
THE GENERAL ASSEMBLY OF PENNSYLVANIA

HOUSE BILL

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INTRODUCED BY FABRIZIO, DeLUCA, SONNEY, COHEN, V. BROWN,
CALTAGIRONE, D. COSTA, GEORGE, HALUSKA, HARKINS, HORNAMAN,
JOSEPHS, KIRKLAND, KORTZ, KOTIK, KULA, LONGIETTI, MATZIE,
MUNDY, MURT, M. O'BRIEN, READSHAW, SANTARSIERO, SANTONI,
K. SMITH, STABACK AND WAGNER, APRIL 5, 2011

REFERRED TO COMMITTEE ON INSURANCE, APRIL 5, 2011

AN ACT

1 Providing for health carrier grievance procedures; and imposing
2 penalties.

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6 The General Assembly of the Commonwealth of Pennsylvania
7 hereby enacts as follows:

8 Section 1. Short title.

9 This act shall be known and may be cited as the Health
10 Carrier Grievance Procedure Act.

11 Section 2. Purpose and intent.

12 The purpose of this act is to provide standards for the
13 establishment and maintenance of procedures by health carriers
14 to assure that covered persons have the opportunity for the
15 appropriate resolution of grievances, as defined in this act.

16 Section 3. Definitions.

17 The following words and phrases when used in this act shall
18 have the meanings given to them in this section unless the
19 context clearly indicates otherwise:

20 "Adverse determination." The term means:

21 (1) a determination by a health carrier or its designee
22 utilization review organization that, based upon the
23 information provided, a request for a benefit under the
24 health carrier's health benefit plan upon application of any
25 utilization review technique does not meet the health
26 carrier's requirements for medical necessity,
27 appropriateness, health care setting, level of care or
28 effectiveness or is determined to be experimental or
29 investigational and the requested benefit is therefore
30 denied, reduced or terminated or payment is not provided or

1 made, in whole or in part, for the benefit;

2 (2) the denial, reduction, termination or failure to
3 provide or make payment, in whole or in part, for a benefit
4 based on a determination by a health carrier or its designee
5 utilization review organization of a covered person's
6 eligibility to participate in the health carrier's health
7 benefit plan; or

8 (3) any prospective review or retrospective review
9 determination that denies, reduces or terminates or fails to
10 provide or make payment, in whole or in part, for a benefit.
11 The term shall include a rescission of coverage determination.

12 "Ambulatory review." Utilization review of health care
13 services performed or provided in an outpatient setting.

14 "Authorized representative." The term means:

15 (1) a person to whom a covered person has given express
16 written consent to represent the covered person for purposes
17 of this act;

18 (2) a person authorized by law to provide substituted
19 consent for a covered person;

20 (3) a family member of the covered person or the covered
21 person's treating health care professional when the covered
22 person is unable to provide consent;

23 (4) a health care professional when the covered person's
24 health benefit plan requires that a request for a benefit
25 under the plan be initiated by the health care professional;
26 or

27 (5) in the case of an urgent care request, a health care
28 professional with knowledge of the covered person's medical
29 condition.

30 "Case management." A coordinated set of activities conducted

1 for individual patient management of serious, complicated,
2 protracted or other health conditions.

3 "Certification." A determination by a health carrier or its
4 designee utilization review organization that a request for a
5 benefit under the health carrier's health benefit plan has been
6 reviewed and, based on the information provided, satisfies the
7 health carrier's requirements for medical necessity,
8 appropriateness, health care setting, level of care and
9 effectiveness.

10 "Clinical peer." A physician or other health care
11 professional who holds a nonrestricted license in a state of the
12 United States and in the same or similar specialty as typically
13 manages the medical condition, procedure or treatment under
14 review.

15 "Clinical review criteria." The written screening
16 procedures, decision abstracts, clinical protocols and practice
17 guidelines used by the health carrier to determine the medical
18 necessity and appropriateness of health care services.

19 "Closed plan." A managed care plan that requires covered
20 persons to use participating providers under the terms of the
21 managed care plan.

22 "Commissioner." The Insurance Commissioner of the
23 Commonwealth.

24 "Concurrent review." A utilization review conducted during a
25 patient's stay or course of treatment in a facility, the office
26 of a health care professional or other inpatient or outpatient
27 health care setting.

28 "Covered benefits" or "benefits." Those health care services
29 to which a covered person is entitled under the terms of a
30 health benefit plan.

1 "Covered person." A policyholder, subscriber, enrollee or
2 other individual participating in a health benefit plan.

3 "Department." The Insurance Department of the Commonwealth.

4 "Discharge planning." The formal process for determining,
5 prior to discharge from a facility, the coordination and
6 management of the care that a patient receives following
7 discharge from a facility.

8 "Emergency medical condition." The sudden and, at the time,
9 unexpected onset of a health condition or a medical condition
10 manifesting itself by acute symptoms of sufficient severity,
11 including severe pain, such that a prudent layperson, who
12 possesses an average knowledge of health and medicine, could
13 reasonably expect that requires the absence of immediate medical
14 attention, where failure to provide medical attention would
15 result in serious impairment to bodily functions, serious
16 dysfunction of a bodily organ or part, or would place the
17 person's health or, with respect to a pregnant woman, the health
18 of the woman or her unborn child, in serious jeopardy.

19 "Emergency services." With respect to an emergency medical
20 condition, health care items and services furnished or required
21 to evaluate and treat an emergency medical condition:

22 (1) A medical screening examination that is within the
23 capability of the emergency department of a hospital,
24 including ancillary services routinely available to the
25 emergency department to evaluate such emergency medical
26 condition.

27 (2) Such further medical examination and treatment, to
28 the extent they are within the capability of the staff and
29 facilities available at a hospital, to stabilize a patient.

30 "Facility." An institution providing health care services or

1 a health care setting, including, but not limited to, hospitals
2 and other licensed inpatient centers, ambulatory surgical or
3 treatment centers, skilled nursing centers, residential
4 treatment centers, diagnostic, laboratory and imaging centers
5 and rehabilitation and other therapeutic health settings.

6 "Final adverse determination." An adverse determination that
7 has been upheld by the health carrier at the completion of the
8 internal appeals process applicable under section 7 or 10 or an
9 adverse determination that with respect to which the internal
10 appeals process has been deemed exhausted in accordance with
11 section 6(a)(2).

12 "Grievance." A written complaint or oral complaint if the
13 complaint involves an urgent care request submitted by or on
14 behalf of a covered person regarding:

15 (1) availability, delivery or quality of health care
16 services, including a complaint regarding an adverse
17 determination made pursuant to utilization review;

18 (2) claims payment, handling or reimbursement for health
19 care services; or

20 (3) matters pertaining to the contractual relationship
21 between a covered person and a health carrier.

22 "Health benefit plan."

23 (1) A policy, contract, certificate or agreement offered
24 or issued by a health carrier to provide, deliver, arrange
25 for, pay for or reimburse any of the costs of health care
26 services. The term includes short-term and catastrophic
27 health insurance policies and a policy that pays on a cost-
28 incurred basis, except as otherwise specifically exempted in
29 this definition. The term does not include:

30 (i) Coverage only for accident or disability income

1 insurance or any combination thereof.

2 (ii) Coverage issued as a supplement to liability
3 insurance.

4 (iii) Liability insurance, including general
5 liability insurance and automobile liability insurance.

6 (iv) Workers' compensation or similar insurance.

7 (v) Automobile medical payment insurance.

8 (vi) Credit-only insurance.

9 (vii) Coverage for onsite medical clinics.

10 (viii) Other similar insurance coverage, specified
11 in Federal regulations issued pursuant to the Health
12 Insurance Portability and Accountability Act of 1996
13 (Public Law 104-191, 110 Stat. 1936), under which
14 benefits for medical care are secondary or incidental to
15 other insurance benefits.

16 (2) The term does not include the following benefits if
17 they are provided under a separate policy, certificate or
18 contract of insurance or are otherwise not an integral part
19 of the plan:

20 (i) Limited scope dental or vision benefits.

21 (ii) Benefits for long-term care, nursing home care,
22 home health care, community-based care or any combination
23 thereof.

24 (iii) Other similar, limited benefits specified in
25 Federal regulations issued pursuant to the Health
26 Insurance Portability and Accountability Act of 1996.

27 (3) The term does not include the following benefits if
28 the benefits are provided under a separate policy,
29 certificate or contract of insurance, there is no
30 coordination between the provision of the benefits and any

1 exclusion of benefits under any group health plan maintained
2 by the same plan sponsor, and the benefits are paid with
3 respect to an event without regard to whether benefits are
4 provided with respect to such an event under any group health
5 plan maintained by the same plan sponsor:

6 (i) coverage only for a specified disease or
7 illness; or

8 (ii) hospital indemnity or other fixed indemnity
9 insurance.

10 (4) The term does not include the following if offered
11 as a separate policy, certificate or contract of insurance:

12 (i) Medicare supplemental health insurance as
13 defined under section 1882(g)(1) of the Social Security
14 Act (49 Stat. 620, 42 U.S.C. § 301 et seq.);

15 (ii) coverage supplemental to the coverage provided
16 under the Civilian Health and Medical Program of the
17 Uniformed Services (CHAMPUS); or

18 (iii) similar supplemental coverage provided to
19 coverage under a group health plan.

20 "Health care professional." A physician or other health care
21 practitioner licensed, accredited or certified to perform
22 specified health care services consistent with State law.

23 "Health care provider" or "provider." A health care
24 professional or a facility.

25 "Health care services." Services for the diagnosis,
26 prevention, treatment, cure or relief of a health condition,
27 illness, injury or disease.

28 "Health carrier." A company or health insurance entity
29 licensed in this Commonwealth to offer or issue any individual
30 or group health, sickness or accident policy or subscriber

1 contract or certificate or plan that provides medical or health
2 care coverage by a health care facility or licensed health care
3 provider that is governed under this act or any of the
4 following:

5 (1) The act of December 29, 1972 (P.L.1701, No.364),
6 known as the Health Maintenance Organization Act.

7 (2) The act of May 18, 1976 (P.L.123, No.54), known as
8 the Individual Accident and Sickness Insurance Minimum
9 Standards Act.

10 (3) 40 Pa.C.S. Ch. 61 (relating to hospital plan
11 corporations) or 63 (relating to professional health services
12 plan corporations).

13 (4) Article XXIV of the act of May 17, 1921 (P.L.682,
14 No.284), known as The Insurance Company Law of 1921.

15 "Health indemnity plan." A health benefit plan that is not a
16 managed care plan.

17 "Managed care plan." A health benefit plan that requires a
18 covered person to use, or creates incentives, including
19 financial incentives, for a covered person to use health care
20 providers managed, owned, under contract with or employed by the
21 health carrier. The term includes:

22 (1) A closed plan, as defined in this section.

23 (2) An open plan, as defined in this section.

24 "Network." The group of participating providers providing
25 services to a managed care plan.

26 "Open plan." A managed care plan other than a closed plan
27 that provides incentives, including financial incentives, for
28 covered persons to use participating providers under the terms
29 of the managed care plan.

30 "Participating provider." A provider who, under a contract

1 with the health carrier or with its contractor or subcontractor,
2 has agreed to provide health care services to covered persons
3 with an expectation of receiving payment, other than
4 coinsurance, copayments or deductibles, directly or indirectly
5 from the health carrier.

6 "Person." An individual, a corporation, a partnership, an
7 association, a joint venture, a joint stock company, a trust, an
8 unincorporated organization, any similar entity or any
9 combination of the foregoing.

10 "Prospective review." The utilization review conducted prior
11 to an admission or the provision of a health care service or a
12 course of treatment in accordance with a health carrier's
13 requirement that the health care service or course of treatment,
14 in whole or in part, be approved prior to its provision.

15 "Rescission." A cancellation or discontinuance of coverage
16 under a health benefit plan that has a retroactive effect. The
17 term does not include a cancellation or discontinuance of
18 coverage under a health benefit plan if:

19 (1) the cancellation or discontinuance of coverage has
20 only a prospective effect; or

21 (2) the cancellation or discontinuance of coverage is
22 effective retroactively to the extent it is attributable to a
23 failure to timely pay required premiums or contributions
24 toward the cost of coverage.

25 "Retrospective review." Any review of a request for a
26 benefit that is not a prospective review request. The term does
27 not include the review of a claim that is limited to veracity of
28 documentation or accuracy of coding.

29 "Second opinion." An opportunity or requirement to obtain a
30 clinical evaluation by a provider other than the one originally

1 making a recommendation for a proposed health care service to
2 assess the medical necessity and appropriateness of the initial
3 proposed health care service.

4 "Stabilized." With respect to an emergency medical
5 condition, that no material deterioration of the condition is
6 likely, within reasonable medical probability, to result from or
7 occur before an individual can be transferred, during the
8 transfer of the individual from a facility or, with respect to a
9 pregnant woman, the woman delivered, including the placenta.

10 "Urgent care request."

11 (1) A request for a health care service or course of
12 treatment with respect to which the time periods for making
13 nonurgent care request determination:

14 (i) could seriously jeopardize the life or health of
15 the covered person or the ability of the covered person
16 to regain maximum function; or

17 (ii) in the opinion of a physician with knowledge of
18 the covered person's medical condition, would subject the
19 covered person to severe pain that cannot be adequately
20 managed without the health care service or treatment that
21 is the subject of the request.

22 (2) (i) Except as provided in subparagraph (ii), in
23 determining whether a request is to be treated as an
24 urgent care request, an individual acting on behalf of
25 the health carrier shall apply the judgment of a prudent
26 layperson who possesses an average knowledge of health
27 and medicine.

28 (ii) Any request that a physician with knowledge of
29 the covered person's medical condition determines is an
30 urgent care request within the meaning of paragraph (1)

1 shall be treated as an urgent care request.

2 "Utilization review." A set of formal techniques designed to
3 monitor the use of or evaluate the medical necessity,
4 appropriateness, efficacy or efficiency of health care services,
5 procedures, providers or facilities. Techniques may include
6 ambulatory review, prospective review, second opinion,
7 certification, concurrent review, case management, discharge
8 planning or retrospective review.

9 "Utilization review organization." An entity that conducts a
10 utilization review other than a health carrier performing a
11 utilization review for its own health benefit plans.

12 Section 4. Applicability and scope.

13 Except as otherwise specified, this act shall apply to all
14 health carriers offering a health benefit plan.

15 Section 5. Grievance reporting and recordkeeping requirements.

16 (a) Records.--

17 (1) A health carrier shall maintain written records to
18 document all grievances received, including the notices and
19 claims associated with the grievances, during a calendar year
20 in the register.

21 (2) Notwithstanding the provisions under subsection (f),
22 a health carrier shall maintain the records required
23 under paragraph (1) for at least six years related to the
24 notices provided under sections 7(h) and 10(h).

25 (3) The health carrier shall make the records available
26 for examination by covered persons, the department and the
27 appropriate Federal oversight agency upon request.

28 (b) Review request.--A request for a first level review of a
29 grievance involving an adverse determination shall be processed
30 in compliance with section 7 but is not required to be included

1 in the register.

2 (c) Voluntary review.--A request for an additional voluntary
3 review of a grievance involving an adverse determination that
4 may be conducted pursuant to section 9 shall be included in the
5 register.

6 (d) Register.--For each grievance the register shall
7 contain, at a minimum, the following information:

8 (1) A general description of the reason for the
9 grievance.

10 (2) The date received.

11 (3) The date of each review or, if applicable, review
12 meeting.

13 (4) Resolution at each level of the grievance, if
14 applicable.

15 (5) The date of resolution at each level, if applicable.

16 (6) The name of the covered person for whom the
17 grievance was filed.

18 (e) Maintenance.--The register shall be maintained in a
19 manner that is reasonably clear and accessible to the
20 department.

21 (f) Report.--

22 (1) Subject to the provisions of subsection (a), a
23 health carrier shall retain the register compiled for a
24 calendar year for the longer of three years or until the
25 commissioner has adopted a final report of an examination
26 that contains a review of the register for that calendar
27 year.

28 (2) (i) A health carrier shall submit to the
29 commissioner, at least annually, a report in the format
30 specified by the commissioner.

1 (ii) The report shall include for each type of
2 health benefit plan offered by the health carrier:

3 (A) The certificate of compliance required by
4 section 6.

5 (B) The number of covered lives.

6 (C) The total number of grievances.

7 (D) The number of grievances for which a covered
8 person requested an additional voluntary grievance
9 review pursuant to section 9.

10 (E) The number of grievances resolved at each
11 level, if applicable, and their resolution.

12 (F) The number of grievances appealed to the
13 commissioner of which the health carrier has been
14 informed.

15 (G) The number of grievances referred to
16 alternative dispute resolution procedures or
17 resulting in litigation.

18 (H) A synopsis of actions being taken to correct
19 problems identified.

20 Section 6. Grievance review procedures.

21 (a) General rule.--

22 (1) Except as specified in section 10, a health carrier
23 shall use written procedures for receiving and resolving
24 grievances from covered persons, as provided in sections 7, 8
25 and 9.

26 (2) Whenever a health carrier fails to strictly adhere
27 to the requirements of section 7 or 10, with respect to
28 receiving and resolving grievances involving an adverse
29 determination, the covered person shall be deemed to have
30 exhausted the provisions of this act and may take action

1 under subsection (b) regardless of whether the health
2 carrier asserts that it substantially complied with the
3 requirements of section 7 or 10, as applicable, or that
4 any error it committed was de minimus.

5 (b) External review and remedies.--

6 (1) A covered person may file a request for external
7 review.

8 (2) In addition to paragraph (1), a covered person is
9 entitled to pursue any available remedies under Federal or
10 State law on the basis that the health carrier failed to
11 provide a reasonable internal claims and appeals process that
12 would yield a decision on the merits of the claim.

13 (c) Procedures.--

14 (1) A health carrier shall file a copy of the procedures
15 required under subsection (a), including all forms used to
16 process requests made pursuant to sections 7, 8 and 9, with
17 the department. Any subsequent material modifications to the
18 documents also shall be filed.

19 (2) The department may disapprove a filing received in
20 accordance with paragraph (1) that fails to comply with this
21 act or applicable regulations.

22 (d) Certificate of compliance.--In addition to subsection
23 (b), a health carrier shall file annually with the department,
24 as part of its annual report required by section 5, a
25 certificate of compliance stating that the health carrier has
26 established and maintains, for each of its health benefit plans,
27 grievance procedures that fully comply with the provisions of
28 this act.

29 (e) Description of procedures.--A description of the
30 grievance procedures required under this section shall be set

1 forth in or attached to the policy, certificate, membership
2 booklet, outline of coverage or other evidence of coverage
3 provided to covered persons.

4 Section 7. First level reviews of grievances involving adverse
5 determination.

6 (a) General rule.--Within 180 days after the date of receipt
7 of a notice of an adverse determination, a covered person or the
8 covered person's authorized representative may file a grievance
9 with the health carrier requesting a first level review of the
10 adverse determination.

11 (b) Coordinator of review.--

12 (1) The health carrier shall provide the covered person
13 with the name, address and telephone number of a person or
14 organizational unit designated to coordinate the first level
15 review on behalf of the health carrier.

16 (2) (i) In providing for a first level review under
17 this section, the health carrier shall ensure that the
18 review is conducted in a manner to ensure the
19 independence and impartiality of the individuals involved
20 in making the first level review decision.

21 (ii) In ensuring the independence and impartiality of
22 individuals involved in making the first level review
23 decision, the health carrier shall not make decisions
24 related to such individuals regarding hiring,
25 compensation, termination, promotion or other similar
26 matters based upon the likelihood that the individual
27 will support the denial of benefits.

28 (c) Utilization review.--

29 (1) (i) In the case of an adverse determination
30 involving utilization review, the health carrier shall

1 designate an appropriate clinical peer or peers of the
2 same or similar specialty as would typically manage the
3 case being reviewed to review the adverse determination.
4 The clinical peer shall not have been involved in the
5 initial adverse determination.

6 (ii) In designating an appropriate clinical peer or
7 peers pursuant to subparagraph (i), the health carrier
8 shall ensure that, if more than one clinical peer is
9 involved in the review, a majority of the individuals
10 reviewing the adverse determination are health care
11 professionals who have appropriate expertise.

12 (2) In conducting a review under this section, the
13 reviewer or reviewers shall take into consideration all
14 comments, documents, records and other information regarding
15 the request for services submitted by the covered person or
16 the covered person's authorized representative, without
17 regard to whether the information was submitted or considered
18 in making the initial adverse determination.

19 (d) Covered person's rights.--

20 (1) A covered person does not have the right to attend,
21 or to have a representative in attendance, at the first level
22 review, but the covered person or, if applicable, the covered
23 person's authorized representative is entitled to:

24 (i) Submit written comments, documents, records and
25 other material relating to the request for benefits for
26 the reviewer or reviewers to consider when conducting the
27 review.

28 (ii) Receive from the health carrier, upon request
29 and free of charge, reasonable access to and copies of
30 all documents, records and other information relevant to

1 the covered person's request for benefits.

2 (2) For purposes of paragraph (1)(ii), a document,
3 record or other information shall be considered "relevant" to
4 a covered person's request for benefits if the document,
5 record or other information:

6 (i) Was relied upon in making the benefit
7 determination.

8 (ii) Was submitted, considered or generated in the
9 course of making the adverse determination, without
10 regard to whether the document, record or other
11 information was relied upon in making the benefit
12 determination.

13 (iii) Demonstrates that, in making the benefit
14 determination, the health carrier or its designated
15 representatives consistently applied required
16 administrative procedures and safeguards with respect to
17 the covered person as other similarly situated covered
18 persons.

19 (iv) Constitutes a statement of policy or guidance
20 with respect to the health benefit plan concerning the
21 denied health care service or treatment for the covered
22 person's diagnosis, without regard to whether the advice
23 or statement was relied upon in making the benefit
24 determination.

25 (3) The health carrier shall make the provisions of
26 paragraph (1) known to the covered person or, if applicable,
27 the covered person's authorized representative within three
28 working days after the date of receipt of the grievance.

29 (f) Decision.--

30 (1) A health carrier shall notify and issue a decision

1 in writing or electronically to the covered person or, if
2 applicable, the covered person's authorized representative
3 within the time frames provided in paragraph (2) or (3).

4 (2) With respect to a grievance requesting a first level
5 review of an adverse determination involving a prospective
6 review request, the health carrier shall notify and issue a
7 decision within a reasonable period of time that is
8 appropriate given the covered person's medical condition, but
9 no later than 30 days after the date of the health carrier's
10 receipt of the grievance requesting the first level review
11 made pursuant to subsection (a).

12 (3) With respect to a grievance requesting a first level
13 review of an adverse determination involving a retrospective
14 review request, the health carrier shall notify and issue a
15 decision within a reasonable period of time, but no later
16 than 60 days after the date of the health carrier's receipt
17 of the grievance requesting the first level review made
18 pursuant to subsection (a).

19 (g) Additional evidence.--

20 (1) Prior to issuing a decision in accordance with the
21 time frames provided in subsection (f), the health carrier
22 shall provide free of charge to covered person, or the
23 covered person's authorized representative, any new or
24 additional evidence, relied upon or generated by the health
25 carrier, or at the direction of the health carrier, in
26 connection with the grievance sufficiently in advance of the
27 date the decision is required to be provided to permit the
28 covered person, or the covered person's authorized
29 representative, a reasonable opportunity to respond prior to
30 that date.

1 (2) Before the health carrier issues or provides notice
2 of a final adverse determination in accordance with the time
3 frames provided in subsection (f) that is based on new or
4 additional rationale, the health carrier shall provide the
5 new or additional rationale to the covered person, or the
6 covered person's authorized representative, free of charge as
7 soon as possible and sufficiently in advance of the date the
8 notice of final adverse determination is to be provided to
9 permit the covered person, or the covered person's authorized
10 representative, a reasonable opportunity to respond prior to
11 that date.

12 (h) Manner of decision.--The decision issued pursuant to
13 subsection (f) shall set forth in a manner calculated to be
14 understood by the covered person or, if applicable, the covered
15 person's authorized representative:

16 (1) The titles and qualifying credentials of the person
17 or persons participating in the first level review process.

18 (2) Information sufficient to identify the claim
19 involved with respect to the grievance, including the date of
20 service, the health care provider, if applicable, the claim
21 amount, the diagnosis code and its corresponding meaning and
22 the treatment code and its corresponding meaning.

23 (3) A statement of the reviewers' understanding of the
24 covered person's grievance.

25 (4) The reviewers' decision in clear terms and the
26 contract basis or medical rationale in sufficient detail for
27 the covered person to respond further to the health carrier's
28 position.

29 (5) A reference to the evidence or documentation used as
30 the basis for the decision.

1 (6) For a first level review decision issued pursuant to
2 subsection (f) involving an adverse determination that
3 upholds the grievance:

4 (i) The specific reason or reasons for the final
5 adverse determination, including the denial code and its
6 corresponding meaning, as well as a description of the
7 health carrier's standard, if any, that was used in
8 reaching the denial.

9 (ii) The reference to the specific plan provisions
10 on which the determination is based.

11 (iii) A statement that the covered person is
12 entitled to receive, upon request and free of charge,
13 reasonable access to, and copies of, all documents,
14 records and other information relevant, as the term
15 "relevant" is used in subsection (d)(2), to the covered
16 person's benefit request.

17 (iv) If the health carrier relied upon an internal
18 rule, guideline, protocol or other similar criterion to
19 make the final adverse determination, either the specific
20 rule, guideline, protocol or other similar criterion or a
21 statement that a specific rule, guideline, protocol or
22 other similar criterion was relied upon to make the final
23 adverse determination and that a copy of the rule,
24 guideline, protocol or other similar criterion will be
25 provided free of charge to the covered person upon
26 request.

27 (v) If the final adverse determination is based on a
28 medical necessity or experimental or investigational
29 treatment or similar exclusion or limit, either an
30 explanation of the scientific or clinical judgment for

1 making the determination, applying the terms of the
2 health benefit plan to the covered person's medical
3 circumstances or a statement that an explanation will be
4 provided to the covered person free of charge upon
5 request.

6 (vi) If applicable, instructions for requesting:

7 (A) A copy of the rule, guideline, protocol or
8 other similar criterion relied upon in making the
9 final adverse determination, as provided in paragraph
10 (4).

11 (B) The written statement of the scientific or
12 clinical rationale for the determination, as provided
13 in subsection (f) (1).

14 (vii) If applicable, a statement indicating:

15 (A) A description of the process to obtain an
16 additional voluntary review of the first level review
17 decision involving an adverse determination, if the
18 covered person wishes to request a voluntary review
19 pursuant to section 9.

20 (B) The written procedures governing the
21 voluntary review, including any required time frame
22 for the review.

23 (C) A description of the procedures for
24 obtaining an independent external review of the final
25 adverse determination if the covered person decides
26 not to file for an additional voluntary review of the
27 first level review decision involving an adverse
28 determination.

29 (D) The covered person's right to bring a civil
30 action in a court of competent jurisdiction.

1 (viii) If applicable, the following statement: "You
2 and your plan may have other voluntary alternative
3 dispute resolution options, such as mediation. One way to
4 find out what may be available is to contact your state
5 Insurance Commissioner."

6 (ix) Notice of the covered person's right to contact
7 the department's Bureau of Consumer Services for
8 assistance with respect to any claim, grievance or appeal
9 at any time, including the telephone number and address
10 of the department's Bureau of Consumer Services.

11 (i) Appropriate notice.--

12 (1) A health carrier shall provide the notice required
13 under subsection (h) in a culturally and linguistically
14 appropriate manner if required in accordance with Federal
15 regulations.

16 (2) If a health carrier is required to provide the
17 notice required under this subsection in a culturally and
18 linguistically appropriate manner in accordance with Federal
19 regulations, the health carrier shall:

20 (i) Include a statement in the English version of
21 the notice, prominently displayed in the non-English
22 language, offering the provision of the notice in the
23 non-English language.

24 (ii) Once a utilization review or benefit
25 determination request has been made by a covered person,
26 provide all subsequent notices to the covered person in
27 the non-English language.

28 (iii) To the extent the health carrier maintains a
29 consumer assistance process, such as a telephone hotline
30 that answers questions or provides assistance with filing

1 claims and appeals, the health carrier shall provide this
2 assistance in the non-English language.

3 Section 8. Standard reviews of grievances not involving adverse
4 determination.

5 (a) General rule.--A health carrier shall establish written
6 procedures for a standard review of a grievance that does not
7 involve an adverse determination.

8 (b) Procedures.--

9 (1) The procedures shall permit a covered person or the
10 covered person's authorized representative to file a
11 grievance that does not involve an adverse determination with
12 the health carrier under this section.

13 (2) (i) A covered person does not have the right to
14 attend, or to have a representative in attendance at the
15 standard review, but the covered person or the covered
16 person's authorized representative is entitled to submit
17 written material for the person or persons designated by
18 the carrier pursuant to subsection (c) to consider when
19 conducting the review.

20 (ii) The health carrier shall make the provisions of
21 subparagraph (i) known to the covered person or, if
22 applicable, the covered person's authorized
23 representative within three working days after the date
24 of receiving the grievance.

25 (c) Standard review.--

26 (1) Upon receipt of the grievance, a health carrier
27 shall designate a person or persons to conduct the standard
28 review of the grievance.

29 (2) The health carrier shall not designate the same
30 person or persons to conduct the standard review of the

1 grievance that denied the claim or handled the matter that is
2 the subject of the grievance.

3 (3) The health carrier shall provide the covered person
4 or, if applicable, the covered person's authorized
5 representative with the name, address and telephone number of
6 a person designated to coordinate the standard review on
7 behalf of the health carrier.

8 (d) Notification.--

9 (1) The health carrier shall notify in writing the
10 covered person or, if applicable, the covered person's
11 authorized representative of the decision within 20 working
12 days after the date of receipt of the request for a standard
13 review of a grievance filed pursuant to subsection (b).

14 (2) (i) Subject to subparagraph (ii), if, due to
15 circumstances beyond the carrier's control, the health
16 carrier cannot make a decision and notify the covered
17 person or, if applicable, the covered person's authorized
18 representative pursuant to paragraph (1) within 20
19 working days, the health carrier may take up to an
20 additional ten working days to issue a written decision.

21 (ii) A health carrier may extend the time for making
22 and notifying the covered person or, if applicable, the
23 covered person's authorized representative in accordance
24 with subparagraph (i) if, on or before the 20th working
25 day after the date of receiving the request for a
26 standard review of a grievance, the health carrier
27 provides written notice to the covered person or, if
28 applicable, the covered person's authorized
29 representative of the extension and the reasons for the
30 delay.

1 (e) Written decision.--The written decision issued pursuant
2 to subsection (d) shall contain:

3 (1) The titles and qualifying credentials of the person
4 or persons participating in the standard review process.

5 (2) A statement of the reviewers' understanding of the
6 covered person's grievance.

7 (3) The reviewers' decision in clear terms and the
8 contract basis in sufficient detail for the covered person to
9 respond further to the health carrier's position.

10 (4) A reference to the evidence or documentation used as
11 the basis for the decision.

12 (5) If applicable, a statement indicating:

13 (i) A description of the process to obtain an
14 additional review of the standard review decision if the
15 covered person wishes to request a voluntary review
16 pursuant to section 9.

17 (ii) The written procedures governing the voluntary
18 review, including any required time frame for the review.

19 (6) Notice of the covered person's right, at any time,
20 to contact the department, including the telephone number and
21 address of the department.

22 Section 9. Voluntary level of reviews of grievances.

23 (a) General rule.--

24 (1) A health carrier that offers managed care plans
25 shall establish a voluntary review process for its managed
26 care plans to give those covered persons who are dissatisfied
27 with the first level review decision made pursuant to section
28 7, or who are dissatisfied with the standard review decision
29 made pursuant to section 8, the option to request an
30 additional voluntary review, at which the covered person or

1 the covered person's authorized representative has the right
2 to appear in person at the review meeting before designated
3 representatives of the health carrier.

4 (2) This section shall not apply to health indemnity
5 plans.

6 (b) Notice.--

7 (1) A health carrier required by this section to
8 establish a voluntary review process shall provide covered
9 persons or their authorized representatives with notice, as
10 appropriate, of the option to file a request with the health
11 carrier for an additional voluntary review of the first level
12 review decision received under section 7 or the standard
13 review decision received under section 8.

14 (2) Upon receipt of a request for an additional
15 voluntary review, the health carrier shall send notice to the
16 covered person or, if applicable, the covered person's
17 authorized representative of the covered person's right to:

18 (i) Request, within the time frame specified in
19 paragraph (3)(i), the opportunity to appear in person
20 before a review panel of the health carrier's designated
21 representatives.

22 (ii) Receive from the health carrier, upon request,
23 copies of all documents, records and other information
24 that is not confidential or privileged relevant to the
25 covered person's request for benefits.

26 (iii) Present the covered person's case to the
27 review panel.

28 (iv) Submit written comments, documents, records and
29 other material relating to the request for benefits for
30 the review panel to consider when conducting the review

1 both before and, if applicable, at the review meeting.

2 (v) If applicable, ask questions of any
3 representative of the health carrier on the review panel.

4 (vi) Be assisted or represented by an individual of
5 the covered person's choice.

6 (3) (i) A covered person or the authorized
7 representative of the covered person wishing to request
8 to appear in person before the review panel of the health
9 carrier's designated representatives shall make the
10 request to the health carrier within five working days
11 after the date of receipt of the notice sent in
12 accordance with paragraph (2).

13 (ii) The covered person's right to a fair review
14 shall not be made conditional on the covered person's
15 appearance at the review.

16 (c) Review panel for first level review.--

17 (1) (i) With respect to a voluntary review of a first
18 level review decision made pursuant to section 7, a
19 health carrier shall appoint a review panel to review the
20 request.

21 (ii) In conducting the review, the review panel
22 shall take into consideration all comments, documents,
23 records and other information regarding the request for
24 benefits submitted by the covered person or the covered
25 person's authorized representative pursuant to subsection
26 (b) (2), without regard to whether the information was
27 submitted or considered in reaching the first level
28 review decision.

29 (iii) The panel shall have the legal authority to
30 bind the health carrier to the panel's decision.

1 (2) (i) Except as provided in subparagraph (ii), a
2 majority of the panel shall be comprised of individuals
3 who were not involved in the in the first level review
4 decision made pursuant to section 7.

5 (ii) An individual who was involved with the first
6 level review decision may be a member of the panel or
7 appear before the panel to present information or answer
8 questions.

9 (iii) The health carrier shall ensure that a
10 majority of the individuals conducting the additional
11 voluntary review of the first level review decision made
12 pursuant to section 7 are health care professionals who
13 have appropriate expertise.

14 (iv) Except, when such a reviewing health care
15 professional is not reasonably available, in cases where
16 there has been a denial of a health care service, the
17 reviewing health care professional shall not:

18 (A) Be a provider in the covered person's health
19 benefit plan.

20 (B) Have a financial interest in the outcome of
21 the review.

22 (d) Review panel for standard review.--

23 (1) (i) With respect to a voluntary review of a
24 standard review decision made pursuant to section 8, a
25 health carrier shall appoint a review panel to review the
26 request.

27 (ii) The panel shall have the legal authority to
28 bind the health carrier to the panel's decision.

29 (2) (i) Except as provided in subparagraph (ii), a
30 majority of the panel shall be comprised of employees or

1 representatives of the health carrier who were not
2 involved in the standard review decision made pursuant to
3 section 8.

4 (ii) An employee or representative of the health
5 carrier who was involved with the standard review
6 decision may be a member of the panel or appear before
7 the panel to present information or answer questions.

8 (e) Opportunity to appear in person.--

9 (1) (i) Whenever a covered person or the covered
10 person's authorized representative requests within the
11 time frame specified in subsection (b)(3)(i), the
12 opportunity to appear in person before the review panel
13 appointed pursuant to subsection (c) or (d), the
14 procedures for conducting the review shall include the
15 provisions described in this paragraph.

16 (ii) (A) The review panel shall schedule and hold a
17 review meeting within 45 working days after the date
18 of receipt of the request.

19 (B) The covered person or, if applicable, the
20 covered person's authorized representative shall be
21 notified in writing at least 15 working days in
22 advance of the date of the review meeting.

23 (C) The health carrier shall not unreasonably
24 deny a request for postponement of the review made by
25 the covered person or the covered person's authorized
26 representative.

27 (iii) The review meeting shall be held during
28 regular business hours at a location reasonably
29 accessible to the covered person or, if applicable, the
30 covered person's authorized representative.

1 (iv) In cases where a face-to-face meeting is not
2 practical for geographic reasons, a health carrier shall
3 offer the covered person or, if applicable, the covered
4 person's authorized representative the opportunity to
5 communicate with the review panel, at the health
6 carrier's expense, by conference call, video conferencing
7 or other appropriate technology.

8 (v) If the health carrier desires to have an
9 attorney present to represent the interests of the health
10 carrier, the health carrier shall notify the covered
11 person or, if applicable, the covered person's authorized
12 representative at least 15 working days in advance of the
13 date of the review meeting that an attorney will be
14 present and that the covered person may wish to obtain
15 legal representation of his or her own.

16 (vi) The review panel shall issue a written
17 decision, as provided in subsection (f), to the covered
18 person or, if applicable, the covered person's authorized
19 representative within five working days of completing the
20 review meeting.

21 (2) Whenever the covered person or, if applicable, the
22 covered person's authorized representative does not request
23 the opportunity to appear in person before the review panel
24 within the specified time frame provided under subsection (b)

25 (3) (i), the review panel shall issue a decision and notify
26 the covered person or, if applicable, the covered person's
27 authorized representative of the decision, as provided in
28 subsection (f), in writing or electronically, within 45
29 working days after the earlier of:

30 (i) the date the covered person or the covered

1 person's authorized representative notifies the health
2 carrier of the covered person's decision not to request
3 the opportunity to appear in person before the review
4 panel; or

5 (ii) the date on which the covered person's or the
6 covered person's authorized representative's opportunity
7 to request to appear in person before the review panel
8 expires pursuant to subsection (b) (3) (i) ????.

9 (3) For purposes of calculating the time periods within
10 which a decision is required to be made and notice provided
11 under paragraphs (1) and (2), the time period shall begin on
12 the date the request for an additional voluntary review is
13 filed with the health carrier in accordance with the health
14 carrier's procedures established pursuant to section 6 for
15 filing a request without regard to whether all of the
16 information necessary to make the determination accompanies
17 the filing.

18 (f) Manner of decision.--A decision issued pursuant to
19 subsection (e) shall include:

20 (1) The titles and qualifying credentials of the members
21 of the review panel.

22 (2) A statement of the review panel's understanding of
23 the nature of the grievance and all pertinent facts.

24 (3) The rationale for the review panel's decision.

25 (4) A reference to evidence or documentation considered
26 by the review panel in making that decision.

27 (5) In cases concerning a grievance involving an adverse
28 determination:

29 (i) The instructions for requesting a written
30 statement of the clinical rationale, including the

1 clinical review criteria used to make the determination.

2 (ii) If applicable, a statement describing the
3 procedures for obtaining an independent external review
4 of the adverse determination.

5 (6) Notice of the covered person's right to contact the
6 department's Bureau of Consumer Services for assistance with
7 respect to any claim, grievance or appeal at any time,
8 including the telephone number and address of the department.

9 Section 10. Expedited reviews of grievances involving adverse
10 determination.

11 (a) General rule.--A health carrier shall establish written
12 procedures for the expedited review of urgent care requests of
13 grievances involving an adverse determination.

14 (b) Expedited review.--In addition to subsection (a), a
15 health carrier shall provide expedited review of a grievance
16 involving an adverse determination with respect to concurrent
17 review urgent care requests involving an admission, availability
18 of care, continued stay or health care service for a covered
19 person who has received emergency services, but has not been
20 discharged from a facility.

21 (c) Requests.--The procedures shall allow a covered person
22 or the covered person's authorized representative to request an
23 expedited review under this section orally or in writing.

24 (d) Appointments.--A health carrier shall appoint an
25 appropriate clinical peer or peers in the same or similar
26 specialty as would typically manage the case being reviewed to
27 review the adverse determination. The clinical peer or peers
28 shall not have been involved in making the initial adverse
29 determination.

30 (e) Transmission of information.--In an expedited review,

1 all necessary information, including the health carrier's
2 decision, shall be transmitted between the health carrier and
3 the covered person or, if applicable, the covered person's
4 authorized representative by telephone, facsimile or the most
5 expeditious method available.

6 (f) Notification.--

7 (1) An expedited review decision shall be made and the
8 covered person or, if applicable, the covered person's
9 authorized representative shall be notified of the decision
10 in accordance with subsection (h) as expeditiously as the
11 covered person's medical condition requires, but in no event
12 more than 72 hours after the receipt of the request for the
13 expedited review.

14 (2) If the expedited review is of a grievance involving
15 an adverse determination with respect to a concurrent review
16 urgent care request, the service shall be continued without
17 liability to the covered person until the covered person has
18 been notified of the determination.

19 (g) Time periods.--For purposes of calculating the time
20 periods within which a decision is required to be made under
21 subsection (f), the time period within which the decision is
22 required to be made shall begin on the date the request is filed
23 with the health carrier in accordance with the health carrier's
24 procedures established pursuant to section 6 for filing a
25 request without regard to whether all of the information
26 necessary to make the determination accompanies the filing.

27 (h) Manner of notification.--

28 (1) A notification of a decision under this section
29 shall, in a manner calculated to be understood by the covered
30 person or, if applicable, the covered person's authorized

1 representative, set forth:

2 (i) The titles and qualifying credentials of the
3 person or persons participating in the expedited review
4 process.

5 (ii) Information sufficient to identify the claim
6 involved with respect to the grievance, including the
7 date of service, the health care provider, if applicable,
8 the claim amount, the diagnosis code and its
9 corresponding meaning and the treatment code and its
10 corresponding meaning.

11 (iii) A statement of the reviewers' understanding of
12 the covered person's grievance.

13 (iv) The reviewers' decision in clear terms and the
14 contract basis or medical rationale in sufficient detail
15 for the covered person to respond further to the health
16 carrier's position.

17 (v) A reference to the evidence or documentation
18 used as the basis for the decision.

19 (vi) If the decision involves a final adverse
20 determination, the notice shall provide:

21 (A) The specific reasons or reasons for the
22 final adverse determination, including the denial
23 code and its corresponding meaning, as well as a
24 description of the health carrier's standard, if any,
25 that was used in reaching the denial.

26 (B) Reference to the specific plan provisions on
27 which the determination is based.

28 (C) A description of any additional material or
29 information necessary for the covered person to
30 complete the request, including an explanation of why

1 the material or information is necessary to complete
2 the request.

3 (D) If the health carrier relied upon an
4 internal rule, guideline, protocol or other similar
5 criterion to make the adverse determination, either
6 the specific rule, guideline, protocol or other
7 similar criterion or a statement that a specific
8 rule, guideline, protocol or other similar criterion
9 was relied upon to make the adverse determination and
10 that a copy of the rule, guideline, protocol or other
11 similar criterion will be provided free of charge to
12 the covered person upon request.

13 (E) If the final adverse determination is based
14 on a medical necessity or experimental or
15 investigational treatment or similar exclusion or
16 limit, either an explanation of the scientific or
17 clinical judgment for making the determination,
18 applying the terms of the health benefit plan to the
19 covered person's medical circumstances or a statement
20 that an explanation will be provided to the covered
21 person free of charge upon request.

22 (F) If applicable, instructions for requesting:

23 (I) a copy of the rule, guideline, protocol
24 or other similar criterion relied upon in making
25 the adverse determination in accordance with
26 subparagraph (iv); or

27 (II) the written statement of the scientific
28 or clinical rationale for the adverse
29 determination in accordance with subparagraph
30 (v).

1 (G) A statement describing the procedures for
2 obtaining an independent external review of the
3 adverse determination.

4 (H) A statement indicating the covered person's
5 right to bring a civil action in a court of competent
6 jurisdiction.

7 (I) The following statement: "You and your plan
8 may have other voluntary alternative dispute
9 resolution options, such as mediation. One way to
10 find out what may be available is to contact your
11 state Insurance Commissioner."

12 (J) A notice of the covered person's right to
13 contact the department's Bureau of Consumer Services
14 for assistance with respect to the any claim,
15 grievance or appeal at any time, including the
16 telephone number and address of the department's
17 Bureau of Consumer Services.

18 (2) (i) A health carrier shall provide the notice
19 required under this section in a culturally and
20 linguistically appropriate manner if required in
21 accordance with Federal regulations.

22 (ii) If a health carrier is required to provide the
23 notice required under this section in a culturally and
24 linguistically appropriate manner in accordance with
25 Federal regulations, the health carrier shall:

26 (A) Include a statement in the English version
27 of the notice, prominently displayed in the non-
28 English language, offering the provision of the
29 notice in the non-English language.

30 (B) Once a utilization review or benefit

1 determination request has been made by a covered
2 person, provide all subsequent notices to the covered
3 person in the non-English language.

4 (C) To the extent the health carrier maintains a
5 consumer assistance process, such as a telephone
6 hotline that answers questions or provides assistance
7 with filing claims and appeals, the health carrier
8 shall provide this assistance in the non-English
9 language.

10 (3) (i) A health carrier may provide the notice
11 required under this section orally, in writing or
12 electronically.

13 (ii) If notice of the adverse determination is
14 provided orally, the health carrier shall provide written
15 or electronic notice of the adverse determination within
16 three days following the oral notification.

17 Section 11. Regulations.

18 The department shall promulgate all necessary and proper
19 regulations for implementation and administration of this act.

20 Section 12. Penalties.

21 (a) Civil penalty.--The department may impose a civil
22 penalty of up to \$5,000 for a violation of this act.

23 (b) Injunction.--The department may maintain an action in
24 the name of the Commonwealth for an injunction to prohibit any
25 activity which violates the provisions of this act.

26 (c) Prohibitions.--The department may issue an order
27 temporarily prohibiting a health carrier which violates this act
28 from enrolling new members.

29 (d) Plan of correction.--The department may require a health
30 carrier to develop and adhere to a plan of correction approved

1 by the department. The department shall monitor compliance with
2 the plan of correction. The plan of correction shall be
3 available to enrollees of the health carrier.

4 Section 13. Administrative review.

5 The provisions of this act shall be subject to 2 Pa.C.S. Ch.
6 5 Subch. A (relating to practice and procedure of Commonwealth
7 agencies).

8 Section 14. Repeals.

9 The provisions of Article XXI of the act of May 17, 1921
10 (P.L.682, No.284), known as The Insurance Company Law of 1921,
11 are repealed insofar as they are inconsistent with this act.

12 Section 15. Effective date.

13 This act shall take effect in 180 days.