

THE GENERAL ASSEMBLY OF PENNSYLVANIA

HOUSE BILL

No. 354 Session of 2023

INTRODUCED BY ISAACSON, CIRESI, GIRAL, GUENST, HILL-EVANS,  
HOHENSTEIN, MADDEN, PARKER, PROBST AND SANCHEZ,  
MARCH 13, 2023

REFERRED TO COMMITTEE ON HEALTH, MARCH 13, 2023

AN ACT

1 Amending the act of March 10, 1949 (P.L.30, No.14), entitled "An  
2 act relating to the public school system, including certain  
3 provisions applicable as well to private and parochial  
4 schools; amending, revising, consolidating and changing the  
5 laws relating thereto," in terms and courses of study,  
6 providing for menstruation education.

7 The General Assembly of the Commonwealth of Pennsylvania  
8 hereby enacts as follows:

9 Section 1. The act of March 10, 1949 (P.L.30, No.14), known  
10 as the Public School Code of 1949, is amended by adding a  
11 section to read:

12 Section 1555. Menstruation Education.--(a) The following  
13 apply regarding instruction on menstruation:

14 (1) Beginning with the 2024-2025 school year, each school  
15 entity may offer instruction on menstruation. The instruction  
16 shall be integrated into appropriate courses of study in the  
17 school entity.

18 (2) The instruction under paragraph (1) shall be:

19 (i) Age appropriate.

1 (ii) Medically accurate.

2 (iii) Offered to all students, regardless of gender or  
3 ability to menstruate.

4 (iv) Comprehensive and inclusive of all individuals.

5 (3) The following apply to informational materials:

6 (i) School entities may utilize any appropriate public or  
7 private materials, personnel and other resources in developing  
8 and implementing the program of instruction under paragraph (1).

9 (ii) The department shall distribute information about  
10 appropriate curriculum materials to each school entity.

11 (iii) School entities may utilize any curriculum that  
12 complies with the requirements of this subsection.

13 (b) The following apply to curriculum guidelines:

14 (1) The department shall develop curriculum guidelines no  
15 later than twelve (12) months after the effective date of this  
16 subsection.

17 (2) At a minimum, the curriculum guidelines shall include  
18 the following subjects:

19 (i) Information on the menstrual cycle.

20 (ii) Premenstrual syndrome and pain management.

21 (iii) Menstrual hygiene management.

22 (iv) Menstrual disorders.

23 (v) Menstrual irregularities.

24 (vi) Menopause.

25 (vii) Any other relevant topic related to menstruation.

26 (3) The department shall consult with the State Board of  
27 Education and organizations and individuals that provide  
28 educational expertise and resources related to menstruation to  
29 develop the curriculum guidelines.

30 (4) The curriculum guidelines shall state the minimum amount

1 of instruction necessary to adequately educate students on  
2 menstruation.

3 (c) Beginning with the 2024-2025 school year, the department  
4 shall make available to all school entities in-service training  
5 programs based upon the instruction under subsection (a) and the  
6 curriculum guidelines established under subsection (b).

7 (d) The following apply to professional education:

8 (1) Beginning with the 2024-2025 school year, each school  
9 entity providing instruction under subsection (a) shall provide,  
10 as part of its in-service training, programs on menstruation for  
11 all instructors whose teaching responsibilities include courses  
12 of study in which instruction concerning menstruation is  
13 integrated. A school entity may utilize the programs made  
14 available by the department or use alternative programs that are  
15 consistent with the provisions of this section.

16 (2) Employees required to complete continuing professional  
17 education under section 1205.2 shall receive credit toward the  
18 continuing professional education requirements if the training  
19 program provided under paragraph (1) has been approved by the  
20 department.

21 (e) The department shall provide the guidelines, in-service  
22 training and any other materials developed in accordance with  
23 this section to any nonpublic school within this Commonwealth  
24 upon receiving a request from the nonpublic school.

25 (f) The following words and phrases when used in this  
26 section shall have the meanings given to them in this subsection  
27 unless the context clearly indicates otherwise:

28 "Department." The Department of Education of the  
29 Commonwealth.

30 "Menstruation." The process of discharging blood and other

1 materials from the lining of the uterus at intervals of about  
2 each month from puberty until menopause, except during  
3 pregnancy, which occurs in individuals who menstruate.

4 "School entity." A school district, charter school, regional  
5 charter school, cyber charter school, intermediate unit or area  
6 career and technical school.

7 Section 2. This act shall take effect immediately.