

A RESOLUTION

1 Recognizing the month of September 2016 as "Senior Center Month"
2 in Pennsylvania.

3 WHEREAS, According to the Penn State Data Center, the 2014
4 population of Pennsylvanians who are at least 65 years of age
5 totals more than 2.1 million, or 1 in 6 people; and

6 WHEREAS, Over the next 20 years the population of
7 Pennsylvanians who are at least 65 years of age will rise to 3.2
8 million; and

9 WHEREAS, Senior centers provide older Pennsylvanians with
10 services that allow them to remain active in their communities
11 and affirm their self-worth; and

12 WHEREAS, Services offered in senior centers include, but are
13 not limited to, nutrition and wellness programs, transportation
14 services, public benefits counseling, recreational and
15 educational activities and employment assistance; and

16 WHEREAS, Research indicates that seniors who participate in
17 senior center programs strengthen their mental and physical

1 health while better managing disease; and

2 WHEREAS, The National Council on Aging reports that senior
3 centers have become one of the most widely used services among
4 America's older adults and serve 1 million older adults every
5 day; and

6 WHEREAS, Every year since 1979, the National Council on Aging
7 has recognized senior centers as vital establishments that
8 promote positive images of aging; and

9 WHEREAS, In an effort to acknowledge the learning,
10 independence and energy within senior centers, the National
11 Council on Aging has established this year's "Senior Center
12 Month" theme as "Find Balance at Your Center!"; therefore be it

13 RESOLVED, That the House of Representatives recognize the
14 month of September 2016 as "Senior Center Month" in Pennsylvania
15 and call upon all residents and public officials to celebrate
16 the special contributions and services that senior centers
17 provide to enhance the well-being of older Pennsylvanians.