THE GENERAL ASSEMBLY OF PENNSYLVANIA

HOUSE BILL

No. 1629 Session of 2001

INTRODUCED BY WOJNAROSKI, PISTELLA, SCHULER, GRUCELA, B. SMITH, C. WILLIAMS, ARMSTRONG, SAMUELSON, WATSON, PALLONE AND YUDICHAK, MAY 21, 2001

REFERRED TO COMMITTEE ON AGING AND OLDER ADULT SERVICES, MAY 21, 2001

AN ACT

- 1 Providing for long-term care facilities and for facilities which
- 2 offer cognitive support services to persons with mental
- 3 impairment.
- 4 The General Assembly of the Commonwealth of Pennsylvania
- 5 hereby enacts as follows:
- 6 Section 1. Short title.
- 7 This act shall be known and may be cited as the Cognitive
- 8 Support Services Licensing Act.
- 9 Section 2. Definitions.
- 10 The following words and phrases when used in this act shall
- 11 have the meanings given to them in this section unless the
- 12 context clearly indicates otherwise:
- 13 "Cognitive support services." Assessment, program planning,
- 14 ongoing monitoring, personal care services, health support
- 15 services, dementia-care activity programming and crisis
- 16 management provided as part of a coordinated care plan to
- 17 residents who have memory impairments and other cognitive

- 1 problems that significantly interfere with their ability to
- 2 carry out activities of daily living without assistance and who
- 3 require that supervision, monitoring and programming be
- 4 available to them 24 hours per day, seven days per week, in
- 5 order for them to reside safely in the setting of their choice.
- 6 "Cognitive support services license." A permit issued under
- 7 section 3 which allows a long-term care facility to provide
- 8 cognitive support services.
- 9 "Department." The department that has the respective
- 10 licensing authority over a long-term care facility. For a long-
- 11 term nursing facility, the term shall mean the Department of
- 12 Health. For a personal care home, the term shall mean the
- 13 Department of Public Welfare. For an adult daily living center,
- 14 the term shall mean the Department of Aging.
- 15 "Long-term care facility." A facility licensed by the
- 16 Commonwealth to provide long-term care. The term includes, but
- 17 is not limited to, a long-term nursing facility, a personal care
- 18 home and an adult daily living center.
- 19 "Long-term care specialty facility." A long-term care
- 20 facility that has been issued a cognitive support services
- 21 license.
- 22 "Personal care services." Assistance or supervision in
- 23 dressing, bathing, diet, financial management or evacuation of a
- 24 consumer in a personal care home, in the event of an emergency
- 25 or medication prescribed for self-administration and shall
- 26 include prompting, cueing, monitoring and focusing on
- 27 maintaining functioning.
- 28 "Resident." A person with a cognitive impairment who
- 29 receives services in either a long-term care facility or a long-
- 30 term care specialty facility.

- 1 "Restricted unit." A unit within a long-term care facility
- 2 that has received a long-term care specialty license under this
- 3 act and that provides services to people with cognitive
- 4 impairments.
- 5 Section 3. Cognitive support services license.
- 6 (a) Agency duties. -- Within six months of the effective date
- 7 of this act, each department authorized to license a long-term
- 8 care facility shall meet to establish the requirements which a
- 9 long-term care facility must fulfill in order to obtain a
- 10 cognitive support services license. Only those long-term care
- 11 facilities that receive a cognitive support services license
- 12 shall be permitted to advertise that they offer cognitive
- 13 support services and are a long-term care speciality facility.
- 14 (b) Regulations.--Within 90 days of enactment of this act,
- 15 each such department shall promulgate the rules and regulations
- 16 which are appropriate for a long-term care facility under its
- 17 authority that applies for a cognitive support services license.
- 18 These rules and regulations shall provide:
- 19 (1) Admission and transfer criteria for those with
- 20 cognitive services.
- 21 (2) Adequate indoor and outdoor wandering space
- 22 requirements.
- 23 (3) Requirements relating to provision of therapeutic
- 24 activities that meet the scheduled and unscheduled individual
- 25 needs of each resident, with services focusing on maximizing
- independence and on the individual's strengths and abilities.
- 27 (4) Physical design and safety requirements, including
- 28 electronic monitoring.
- 29 (5) Additional and specialized training requirements for
- 30 staff in the area of cognitive problems and care.

- 1 (6) Prearranged procedures for notification of
- 2 authorities should a resident wander away from the long-term
- 3 care speciality facility.
- 4 (7) Minimum staffing requirements that shall apply to a
- 5 long-term care specialty facility.
- 6 Section 4. Administrator training.
- 7 (a) Administrator proficiency to be tested. -- In order for a
- 8 long-term care facility to receive a cognitive support services
- 9 license, its administrators shall receive training and pass a
- 10 test in a program approved by each department. Each
- 11 administrator shall demonstrate proficiency in the following
- 12 areas:
- 13 (1) The definition and diagnosis of dementia,
- description of the reversible and irreversible causes and
- explanations of differences between dementia, delirium and
- 16 depression.
- 17 (2) An explanation of dementia and related disorders,
- 18 progression, stages and individual variability.
- 19 (3) Communication techniques.
- 20 (4) A description of behavioral symptoms of dementia and
- 21 how to approach residents when they display challenging
- 22 behaviors, including conflict avoidance and conflict
- 23 resolution techniques.
- 24 (5) The role of personality, culture and environmental
- factors in behavioral symptoms and dementia care.
- 26 (6) Knowledge of community-based resources for consumers
- with dementia and their families.
- 28 (b) Grandfather clause.--Administrators who are so employed
- 29 on the date this act is enacted shall have six months from the
- 30 date the initial cognitive support services license regulations

- 1 are promulgated to demonstrate proficiency in the areas
- 2 specified in subsection (a).
- 3 Section 5. Staff training.
- 4 (a) Requirements.--Staff working in a long-term care
- 5 specialty facility shall receive training approved by the
- 6 department which issued its cognitive support services license.
- 7 Each staff member shall receive additional training that
- 8 includes, but is not limited to, the following:
- 9 (1) Assessment and reporting of health problems.
- 10 (2) Understanding dementia, including causes, symptoms,
- 11 treatments and management techniques.
- 12 (3) Changes in condition and appropriate responses.
- 13 (4) Dementia-capable activity programming, communication
- skills and management of behavioral challenges.
- 15 (5) Mental health issues.
- 16 (6) Stress management.
- 17 (7) Awareness, identification, prevention and reporting
- of abuse and neglect.
- 19 (b) Grandfather clause. -- Staff who are employed in a long-
- 20 term care facility on the date this act is enacted shall have
- 21 six months from the date the initial cognitive support services
- 22 license regulations are promulgated to demonstrate proficiency
- 23 in the areas specified in subsection (a).
- 24 Section 6. Discharge and transfer.
- 25 Before a resident is discharged or transferred from a long-
- 26 term care facility to a long-term care specialty facility, the
- 27 following shall occur:
- 28 (1) The resident, a responsible family member or a legal
- representative for the resident shall be informed by written
- notice at least 30 days in advance of the long-term

- facility's intent to discharge or transfer the resident. The notice shall contain the following:
 - (i) A statement of the resident's rights to seek an assessment from either the area agency on aging or another qualified person that is independent from the long-term care facility.
 - (ii) A statement of the resident's right to appeal to the specified department and use the facility's internal grievance process to address the appropriateness of the transfer or discharge.
 - (2) Notice shall be provided to the resident and to either a responsible family member or a legal representative of the resident. The long-term care facility making the transfer shall keep as part of the resident's records proof that a responsible family member or legal representative received the written notice.
 - apply if the transfer or discharge is necessary to meet a resident's needs or when the resident is a danger to himself or other residents. However, the long-term care facility shall provide as much advance notice as possible to the resident and to either a responsible family member or legal representative of the resident.
 - (4) A physician shall approve the transfer or discharge and the resident and either a responsible family member or legal representative shall also approve the transfer or discharge.
- 28 (5) If the resident is not capable of understanding the 29 written notice for a transfer or discharge and there is no 30 responsible family member or a legal representative for the

- 1 resident, the long-term care facility shall refer the matter
- 2 to the local area agency on aging for review.
- 3 (6) The department shall, through its inspection
- 4 process, review transfer and discharge cases that are based
- 5 on cognitive impairments for compliance.
- 6 Section 7. Disclosure.
- 7 A long-term care specialty facility shall provide each
- 8 applicant with a disclosure form approved by the department that
- 9 contain the following:
- 10 (1) A mission statement on serving individuals with
- 11 cognitive impairments.
- 12 (2) The department regulations requiring physical space,
- therapeutic activities, additional administrator and staff
- training and security measures that must be met by a long-
- 15 term care specialty facility.
- 16 (3) A statement that the long-term care specialty
- facility meets the requirements established by the
- 18 department.
- 19 (4) A description of the schedule and types of
- 20 individual and group activities, security measures and family
- 21 support programs.
- 22 Section 8. Effective date.
- This act shall take effect in 180 days.