THE GENERAL ASSEMBLY OF PENNSYLVANIA

SENATE RESOLUTION

No. 17

Session of 2023

INTRODUCED BY TARTAGLIONE, HAYWOOD, CAPPELLETTI, BROOKS, HUGHES, FONTANA, BREWSTER, ROBINSON, COMITTA, PHILLIPS-HILL, BOSCOLA, SANTARSIERO, BARTOLOTTA, COSTA, STEFANO, KEARNEY, DILLON AND J. WARD, JANUARY 30, 2023

REFERRED TO RULES AND EXECUTIVE NOMINATIONS, JANUARY 30, 2023

A RESOLUTION

- 1 Recognizing February 3, 2023, as "National Wear Red Day" in Pennsylvania.
- 3 WHEREAS, Cardiovascular disease is the number one killer of
- 4 women in the United States; and
- 5 WHEREAS, Cardiovascular disease kills one woman every 80
- 6 seconds in the United States; and
- 7 WHEREAS, Nearly 50 million women in the United States are
- 8 affected by cardiovascular disease; and
- 9 WHEREAS, Ninety percent of women have one or more risk
- 10 factors for developing heart disease or stroke; and
- 11 WHEREAS, Approximately 80% of cardiovascular diseases can be
- 12 prevented; and
- 13 WHEREAS, Some risk factors, such as blood pressure, smoking,
- 14 cholesterol and lack of regular physical activity, can be
- 15 controlled; and
- 16 WHEREAS, The American Heart Association's "Go Red for Women"
- 17 movement encourages women to learn their family health history

- 1 and meet with a health care provider to determine their risk for
- 2 cardiovascular disease and stroke; and
- 3 WHEREAS, Women involved with the "Go Red for Women" movement
- 4 live healthier lives; and
- 5 WHEREAS, "Go Red for Women" encourages women to take control
- 6 of their heart health by knowing five numbers that can be life-
- 7 changing:
- 8 (1) total cholesterol;
- 9 (2) HDL (good) cholesterol;
- 10 (3) blood pressure;
- 11 (4) blood sugar; and
- 12 (5) body mass index (BMI);
- 13 and
- 14 WHEREAS, By increasing awareness, speaking up about
- 15 cardiovascular disease and empowering women to reduce their risk
- 16 for cardiovascular disease and stroke, we can save thousands of
- 17 lives each year; therefore be it
- 18 RESOLVED, That the Senate recognize February 3, 2023, as
- 19 "National Wear Red Day" in Pennsylvania; and be it further
- 20 RESOLVED, That the Senate highlight the importance of the
- 21 ongoing fight against cardiovascular disease and stroke in women
- 22 and urge all residents to show their support and commemorate
- 23 this day by wearing the color red.