

LEGISLATIVE REFERENCE BUREAU

RESOLUTION

INTRODUCED _____, 20 _____

BY _____, District
NO. _____

BY _____, District
NO. _____

BY _____, District
NO. _____

BY _____, District
NO. _____

BY _____, District
NO. _____

See next page for additional co-sponsors.

Referred to Committee on	
Date _____	20 _____
Reported _____	20 _____
As Committed-Amended	
Recommendation	

By Hon. _____	

A RESOLUTION

1 Recognizing the week of May 10 through 16, 2020, as "National
2 Women's Health Week" in Pennsylvania.

3 WHEREAS, "National Women's Health Week" is a national effort
4 by an alliance of government organizations to raise awareness
5 about manageable steps women can take to improve their health;
6 and

7 WHEREAS, "National Women's Health Week" begins on Mother's
8 Day each year and serves as a reminder for women to make their
9 health a priority and build positive health habits for life; and

10 WHEREAS, The Office for Women's Health in the Department of
11 Health and Human Services leads "National Women's Health Week"
12 to encourage all women to be as healthy as possible; and

13 WHEREAS, "National Women's Health Week" promotes activities
14 such as visiting health care providers for regular checkups,
15 preventive screenings and receiving recommended vaccines; and

16 WHEREAS, "National Women's Health Week" additionally promotes
17 the maintenance of an active lifestyle, healthy eating habits

1 and recognition of mental health concerns, including sleep
2 deprivation, stress management and safe behaviors such as
3 quitting smoking, not texting while driving, wearing a seat belt
4 and protection from sexually transmitted infections; and

5 WHEREAS, Regular physical activity is important to improving
6 overall health and has many benefits, including lowering the
7 risk of heart disease, the leading cause of death for women in
8 the United States; and

9 WHEREAS, The Department of Health and Human Services' Office
10 for Women's Health recommends that women take the time to
11 reflect on their personal health goals in order to become the
12 healthiest version of themselves; and

13 WHEREAS, Further, the Office for Women's Health in the
14 Department of Health and Human Services invites each woman to
15 share what steps they take for maintaining good health at every
16 age; and

17 WHEREAS, To further celebrate "National Women's Health Week,"
18 women across the country organize events and activities in their
19 local communities to promote healthy eating and physical
20 activity habits and help close family and friends with their own
21 personal health journeys; and

22 WHEREAS, "National Women's Health Week" is an opportunity to
23 recognize the extraordinary progress in women's health and
24 refocus the Commonwealth's commitment to a healthy future for
25 all women and girls; therefore be it

26 RESOLVED, That the House of Representatives recognize the
27 week of May 10 through 16, 2020, as "National Women's Health
28 Week" in Pennsylvania.