## THE GENERAL ASSEMBLY OF PENNSYLVANIA

## HOUSE RESOLUTION

No. 50

Session of 2019

INTRODUCED BY NEILSON, BIZZARRO, HILL-EVANS, READSHAW, EVERETT, SCHLOSSBERG, LONGIETTI, SAMUELSON, FREEMAN, DiGIROLAMO, STURLA, PASHINSKI, CIRESI, DALEY, KORTZ, CONKLIN, WARREN, CALTAGIRONE, DeLUCA AND McCLINTON, JANUARY 25, 2019

INTRODUCED AS NONCONTROVERSIAL RESOLUTION UNDER RULE 35, JANUARY 25, 2019

## A RESOLUTION

- 1 Recognizing the month of February 2019 as "National Senior 2 Independence Month" in Pennsylvania.
- 3 WHEREAS, As individuals grow older, communities become a
- 4 source of support and engagement, and allowing older adults to
- 5 remain in their communities allows them to preserve a critical
- 6 connection to meaningful memories, people, places and things;
- 7 and
- 8 WHEREAS, According to a survey conducted by the AARP, 76% of
- 9 adults over 50 years of age would prefer to stay in their
- 10 current residence as long as possible; and
- 11 WHEREAS, The same AARP survey revealed that 77% of adults
- 12 over 50 years of age would prefer to remain in their local
- 13 communities for as long as possible; and
- 14 WHEREAS, Unfortunately, only 59% of Americans over 50 years
- 15 of age anticipate that they will be able to age in place in
- 16 their communities; and

- 1 WHEREAS, Falling is one of the most prevalent risks to
- 2 seniors and their independence; and
- 3 WHEREAS, According to the Centers for Disease Control and
- 4 Prevention, 1 in 4 adults who are 65 years of age or older
- 5 experience a fall and more than 3 million older adults are
- 6 treated in emergency departments for fall-related injuries each
- 7 year; and
- 8 WHEREAS, Whether a fall causes injury or not, it can carry a
- 9 heavy quality-of-life impact that can force seniors to limit
- 10 their activities and social engagement within their community;
- 11 and
- 12 WHEREAS, In order for seniors to ensure that their homes are
- 13 a place in which they can live safely and independently, they
- 14 should check that all rooms are well lit and make lighting
- 15 replacements where needed; and
- 16 WHEREAS, Grab bars and handrails near the shower, bathtub and
- 17 toilet are recommended for installation in restrooms in seniors'
- 18 homes; and
- 19 WHEREAS, Seniors should also keep floors and walkways clear
- 20 of unnecessary items in order to be able to navigate areas of
- 21 their home without fear of falling; and
- 22 WHEREAS, The United States Department of Health and Human
- 23 Services Administration on Aging (AoA) promotes the well-being
- 24 of older individuals by providing services and programs designed
- 25 to help them live independently in their homes and communities;
- 26 and
- 27 WHEREAS, For more than 35 years, the AoA has provided home-
- 28 based and community-based services to millions of older adults
- 29 through the programs funded under the Older Americans Act of
- 30 1965; and

- 1 WHEREAS, Services provided using AoA funds include, but are
- 2 not limited to, transportation, adult day care, caregiver
- 3 supports and health promotion programs; and
- 4 WHEREAS, "National Senior Independence Month" serves as an
- 5 opportunity to remind seniors to evaluate their current living
- 6 situation, recognize the strengths and weaknesses in their daily
- 7 routine and make adjustments for a better lifestyle; and
- 8 WHEREAS, The House of Representatives recognizes the need to
- 9 raise awareness of the services available and the steps seniors
- 10 and their families can take to allow older Pennsylvanians to
- 11 remain in their homes and communities; therefore be it
- 12 RESOLVED, That the House of Representatives recognize the
- 13 month of February 2019 as "National Senior Independence Month"
- 14 in Pennsylvania.