
THE GENERAL ASSEMBLY OF PENNSYLVANIA

SENATE RESOLUTION

No. 42 Session of
2019

INTRODUCED BY SCHWANK, FARNESE, FONTANA, DINNIMAN, BREWSTER,
BARTOLOTTA, BROWNE, FOLMER, MUTH, AUMENT, TARTAGLIONE, COSTA,
KILLION, BLAKE, HUGHES, BAKER, J. WARD AND YUDICHAK,
MARCH 19, 2019

INTRODUCED AND ADOPTED, MARCH 19, 2019

A RESOLUTION

1 Recognizing the month of March 2019 as "National Nutrition
2 Month" in Pennsylvania.

3 WHEREAS, The month of March has been recognized annually
4 since 1973 as "National Nutrition Month"; and

5 WHEREAS, "National Nutrition Month" is an education and
6 information campaign created by the Academy of Nutrition and
7 Dietetics to increase public focus on the importance of making
8 informed food and nutrition choices and developing sound eating
9 and physical activity habits; and

10 WHEREAS, The Academy of Nutrition and Dietetics has more than
11 100,000 credentialed practitioners and is the world's largest
12 organization of food and nutrition professionals; and

13 WHEREAS, The majority of the Academy of Nutrition and
14 Dietetics' members are Registered Dietitians, Registered
15 Dietitian Nutritionists or Registered Dietetic Technicians; and

16 WHEREAS, The food people consume affects their physical and
17 emotional health as well as their stamina for mental and

1 physical activities; and

2 WHEREAS, No single diet is best for everyone, and the types,
3 quality and quantity of food people consume has a vital role in
4 their well-being; and

5 WHEREAS, There is a need for continuing nutrition education
6 and a wide-scale effort to enhance healthy eating practices for
7 children and adults in order to decrease health issues related
8 to increasing obesity levels; and

9 WHEREAS, Healthier eating can also make foods go further at
10 home and have a positive impact within the community by reducing
11 food loss and waste; therefore be it

12 RESOLVED, That the Senate recognize the month of March 2019
13 as "National Nutrition Month" in Pennsylvania; and be it further

14 RESOLVED, That all Pennsylvanians be encouraged to learn
15 about the campaign at <http://www.eatright.org> in order to make
16 their own informed food choices and develop sound eating and
17 physical activity habits to improve their health and well-being
18 for today and tomorrow.