

THE GENERAL ASSEMBLY OF PENNSYLVANIA

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# HOUSE RESOLUTION

No. 349 Session of  
2007

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INTRODUCED BY QUINN, BAKER, BEAR, BENNINGHOFF, BEYER, BOYD,  
BROOKS, CAPPELLI, CAUSER, COX, DENLINGER, DIGIROLAMO,  
EVERETT, FLECK, GABIG, GEIST, HARHART, HARPER, KENNEY,  
KILLION, MAJOR, MANTZ, MENSCH, MILLARD, MILNE, MURT, MUSTIO,  
PAYNE, PHILLIPS, REICHLEY, ROAE, RUBLEY, SAYLOR, SCAVELLO,  
SONNEY, STERN, TURZAI, VEREB, VULAKOVICH AND HESS,  
JUNE 25, 2007

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INTRODUCED AS NONCONTROVERSIAL RESOLUTION UNDER RULE 35,  
JUNE 25, 2007

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## A RESOLUTION

1 Designating Monday, September 24, 2007, as "Family Day - A Day  
2 to Eat Dinner with Your Children" in Pennsylvania.

3 WHEREAS, The use of illegal drugs and the abuse of alcohol  
4 and nicotine constitute the greatest threats to the well-being  
5 of children in the United States; and

6 WHEREAS, Surveys conducted by The National Center on  
7 Addiction and Substance Abuse at Columbia University have  
8 consistently found that the more often children and teenagers  
9 eat dinner with their families, the less likely they are to  
10 smoke, drink and use illegal drugs; and

11 WHEREAS, Teenagers who virtually never eat dinner with their  
12 families are 72% more likely than the average teenager to use  
13 illegal drugs, alcohol and cigarettes; and

14 WHEREAS, Teenagers who almost always eat dinner with their  
15 families are 31% less likely than the average teenager to use

1 illegal drugs, alcohol and cigarettes; and

2 WHEREAS, The correlation between family dinners and reduced  
3 risk for teen substance abuse is well documented; and

4 WHEREAS, Parental influence is known to be one of the most  
5 crucial factors in determining the likelihood of substance abuse  
6 by teenagers; and

7 WHEREAS, Family dinners have long constituted a substantial  
8 pillar of family life in the United States; therefore be it

9 RESOLVED, That the House of Representatives designate Monday,  
10 September 24, 2007, as "Family Day - A Day to Eat Dinner with  
11 Your Children" in Pennsylvania; and be it further

12 RESOLVED, That the House of Representatives urge all  
13 residents of this Commonwealth to recognize and participate in  
14 this observance.