

**LEGISLATIVE REFERENCE BUREAU**

**RESOLUTION**

INTRODUCED \_\_\_\_\_, 20 \_\_\_\_\_

BY \_\_\_\_\_, District  
NO. \_\_\_\_\_

BY \_\_\_\_\_, District  
NO. \_\_\_\_\_

BY \_\_\_\_\_, District  
NO. \_\_\_\_\_

BY \_\_\_\_\_, District  
NO. \_\_\_\_\_

BY \_\_\_\_\_, District  
NO. \_\_\_\_\_

See next page for additional co-sponsors.

Prior Session \_\_\_\_\_

<p style="text-align: center;"><b>Referred to Committee on</b></p> <p>Date _____, 20 _____</p> <p>Reported _____, 20 _____</p> <p style="text-align: center;"><b>As Committed-Amended</b></p> <p><b>Recommendation</b></p> <p>_____</p> <p>By Hon. _____</p>
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## A RESOLUTION

1 Recognizing the month of March 2017 as "National Colorectal  
2 Cancer Awareness Month" in Pennsylvania.

3 WHEREAS, Colorectal cancer is a type of cancer that starts in  
4 the colon or rectum, both of which are parts of the large  
5 intestine and the body's digestive system; and

6 WHEREAS, During digestion the colon absorbs water and  
7 nutrients from food and stores waste matter, which moves to the  
8 rectum; and

9 WHEREAS, Colorectal cancer often begins as a growth called a  
10 polyp, which may form on the inner wall of the colon or rectum;  
11 and

12 WHEREAS, In addition to colorectal polyps, risk factors of  
13 colorectal cancer include increasing age, family history,  
14 certain genetic mutations, excessive alcohol use, obesity,  
15 physical inactivity, cigarette smoking and history of  
16 inflammatory bowel disease; and

17 WHEREAS, Symptoms of developing colorectal cancer include

1 changes in bowel habits, rectal bleeding, stomach pains or  
2 cramps, weakness, unexplained weight loss and low red blood cell  
3 count; and

4 WHEREAS, Colorectal cancer is the third leading cause of  
5 cancer-related mortality in the United States, accounting for an  
6 expected 50,260 deaths in 2017; and

7 WHEREAS, Unprecedented progress has been made in the last  
8 decade in reducing colorectal cancer incidence and death rates  
9 largely due to prevention and early detection through screening;  
10 and

11 WHEREAS, Up to 60% of deaths from colorectal cancer could be  
12 prevented if everyone 50 years of age or older were screened  
13 regularly and appropriately treated; and

14 WHEREAS, Since 2000, March has been celebrated as "National  
15 Colorectal Cancer Awareness Month" by advocacy groups, public  
16 officials, health care providers and patients; and

17 WHEREAS, During this month, participants generate widespread  
18 awareness about colorectal cancer and encourage the public to  
19 learn more about disease prevention, early detection and  
20 maintaining a healthy lifestyle and diet; therefore be it

21 RESOLVED, That the House of Representatives recognize the  
22 month of March 2017 as "National Colorectal Cancer Awareness  
23 Month" in Pennsylvania; and be it further

24 RESOLVED, That the House of Representatives join advocates  
25 nationwide in urging the residents of this Commonwealth to  
26 follow preventative measures such as:

27 (1) Engaging in physical activity for at least 30  
28 minutes a day, at least five days a week.

29 (2) Maintaining a healthy weight.

30 (3) Quitting smoking.

1 (4) Limiting alcohol intake.

2 (5) Eating healthy fruits, vegetables and whole grains.

3 (6) Reducing the intake of red meat and cutting out  
4 processed meat.

5 (7) Beginning regular screenings at 50 years of age and  
6 earlier for those individuals at higher risk.

7 (8) Consulting with a doctor about tests for detecting  
8 cancer and pre-cancer, such as a colonoscopy, virtual  
9 colonoscopy, flexible sigmoidoscopy, double-contrast barium  
10 enema, stool occult blood test, stool immunochemical test and  
11 stool DNA test;

12 and be it further

13 RESOLVED, That the House of Representatives urge its members,  
14 the Department of Health and health care professionals across  
15 this Commonwealth to recognize "National Colorectal Cancer  
16 Awareness Month" in Pennsylvania to increase awareness about the  
17 disease and how to prevent it through a healthy lifestyle and  
18 proper screenings.