## THE GENERAL ASSEMBLY OF PENNSYLVANIA

## SENATE RESOLUTION

No. 99

Session of 2011

INTRODUCED BY HUGHES, APRIL 27, 2011

INTRODUCED AND ADOPTED, APRIL 27, 2011

## A RESOLUTION

- 1 Recognizing the month of May 2011 as "American Stroke Month" in Pennsylvania.
- 3 WHEREAS, Stroke is a leading cause of serious long-term
- 4 disability and the third leading cause of death in the United
- 5 States, killing more than 136,000 people nationwide and more
- 6 than 6,600 Pennsylvanians each year; and
- 7 WHEREAS, Warning signs of stroke include sudden numbness or
- 8 weakness of the face, arm or leg, especially on one side of the
- 9 body; sudden confusion, trouble speaking or understanding;
- 10 sudden trouble seeing in one or both eyes; sudden trouble
- 11 walking, dizziness and loss of balance or coordination; and
- 12 sudden severe headache with no known cause; and
- 13 WHEREAS, Americans are more aware of the risk factors and
- 14 warning signs for stroke than in the past, but two in five
- 15 adults still cannot identify any symptoms; and
- 16 WHEREAS, One message of "American Stroke Month 2011" is "Take
- 17 2 to Save 2" to encourage people to take two minutes to save two
- 18 lives by sending two health messages to two people that they

- 1 know who smoke, are overweight, have high blood pressure, have
- 2 diabetes or have a family history of heart disease or stroke and
- 3 are therefore at increased risk of being disabled or dying from
- 4 a stroke; and
- 5 WHEREAS, The other message of this month is to promote the
- 6 program "Power To End Stroke" to reduce stroke in African
- 7 Americans, who are at particularly high risk of the disease, by
- 8 empowering them to reduce their risk, recognize the warning
- 9 signs and respond quickly; and
- 10 WHEREAS, New and effective treatments have been developed to
- 11 treat and minimize the severity and damaging effects of strokes,
- 12 but much more research is needed; therefore be it
- RESOLVED, That the Senate recognize May 2011 as "American
- 14 Stroke Month" in Pennsylvania and urge all the citizens of this
- 15 Commonwealth to familiarize themselves with the risk factors
- 16 associated with stroke, recognize the warning signs and symptoms
- 17 and, at the first signs of a stroke, dial 9-1-1 immediately in
- 18 order to reduce the devastating effects of stroke on our
- 19 population.