

## A RESOLUTION

1 Recognizing April 8, 2019, as "Cushing's Syndrome Awareness Day"  
2 in Pennsylvania.

3 WHEREAS, Cushing's syndrome is an endocrine disorder caused  
4 by an overexposure of the body's tissues to the hormone  
5 cortisol; and

6 WHEREAS, Cortisol is essential to many of the body's  
7 cardiovascular and metabolic functions and assists the body's  
8 response to stress; and

9 WHEREAS, The excessive release of cortisol can be caused by a  
10 tumor in the pituitary or adrenal glands or by prolonged use of  
11 cortisone drugs to treat asthma, rheumatoid arthritis or lupus;  
12 and

13 WHEREAS, Cushing's syndrome affects between 10 and 15 million  
14 people, most commonly those between 20 and 50 years of age; and

15 WHEREAS, The symptoms of Cushing's syndrome include abnormal  
16 weight gain in the abdomen and upper back, skin changes,  
17 depression, diabetes, high blood pressure and fatigue; and

1       WHEREAS, Treatment options include the cessation of  
2 corticosteroids, surgical removal of tumors and medical therapy  
3 to reduce a tumor's production of cortisol; and

4       WHEREAS, Delayed treatment of Cushing's syndrome  
5 significantly reduces treatment options; and

6       WHEREAS, Educating the public about the symptoms of Cushing's  
7 syndrome increases the rate of successful treatment of the  
8 disease; and

9       WHEREAS, April 8 is the date widely accepted to call  
10 attention to the disease because it is the birthday of Harvey  
11 Cushing, the American surgeon and endocrinologist who discovered  
12 the disease in 1912; therefore be it

13       RESOLVED, That the House of Representatives recognize April  
14 8, 2019, as "Cushing's Syndrome Awareness Day" in Pennsylvania.