

THE GENERAL ASSEMBLY OF PENNSYLVANIA

SENATE RESOLUTION

No. 163 Session of
2007

INTRODUCED BY McILHINNEY, TOMLINSON, SCARNATI, WONDERLING,
PILEGGI, FONTANA, TARTAGLIONE, ERICKSON, BRUBAKER, REGOLA,
MELLOW, ARMSTRONG, C. WILLIAMS, LOGAN, PIPPY, KASUNIC,
MADIGAN, STACK, M. WHITE, WOZNIAK, D. WHITE, ORIE,
WASHINGTON, COSTA, BAKER, BOSCOLA AND DINNIMAN,
SEPTEMBER 11, 2007

REFERRED TO RULES AND EXECUTIVE NOMINATIONS, SEPTEMBER 11, 2007

A RESOLUTION

1 Designating Monday, September 24, 2007, as "Family Day - A day
2 to Eat Dinner with Your Children 2007" in Pennsylvania.

3 WHEREAS, Parents eating dinner frequently with their children
4 reduces the risk of a child's involvement in substance abuse;
5 and

6 WHEREAS, Research by The National Center on Addiction and
7 Substance Abuse (CASA) at Columbia University consistently finds
8 that the more often children eat dinner with their families, the
9 less likely they are to smoke, drink or use drugs; and

10 WHEREAS, The conversations that go hand-in-hand with dinner
11 will help parents learn more about their children's lives and
12 better understand the challenges their children face; and

13 WHEREAS, CASA created "Family Day - A Day to Eat Dinner with
14 Your Children" in 2001 as a national effort to promote family
15 dinners as an effective way to reduce substance abuse among
16 children and teens; and

1 WHEREAS, Celebrated on the fourth Monday in September, the
2 observance emphasizes the importance of regular family
3 activities and encourages Americans to make family dinners a
4 regular feature of their lives; and

5 WHEREAS, Parental engagement is the most potent weapon in
6 preventing substance use and abuse among youths; therefore be it

7 RESOLVED, That the Senate designate Monday, September 24,
8 2007, as "Family Day - A Day to Eat Dinner with Your Children
9 2007" in Pennsylvania and encourage all families in this
10 Commonwealth to begin making family dinners a regular feature of
11 their daily routine.