
THE GENERAL ASSEMBLY OF PENNSYLVANIA

HOUSE RESOLUTION

No. 485 Session of
2019

INTRODUCED BY EMRICK, BERNSTINE, BIZZARRO, BOBACK, BURNS,
CALTAGIRONE, DIGIROLAMO, FREEMAN, HEFFLEY, HENNESSEY, HILL-
EVANS, KINSEY, KORTZ, LONGIETTI, MILLARD, MURT, PYLE, RYAN,
SCHMITT, SONNEY AND KIM, SEPTEMBER 16, 2019

REFERRED TO COMMITTEE ON HEALTH, SEPTEMBER 16, 2019

A RESOLUTION

1 Designating October 11, 2019, as "Amplified Musculoskeletal Pain
2 Syndrome Awareness Day" in Pennsylvania.

3 WHEREAS, Amplified musculoskeletal pain syndrome (AMPS) is a
4 medical condition that causes an individual to experience an
5 abnormal pain reflex that causes constriction of blood vessels,
6 which deprives oxygen to muscles, bones and skin causing acid
7 buildup; and

8 WHEREAS, Consequently, AMPS amplifies a mild pain signal into
9 a very painful signal; and

10 WHEREAS, The three main causes of AMPS are stress, injury and
11 illness; and

12 WHEREAS, There are numerous types of AMPS, including complex
13 regional pain syndrome, fibromyalgia, myofascial pain syndrome,
14 neuropathic pain, psychogenic pain and reflex neurovascular
15 dystrophy; and

16 WHEREAS, While the incidence of amplified pain in children is
17 not well-studied, it is known to include localized pain and

1 diffuse pain and estimated to affect 2% to 6% of children; and

2 WHEREAS, Eighty percent of children with AMPS range from
3 preadolescent to adolescent girls with a pain rating of "10 out
4 of 10"; and

5 WHEREAS, Symptoms can occur suddenly or take weeks to develop
6 and may include pain in one or multiple limbs, throughout the
7 whole body or in the abdomen, headaches, skin temperature
8 changes, skin color changes, swelling of the affected extremity,
9 vascular changes, conversions and allodynia; and

10 WHEREAS, Once diagnosed, treatment is a system of therapy
11 focused on aerobic exercise, physical and occupational therapy,
12 stress management and counseling; and

13 WHEREAS, The treatment goal is to restore function and return
14 a child to the child's prior functional level at school, in
15 sports and leisure activities; and

16 WHEREAS, When patients are in treatment, 80% are functional
17 in one to two weeks, 95% are functional in one month and 75% are
18 pain-free in one month; and

19 WHEREAS, Pediatric amplified pain is becoming more common,
20 partly as a result of societal changes; and

21 WHEREAS, Many children are overscheduled and placed under a
22 great amount of stress; and

23 WHEREAS, The House of Representatives recognizes AMPS and the
24 effects it has on those who are afflicted, particularly the
25 juvenile population; therefore be it

26 RESOLVED, That the House of Representatives designate October
27 11, 2019, as "Amplified Musculoskeletal Pain Syndrome Awareness
28 Day" in Pennsylvania.