

CO-SPONSORSHIP MEMO – HEALTHY KIDS, HEALTHY FUTURE ACT

Date: June 8, 2011

To: All House Members

From: Rep. Tim Briggs

Subject: Healthy Kids, Healthy Future Act

In the near future, I plan to introduce the proposed Healthy Kids, Healthy Future Act which will require that school districts develop, expand or improve a comprehensive school physical activity program that must include at least 30 minutes of moderate to vigorous physical activity for every child every regular school day.

To help combat the childhood obesity epidemic our children need to be more physically active. First Lady Michelle Obama's Let's Move initiative cites that the current generation of children spend 7½ hours on-average watching television, playing video games, or on the computer – per day. In contrast, both the Centers for Disease Control and Prevention (CDC) and the United States Department of Health and Human Services (HHS) recommend that children and adolescents get 60 minutes of physical activity per day.

This legislation is based on proposed regulations drafted by the State Board of Education who consulted with multiple stakeholder groups in the process and made revisions based on their comments and concerns. The regulations had been presented to various House and Senate committees last year but the adoption of the regulations has not occurred.

If you are interested in co-sponsoring this legislation, please contact Anne Foreman at aforeman@pahouse.net.