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House of Representatives
COMMONWEALTH OF PENNSYLVANIA
HARRISBURG

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MEMORANDUM

TO: All House Members

FROM: Representative Patty Kim

DATE: May 10, 2013

SUBJECT: Co-Sponsorship of Resolution: "Bike Month", "Bike to Work Week", And "Bike to Work Day" in Pennsylvania

In the near future, I plan to introduce a resolution designating the month of May 2013 as "Bike Month", the week of May 13 through 17, 2013 as "Bike to Work Week", and May 17, 2013 as "Bike to Work Day" in Pennsylvania.

The League of American Bicyclists has declared the week of May 13 through the 17 as "Bike to Work Week" in our Nation. During this week employers across the country will hold events that encourage employees to bike to work as a healthful, economical, and environmentally friendly means of commuting.

As we all know, employees who are physically active are generally more alert, take fewer sick days, and are more productive than sedentary employees. The practice of biking to work provides an efficient and enjoyable way to get the exercise we need in the course of our daily commute without having to schedule additional time to "work out" at an exercise facility. Biking also reduces each individual's "carbon footprint", helps to reduce traffic congestion, and can save commuters fuel and other expenses associated with driving to work. Adding to these benefits is the fact that bicyclists typically arrive sooner to their workplace than their driving counterparts, particularly if their commute is three miles or shorter.

I hope you will join with me to support this community and environmentally friendly initiative.