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# Memorandum

**TO: Members of the House of Representatives**

**FROM: Representative Neal P. Goodman**

**DATE: April 10, 2012**

**SUBJECT: National Women's Health Week 2012 – May 13-19, 2012**

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In the near future, I plan to introduce a resolution recognizing the week of May 13 through 19, 2012, as "National Women's Health Week" in Pennsylvania.

National Women's Health Week is a weeklong health observance coordinated by the U.S. Department of Health and Human Services' Office on Women's Health. National Women's Health Week empowers women to make their health a top priority. During this week, communities, businesses, government, health organizations, and other groups work together to educate women about steps they can take to improve their physical and mental health and lower their risks of certain diseases.

This year marks the 13<sup>th</sup> year for National Women's Health Week, which kicks off on Mother's Day, May 13, 2012. Women are often the caregivers for their spouses, children, and parents and forget to focus on their own health. It is important to celebrate National Women's Health Week to remind women that taking care of themselves is essential for themselves and their loved ones.

If you would like to join me in sponsoring this resolution, please contact Linda Reed at [lreed@pahouse.net](mailto:lreed@pahouse.net) or 787-2798.