## HOUSE RESOLUTION

No. 1108 Session of 2018

INTRODUCED BY EMRICK, BIZZARRO, R. BROWN, BURNS, CALTAGIRONE, SCHLEGEL CULVER, DiGIROLAMO, DRISCOLL, DUSH, HAHN, HILL-EVANS, KAUFER, KINSEY, LONGIETTI, MACKENZIE, MARSICO, MILLARD, NEILSON, B. O'NEILL, PICKETT, READSHAW, RYAN AND SONNEY, OCTOBER 1, 2018

INTRODUCED AS NONCONTROVERSIAL RESOLUTION UNDER RULE 35, OCTOBER 1, 2018

## A RESOLUTION

- Designating October 11, 2018, as "Amplified Musculoskeletal Pain Syndrome Awareness Day" in Pennsylvania.
- 3 WHEREAS, Amplified musculoskeletal pain syndrome (AMPS) is a
- 4 medical condition that causes an individual to experience an
- 5 abnormal pain reflex that causes constriction of blood vessels,
- 6 which deprives oxygen to muscles, bones and skin causing acid
- 7 buildup; and
- 8 WHEREAS, Consequently, AMPS amplifies a mild pain signal into
- 9 a very painful signal; and
- 10 WHEREAS, The three main causes of AMPS are stress, injury and
- 11 illness; and
- 12 WHEREAS, There are numerous types of AMPS, including complex
- 13 regional pain syndrome, fibromyalgia, myofascial pain syndrome,
- 14 neuropathic pain, psychogenic pain and reflex neurovascular
- 15 dystrophy; and
- 16 WHEREAS, While the incidence of amplified pain in children is

- 1 not well studied, it is known to include localized pain and
- 2 diffuse pain and is estimated to affect 2% to 6% of children;
- 3 and
- 4 WHEREAS, Eighty percent of children with AMPS range from
- 5 preadolescent to adolescent girls with a pain rating of "10 out
- 6 of 10"; and
- 7 WHEREAS, Symptoms can occur suddenly or take weeks to develop
- 8 and may include pain in one or multiple limbs, throughout the
- 9 whole body or in the abdomen, headaches, skin temperature
- 10 changes, skin color changes, swelling of the affected extremity,
- 11 vascular changes, conversions and allodynia; and
- 12 WHEREAS, Once diagnosed, treatment is a system of therapy
- 13 focused on aerobic exercise, physical and occupational therapy,
- 14 stress management and counseling; and
- 15 WHEREAS, The treatment goal is to restore function and return
- 16 a child to the child's prior functional level at school, in
- 17 sports and in leisure activities; and
- 18 WHEREAS, When patients are in treatment, 80% are functional
- 19 in one to two weeks, 95% are functional in one month and 75% are
- 20 pain-free in one month; and
- 21 WHEREAS, Pediatric amplified pain is becoming more common,
- 22 partly as a result of societal changes; and
- 23 WHEREAS, Many children are overscheduled and placed under a
- 24 great amount of stress; and
- 25 WHEREAS, The House of Representatives recognizes AMPS and the
- 26 effects it has on those who are afflicted, particularly the
- 27 juvenile population; therefore be it
- 28 RESOLVED, That the House of Representatives designate October
- 29 11, 2018, as "Amplified Musculoskeletal Pain Syndrome Awareness
- 30 Day" in Pennsylvania.