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REPLY TO:

TO: All Senators

DATE: August 31, 2011

FROM: 
Senator Christine M. Tartaglione

SUBJECT: Co-sponsorship of Resolution:
National Physical Therapy Month

I intend to introduce a Resolution observing the month of October as "National Physical Therapy Month" in Pennsylvania.

National Physical Therapy Month began in 1981 as National Physical Therapy Week and was celebrated in June. In 1992 it became National Physical Therapy Month and provides the opportunity for physical therapists and physical therapist assistants nationwide to educate their communities about who physical therapists are and what they can do for you.

Techniques used by physical therapists can help reduce pain and improve motion without surgery or drugs, in some cases. They can work with you to improve arthritis, repetitive stress injuries, posture problems, sports injuries, back and neck pain and more. As most athletes are aware, physical therapists can also teach you exercises to help avoid injuries in the future.

Stroke victims, people with diabetes and those of us with physical disabilities also benefit from physical therapy.

If you would like to join me in co-sponsoring this resolution, please contact my office at 787-1141 or e-mail Sherry Hess at shess@pasenate.com.