school programs, as I mentioned, include student achievement, reduces crime by and against youth and promotes positive social development. The critical time between the school bell and the dinner bell can be filled with enriching experiences that our children and youth need that can have dramatic lifetime impacts.

One national study demonstrated that a 10th grade student who spent 5 to 19 hours per week in after-school and in youth development activities as compared to youth who did not, were six times less likely to have dropped out of school by their senior year and three times less likely to be suspended in their senior year, twice less likely to be arrested by their senior year, and 75 percent less likely to smoke cigarettes or use drugs as sophomores or seniors.

But these kinds of results don't happen by accident. They require careful planning with a keen eye on developing programs that will engage children and youth and meet their broad array of interests and diverse needs. This may seem like a daunting task, but research does provide us with some meaningful guidance on the characteristics of programs that will be embraced

by children and families and make good on the promise of positive results.

The characteristics of high-quality programs: They include positive relationships, including staff-child relationships, peer relationships, and connections with the families and community, rich content-based program activities, a mix of academic and nonacademic, including recreational and physical enrichment activities that build skills and learning and mastery-oriented content, delivery strategies that offer both structured and unstructured learning opportunities to promote participant autonomy, choice, and leadership.

Currently, after-school programs are funded by a myriad of public and private sources, including federal and state government, local municipalities, corporations, foundations, and parent fees. There's no one single revenue source for after-school programs in the Commonwealth. The key funding resources for after-school programming includes 21st Century community learning centers, subsidized childcare, workforce investment boards and tutoring programs.

So we know that simply attending a program is not enough to make a difference in the lives of youth outcomes. Quality programming and quality staffing

matters, professional development, staff qualifications, career pathways for youth workers are essential and important for increasing staff engagement, decreasing staff turnover, and improving outcomes for children and youth.

Two notable Pennsylvania investments supporting the quality of after-school programs and staff include: The Pennsylvania school-age childcare project. This program has been around since 1986. And these regional school-age childcare projects have provided professional development and technical assistance supporting both public and private after-school programs across the state using strategies, tools, processes grounded in best practices, research and state and national standards.

Another notable Pennsylvania investment is
Keystone STARS. State and federal funds provide support
to a comprehensive, continuous quality improvement
system for early learning and school-age programs
serving children birth through age 12. And Keystone
STARS focuses on four key areas proven to support
program and staff quality. That's staff qualifications,
professional development, programming environment,
partnerships with family and community, and leadership
and management.

However, despite these current funding resources, we know that Pennsylvania lacks a comprehensive, fiscal and program delivery strategy that will support after-school programs anywhere in the Commonwealth that they are needed.

So, in conclusion, although after-school programs have been around for decades, and we'll hear later from one of the oldest after-school programs in the Commonwealth, we are learning more about how the hours outside of school can be critical in determining the success of a child in school and in life. With many forms and purposes, after-school programs can be a key element of state and local policy efforts that will support the long-term success of children, families, communities, and the Commonwealth as a whole.

So I hope that by listening to the presenters today and in conjunction with the forthcoming Legislative Budget and Finance Committee study, you will recognize the important contributions that high-quality after-school programs can make toward the safety of children, promoting academic achievement, enrichment, and providing much needed family supports. After-school is a sound investment for Pennsylvania.

So thank you for the opportunity to appear before you today. I would be pleased to answer any

questions regarding PSAYDN, the after-school network and the value of after-school programs.

CHAIRWOMAN BISHOP: Thank you very much.

Are there any questions? Chairman Rubley. Chairwoman Rubley.

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SUBCHAIRWOMAN RUBLEY: Thank you very much, Kisha, for making the sound argument that you made on how important these programs are across the state.

I'm curious to know what extent the school districts participate. Are there 501 school districts all participating in these programs?

MS. BIRD: Well, Chairwoman Rubley, at this time, we know that there are a number of school districts that do participate and actually support after-school programs either by running them directly or in partnership with community-based organizations, but we don't know fully. So we hope that the outcome of the study will really give us a better picture of where the gaps in service are across the state.

SUBCHAIRWOMAN RUBLEY: I think that's going to be very important, because as I look at the sources of funding for the current programs, much of the funding is going to low-income families. And that's desperately needed, but other families need this, too, in this day and age we're living in; and I think we have to find out

whether or not all the children are being served.

MS. BIRD: I agree as well.

CHAIRWOMAN BISHOP: Are there any other questions? I'm certainly not going to let you get away without asking some. You made an excellent argument on the need for after-school programs. I would like to know if you can tell me if there's data to support afternoon students, students who are enrolled in afternoon programs, are they less inclined to drop out? Are they less inclined to be involved in violence? Are they less inclined to get in trouble?

MS. BIRD: Yes.

CHAIRWOMAN BISHOP: And do we have data to support that?

MS. BIRD: Yes. We have -- there's a host of research that supports that, including some of my testimony and I'm sure the other folks who are testifying will include data on that. But, essentially, children and youth who participate in these after-school and youth development programs for an extended period of time, as I referenced in this study for at least five hours per week on a consistent basis, are less likely to be victims of crime or to commit crimes, less likely to have incidents of drug use and more likely to have engagement in their academic career; and so there's tons

of research to support that.

CHAIRWOMAN BISHOP: And exactly how do you get your students? If the schools are not participating in the programs, how do you have access to them and where do you hold your schooling? Is it in the school building? Is it buildings that you own or rent across the state?

MS. BIRD: Well, again, I'm speaking on behalf of the coalition. We do have some testifiers who will speak a little bit more about that. But, essentially, after-school programs are provided by community based organizations, school districts, churches, and other nonprofit organizations and so they are held in community centers, they're held in school districts, and they're held in some cases, churches; so there's not necessarily a unified place for that.

And depending on what type of program -- as

I mentioned, there's a number of different purposes and

forms of programs that will dictate where they're

housed, but I'm sure some of the other folks will get to

that.

CHAIRWOMAN BISHOP: And should there be disciplinary problems, how do you deal with them? Do you have police? Do you have security, the way we do in schools?

MS. BIRD: Well, again, I won't answer this for every single after-school program. I think that it would depend on the location and the purpose of that program. But certainly safety is one of the primary tenets of a quality after-school program; and so where that is necessary, then it's very important for after-school programs to support that.

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CHAIRWOMAN BISHOP: Okay. My last question before I move to Representative Moul would be, do you have much drugs? Have you noticed any drug addiction problems in the after-school programs as they do in the regular schools?

MS. BIRD: I don't know how quite to answer that. But I will say, again, as far as what we support is high-quality programs. And in a high-quality program you will have strong staff/child relationships, which we hope, after-school is a strategy, would eliminate or prohibit a young person engaging in that kind of activity.

CHAIRWOMAN BISHOP: Okay. Thank you. Representative Moul.

REPRESENTATIVE MOUL: Thank you, Kisha, for being here today. What would you say would be the average cost annually for the average student in an after-school program?

MS. BIRD: Well, that's a very interesting question. The Finance Project, which is a national organization that does a lot of research on out-of-school-time programs has just completed a study on the average cost of a high-quality program, we're talking about high-quality programs. And so the range can be anywhere from \$2,500 per child up until the most recent number which was hovering around \$4,000 per child, but again, depending on transportation costs.

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In rural communities, that's a very important factor that would have to be factored into the cost. We're talking about high-quality staff and a fair compensation wage so that these programs -- and the kids who are in these programs are afforded all of that, and that's the ballpark that they have given us, the Finance Project.

REPRESENTATIVE MOUL: Okay. Thank you. I'm just trying to get -- where does your money come from to support the programs?

MS. BIRD: Okay. So when I was talking a little bit about the funding forces -- after-school programs are supported by a number of funding streams, including 21st Century Community Learning Centers, Workforce Investment Boards, school-age childcare and tutoring funds; and so there's no one single source of

funding for after-school programs. And as you'll see 1 2 with some of the testifiers, most programs basically coordinate resources to provide services for children. 3 4 REPRESENTATIVE MOUL: Okav. MS. BIRD: And I will say this, that even 5 6 though that's the number that the Finance Project is 7 giving us for what it costs to deliver high-quality programs, we do know that some programs may not be 8 delivering at that particular level. 9 10 REPRESENTATIVE MOUL: Okay. Do you find that any school districts themselves include something 11 12 in their budget to support you? 13 MS. BIRD: To support programs -anecdotally we know; but again, we hope that the study 14 will really give us hard data that we need to know that. 15 16 REPRESENTATIVE MOUL: Okay. Thank you. 17 CHAIRWOMAN BISHOP: Thank you. Are there 18 any others? Thank you very much. We've been joined by 19 Representative Youngblood and Representative Katie True. 2.0 We'd like to move to our next group of testifiers. 21 This whole meeting this afternoon is about 22 keeping kids safe, the importance of after-school 23 programs, how they learn, do they have enough money, 24 where do we get it from? And so we move to Michael J. 25 Carroll who is Chief of Police and Stephen L. Doster,

Pennsylvania Deputy State Director, West Goshen

Township; and they're both from Fighting Crime and

Investing in Kids in Pennsylvania.

Good afternoon.

MR. CARROLL: Good afternoon. I will be presenting for Fight Crime: Invest in Kids, Madam Chairwoman.

CHAIRWOMAN BISHOP: Okay.

MR. CARROLL: Chairwoman Bishop, Chairwoman Rubley, and members of the Committee, thank you for the opportunity to testify before you today. My name is Michael J. Carroll. For 19 years, I have been Chief of Police for West Goshen Township, Chester County, Pennsylvania.

I am currently the second Vice President of the International Association of Chiefs of Police and the former president of the Pennsylvania Chiefs of Police Association. I'm also a member of Fight Crime: Invest In Kids, an organization of over 4,000 police chiefs, prosecutors, sheriffs and violence survivors dedicated to examining the research on what works to keep kids from becoming criminals.

When violence occurs, punishment is important and necessary; but we must also invest in proven approaches that keep at-risk kids from committing

crimes in the fist place. The research, and my experience in law enforcement, shows that quality after-school programs do just that. When the school bell rings, millions of children and teens head for the street with neither constructive activities nor supervision by caring, responsible adults and violent crime soars.

Research from across the country consistently shows that on school days the hours from 3 p.m. to 6 p.m. are the peak hours when children are most likely to become victims of crime, be in automobile accidents, smoke, drink, or use drugs.

Fortunately, quality after-school programs can cut crime and transform the prime time for juvenile crime into hours of academic enrichment, constructive recreation and community service. For example, in a study conducted in several U.S. cities, five housing projects without Boys & Girls Clubs were compared to five receiving new clubs. At the beginning, drug activity and vandalism were the same. But by the time the study ended, the projects without the programs had 50 percent more vandalism and scored 37 percent worse on drug activity.

An evaluation of an anti-gang Boys & Girls Club approach found that the high-risk children and

teens in these clubs showed decreases in several gang and delinquent behaviors. These youth also exhibited positive changes in their engagement or achievement in school.

A study of a San Francisco Bayview Safe

Haven after-school program found that among kids with

prior histories of arrest, those who did not participate
in the programs were twice as likely to be arrested

during the six-month initial intervention period as

program participants. Among kids with no prior

histories of arrests, those who did not participate were
three times more likely than participants to be arrested

during the same intervention period.

When we invest in what works, it has a big payoff. Professor Mark A. Cohen, of Vanderbilt University, estimates that for each high-risk youth prevented from adopting a life of crime, the country saves up to \$7 million dollars.

Despite the clear evidence that quality after-school programs can prevent crime and improve our youth outcomes, there remains a dramatic shortage of after-school programs in Pennsylvania. According to the After-school Alliance, while 26 percent, or about 570,000 of Pennsylvania's school-age children are unsupervised after school, only 9 percent or about

197,000 of the K-12 youth are able to participate in after-school programs.

The primary source in Pennsylvania of funding dedicated to supporting after-school programs is the federal 21st Century Community Learning Center program. Unfortunately, Congress is considering a proposal to cut federal money for after-school programs by \$300 million, a 27 percent cut. That's one out of every four kids now served who will be out on the streets after school.

The proposed cut in funding for the 21st
Century Community Learning Center program would result
in 300,000 fewer kids nationwide served by the program.
Pennsylvania would have to absorb its share of these
cuts. These cuts would be particularly difficult given
the fact that Pennsylvania invests virtually no money of
its own in quality after-school programs and does not
have a coordinated statewide plan to make them available
to more youth. Continuing to not fund after-school
opportunities for at-risk youth makes our communities
and all our citizens more vulnerable to crime, with all
of crime's financial and human costs.

Government's most fundamental responsibility at all levels is to protect the public safety. I commend this Committee for drawing attention to the

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importance of after-school programs in Pennsylvania.
And I urge the General Assembly to begin funding quality
after-school programs that offer kids constructive
activities during the peak hours of juvenile crime.
            Thank you for including me in today's
hearing. I am especially pleased to be in front of two
of Chester County's representatives, and I thank you
both for what you do for us. I would be happy to answer
any questions that you may have.
            CHAIRWOMAN BISHOP: Are there questions?
Representative McIlvaine-Smith.
            REPRESENTATIVE MCILVAINE-SMITH:
                                             Thank you,
Chairwoman Bishop. I want to thank Mike Carroll for
being here today. And there's actually three of us from
Chester County, Duane Milne, Carole Rubley, and myself;
but thank you for your testimony.
            I was curious where PAL fits into this, the
Police Athletic League. Is that part of what you do
with Invest In Kids?
            MR. CARROLL: It's a program that fits under
Invest In Kids criteria, but it's also a program that's
very limited in its scope and we'll find it mostly in
our cities as opposed to our less urban areas.
            REPRESENTATIVE MCILVAINE-SMITH: Because I
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know we have one in West Chester, and I was just

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1 wondering if that was one. Glad to know that. And I 2 know there's a huge concern about funding. And with all of the limited money that we've been able to put into 3 4 a lot of the educational -- you know, I had a bill in for three percent increase for special-education and 5 only 1.7 percent was put in this year. I'm a little 6 7 concerned about how to boost up the money at the state 8 level when Congress is now cutting us by that much. So that's more of a comment than a question, but I thank 9 you for being here, Chief. 10 11 MR. CARROLL: Yes, ma'am. 12 CHAIRWOMAN BISHOP: Thank you. 13 Representative Mundy. REPRESENTATIVE MUNDY: I will defer to the 14 Republican Chairman, if she would prefer. 15 16 SUBCHAIRWOMAN RUBLEY: That's okay. 17 REPRESENTATIVE MUNDY: Thank you, Chairman 18 I appreciate the opportunity to have this Bishop. 19 wonderful hearing today. 2.0 And I just want to begin by expressing my support and my appreciation, Mr. Carroll, to you and to 21 22 your organization Fight Crime: Invest In Kids. I think 23 the message that you bring to the whole issue of early 24 childhood development and its ability to prevent crime

is so beneficial to the overall discussion. And as you

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might know, I've worked very closely with Bruce Glash (phonetic) your Executive Director. Luzerne County just recently joined Fight Crime: Invest In Kids. We look forward to working with you more with District Attorney Jackie Musto Carroll.

And so, again, I appreciate your participation in all of these discussions. I wanted to ask you, you referenced a \$7 million savings over the life of a child that does not become involved in crime; and I'm wondering where you got that number. I've heard varying numbers for all kinds of prevention programs.

One that your organization's been particularly interested in is the Nurse-Family Partnerships and their statistics that have been developed over longitudinal studies that show the benefits and the savings. But where did you get the \$7 million figure?

MR. CARROLL: Well, it comes from a study from Vanderbilt University. I think it's an all-encompassing figure. If you're dealing with a child who, unfortunately, goes wrong very young in life and does not become a productive citizen at all and spends the rest of his life either incarcerated or being supported.

REPRESENTATIVE MUNDY: So the Vanderbilt study is from what year?

1 MR. CARROLL: I don't know. 2 REPRESENTATIVE MUNDY: You don't know? would really like to have more information, and I 3 4 probably do in my file somewhere; but I would like more information about that study and --5 MR. CARROLL: I'm sure that Bruce can get 6 7 that for you and he'd be happy to. 8 REPRESENTATIVE MUNDY: That would be very helpful to have that. Thank you. 9 10 MR. CARROLL: Yes, ma'am. 11 CHAIRWOMAN BISHOP: Chairwoman Rubley. 12 SUBCHAIRWOMAN RUBLEY: Thank you, Madam 13 Chair. And thank you, Chief, for the wonderful work that you're doing; and we do appreciate it. 14 I wish 15 there were a lot more of you out there around the state 16 helping like this, too. 17 But the biggest concern is the lack of 18 funding that's already out there and the proposed cutbacks at the federal level. And I think we all have 19 20 to try to work on that and make sure we work with our Congresspeople to make them understand how important 21 22 this is. 23 In terms of the funding, do you know if many 24 of the programs are able to participate in our 25 educational improvement that we have at the state level,

where corporations can contribute to an educational group and they receive tax breaks for that?

MR. CARROLL: I don't know, particularly, a situation where that occurs; although, I would suspect under the nonprofit situation, if a contribution was made to one of the Fight Crime: Invest In Kids programs or other after-school programs that they would be entitled to a tax break for helping to support that program.

SUBCHAIRWOMAN RUBLEY: Because this is a growing program throughout Pennsylvania, and it doesn't just have to go to schools. It can go to other educational programs throughout the state, so it might be a source of funding down the road.

MR. CARROLL: Yeah, absolutely. And just to add one thing real quickly to what you said. I did have the opportunity earlier this year to go to Washington and testify before a committee and Congress on the same question, urging them to support the efforts for the programs to a much higher level and we don't know whether we were successful or not.

SUBCHAIRWOMAN RUBLEY: Thank you again.

CHAIRWOMAN BISHOP: We want to welcome Representative Helm and Representative Ed Pashinski. And, certainly, before you go, Mr. Carroll, Chief of

Police, I certainly would like to say thank you for all of the great work that you're doing. And I'm wondering if it might be a thought or a possibility of a partnership between public school and some of the organizations that are out there providing for after-school? I don't know if that conversation has ever taken place, but certainly we would like to see if we could form some kind of a partnership in addition to the work that you're doing with the school district, especially in Philadelphia, where it is so greatly needed.

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MR. CARROLL: You know, I think that's an excellent idea. Just riding past some of our school facilities after 3:00 in the afternoon and seeing them closed sometimes hurts when you see people without facilities to participate in programs like this. And they're publicly-owned buildings; it seems to me that something could be worked out where they could become a partnership in supporting a program like this.

CHAIRWOMAN BISHOP: We want to thank you, and you'll be hearing more from us along those lines. Are there any other questions before -- we thank you very much.

MR. CARROLL: Thank you.

CHAIRWOMAN BISHOP: Our next presenter -- we

want to welcome Representative Wheatley. He is here, I understand. We want to welcome him aboard. He's a part of this discussion.

We want to welcome our next presenter, which will be Carmen Medina, Chief of Division of Student Services from the Pennsylvania Department of Education.

Welcome.

MS. MEDINA: Thank you. Good afternoon,
Chairwoman Bishop, Chairwoman Rubley, and members of the
House Children and Youth Committee. My name is Carmen
Medina, and I am the Division Chief of Student Services
and Migrant Education for the Department of Education.

On behalf of Secretary Zahorchak, I thank you for the opportunity to discuss the importance of after-school programs. Pennsylvania's commitment to academic achievement is to have every child graduate from high school proficient in core content areas and ready for higher education or the workforce.

To accomplish this goal, young people, education and youth stakeholders, communities and families, must all work together to provide our children with an academic support system that assists to ensure further success in life. Coupled with a standards-based system and a resiliency/wellness approach as the foundation for all educational programs, extended

learning opportunities will prepare children for college and career success. Extended learning opportunities provide valuable learning environments and safe havens for children during out-of-school time. Most of the students that participate in extended opportunities are children at risk of not finishing high school. These programs also offer opportunities for parents and communities to work together and make their neighborhood a better place.

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In the 2008-2009 school year, Pennsylvania's providing a \$121 million specifically targeted to tutoring and other programs that offer more time for students to learn, including after-school programs. In addition, starting this school year, the state has a new way of funding schools for the first time ever, based on ensuring that every school district has adequate resources to meet the unique educational needs of its population as determined by the General Assembly's landmark Costing-Out Report.

The law sets a goal of meeting the state's \$2.6 billion share of the adequacy gap within six years, and one of the most important elements of Pennsylvania's new school funding system is that school districts are required to use their annual increases that exceed inflation directly on one or more services for students.

The menu of proven academic strategies includes increased instructional time, which can be after-school tutoring, longer school days, and extended school years.

In addition to this exciting advance towards fully funding after-school programs and other academic interventions through adequate and equitable basic education funding, Pennsylvania continues to fund the Accountability Block Grant. The Block Grant was the product of bipartisan cooperation in the 2003-2004 school year, and it provides school districts with about \$271 million to invest in proven programs.

Tutoring is one of the most popular accountability Block Grant initiatives, reaching over 160,000 students in the 2008-2009 school year.

Also, I would like to highlight two initiatives the Department of Education has.

Educational Assistance Program, which is commonly known as EAP. EAP is a Governor's initiative signed into law for the 2003-2004 school year. In the first year, the program provided increased instructional support to almost 35,000 students in 82 of the state's most academically challenged districts. In the second year, the program reached an additional 46,055 students.

Given the increases seen in student performance on statewide reading and math exams, the program was

expanded for the 2005-2006 school year to reach 163 school districts and 12 Career and Technical Centers by providing increased instructional time to students.

Increased instructional time consists primarily of tutoring before and after school, as well as on weekends. Eligible students, those scoring below grade level in reading or math, may receive tutoring before school, after school, on weekends, or during the summer. Most EAP districts choose to put most of their EAP funds into this before and after-school tutoring.

Approximately 172,000 students are tutored each year.

Most importantly, we are seeing improvement in students' academic performance and behavior as a result of this program. For instance, a teacher in Penn Cambria School District writes, "I thought that I would share with you one success that I observed during tutoring. One of our students I had observed previously when I substitute tutored in Gallitzin for a couple of nights. He was out of control. Now he is in our tutoring program. He attends every night, behaves, and seems to know that he has a safe place in which to be. I suspect home is not too good. Recently, he spends time just enjoying reading, sitting in the chairs by the magazines."

And in Upper Darby School District, a parent was so impressed with the summer EAP Program she sent the following: "She definitely benefited from the small class size. Her confidence has improved 99 percent.

She is spitting math facts out without any hesitation.

She took an hour to read a book because each page she read, she would make predictions based on the pictures and her predictions are right on. Thank you for this opportunity. This was the best thing we've ever done for our daughter."

The second initiative is the 21st Century Community Learning Centers. Under the federal 21st Century Community Learning Centers Grant, Pennsylvania currently receives \$42.2 million which supports 157 grantees, 400 sites, and over 37,000 school-age children.

21st Century Community Learning Centers
focus on providing expanded educational opportunities to
school-age children attending low-performing schools.

From 1998 to 2001, the United States Department of
Education administered the 21st Century Community
Learning Centers program and supplied funds to local
communities through a competitive proposal process. In
2002, administration of the 21st Century Community
Learning Center program was turned over to the states.

Pennsylvania's primary goal for its 21st

Century Community Learning Centers is to assist children

meet state standards in core academic subjects by

providing students with academic enrichment

opportunities. These centers offer participants a broad

array of services and programs, such as art, music,

recreational activities, character education, career and

technical training, drug and violence prevention

programming and technology education in addition to the

traditional tutoring services.

These opportunities may take place before school, after school, and/or during holidays or summer recess. Educational services for families of participating students, such as literacy instruction, computer training, and/or cultural enrichment are also provided.

I am happy to report that we're seeing promising results from children participating in the 21st Century Community Learning Center programs. For instance, 48 percent of regular attendees increased by half a grade or more in reading/language arts; and 41 percent of attendees increased by half a grade or more in math.

Students who attended a 21st Century

Community Learning Center after-school program for 90

days or more showed the most improvement. Turning in work, completing homework to teachers' satisfaction, participating in class, and academic performance were the highest rated positive changes in behavior reported by teachers among after-school students.

Beyond EAP and 21st Century Community

Learning Centers, the Department has other resources

that include Federal Title 1 funding, partnership with

the Department of Public Welfare for teen parent needs

and prevention and special populations that have

extended learning opportunities embedded in their

programs.

For example, the Migrant Education Program provides supplemental education via extended learning opportunities to the children of migrant farm workers that require special educational services due to their mobile lifestyles. As a result of our efforts, currently 98 percent of the Pennsylvania migrant students graduate from high school, and 87 percent of them move on into college.

Thank you for letting me express our thoughts and explain to you our programs, and I look forward to answering your questions.

CHAIRWOMAN BISHOP: Are there any questions?
Chairwoman Rubley.

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1 SUBCHAIRWOMAN RUBLEY: Thank you again, 2 Madam Chair. And thank you, Carmen, for the good work that you're doing. We heard just before your 3 4 presentation from Chief Carroll about the 21st Century Community Learning Center program and Congress looking 5 at a 27 percent cut, which could mean 300,000 fewer kids 6 7 being served. Do you have any up-to-date information as to whether that's still a possibility or --8 MS. MEDINA: Yes, ma'am. 10 SUBCHAIRWOMAN RUBLEY: -- since this is all going on, or has the money been reeinstated? 11 12 your understanding? 13 MS. MEDINA: Up-to-date information that we have received from the U.S. Department of Education is 14 that Pennsylvania for the next fiscal year 08-09 will be 15 suffering an \$11 million reduction from the 21st Century 16 17 Community Learning Centers. 18 SUBCHAIRWOMAN RUBLEY: And is that final or is this still in the works? 19 2.0 MS. MEDINA: This is our preliminary numbers. 21 22 SUBCHAIRWOMAN RUBLEY: Okay. And hopefully 23 your organization and others are trying to reach the 24 powers that be to make them realize how critical this 25 money is and what the impact of the cuts will be?

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MS. MEDINA: Yes, ma'am. We are working
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    really hard.
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                SUBCHAIRWOMAN RUBLEY: Okay. Thank you very
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    much.
                CHAIRWOMAN BISHOP: Are there any other
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    questions? We have been joined by Representative
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    Samuelson. And we want to thank you very much for being
    with us this afternoon, Carmen; and we look forward to
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    our next presenter, which will be Nancy Dischinat.
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                MS. MEDINA: Madam Chairwoman, the
    Department brought up a paper on the after-school
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    program. We brought some copies for you.
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                CHAIRWOMAN BISHOP: Okay, great. We'll make
    sure staff gets them and make copies or pass them out or
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    -- can we have additional, if other members want?
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                MS. MEDINA: Yes, ma'am.
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                CHAIRWOMAN BISHOP: Heather, would you pass
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    them out for us? Thank you.
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                MS. MEDINA:
                             Thank you.
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                CHAIRWOMAN BISHOP: Representative Phyllis
    Mundy.
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                REPRESENTATIVE MUNDY:
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    we've heard twice now that this 21st Century fund is
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    still preliminary and that it's based on a cut from the
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    Federal Government, I'm wondering if the Chairman of the
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Committee, the Republican and Democratic Chairman, couldn't draft a letter that members of the Committee could sign onto urging Congress to not cut this program, expressing our concern about it and expressing support for it? And I offer that as a suggestion. You don't have to answer me now. But I will be very, very grateful for the opportunity to sign onto a letter drafted by the Committee Chairman in that regard.

CHAIRWOMAN BISHOP: Chairwoman Rubley has signaled to me that she would be delighted to be a part of it. Certainly, I look forward to it and we will get the letter drafted; and Committee members will have an opportunity to sign on it as well. I think it is urgent that we get as much money as we can for these after-school programs. It has been emphasized, and I'm sure you picked it up, the importance of holding down crime whenever we have these programs in effect and they have the funding they need.

There are many different ways we can look at addressing it. Certainly, again, I'd like to emphasize the need for us to try to partner with public schools across the Commonwealth of Pennsylvania. If we do that, it certainly brings to play more funding and more buildings for us to hold those programs in; so we will be working very hard -- the Committee will be working

very hard with all of you who have an interest in doing that. I would urge you to keep in touch with us.

Thank you so very much. And now we switch to our next presenter, which is Nancy Dischinat.

Welcome.

MS. DISCHINAT: Thank you very much. Thank you, Chairwoman Bishop. Thank you, members. And a special thank you to my Representative in the Lehigh Valley, Steve Samuelson, who is always there and always picks up the phone and always is understanding and tries to understand what happens for the greater good of kids. So thank you very much.

When I was growing up, I lived with my grandmother and my grandfather; and I called them mahi and pahi (phonetic) and we were poor. We were as poor as some of the kids that you were talking about today, because a lot of children are poor and in poverty.

And so when I would go to school, my grandmother and grandfather would both go to their jobs and they kind of shuffled me off to the bus and I'd get on the school bus and I'd come home. When I'd come home, they weren't there; so it was my job to get off the school bus and walk to my house and sit in the cellar on the cellar steps and if it was raining or anything, sit under a tarp; so there were no

after-school programs. So I'm grateful for what's happened in Pennsylvania, the fact that we were indeed at least offering and trying and struggling as a Chair, as a whole organization to make sure our kids are safe.

Now, at that time of the year, it was safer. I mean, people weren't shooting me on my little cellar steps in my town, whereas now they are. But the idea and the feeling is still the same. So being safe is of utmost importance. Because one in three children live in poverty, and one in seven Pennsylvanians are already a young person between the ages of 12 and 21 and almost 45,000 of those kids have juvenile justice dispositions and almost 23,000 teens are already mothers, and 1 in 40 has limited English proficiency and 15 percent have a disability, and every 26 seconds a teen drops out of high school. This is a crisis not only for teenagers, not only for families, but for the State of Pennsylvania and our country.

Dropouts have a higher rate of teenage pregnancy, dropouts have a higher rate of substance abuse and crime, and 80 percent of those incarcerated are already dropouts. All this happening when in this year, 2008, 52 percent of every single job across the United States requires some college and technical training. And by the year 2010, over 70 percent of

every single job across the United States of America will require some college and technical training. An analysis of Pennsylvania's workforce shows that 21 percent of jobs in 2006 require significant background in science, technology, engineering, and math, called STEM education. This STEM gap analysis projects that 35 percent of all new job growth in Pennsylvania by the year 2016 will be occupations requiring a background in science, technology, engineering, and math.

And over the next ten years, the youth population as we know it and as we're talking about it today, between the ages of 16 and 24, will grow by about 2.9 percent. As the Baby Boomers like myself continue to age, this group age between 55 and 64 will increase by 36 percent. Pennsylvania, we have a problem. And by the year 2010, the United States will have a 12 million qualified worker shortage. We're already feeling that.

These statistics make it imperative to inspire learning and to help working families for whatever your definition is of a family. According to the Pennsylvania Partnership for Children, one in eleven 16 to 21 year old Pennsylvanians is not working and not in school and not involved in an after-school program. And in many cases, they must be reeducated to do what the most popular -- and do you know what the most

popular course is at a community college? Remediation.

It's remediation. Talk about education. It's
remediation.

I've been in this business of workforce development for over 25 years, and some of the most effective after-school programs are funded with state dollars, programs that you look at every day and interest you take in and they're very effective.

On behalf of all Workforce Investment Boards in Pennsylvania, we thank you for letting us be creative in our local communities when it comes to meeting your agenda of keeping kids safe, inspiring learning, and helping working families. It's unbelievable what we have collectively accomplished with your help. And we're working hard to develop school programs that align education, workforce development and economic development. It is a triangle, ladies and gentlemen; it all works together.

Our priority is educating and training kids with the skills needed by employers. After-school programs are integral. They're a key part of keeping kids in school and getting them on the right path to work.

Here's a sample of some of the initiatives developed with the Regional Career Education Partnership

Resources you people have provided for us, career gates; we now have a CD series that shows every single -almost every employer industry cluster across Pennsylvania. That series is now on You Tube, it's on the Wiki Space, it's where kids are looking. It's a new way of doing business. Kids aren't necessarily in the traditional role anymore. They're looking everywhere for programs for themselves. We're also having model CareerLinking Academy. We now take groups of kids and put them together and try to get them to build a relationship with each other and have some mentors there and some caring adults, because the most effective thing for any kid after school, in school, out of school, not school, is having a caring adult involved in their life, industry clubs with the society for human resource management trying to kick it up a notch and have business enter the schools and work with education at that level.

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We also have developed a career cruising website, so now we have a comprehensive same collective website that kids in school can look at and workforce boards can put information on that website. Again, what can we do for the good of all rather than a myriad of different programs happening? How can we make our resources align better with education for economic

development? We also are working with career ladders and lattices with our after-school programs, intensive career academic and work experience programs, work experience programs for after school. That really makes sense for us.

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Career exploration activities to assist youth in making secondary career education decisions based on direct observations, not just on what we say. Put them in the houses of the employers to find out what's going on and programs centered on basic education, occupational or work readiness goals.

One of the most important issues you can help us with is providing resources for us to align education and workforce development as an integrated strategy. There isn't a week that doesn't go by that I am not in some high school somewhere talking to kids trying to find out who's on the verge of dropping out, who needs assistance, who needs a mentor, what does the school need.

When you look at the ratio of guidance counselors to kids, we need to be in the face of education. The other issues it can help us with is soft skills and career awareness must be incorporated into the educational process, and after-school programs need to be strengthened. We know this to be true because

many of our initiatives are centered on integrating workforce readiness and career exploration into our after-school programs.

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Business and industry must become more involved with career awareness for all students. We know this to be true because employers are telling us they're willing to be involved in career awareness and career preparation for kids whether they're in school or after school.

Every single student is important to our economy. And as federal funding continues to decrease, a larger portion of funds are used to support the infrastructure needed to keep our PA CareerLink centers open to provide basic services to business and job seekers. CareerLinks are a place to go, for kids to go after school to look for jobs, to look for mentors, to talk to someone, to get an assessment done. And as a result of merely a decade of decreased federal funds plus funding recisions, half of Pennsylvania's 23 local Workforce Investment Boards reported they expect to run out of training funds before the end of this program year, which will impact our after-school programs like literacy programs, computer skills training program, a place for kids to go, a place for them to look and learn, where they cannot only be what they want to be

but what they can be. It's a big difference, what they can be.

The WIBS serve as an intermediary for the communities. Most of our work is understanding the workforce needs of our employers, where are the jobs, what are the skills, what are the educational requirements to get those jobs, and how do our children get access to these jobs, all children?

Career awareness is the number one issue we address during our after-school programs. This is what I understand and know. We need not only more after-school programs, but we need in-school programs and preschool programs because, ladies and gentlemen, based on the employer requirements for a 21st Century skilled workforce, the new high school diploma is an associate's degree. It's not a high school diploma, it's an associate's degree.

I thank you for your service. And I also ask you another thing, will you please stop by, if you have not done so, and visit your local CareerLink center and your Workforce Investment Board, attend a meeting, find out what's going on in your communities with the money we are pouring into our communities to make sure we are aligning education workforce development and economic development, because it's a triangle that

works. Thank you so much.

CHAIRWOMAN BISHOP: Are there questions?
We've been joined by Representative Thomas who has a

REPRESENTATIVE THOMAS: Thank you, Madam
Chairlady. Let me thank you for that part of your
testimony that I heard. I came here with some
questions. My first question is, What are you doing to
align the Workforce Investment Boards with county school
districts and regional school districts and at least
making sure that kids are aware of these investment
boards or CareerLink centers and how they can access
services?

MS. DISCHINAT: Workforce Investment Boards were sanctioned as a high-performance workforce Investment Board. And for that, they got some additional resources. We happen to be one of those areas that got some additional resources and literally what I did with that money was put together a marketing program to make sure kids understood that there is a system available for them of help. We work every single day in a school district trying to align the services we provide to make sure we decrease the dropout rate.

When I look at the goals my board has for me, it's unbelievable. How do you decrease the dropout

rate for kids, how do you make sure that every student understands there is a place for them to go, whether they're in school, out of school, or just hanging around yet, which we find a lot of kids do. We have truly aligned -- we have an education committee of the WIB that the superintendents sit on.

We were recently lucky enough to have a WIRED grant through the US Department of Labor. I met with 69 superintendents in the northeast and got them to sign on a proposal with me to begin to implement and put career pathways in the entire northeast school district to have one common web-based career cruising site so that we could all collectively put our workforce information on that site so kids have one place to go.

We're working with the school district to try to go into their schools and be the activity for that school so that we can help them understand, where's work, what are the jobs, what are the skills required for work, and what are the educational requirements? We are also on the stint of having workforce coordinators hired. My goal in my career is to have a workforce coordinator in every high school under the direction of the workforce system. And I could go on. I'm sorry.

REPRESENTATIVE THOMAS: Yes, and that sounds real good and I'm excited about it. But let me see if I

can be a little bit more specific.

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MS. DISCHINAT: All right.

REPRESENTATIVE THOMAS: Who are you connected with in the Philadelphia School District, and how does your information get out to these regional superintendents and into these schools? Because I can tell you, January, I will have been in the legislature for 19 years and I have a number of high schools, charter schools, parochial schools in my district that don't know anything about you and do not know anything about the relationship between workforce development and education. And I don't think that my district is special. I think that my district is symptomatic of the same problem with other districts. And the second part of it has to run to the Bureau of Vocational Rehabilitation, which should be providing workforce assistance to young people who are disabled. actually -- there's no connection between OVR and schools in Philadelphia County. And when I go over to OVR, they never talk about a relationship with the Workforce Investment Board or the CareerLink center, so there's a disconnect. And so I would like to know who in

And so I would like to know who in

Philadelphia County inside the Philadelphia School

District is connected with you and how does your

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information get out to the schools. And I don't want to
complicate the question, but it must also take into
consideration that there's 34 distinct languages in the
Philadelphia School System, so --
            MS. DISCHINAT:
                            I know.
                                     Well, I'm from
Lehigh Valley, Pennsylvania, and there are 23 Workforce
Investment Boards across the state and Philadelphia
certainly has theirs; and I know who that person is and
I can connect you with them. I can stand and tell you
what I am doing in the Lehigh Valley to align education
workforce development and economic development and I'm
sure that individual can certainly give you their
business plan for what they are doing. That's all I can
tell you. I can't speak on behalf of Philadelphia's
workforce system.
            Have you been -- I'm just asking, do you
serve on the Board or do you sit on that Board?
                                                 I mean,
I can get you what they're doing, if you would like me
to do that.
            REPRESENTATIVE THOMAS:
                                    I'm aware of the
Board.
                            Okay.
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22 MS. DISCHINAT:

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REPRESENTATIVE THOMAS: I interact with the workforce system there, and that's why I can tell you that there's no connection with those schools out there

and kids coming out of those schools. There's no link between education and workforce development, and I think if there's any commitment of additional resources those resources must be targeted to dotting the I's and crossing the T's, connecting things in such a way that you maximize your investment and that's not going on right now.

MS. DISCHINAT: Well, I don't disagree with you on what you're saying. I don't know your story or how the connections are made or not made in your area. It is local design, local control; but I'm telling you how we look at it. And many Workforce Boards across the state also are very into education. It's a workforce. We're looking at the pipeline of workers that are coming out into the community, so we need to be in there.

And as far as the Office of Vocational Rehabilitation in our area, we have them as one of our operators of our workforce system so they make the decisions with us and serve on our Board and help us handle the individuals that have disabilities and abilities.

CHAIRWOMAN BISHOP: We're going to move on.

We have several people who want to talk.

Representative, before you came in, we had made a

commitment for this Committee and we will be on top of

that to try to form a partnership with schools in Philadelphia and all of the afternoon programs that have come through us now. We're talking negotiating, and we'll have you involved in that; but I don't think we can belabor this any longer. We have several people who also would like to ask some question, but I will get back to you with that. Okay?

REPRESENTATIVE THOMAS: Thank you. I appreciate it.

10 CHAIRWOMAN BISHOP: Representative
11 Samuelson.

REPRESENTATIVE SAMUELSON: Thank you, Nancy, for being here. And I know the Workforce Investment

Board in Lehigh Valley is a leader in many career programs from the career gates, CDs, to the career exploration efforts that you have.

A two-part question, you have your testimony that employers are more and more willing to get involved in career awareness; and also I'm aware of a program of volunteers over in the Bethlehem Area School District where 38 retired individuals pair up with 38 7th graders and that one-on-one interaction once a week at the middle school really has some life-changing results. So I guess my question is, what efforts do you have to put volunteers to work and to put new employers who are

willing to get involved, put them to work?

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MS. DISCHINAT: Well, actually what we did was establish an Industry Committee of the Board. And what we do with that Industry Committee is any individual -- we've done a lot of marketing to employers who say, step in, step in to education; your time is now. And as we continue to see worker shortages, they need to step in to education and show what their faces look like to these kids so they understand. Just like with STEM, you need science, technology, engineering, and math; it isn't just basic skills anymore. It's academics. The new soft skills are academics.

So with that Industry Committee, we then call to order those organizations like United Way who does a lot of work with them. They have a volunteer system there, too. We've worked a lot with SCORE, the individuals from SCORE, that senior citizen group. We take anyone that will do anything for us in our school district.

The Society for Human Resource Management in Lehigh Valley has 32 members. They are our biggest advocate. They do most of our work with us when we do job fairs and we do career days and we do in-services for our intermediate units; so we're very, very lucky. We have a group of over 120 that work with us all the

time in our Career Awareness Programs. Again, they're the HR people looking for workers. They need to step into the face of education. And I could go on and on. But I'll get you a list, Representative Samuelson.

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CHAIRWOMAN BISHOP: We'd like to turn it over for a moment to Minority Chairwoman Rubley. And we have a few more questions before you can go.

SUBCHAIRWOMAN RUBLEY: Nancy, thank you very much for coming today and for your passion about this important topic. I'm not sure you can answer my question or not. But you mention in your testimony that there are 23 Workforce Investment Boards throughout Pennsylvania.

Do you know if there's any oversight of these Boards? I'm just wondering if we are getting the best we can out of these, because 23 for the whole state isn't a lot. And are they audited? Is there anyone that's really coordinating what is happening among these Boards to make sure we are getting quality?

MS. DISCHINAT: Yes. You also have a Pennsylvania State Workforce Investment Board, so they are the oversight group of the 23 Workforce Investment Boards. We went through a very intensive audit in order to become a high-performing WIB. We are also audited through the Department of Labor and Industry for the

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    funds that we get. We are also audited by the Federal
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    Government many times on the funds we get through that
    source. We also have very stringent performance
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    standards that we have to meet in all of our
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    programming, so it's very tied to performance and
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    outcomes, which is a good thing.
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                SUBCHAIRWOMAN RUBLEY: Thank you.
                MS. DISCHINAT: I can get you more
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    information on the entire system, if you'd like that.
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                SUBCHAIRWOMAN RUBLEY: I think you've done a
    good job covering that. Thank you.
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                MS. DISCHINAT: Thank you.
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                CHAIRWOMAN BISHOP: Representative
    Pashinski.
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                REPRESENTATIVE PASHINSKI: Yes. Thank you,
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    Madam Chairman. Thank you very much. Just a couple of
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    quick questions. Relative to that Pennsylvania State
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    Board, is there a report that comes out every year?
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                MS. DISCHINAT: Yes.
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    report and there's also -- they have meetings every
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    year. It's an employer-led Industry Board.
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                REPRESENTATIVE PASHINSKI: So since you said
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    it's outcome based, you're able to see your progress?
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                MS. DISCHINAT: Oh, yes. Yes.
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                REPRESENTATIVE PASHINSKI: Okay.
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1 chance that we can get a copy of that? 2 MS. DISCHINAT: Uh-huh. Yes. 3 REPRESENTATIVE PASHINSKI: In your Lehigh 4 Valley School Systems, are you affiliated with all the schools in that system? 5 MS. DISCHINAT: I am affiliated with every 6 school that will let me in their door. 7 8 REPRESENTATIVE PASHINSKI: That's my question. I wanted to see what the cooperation is like. 9 10 MS. DISCHINAT: The cooperation is phenomenal. I would say it's phenomenal. 11 12 REPRESENTATIVE PASHINSKI: Okay. 13 MS. DISCHINAT: Many times, depending on the school, the size of the school, we will literally 14 search out that school. For example, we have one school 15 16 district that's on the verge of New Jersey that's very far removed from a lot of the industry, so you really 17 18 don't get to see the picture of what's happening in our 19 community; so we reach for that community and we bring 20 them into our system and we work with them specifically because we know they're not like the Allentown School 21 22 District who is in the center of our city. So we look 23 at the demographics of all our school districts and say, 24 okay, what can we do for you? And we ask them every 25 year, What can we do for you? Not what we have. What.

can we do for you? How can we make the pipeline of workers better?

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REPRESENTATIVE PASHINSKI: Are you affiliated with curriculum directors? Do you have any influence over curriculum?

MS. DISCHINAT: We try to have influence over it when we can, but we don't write curriculum. goal is to try to educate and train the school teachers and districts on where are the jobs, what are the skills, what are the education requirements and what can we do to help you to make sure the curriculum you're writing lines up with economic development and the needs of the employers? What can we do to bring industry into the school? What can we do to make sure that -- the best thing -- one of the good things that happened with standards for schools that were passed, the career standards for work, well, we got to work and did models for them and gave it to the schools. I think it's our job to do resource materials for school districts so that they can be better trained in order -- they're in front of the kids every day. They need to teach. So we need to give them, as workforce professionals, more information to teach the kids, what are the jobs, what are the skills, what are the education requirements, and how do I get those blue-collar jobs.

1 REPRESENTATIVE PASHINSKI: Well, you sound very energetic and I'm particularly grateful --2 3 CHAIRWOMAN BISHOP: Thank you so much for 4 being with us this afternoon. And we move quickly, running just a few minutes behind, to Jeanne 5 6 Yoho Miller, who is Director of the Carbon and 7 Schuylkill County Educational Service and the Community 8 College Program SHINE. Thank you. It's an honor to MS. MILLER: 10 speak to you today, Chairwoman Bishop, Chairwoman Rubley, and members of the House Children and Youth 11 Committee. 12 13 As you know, I come from an interesting mix, half of me works at the secondary and the higher 14 15 education and part of me works with the preschool up to 16 elementary age. 17 Today I want to tell you a community success 18 story, a story of how a community grass roots prevention 19 effort through quality after-school programs and early 20 childhood programs are preventing child abuse, increasing educational attainment, and having a lifelong 21 22 impact on the communities and families it serves. 23 In 2002, Carbon County Partners for 24 Progress, Carbon County's visioning board, created the

Carbon County Child and Family Collaborative.

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Collaborative, composed of 35 community members representing all facets of the community, is a forum for reform. The Collaborative also assists in coordination of services to effectively bring all the resources together of the community to nurture the positive and combat all the negative trends occurring in our area.

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The Collaborative prevention strategy was developed through a well-defined process of community assessment, prioritizing needs, and implementation of prevention programs.

In 2001, we got together as a community and we created the Carbon County statistical portrait. Wе looked at what was going on in our counties. We found out that the family income was well below the state average. Carbon County ranked fifth out of 67 counties in substantiated child abuse cases, that we had 1100 children who qualified for early and regular headstart and we only had spaces for 175. Our infant-toddler death rate was higher than the state average. percent of our children were not proficient in reading and math. The county was spending \$4 million in Children and Youth and this was a county of 60,000. also realized statistically that the need for mental-health services for children and adults increased dramatically and there were no early childhood parent

education or after-school programs for at-risk youth.

And I can tell you that report went on the desks of superintendents, principals, our state representative who has been extremely, extremely positive and helpful in this process.

In the Collaborative, we realized that this was a wake-up call in our community and so we mobilized and we prioritized what were our needs as a community and they were early childhood programs that prevent child abuse, after-school programs for at-risk children and the need for school-based mental-health services.

The result has been the development of The Carbon County Building Blocks for Success. And that is integrating many of the initiatives you have provided and local and statewide initiatives, co-location of programs and creatively leveraging funds.

I drew you a small little diagram, and what that shows is what we've been doing in Carbon County.

We've taken that little collaborative that began back in 2001 and out of that we've integrated the Integrated Children's Services Plan, the Supreme Court Children's Roundtable; we've coordinated with Keystone Stars Quality After-school Program. We've put in Parents As Teachers birth to five program and the Community College After-school Program. Below, you can see many other

initiatives. The bottom line is, we're learning that quality after-school programs and earlier childhood programs cannot stand alone. To be effective, they must be part of a large community strategy.

This was the beginning of our journey, the journey to nurture the positive and combat the negative trends affecting children and families of Carbon County. It will also demonstrate how quality after-school programs and early childhood programs are a crucial component in building a seamless network of prevention to improve the quality of life for children and families.

In 2004, the Lehigh Carbon Community College was awarded a three-year 21st Century Learning Center grant on behalf of the Collaborative to open SHINE, Schools and Homes in Education after-school centers in three Carbon County School Districts. The SHINE office was co-located in the Jim Thorpe Area School District Administration Building where our early childhood programs were located. This allowed for better coordination, cross-training and sharing of resources.

The after-school program operates in three Carbon County School Districts, and in 2006 the college received funding to model the SHINE Program in two Schuylkill County School Districts. Children in

neighboring parochial schools are also enrolled. The program runs two and a half hours a day, Monday through Thursday, from September through May. To be enrolled, and this makes SHINE a little unique, the children must be referred. They're referred by teachers, principals, guidance counselors, instructional support teams, Head Start or early childhood professionals.

Who are these children in SHINE? Well, 75 percent of the children are low-income; 30 percent could be my child, your child, or my grandchild. And something interesting we found out in our after-school program, this wasn't something we planned, we realized that when we looked at the data that 35 to 40 percent of the children in our after-school program were in the Children and Youth Foster Care Program.

The after-school program provides academic enrichment activities to help at-risk children in preschool up to 4th grade to succeed in school and exhibit appropriate behavior. SHINE has served 466 children and over 550 family members over the past four years.

Academic instruction in reading, writing and mathematics, based on Gardner's multiple intelligences, as well as homework tutoring, service learning opportunities, cultural appreciation and enrichment

activities are the cornerstone of the center activities for children. We provide a full meal and transportation home. The ratio of children to teachers is 7 to 1.

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In the fall of 2007, Lehigh Carbon Community College received funding from the Pennsylvania Commission on Crime and Delinquency to integrate the programs, Positive Action, into SHINE and the Right from the Start Program. Positive action is an anti-bullying, anti-violence, SAMHSA approved, Alcohol Tobacco and Other Drug prevention program. After-school teachers, parents and regular day teachers are already witnessing a decrease in negative behaviors.

The instruction continues throughout the summer through home visits. And this is another unique factor about the SHINE program. Certified teachers provide one to one and a half hour home visits to students in their homes with the families, providing creative instructional activities to children and their parents.

SHINE after-school teachers receive an average of 40 hours of professional development. The needs of kindergarten and preschool children are addressed through a home visitor or teacher who provides bi-weekly, year-round family visits. Families and children can seamlessly go from the Parents as Teachers

Program into the SHINE kindergarten home-visiting piece and remain in the after-school program until 4th grade, thus creating a comprehensive safety net.

SHINE provides parent-education classes and family activities throughout the year. Parents can access the community college's literacy classes, GED, ELL, enroll in the community college or a noncredit course through SHINE. Last year, 41 family members in our after-school program enrolled in college courses, noncredit class, literacy classes or participated in career-awareness activities.

But something we're most proud about, what has come out of this program? What are the outcomes? And we use 18 sources of information to evaluate our program; 73 percent of the children demonstrate improvement in academics, 90 percent of the parents participated in family activities, and the principals tell us, these are the children they have a hard time getting into their schools. 100 percent of the SHINE families created Family Educational Plans; 28 percent of the parents and guardians enrolled in literacy classes, noncredit classes, or the community college or participated in career-awareness activities; 94 percent of the students who regularly attended the SHINE program who demonstrated behavior and/or attendance problems

showed improvement in behavior, 37 percent improved in attendance and 100 percent of our parents recommend the program. And that's one of the things we're extremely proud of.

We know that each child that we keep out of special services, we save between 4 and \$8,000. In Carbon County, 50 percent of the children who are in the Juvenile Justice System were in the Children and Youth System. We estimate that if we can keep 50 percent of the children in SHINE after-school programs who are in the Children and Youth/Foster Care System out of the Juvenile Justice System, we can save \$1,500,000.

What makes the SHINE program, the after-school program, like many, so successful? Home visiting. Home-visiting. We find that going into the homes of these families takes care of three important things; number one, it builds a relationship between the school and the home. Number two, trust between the parent and someone who's associated with education; and number three, something I never realized until I got involved in this, is it can change two generations of negativity towards education. Second of all, we are extremely student focused and data driven. Every student has a SHINE Educational Plan. We evaluate every child, evaluate every family, and we are specific on

what our expectations are. The access to the community college is very unique for an after-school program, that we can enroll a parent in the community college and we can get them involved in our courses, the fact that children can go seamlessly from the Carbon County Early Childhood Programs right into the after-school program.

Since the implementation of SHINE and Right from the Start Program, we have observed a decrease in substantiated child-abuse cases in Carbon County and also the ratio of one certified teacher to 7 children.

In closing, many policy makers in the state are looking at the SHINE After-school Program and its collaborative efforts as a model, because that is why this works, because everybody is on the same page.

We've been modeling two school districts in Schuylkill County, and something extremely phenomenal happened.

This last June, 2008, SHINE II, administered by the State Higher Education System, began home visits in inner-city Philadelphia; and this fall, they will open a SHINE II center in Prince Edward Elementary School in Philadelphia.

We're excited that SHINE is being modeled in other parts of Pennsylvania, but our concern is to also keep the original model funded. SHINE has creatively leveraged funds from multiple sources to ensure that we

continue all the components that are necessary for a quality after-school program. And I've gone around and we've talked to different principals about different components of the after-school program and one of the things we talked about was the cost to feed the children. Just a quick story. One of our children was taking food from their school because they needed to take food home. One of our centers sends extra food home to our children. And one of our children said, I'm really sad when we don't have SHINE, because I don't have dinner on Friday. So that food which we were so concerned about keeping that money in the budget has turned out to be very important.

Currently, we are funded through, as I said, Pennsylvania Department of Education 21st Century, the Pennsylvania Commission on Crime and Delinquency, and Carbon County Mental Health Services the other day gave us \$5,000 and that will get us through another month.

At this point in time, we have only one full year of funding remaining. In conclusion, quality after-school and early childhood programs that are nurtured by collaborative efforts, help to develop healthy families and healthy familles are the foundation for Pennsylvania's economic development.

Our community, like many in the

1 Commonwealth, need your support to keep our success 2 story alive. 3 Thank you. CHAIRWOMAN BISHOP: Thank you so much. 4 You've done a great job. Are there any questions? 5 6 Representative Samuelson. 7 REPRESENTATIVE SAMUELSON: Thank you. And thank you for sharing a tremendous success story with 8 our Committee. 9 10 My question is about that 21st Century 11 Community Learning Grant. And a few minutes ago, I know 12 Ms. Medina from the Department of Education testified 13 that we get \$42 million a year from the Federal Government but potentially face a loss of \$11 million if 14 the federal budget is not -- funding is not restored. 15 16 Now, if my math is correct, that's a 26 percent cut in that valuable line item. 17 18 question for you is, how much do you get from that 21st 19 Century Grant? Have you been notified of the potential 20 significant cut? And if the funding were reduced, how would you make it up? 21 22 MS. MILLER: 75 percent is the 21st Century. 23 No, we have not been notified. And to be honest with 24 you, we don't know where that would be made up. We are

actively working -- we have feelers out to many

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organizations and many different funding resources.
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    the truth is, at this point, we have not pinpointed
    where that funding is going to come from.
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                CHAIRWOMAN BISHOP: Thank you. Are there
    any other questions? Representative Thomas.
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                REPRESENTATIVE THOMAS: Yes, I want to join
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    in thanking you for very good testimony and I think the
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    Carbon County model is a model that we all can
    appreciate. I'd just like to know, who is the good rep
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    from Carbon County?
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                             Representative Keith McCall.
                MS. MILLER:
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                REPRESENTATIVE THOMAS: Okay. All right.
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                MS. MILLER: We've had a lot of support from
    him.
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                CHAIRWOMAN BISHOP: Thank you so much.
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                REPRESENTATIVE THOMAS: You identified him,
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    and I just wanted you to put a name to him.
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                MS. MILLER: I didn't know if I was allowed
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    to do that or not.
                CHAIRWOMAN BISHOP: Thank you. And you'll
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    be hearing from us again, Jeanne.
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                             Thank you.
                MS. MILLER:
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                CHAIRWOMAN BISHOP: We'd like to move to our
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    next presenter, Phil Jackson, who's Board President of
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    the Pennsylvania Area Council for Boys and Girls Club of
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America. Welcome.

MR. JACKSON: Thank you. Good afternoon,
Chairwoman Bishop, Chairwoman Rubley, members of the
Children and Youth Committee. Thank you for giving me
the opportunity to speak with you this afternoon about
the Boys and Girls Club in Pennsylvania and the Boys and
Girls Club Nationwide.

My name is Phil Jackson, and I am the Board President for the Pennsylvania Boys and Girls Club Area Council. The Area Council is a statewide organization that represents 17 Boys and Girls Clubs located within the state. The purpose of the Area Council is to provide a forum through which all of our clubs can discuss items of mutual interest such as programs, successes and failures and fundraising challenges. Further, the Council provides an avenue for additional training and board development.

The Pennsylvania clubs serve over 115,000 youths between the ages of 6-18 through our 17 clubs and with over 80 separate units or locations. I've been a board member and a volunteer of the Boys and Girls Club for over 23 years, and I also have served as Board President for the North Penn Valley Boys and Girls Club located in Lansdale, Pennsylvania.

Professionally, I've been a banker for over

30 years, and I am currently the Market President for Univest National Bank and Trust Company located in Souderton, Pennsylvania. The Pennsylvania Boys and Girls Clubs are members of the Boys and Girls Club of America. Nationally, there are clubs located in virtually every state, serving over 4 million youths. We also have clubs internationally in Puerto Rico, and we serve military bases in Germany and other countries.

Boys and Girls Club of America is a National governing body for which all our member clubs adhere to consistent operating standards, pursuit of common mission, and have access to training and program development. For over a hundred years, the Boys and Girls Clubs of American have been serving the youth of America, enabling them to become caring, productive, and responsible citizens.

I want to talk about what we know. A lot of what we know about after-school programs have been talked about today already. Kisha gave a fine definition of after-school programs being defined as safe, structured activities that convene regularly in the hours after school. These programs offer activities to help children learn new skills, provide mentoring opportunities, and help them develop into responsible, caring adults. Nationally we know that after-school

hours are a critical time for our youth. It's a peak time for juvenile crime and risky behaviors, such as alcohol and drug use. Most experts agree that after-school programs offer a healthy and positive alternative. Nationally it's estimated that at least 8 million children and youth are left alone and unsupervised when they leave school. Access to after-school programs, although limited, is critical to providing our youth with viable alternatives for their healthy, risk-free development.

So what do we know in Pennsylvania? Through several studies conducted by the After-school Alliance, we know that over 25 percent of our youth in grades K-12 are responsible for taking care of themselves. We also know that nine percent of those Pennsylvanians in that group participate in after-school programs. We also note through our studies that 17 percent of that group would be likely to participate in after-school programs if one were available in their communities.

In Pennsylvania, the Boys and Girls Clubs, YMCA's, religious organizations, and public schools are the largest providers of after-school programs along with other nonprofit organizations.

2.0

The Pennsylvania Boys and Girls Club has

been offering after-school programs for some time. But under a common mission for the Boys and Girls Club, our mission is to enable all young people, especially those who need us the most, to reach their full potential as productive, caring, responsible citizens. Our programs are designed to develop young boys and girls between the ages of 6 and 18 in five areas, education and career development, sports, fitness, and recreation, character and leadership development, the arts, and health and life sciences.

We provide programs in all of the above areas free of charge to our members through our 17 clubs and our 80 units. Our members do pay annual membership dues of no more than \$20 per year; however, no youth is refused membership in our clubs if they can't afford the dues.

Our premier after-school program is what we call Project Learn, and it's a development program around education. This program enhances the skills and knowledge of our members, what they learn in school during the hours at the club utilizing high-yield learning activities. This includes our very successful "Power Hour" homework and learning enrichment program after school.

Anecdotally, I will tell you that, in our

marketplace when we offer our "Power Hour" after-school homework program to the community, we literally have people coming four or five hours before registration so that they can get into the program. It is such a successful program, and it works in coordination with the local school districts.

In many of our markets these programs are offered with the support of the local school districts. And through the coordination with the local teachers and students, we have made a meaningful impact on the lives of our youth members, their parents, and educators.

Many of the components in our five major areas of impact are offered in the after-school hours. Primarily, our clubs don't open till school is out; so most of our clubs are open from the hours of 3 to 9 o'clock or so. All of our programs include fitness programs, leadership programs through our Key Club organizations and we offer arts and technology programs for computer training. Of course, the limiting factor has been our access to a reliable consistent source of funds to offer these programs.

The Boys and Girls Clubs depend primarily on contributions from individuals, corporations, foundations, and to some degree the government. Most of our funds do come from individuals and corporations,

however. Each club conducts its own fundraising. 1 2 Consequently, the availability of our after-school programs varies according to the success of fundraising. 3 4 With access to dedicated funds for this purpose, our after-school programs can be offered to more young boys 5 and girls throughout the state and in more of our 6 locations. 7 The value of our after-school programs has 8 been well documented. Your commitment to providing 9 10 funds for these programs will place Pennsylvania at the pinnacle of youth development throughout the country. 11 12 Boys and Girls Clubs are well positioned to deliver 13 these programs through its access to youth. As I said, 14 over 115,000 young boys and girls go through our clubs. We have the locations, and we have a history of 15 16 providing successful programs. We can do more. 17 We thank you for your commitment to help us 18 do more. I'd be glad to answer any questions. 19 you. 2.0 CHAIRWOMAN BISHOP: And David Shelley. 21 MR. SHELLEY: Chairman Bishop, Chairman 22 Rubley, members of the Committee, thank you for having 23 me here. My name is David Shelley. I'm here to share a 24 personal testimony on how the Boys and Girls Club of 25 America and their after-school programs have

dramatically affected my life.

"She chose drugs over my sister and me.

However, I am not a victim." Those are my words to Bob

Bechtold of Sarah Heinz House Boys and Girls Club four

years ago. Many people would consider me a victim,

having to grow up with two drug abusing parents, a

mother who completely abandoned her children for a life

of drugs, having to live in four different households

in over two years time, and having to raise my younger

sister during my early teens. However, let me say

again, I am not a victim. I stand before you as a proud

product of the after-school programs of Boys and Girls

Club of America.

Four years ago, I was 16 and forced to make one of the toughest decisions of my life. My mother was hosting a drug party at our house and I was concerned not only for her safety but for the safety of my sister and me. I quickly got my sister out of the house and took her to the neighbor's, and then I proceeded to call 911 on my own mother. My stepfather picked up my sister and I while my mom's so-called friends were arrested and she was taken to a mental hospital. I had just gone through one of the toughest nights of my life, but I finally felt at peace with myself.

As everything was falling apart at my

mother's house, Sarah Heinz House, one of the strongest after-school programs in the Pittsburgh area had become my safe place. The staff and the volunteers quickly filled in the emotional gaps of my childhood and provided many escapes through personal relationships and those positive after-school programs.

Kid's words, especially when we are upset, are frequently dismissed as a passing thing, you know, something they'll grow out of. The staff at the club listened to me and they validated me. They provided moral support, a way to and from the club, and they even offered their homes as a safe place to stay. Perhaps most importantly, they never allowed me to use my situation as an excuse for failure.

Now an alumni, I was a member of the club for nine years. And in that time, I developed an interest and talent in the technology field. Sara Heinz House has a very strong partnership with the world-renowned Carnegie Mellon University's robotics program. I teach younger kids at the club about robotics, and that has triggered my pursuit of computer science and secondary education in college.

Earlier I stated to you that I stand before you as a proud product of Boys and Girls Club of America. That stands true only because one thing

remained a constant in my life, Sarah Heinz House Boys and Girls Club.

A place that I first looked at as an after-school hangout spot had become my home, my second home. Like all other after-school programs, the goal of Sarah Heinz House is to develop and polish young individuals for success. And as you can see, those goals and values that the club taught me after school still stand strong in my life today.

After-school programs are a necessity in all neighborhoods and communities around us. They keep kids off the streets and prevent them from becoming victims of society. Also, strong after-school programs help prepare children for the demanding world today, because we all know that post-high school education is a necessity for success.

I'm really excited about my future in college, and I know I can handle whatever life throws my way and I know that I will always have the constant support of Sarah Heinz House Boys and Girls Club. I've been through a tough life, and Sarah Heinz House has always been there, along with Boys and Girls of America. They have given me the courage to accept the things I cannot change, and I know I will always have the constant support of my club. Let me reiterate that, I

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    know I will always have the constant support of my club.
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                Winston Churchill said it, Heinz House
    embedded it, success is never final, failure is never
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    fatal; it's courage that counts. That's what my Boys
    and Girls Club with their strong after-school programs
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6
    has done for my life.
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                Thank you all for your time.
                           (Applause.)
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                CHAIRWOMAN BISHOP: You leave us a little
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    bit speechless. God bless you --
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                MR. SHELLEY:
                              Thank you.
                CHAIRWOMAN BISHOP: -- and the Boys and
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    Girls Club, for certainly they have made a positive
    change; but you helped to make it, too, because you
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    wanted change. Bless you.
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                MR. SHELLEY:
                              Thank you.
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                CHAIRWOMAN BISHOP: Are there any questions?
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    Representative Samuelson.
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                REPRESENTATIVE SAMUELSON: Thank you for
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    your powerful testimony. How old were you when you
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    first got involved in the Boys and Girls Club, and how
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    did you first hear about it? And, also, have you heard
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    about other after-school programs in your community?
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                MR. SHELLEY: Well, the Sarah Heinz House is
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    a very, very large after-school program in the
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Pittsburgh area; and it was brought to me by a friend.
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    And I gave my mother the idea that I'd like to join this
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    place and my mother set it aside and thought nothing of
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    it. And believe it or not, my mother, with her strong
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    drug addiction that I was unaware of until I was 16, I
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    now know that she pushed me into the Boys and Girls Club
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    to protect me and to give me a chance for success.
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                REPRESENTATIVE SAMUELSON: And how old's
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    your sister, how many years younger than you?
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                MR. SHELLEY: My sister's 13 years old, 7
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    years younger than me.
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                REPRESENTATIVE SAMUELSON:
                                            Thank you.
                CHAIRWOMAN BISHOP: Thank you so much.
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    Chairwoman Rubley.
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                SUBCHAIRWOMAN RUBLEY:
                                        Thank you to both of
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    you for your powerful testimony today and sharing with
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    us the wonderful organization, Boys and Girls Clubs.
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    And, David, I just want to commend you on your strength
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    and courage for facing the adversities that you have and
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    moving forward in such an amazing way. I think we'll be
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    hearing good things about you as time goes on. Best of
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    luck to you.
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                MR. SHELLEY:
                               Thank you.
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                CHAIRWOMAN BISHOP: Any other comments?
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25
    thank both of you very much for being here this
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afternoon sharing with us, and certainly we'd want to 1 say thank you to Mr. Jackson. Thank you so much. 2 3 MR. JACKSON: Thank you. CHAIRWOMAN BISHOP: And thank you, David, 4 for accompanying him and may you continue with the good 5 work that's being done there. 6 7 MR. SHELLEY: Thank you. CHAIRWOMAN BISHOP: Our next presenter, 8 Barry Martin, Executive Director of the State YMCA 9 10 Association and Deborah Klinedinst, Executive Director of the Southern York YMCA. Welcome both of you. 11 12 MR. MARTIN: Thank you, Madam Chair. Well, 13 we have the unenviable task of being last presenters on an agenda that's running a little bit behind schedule. 14 15 CHAIRWOMAN BISHOP: A little bit behind 16 schedule. And testimony, I'm going to ask if you can, 17 to paraphrase it a little bit for us. 18 MR. MARTIN: We certainly will. I would 19 like to say that we'll be brief. I don't want to 2.0 provide any false hope, but we'll do the best we can. 21 Good afternoon. I'm Barry Martin. I am the 22 Executive Director of the State Alliance of YMCAs, the 23 YMCA's Youth and Government Program, which is an 24 after-school program for kids to model state government. 25 Today I'm here wearing the hat of the Public Policy Chair for the State Alliance of YMCAs. We'd like to thank Chairwoman Bishop and Chairwoman Rubley for having us here today and thank the Committee for your interest in this subject. I would also like to express gratitude to the Pennsylvania After-school Network and the Pennsylvania Partnerships for Children taking a lead on this issue. They've really been carrying the banner for us.

First off, my colleague, Deb Klinedinst, will discuss after-school programs and I will follow up with the need for out-of-school physical education programs.

Deb.

MS. KLINEDINST: Good afternoon, and thank you. YMCAs have served youth and young adults for more than 155 years in a variety of programs. They include after-school enrichment, aquatics, arts, camping, health and wellness, sports, service learning, teen leadership and club programs that stress honesty, respect, responsibility and caring.

For more than 50 years, Pennsylvania YMCAs have been engaging children in after-school programs.

Today, of the nearly 1.2 million Pennsylvanians served by 161 YMCAs, 45 percent are children and youth under the age of 18, that's 540,000 young people served by

YMCAs in out-of-school programs. As schools across the Commonwealth prepare to open their doors, working parents once again find themselves searching for safe, quality after-school programs to compliment and supplement their children in school learning.

With 156 YMCA branches operating hundreds of child-care programs, the Commonwealth's YMCAs are a leading resource for parents looking to find meaningful and fun afternoon activities. The guiding philosophy of YMCA child-care is to provide child-centered programs with a commitment to quality. Because of this approach, we have grown to become the largest providers of childcare in Pennsylvania and in the country, which enables Pennsylvania YMCAs to rely upon a national network of experts in the field.

YMCA programs and centers, which are certified through NAEYC, Keystone Stars, and the National After-school Association, provide support for the entire family, including infant, preschool, and school-aged childcare. In Pennsylvania, many YMCAs do this by partnering with groups such as Headstart, the JCPenney After-school Alliance, and the Readers Digest "We Love Reading Initiative."

Combined with annual support from local communities, no one is turned away due to financial

limitations. You should also know the following about our YMCA after-school programs: At the YMCA, non-academic does not mean non-educational. Activities that strengthen, expand and provide real life context to information learned in the classroom are important to children's learning. For example, soccer helps in developing an understanding of Geometry, cooking projects help to teach fractions, and journal writing helps to develop writing skills and stimulate creative thinking. Most YMCA after-school programs include

Most YMCA after-school programs include elements that promote artistry, social skill development, emotional development, nutrition and physical activity, character development, sports, service-learning, as well as literacy, math and science hands-on activities.

Our programs are grounded in group work, relationship building, and a child/youth centered approach, experiential learning, and hands-on activities, all of which have a positive impact on youth development and learning.

YMCAs aim to build self-esteem and provide the concrete tools youth need to be happy and productive in life. As such, our after-school programs are designed to focus on the abilities of youth rather than

their shortcomings or their deficits. YMCA programs also help youth to develop skills such as self-regulation, communication, problem solving, negotiation and critical thinking that make learning easier.

YMCA staff and volunteers also understand that each youth needs significant adults beyond family to relate to and rely upon for support and guidance. As such, YMCA staff are carefully selected and trained to be good role models.

YMCAs are partners in supporting children's learning. Across the country and in Pennsylvania, YMCAs collaborate with schools and community-based organizations and other youth development organizations like Boys and Girls Clubs, 4-H, Boy and Girl Scouts, Junior Achievement, local libraries, and more. For example, the results of a 2005 YMCA School-age Child Care Survey found that more YMCAs are collaborating with schools than ever before. More than 80 percent of school-age programs are located at schools and 71 percent of the YMCAs collaborate with elementary schools.

As schools across the country have faced budget cuts resulting in the elimination of recreational programming such as sports and physical education, YMCAs

have also stepped up to the plate to help provide these activities. In fact, hundreds of YMCAs provide physical education instruction for private schools and home-schooled children. They're building strong communities by helping a future generation of workers with 21st century work skills, by reducing juvenile crime in and out-of-school hours and by ensuring students have the knowledge and the skills to succeed in a knowledge-based economy.

In conclusion to my section, we want to look at increasing participation and decreasing barriers that follow. The youth report that we recently received on the after-school programs stated that kids like to have fun with their friends. They learn new skills in sports, arts, community service and recreational activities. They like being around adult role models and feeling safe.

In fact, almost 40 percent of elementary and middle school youth become involved in some type of peer-centered organized activity, whether it be a club, lessons, or an after-school program. Of course, the potential benefits of after-school programs cannot be achieved if youth do not attend. Unfortunately, low attendance is the norm in many after-school programs for middle and high school youth, due to busy schedules and

family lives, claims of boredom, or the desire for freedom. Other barriers include the need for a teen to work, family responsibilities, transportation issues, and safety concerns.

And I thank you, and I'm going to turn it back over to Barry.

MR. MARTIN: Thank you. As kids across the state head back to school and back to sitting at their desk for 6 to 8 hours a day, it's critically important that parents find additional ways for their children to stay active before, during, and after school. Experts such as the Journal of Pediatrics, the CDC, and the US Department of Health and Human Services agreed that school-age children need to be moderately to vigorously active for a minimum of 60 minutes a day.

Unfortunately, the majority, almost two-thirds of our nation's youth are not reaching this goal. As a result, our children are increasingly obese and overweight. The latest data published in the Journal of the AMA shows the percentage of children who are overweight continues to increase.

Among children and teens ages 6 to 19, 16

percent are overweight. That's triple the proportion of

1980; and unfortunately, Pennsylvania's not an

exception. In fact, Pennsylvania ranks 24th on the

CDC's behavioral risk factor scale with a staggering 63 percent of our citizens listed as obese or overweight. That means there are nearly 8 million Pennsylvanians, that's 1.6 million of whom are children who are obese or overweight. According to the New England Journal of Medicine, the current generation of American children could be the first to lead shorter lives than their parents. We know that physical activity reduces the risk of developing obesity and chronic diseases such as diabetes and cardiovascular disease; we know that it helps to build and maintain healthy bones and muscles and reduces feelings of depression and anxiety and promotes psychological well-being.

Unfortunately, hectic work and family schedules allow little time for kids to participate in physical activity and schools are struggling to improve academic achievement and are dropping physical education and physical activity and assigning more homework, which of course leaves even less time for sports and other forms of physical activity.

After-school programs are feeling the pressure to shift from physical activity programs to academic class time. Even recess, the only unstructured play time for kids, is being squeezed out of the school day; television, computer games, the internet and text

messaging are deactivating our kids. Diminished public funding for parks, playgrounds, and sidewalks that encourage and facilitate active lifestyles along with concerns about neighborhood safety also contribute to inactivity.

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The YMCA has responded by creating the Activate America Initiative, a bold approach to addressing our nation's growing health crisis by incorporating physical activity and lifestyle changes into our community programming.

So in conclusion, as the Committee examines the issue of after-school care, we urge you to consider the importance of increased physical activity for our children and families and to offer our organization as partners in that effort.

We thank you again for allowing us to be here today.

CHAIRWOMAN BISHOP: Thank you very much.

Are there any questions? Representative

McIlvaine-Smith.

REPRESENTATIVE MCILVAINE-SMITH: Thank you,
Madam Chairwoman. I wanted to make a comment and then
ask a question. I was involved in the YMCA when I was
in middle school and high school in the Tri-Hi Y Program
and all the boys were in the Gra-Y Program, and I was

very surprised when I became a young mother that those programs were no longer in existence, and my mother had been a Tri-Hi Y'er. And it was such a great activity, because I grew outside of the town on a farm, so I didn't have those kinds of social interactions. this was terrific because we not only did service work in our community, but we had basketball games and dances and all sort of things; and for six years, they're the greatest memories I have of that section of my life. But I'm wondering, we have a YMCA that's been in our town for a hundred years in West Chester, Pennsylvania and I was very upset when they decided to shut down their Y and move to the East Goshen Township. And there was a great concern by a lot of us who live in the Borough that the Y was abandoning its mission. lot of the kids that are able to walk to the Y will no longer be able to find transportation. And that is a concern; because again, I was lucky I went to the high school that was right in town so I could walk to the Y for the Tri-Hi Y Program. So do you have scholarships available for children in need? Will you provide transportation? I know I'm sort of asking a specific here. But I'm also asking, generally, do you provide scholarships for children that are in need? MR. MARTIN: Yeah. Let me start with your

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question about Tri-Hi Y. Tri-Hi Ys and Gra-Ys do still exist. They have been sort of rebranded as Y clubs; and in most cases, they're the Youth in Government clubs that I mentioned earlier. Tri-Hi Y and Gra-Y have eventually become civics education programs and we do still run 40 of those clubs throughout the state.

I'll be up in Representative Boback's district next week to try and get something like that started there, so that does exist and I would love to talk to you about reinstituting that in your district when we have an opportunity to do that.

Secondarily, Pennsylvania does have more
YMCA locations than any other state in the country; but
Pennsylvania's a very large state, as you well know.
With 161 branch locations and literally hundreds of
after-school locations, we still cannot hit every
community and so that is unfortunate; but with other
community partners, hopefully there is not too large a
gap in your community and there might be other service
providers. That said, I'm not familiar with
particularly your YMCA and your district; but I will
certainly follow up with them to find out where they are
and what they're doing and I'll get back to you on that.

In general, yes, we do. Every YMCA has an annual support campaign where we collect grant money,

corporate donations, individual donations, government grants to provide scholarships to kids who cannot afford to participate. I know that at my YMCA every one of the students who are in the YMCA Youth in Government Program are subsidized in one way or another. A great many who can't afford it, will pay the full amount so that others who can't afford it will have scholarship money there. But, in general, yes, every YMCA provides scholarship money from full-ride down to a proportionate number. Thank you. CHAIRWOMAN BISHOP: Are there any further questions? We want to thank you very much for coming. The meeting's adjourned. (The hearing adjourned at 3:05 p.m.)

CERTIFICATE I hereby certify that the proceedings and evidence are contained fully and accurately in the notes taken by me on the within proceedings and that this is a correct transcript of the same. Tracy L. Markle, Court Reporter/Notary