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## MEMORANDUM

**To:** All House Members

**From:** Representative Seth Grove  
196<sup>th</sup> Legislative District

**Date:** March 29, 2011

**Subject:** Resolution Co-sponsorship – YMCA Healthy Kids Day – April 16, 2011

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As the House co-chair of the YMCA Legislative Caucus, I plan to introduce a resolution recognizing April 16, 2011 as “YMCA Healthy Kids Day,” which is part of the YMCA’s national initiative, Activate America®, to assist kids, adults and families who want to lead a healthy lifestyle, but struggle to do so.

YMCA Healthy Kids Day is the largest health day for kids and families. On YMCA Healthy Kids Day, the YMCA encourages kids to be more physically active and put play in their day. YMCA Healthy Kids Day is about giving kids and families a chance to engage in active play, have fun and access resources for healthier living.

Keeping kids healthy is at the core of what YMCAs do every day. For more than 160 years YMCAs across the Commonwealth have helped kids and families develop healthy habits, create healthy attitudes and build traditions that include eating healthy and being physically active – while having fun. The YMCAs are a leading health and wellness resource in our communities, and are collectively the nation’s largest provider of lifestyle health and well-being programs.

If you would like to cosponsor this legislation, please contact Lisa Burkholder at [lburkhol@pahousegop.com](mailto:lburkhol@pahousegop.com) or 717-783-2655. Thank you for your consideration.