## THE GENERAL ASSEMBLY OF PENNSYLVANIA

## HOUSE RESOLUTION

No. 373

Session of 2017

INTRODUCED BY FABRIZIO, BAKER, TOOHIL, DiGIROLAMO, DeLUCA, HENNESSEY, WATSON, R. BROWN, DUSH, DAVIS, SONNEY, FREEMAN, WARD, LONGIETTI, READSHAW, SCHWEYER, BOBACK, SCHLOSSBERG, BULLOCK, MILLARD, ROEBUCK, BIZZARRO, GOODMAN, DEASY, V. BROWN, STURLA, FITZGERALD, ROZZI, EVERETT, MURT, KORTZ, NEILSON, PYLE, FARRY, PASHINSKI, SAYLOR AND GILLEN, JUNE 5, 2017

INTRODUCED AS NONCONTROVERSIAL RESOLUTION UNDER RULE 35, JUNE 5, 2017

## A RESOLUTION

- Designating the month of June 2017 as "Post-Traumatic Stress Disorder Awareness Month" in Pennsylvania.
- 3 WHEREAS, Post-traumatic stress disorder or PTSD is a
- 4 psychiatric disorder that is often misunderstood, and the
- 5 prevalence of PTSD is frequently underestimated; and
- 6 WHEREAS, PTSD is an anxiety disorder that can develop after
- 7 exposure to a terrifying event or ordeal in which there is a
- 8 potential for or actual occurrence of grave physical harm; and
- 9 WHEREAS, Traumatic events that may trigger PTSD include
- 10 violent personal assaults, natural or human-caused disasters,
- 11 accidents and military combat; and
- 12 WHEREAS, PTSD affects nearly 7.7 million Americans, and
- 13 approximately 20% of veterans returning from Iraq or Afghanistan
- 14 suffer from PTSD, two-thirds of whom do not seek treatment; and
- 15 WHEREAS, The brave men and women of the United States Armed

- 1 Forces, who proudly serve their country, risk their lives to
- 2 protect the freedom of the United States and deserve the
- 3 investment of every possible resource to ensure their lasting
- 4 physical, mental and emotional well-being; and
- 5 WHEREAS, More than 2 million service members have deployed
- 6 overseas as part of overseas contingency operations since the
- 7 events of September 11, 2001; and
- 8 WHEREAS, The military has sustained an operational tempo for
- 9 a period of time unprecedented in the history of the United
- 10 States, with many service members deploying multiple times to
- 11 combat zones, placing them at high risk for PTSD; and
- 12 WHEREAS, The United States Department of Veterans Affairs
- 13 reports that, since October 2001, more than 390,000 of the
- 14 approximately 1,160,000 veterans of Operation Enduring Freedom,
- 15 Operation Iraqi Freedom and Operation New Dawn who have used
- 16 Department of Veterans Affairs health care have been coded for
- 17 PTSD; and
- 18 WHEREAS, According to the United States Department of
- 19 Veterans Affairs, in fiscal year 2015, more than 569,000 of the
- 20 nearly 6 million veterans from all wars who sought care at a
- 21 Department of Veterans Affairs medical center received treatment
- 22 for PTSD; and
- 23 WHEREAS, The United States Department of Veterans Affairs
- 24 reports that of veterans who served in Operation Enduring
- 25 Freedom, Operation Iraqi Freedom and Operation New Dawn who are
- 26 using Department of Veterans Affairs health care, more than
- 27 615,000 have received a diagnosis for at least one mental health
- 28 disorder; and
- 29 WHEREAS, Many cases of PTSD remain unreported, undiagnosed
- 30 and untreated due to a lack of awareness about PTSD and the

- 1 persistent stigma associated with mental health conditions; and
- 2 WHEREAS, Symptoms of PTSD vary from person to person and can
- 3 affect individuals differently; and
- 4 WHEREAS, Some common symptoms include upsetting memories,
- 5 anger, irritability, emotional numbness and nightmares; and
- 6 WHEREAS, PTSD significantly increases the risk of depression,
- 7 suicide and drug-related and alcohol-related disorders and
- 8 deaths, especially if left untreated; and
- 9 WHEREAS, Families of individuals who have PTSD experience
- 10 more unhappiness, marital strife, anxiety and childhood and
- 11 adolescent behavioral problems than families that do not have to
- 12 cope with this disorder; and
- 13 WHEREAS, The United States Department of Defense and the
- 14 United States Department of Veterans Affairs have made
- 15 significant advances in the prevention, diagnosis and treatment
- 16 of PTSD and the symptoms of PTSD, but many challenges remain;
- 17 and
- 18 WHEREAS, The National Center for Posttraumatic Stress
- 19 Disorder within the United States Department of Veterans Affairs
- 20 aims to advance the clinical care and social welfare of United
- 21 States veterans through research, education and training on PTSD
- 22 and stress-related disorders and provides educational resources
- 23 for veterans and also for health care providers, researchers and
- 24 the general public through its Internet website; and
- 25 WHEREAS, The National Center for Posttraumatic Stress
- 26 Disorder has designated the month of June as "PTSD Awareness
- 27 Month"; and
- 28 WHEREAS, In order to bring greater awareness to the issue of
- 29 PTSD, the United States Senate designated June 27 as "National
- 30 PTSD Awareness Day"; and

- 1 WHEREAS, The designation of "Post-Traumatic Stress Disorder
- 2 Awareness Month" in Pennsylvania raises public awareness about
- 3 issues related to PTSD, reduces the stigma associated with PTSD
- 4 and helps to ensure that those suffering from this disorder
- 5 receive proper treatment; therefore be it
- 6 RESOLVED, That the House of Representatives designate the
- 7 month of June 2017 as "Post-Traumatic Stress Disorder Awareness
- 8 Month" in Pennsylvania and support the efforts of many
- 9 organizations to educate the public about the causes, symptoms
- 10 and treatment of PTSD.