
THE GENERAL ASSEMBLY OF PENNSYLVANIA

HOUSE RESOLUTION

No. 820 Session of
2015

INTRODUCED BY MURT, BAKER, R. BROWN, COHEN, D. COSTA, COX,
SCHLEGEL CULVER, DeLUCA, DiGIROLAMO, DONATUCCI, DRISCOLL,
DUSH, EVERETT, FARINA, GIBBONS, GILLEN, GINGRICH, GODSHALL,
GOODMAN, GROVE, HARHAI, HARHART, A. HARRIS, HENNESSEY,
PHILLIPS-HILL, KAUFFMAN, KAVULICH, KILLION, KINSEY, KIRKLAND,
LONGIETTI, MAHONEY, MAJOR, MARSICO, McNEILL, MILLARD,
NEILSON, PAYNE, PETRI, READSHAW, ROSS, ROZZI, SACCONI,
SAINATO, SAYLOR, SCHLOSSBERG, SONNEY, THOMAS, VEREB, WARD,
WATSON, WHEELAND AND CALTAGIRONE, APRIL 19, 2016

INTRODUCED AS NONCONTROVERSIAL RESOLUTION UNDER RULE 35,
APRIL 19, 2016

A RESOLUTION

1 Designating the month of May 2016 as "Military Service-Related
2 Post-Traumatic Stress Disorder Awareness Month" in
3 Pennsylvania.

4 WHEREAS, The month of May has been designated by the Congress
5 of the United States as "National Military Appreciation Month"
6 to remember those who gave their lives in defense of freedom and
7 to honor the men and women of the United States Armed Forces who
8 have served and are now serving this country; and

9 WHEREAS, Beginning with the ravages of the Civil War, a war-
10 related syndrome has been identified and called various names:
11 in World War I, it was "shell shock"; in World War II, it was
12 "battle fatigue"; and since the Vietnam Conflict in the 1960s
13 and 1970s, the syndrome has been known as post-traumatic stress
14 disorder (PTSD); and

1 WHEREAS, Veterans currently returning from service in
2 Afghanistan and Iraq are experiencing a high incidence of PTSD;
3 and

4 WHEREAS, A study published in 2010 in the *American Journal of*
5 *Public Health* revealed that more than one-third of returning
6 soldiers from Afghanistan and Iraq received a diagnosis of
7 having a mental health disorder, of which nearly 22% were
8 diagnosed with PTSD; and

9 WHEREAS, Caused by the horrors experienced during war, PTSD
10 has an insidious effect on the health of individuals; and

11 WHEREAS, PTSD causes emotional, social, physical, spiritual
12 and communication challenges for both the veterans suffering
13 from the disorder and their loved ones; and

14 WHEREAS, Persons with PTSD have difficulty sleeping and
15 experience all the tangential mental and physical effects of
16 sleep deprivation, feel more irritable and are prone to
17 unexpected or inexplicable outbursts of anger, have difficulty
18 concentrating, expect the worst, feel that danger is lurking and
19 are easily startled; and

20 WHEREAS, Families of persons who have PTSD experience more
21 unhappiness, marital strife, anxiety and childhood and
22 adolescent behavioral problems than families that do not have to
23 cope with this disorder; and

24 WHEREAS, Less than 40% of the veterans suffering from PTSD
25 will seek help; and

26 WHEREAS, The National Center for Posttraumatic Stress
27 Disorder within the Department of Veterans Affairs aims to
28 advance the clinical care and social welfare of United States
29 veterans through research, education and training on PTSD and
30 stress-related disorders and provides educational resources for

1 veterans and also for health care providers, researchers and the
2 general public through its Internet website; and

3 WHEREAS, It is fitting, during this month in which "VE Day,"
4 "Military Spouse Day," "Loyalty Day," "Armed Forces Day" and
5 "Memorial Day" are observed, to reflect on this serious disorder
6 that affects many of our veterans and their families, so that we
7 may renew and increase our awareness of PTSD; therefore be it

8 RESOLVED, That the House of Representatives designate the
9 month of May 2016 as "Military Service-Related Post-Traumatic
10 Stress Disorder Awareness Month" in Pennsylvania.