THE GENERAL ASSEMBLY OF PENNSYLVANIA

HOUSE BILL

No. 1137 Session of 1997

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 M. N. WRIGHT, FICHTER, TANGRETTI, ROONEY, O'BRIEN, OLASZ,
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 FLEAGLE, RUBLEY, COY, TRICH, E. Z. TAYLOR, SERAFINI, DeLUCA,
 BROWNE, CURRY, C. WILLIAMS, JAMES, TRAVAGLIO AND SEYFERT,
 APRIL 2, 1997

AS REPORTED FROM COMMITTEE ON INSURANCE, HOUSE OF REPRESENTATIVES, AS AMENDED, NOVEMBER 24, 1997

AN ACT

- 1 Requiring all health insurance policies to have certain minimum
 2 protections.
- 3 The General Assembly of the Commonwealth of Pennsylvania
- 4 hereby enacts as follows:
- 5 Section 1. Short title.
- 6 This act shall be known and may be cited as the Mental Health
- 7 Parity Act.
- 8 Section 2. Statement of purpose.
- 9 It is the intent of the General Assembly to extend to all
- 10 health policies issued in this Commonwealth the protections
- 11 established in the Health Insurance Portability and
- 12 Accountability Act of 1996 (Public Law 104 191, 110 Stat. 1936).
- 13 Section 3. Definitions.
- 14 The following words and phrases when used in this act shall

- 1 have the meanings given to them in this section unless the
- 2 context clearly indicates otherwise:
- 3 "Insurer." Any insurance company, association or reciprocal,
- 4 nonprofit hospital plan corporation; a nonprofit professional
- 5 health service plan; or any of the following:
- 6 (1) A preferred provider with a health management
- 7 gatekeeper role for primary care physicians organized and
- 8 regulated as a health services corporation or preferred
- 9 provider organization subject to section 630 of the act of
- 10 May 17, 1921 (P.L.682, No.284), known as The Insurance
- 11 Company Law of 1921.
- 12 (2) A risk assuming preferred provider organization
- organized and regulated under The Insurance Company Law of
- 14 1921.
- 15 (3) A health maintenance organization organized and
- regulated under the act of December 29, 1972 (P.L.1701,
- 17 No.364), known as the Health Maintenance Organization Act.
- 18 (4) A fraternal benefit society subject to the act of
- 19 December 14, 1992 (P.L.835, No.134), known as the Fraternal
- 20 Benefit Societies Code.
- 21 "Commissioner." The Insurance Commissioner of the
- 22 Commonwealth.
- 23 "Small employer." A person, firm, corporation, partnership
- 24 or association that is actively engaged in business, that on at
- 25 least 50% of its working days during the preceding calendar
- 26 quarter, employed at least three but no more than 50 full time
- 27 employees, the majority of whom were employed within this
- 28 Commonwealth. In determining the number of full time employees,
- 29 companies which are affiliated companies or which are eligible
- 30 to file a combined tax return for purposes of State taxation

- 1 shall be considered one employer.
- 2 Section 4. Parity in application of certain limits to mental
- 3 <u>health benefits.</u>
- 4 (a) Aggregate lifetime limits. In the case of any policy
- 5 issued by an insurer that provides both medical and surgical
- 6 benefits and mental health benefits, the following shall apply:
- 7 (1) If the policy does not include an aggregate lifetime
- 8 dollar limit on substantially all medical and surgical
- 9 benefits, the policy shall not impose any aggregate limit on
- 10 mental health benefits.
- 11 (2) If the policy does include an aggregate lifetime
- dollar limit on substantially all medical and surgical
- benefits, the policy shall either apply the applicable
- 14 lifetime limit both to medical and surgical benefits to which
- 15 it otherwise would apply and to mental health benefits and
- 16 not distinguish in the application of such limit between
- 17 medical and surgical benefits; or not include any aggregate
- 18 lifetime limit on mental health benefits that is less than
- 19 the applicable lifetime limit.
- 20 (3) If the policy is not one described in paragraphs (1)
- 21 and (2) and includes no or different aggregate lifetime
- 22 dollar limits on different categories of medical and surgical
- 23 benefits, the commissioner shall establish rules under which
- 24 this section shall apply to such a policy with respect to
- 25 mental health benefits by substituting for the applicable
- 26 lifetime limit an average aggregate lifetime limit that is
- 27 computed, taking into account the weighted average of the
- 28 aggregate lifetime limits applicable to such categories.
- 29 (b) Annual limits. In the case of any policy issued by an
- 30 insurer that provides both medical and surgical benefits and

- 1 mental health benefits, the following shall apply:
- 2 (1) If the policy does not include an annual dollar
- 3 limit on substantially all medical and surgical benefits, the
- 4 policy shall not impose any annual limit on mental health
- 5 benefits.
- 6 (2) If the policy does include an annual dollar limit on
- 7 substantially all medical and surgical benefits, the policy
- 8 shall either apply the applicable annual limit both to
- 9 medical and surgical benefits to which it otherwise would
- 10 apply and to mental health benefits and not distinguish in
- 11 the application of such limit between medical and surgical
- 12 benefits; or not include any annual limit on mental health
- benefits that is less than the applicable annual limit.
- 14 (3) If the policy is not one described in paragraphs (1)
- 15 and (2) and includes no or different annual dollar limits on
- 16 different categories of medical and surgical benefits, the
- 17 commissioner shall establish rules under which this section
- 18 shall apply to such a policy with respect to mental health
- 19 benefits by substituting for the applicable annual limit an
- 20 average annual limit that is computed, taking into account
- 21 the weighted average of the annual limit applicable to such
- 22 categories.
- 23 Section 5. Exemptions.
- 24 (a) Individuals and small employers. This act shall not
- 25 apply to any policy issued to an individual or to a small
- 26 employer.
- 27 (b) Increased cost exemption. This act shall not apply to a
- 28 policy if the application of the act under the policy would
- 29 result in an increase in the cost under the policy of at least
- 30 1%.

- 1 Section 6. Construction.
- 2 Nothing in this act shall be construed as requiring a policy
- 3 to provide any mental health benefits or, in the case of a
- 4 policy providing such benefits, as affecting the terms and
- 5 conditions, including cost sharing, limits on number of visits
- 6 or days of coverage and requirements relating to medical
- 7 necessity, relating to the amount, duration or scope of mental
- 8 health benefits under the policy, except as specifically
- 9 provided in this act.
- 10 Section 7. Applicability.
- 11 This act shall apply to any health insurance policy,
- 12 contract, certificate or plan that is issued or renewed on or
- 13 after the effective date of this act.
- 14 Section 8. Effective date.
- 15 This act shall take effect in 180 days.
- 16 SECTION 2. STATEMENT OF PURPOSE.
- 17 IT IS THE INTENT OF THE GENERAL ASSEMBLY TO EXTEND TO ALL

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- 18 HEALTH POLICIES ISSUED IN THIS COMMONWEALTH ADDITIONAL
- 19 PROTECTIONS TO THOSE ESTABLISHED IN THE HEALTH INSURANCE
- 20 PORTABILITY AND ACCOUNTABILITY ACT OF 1996 (PUBLIC LAW 104-191,
- 21 110 STAT. 1936).
- 22 SECTION 3. DEFINITIONS.
- 23 (A) GENERAL RULE. -- THE FOLLOWING WORDS AND PHRASES WHEN USED
- 24 IN THIS ACT SHALL HAVE THE MEANINGS GIVEN TO THEM IN THIS
- 25 SECTION UNLESS THE CONTEXT CLEARLY INDICATES OTHERWISE:
- 26 "ASSOCIATION." AN "ASSOCIATION," AS DEFINED IN SECTION 101
- 27 OF THE ACT OF MAY 17, 1921 (P.L.682, NO.284), KNOWN AS THE
- 28 INSURANCE COMPANY LAW OF 1921, WHICH HOLDS A CURRENT CERTIFICATE
- 29 OF AUTHORITY.
- 30 "COMMISSIONER." THE INSURANCE COMMISSIONER OF THE

- 1 COMMONWEALTH.
- 2 "COMPANY." A "COMPANY," AS DEFINED IN SECTION 101 OF THE ACT
- 3 OF MAY 17, 1921 (P.L.682, NO.284), KNOWN AS THE INSURANCE
- 4 COMPANY LAW OF 1921, WHICH HOLDS A CURRENT CERTIFICATE OF
- 5 AUTHORITY.
- 6 "DEPARTMENT." THE INSURANCE DEPARTMENT OF THE COMMONWEALTH.
- 7 "EXCHANGE." AN "EXCHANGE," AS DEFINED IN SECTION 101 OF THE
- 8 ACT OF MAY 17, 1921 (P.L.682, NO.284), KNOWN AS THE INSURANCE
- 9 COMPANY LAW OF 1921, WHICH HOLDS A CURRENT CERTIFICATE OF
- 10 AUTHORITY.
- 11 "FEDERAL ACT." THE HEALTH INSURANCE PORTABILITY AND
- 12 ACCOUNTABILITY ACT OF 1996 (PUBLIC LAW 104-191, 110 STAT. 1936).
- 13 "FRATERNAL BENEFIT SOCIETY." AN ENTITY HOLDING A CURRENT
- 14 CERTIFICATE OF AUTHORITY UNDER THE ACT OF DECEMBER 14, 1992
- 15 (P.L.835, NO.134), KNOWN AS THE FRATERNAL BENEFIT SOCIETIES
- 16 CODE.
- 17 "HEALTH INSURANCE ISSUER." AN INSURER.
- 18 "HEALTH MAINTENANCE ORGANIZATION." AN ENTITY HOLDING A
- 19 CURRENT CERTIFICATE OF AUTHORITY UNDER THE ACT OF DECEMBER 29,
- 20 1972 (P.L.1701, NO.364), KNOWN AS THE HEALTH MAINTENANCE
- 21 ORGANIZATION ACT.
- 22 "HOSPITAL PLAN CORPORATION." AN ENTITY HOLDING A CURRENT
- 23 CERTIFICATE OF AUTHORITY ORGANIZED AND OPERATED UNDER 40 PA.C.S.
- 24 CH. 61 (RELATING TO HOSPITAL PLAN CORPORATIONS).
- 25 "INSURER." A FOREIGN OR DOMESTIC INSURANCE COMPANY,
- 26 ASSOCIATION OR EXCHANGE, HEALTH MAINTENANCE ORGANIZATION,
- 27 HOSPITAL PLAN CORPORATION, PROFESSIONAL HEALTH SERVICES PLAN
- 28 CORPORATION, FRATERNAL BENEFIT SOCIETY OR RISK-ASSUMING
- 29 PREFERRED PROVIDER ORGANIZATION. THIS TERM DOES NOT INCLUDE A
- 30 "GROUP HEALTH PLAN" AS DEFINED IN SECTION 2791 OF THE PUBLIC

- 1 HEALTH SERVICE ACT (58 STAT. 682, 42 U.S.C. § 300GG-91).
- 2 "PREFERRED PROVIDER ORGANIZATION." AN ENTITY HOLDING A
- 3 CURRENT CERTIFICATE OF AUTHORITY UNDER SECTION 630 OF THE ACT OF
- 4 MAY 17, 1921 (P.L.682, NO.284), KNOWN AS THE INSURANCE COMPANY
- 5 LAW OF 1921.
- 6 "PROFESSIONAL HEALTH SERVICES PLAN CORPORATION." AN ENTITY
- 7 HOLDING A CURRENT CERTIFICATE OF AUTHORITY UNDER 40 PA.C.S. CH.
- 8 63 (RELATING TO PROFESSIONAL HEALTH SERVICES PLAN CORPORATIONS).
- 9 THE TERM DOES NOT INCLUDE A "DENTAL SERVICE CORPORATION" OR AN
- 10 "OPTOMETRIC SERVICE CORPORATION," AS DEFINED IN 40 PA.C.S. §
- 11 6302(A) (RELATING TO DEFINITIONS).
- 12 (B) FEDERAL ACT.--IF A TERM IS DEFINED IN THE FEDERAL ACT,
- 13 THAT DEFINITION SHALL APPLY IN THIS ACT UNLESS THE TERM IS
- 14 DEFINED IN SUBSECTION (A).
- 15 SECTION 4. ADOPTION OF FEDERAL ACT FOR MENTAL HEALTH PARITY FOR
- 16 ALL GROUP POLICIES.
- 17 (A) INSURERS.--
- 18 (1) EXCEPT AS SET FORTH IN PARAGRAPH (2), INSURERS SHALL
- 19 COMPLY WITH SECTION 2705 OF THE PUBLIC HEALTH SERVICE ACT (58
- 20 STAT. 682, 42 U.S.C. § 300GG-5) IN ANY OFFERING OR ISSUING OF
- 21 GROUP POLICIES IN THIS COMMONWEALTH.
- 22 (2) THE SMALL EMPLOYER AND THE INCREASED COST EXEMPTIONS
- 23 IN SECTION 2705(C) OF THE PUBLIC HEALTH SERVICE ACT (42
- 24 U.S.C. § 00GG-5CC) SHALL NOT APPLY FOR GROUP POLICIES OFFERED
- 25 OR ISSUED IN THIS COMMONWEALTH.
- 26 (B) HEALTH MAINTENANCE ORGANIZATIONS.--LICENSED HEALTH
- 27 MAINTENANCE ORGANIZATIONS MAY OFFER POLICIES IN CONFORMITY WITH
- 28 SECTION 1301(B)(6) OF THE PUBLIC HEALTH SERVICE ACT (42 U.S.C. §
- 29 300 E(B)(6)).
- 30 SECTION 5. EXCEPTIONS.

- 1 (A) POLICIES.--THIS ACT DOES NOT INCLUDE THE FOLLOWING
- 2 POLICIES: ACCIDENT ONLY, FIXED INDEMNITY, LIMITED BENEFIT,
- 3 CREDIT, DENTAL, VISION, SPECIFIED DISEASE, MEDICARE SUPPLEMENT,
- 4 CHAMPUS (CIVILIAN HEALTH AND MEDICAL PROGRAMS FOR THE UNIFORM
- 5 SERVICES) SUPPLEMENT, LONG-TERM CARE, DISABILITY INCOME,
- 6 WORKERS' COMPENSATION OR AUTOMOBILE MEDICAL PAYMENT.
- 7 (B) CONSTRUCTION. -- NOTWITHSTANDING SECTIONS 4, 7 AND 10,
- 8 THIS ACT SHALL NOT BE CONSTRUED TO REQUIRE A HEALTH INSURANCE
- 9 POLICY TO COMPLY WITH THE PROVISIONS OF THIS ACT IF ALL OF THE
- 10 FOLLOWING APPLY:
- 11 (1) THE INDIVIDUAL'S EMPLOYER MAINTAINS THE HEALTH
- 12 INSURANCE POLICY FOR THE INDIVIDUAL AS AN EMPLOYMENT BENEFIT.
- 13 (2) THE INDIVIDUAL IS EMPLOYED OUTSIDE THIS
- 14 COMMONWEALTH.
- 15 SECTION 6. PENALTIES.
- 16 (A) GENERAL RULE. -- UPON SATISFACTORY EVIDENCE OF A VIOLATION
- 17 OF THIS ACT BY ANY INSURER OR OTHER PERSON, THE COMMISSIONER MAY
- 18 PURSUE ANY ONE OF THE FOLLOWING COURSES OF ACTION:
- 19 (1) SUSPEND, REVOKE OR REFUSE TO RENEW THE LICENSE OF
- 20 THE OFFENDING PERSON.
- 21 (2) ENTER A CEASE AND DESIST ORDER.
- 22 (3) IMPOSE A CIVIL PENALTY OF NOT MORE THAN \$5,000 FOR
- 23 EACH ACTION IN RECKLESS OR NEGLIGENT VIOLATION OF THIS ACT.
- 24 (4) IMPOSE A CIVIL PENALTY OF NOT MORE THAN \$10,000 FOR
- 25 EACH ACTION IN INTENTIONAL VIOLATION OF THIS ACT.
- 26 (B) LIMITATION.--PENALTIES IMPOSED AGAINST A PERSON UNDER
- 27 THIS ACT SHALL NOT EXCEED \$500,000 IN THE AGGREGATE DURING A
- 28 SINGLE CALENDAR YEAR.
- 29 SECTION 7. MANDATORY OFFERING.
- 30 (A) REQUIREMENT.--ANY HEALTH INSURER OFFERING GROUP POLICIES

- 1 SHALL OFFER AT LEAST ONE POLICY OR AMENDMENT, ENDORSEMENT OR
- 2 RIDER TO AT LEAST ONE EXISTING POLICY WHICH PROVIDES COVERAGE
- 3 FOR THE TREATMENT OF MENTAL ILLNESS UNDER THE SAME TERMS AND
- 4 CONDITIONS AS THE INSURER PROVIDES FOR PHYSICAL ILLNESSES AND
- 5 CONDITIONS.
- 6 (B) COVERAGE.--THE COVERAGE FOR MENTAL ILLNESS OFFERED UNDER
- 7 THIS SECTION MUST BE AT LEAST AS FAVORABLE AS THE COVERAGE
- 8 PROVIDED FOR OTHER PHYSICAL ILLNESSES AND CONDITIONS AND MUST
- 9 PROVIDE FOR THE SAME TERMS AND CONDITIONS OF COVERAGE, INCLUDING
- 10 DURATIONAL LIMITS, DOLLAR LIMITS, VISIT LIMITS, OUT-OF-POCKET
- 11 LIMITS, COST-SHARING REQUIREMENTS, COPAYMENT AMOUNTS,
- 12 DEDUCTIBLES AND COINSURANCE FACTORS.
- 13 (C) SCOPE.--POLICIES OFFERED UNDER THIS SECTION MUST PROVIDE
- 14 FOR ALL HEALTH COVERAGE MANDATES AFFECTING ALL INSURERS AS
- 15 DEFINED IN THIS ACT.
- 16 (D) PREMIUMS. -- THE PREMIUM DIFFERENTIAL BETWEEN A POLICY
- 17 PROVIDING MENTAL ILLNESS COVERAGE REQUIRED UNDER THIS SECTION
- 18 AND A COMPARABLE POLICY OFFERED BY AN INSURER SHALL NOT EXCEED
- 19 3%.
- 20 (E) DEFINITIONS.--AS USED IN THIS SECTION, THE FOLLOWING
- 21 WORDS AND PHRASES SHALL HAVE THE MEANINGS GIVEN TO THEM IN THIS
- 22 SUBSECTION:
- 23 "COMPARABLE POLICY." THE HEALTH INSURANCE POLICY PURCHASED
- 24 MOST FREQUENTLY FROM THE INSURER.
- 25 "MENTAL HEALTH BENEFITS." BENEFITS WITH RESPECT TO MENTAL
- 26 HEALTH SERVICES, AS DEFINED UNDER THE HEALTH INSURANCE POLICY.
- 27 THE TERM DOES NOT INCLUDE SUBSTANCE TREATMENT OR CHEMICAL
- 28 DEPENDENCY TREATMENT.
- 29 SECTION 8. NOTICE.
- 30 ANY POLICY, AMENDMENT, ENDORSEMENT OR RIDER WHICH DOES NOT

- PROVIDE MENTAL ILLNESS COVERAGE AS REQUIRED UNDER SECTION 7 MUST
- 2 PROVIDE A CLEAR NOTICE THAT THE COVERAGE FOR THE TREATMENT OF
- 3 MENTAL ILLNESS IS LESS THAN THE COVERAGE FOR THE TREATMENT OF
- 4 OTHER ILLNESSES.
- 5 SECTION 9. APPLICABILITY.
- 6 THIS ACT SHALL APPLY AS FOLLOWS:
- 7 (1) SECTIONS 1, 2, 3, 4, 5, 6, 8, 9, 10, 11 AND 12 SHALL
- 8 APPLY TO ALL GROUP HEALTH INSURANCE POLICIES, CONTRACTS,
- 9 CERTIFICATES OR PLANS, WHICH ARE ISSUED OR RENEWED AFTER
- DECEMBER 31, 1997. 10
- 11 (2) SECTIONS 7 AND 4(A)(2) SHALL APPLY TO ALL HEALTH
- 12 INSURERS OFFERING, ISSUING, OR RENEWING GROUP POLICIES,
- 13 CONTRACTS, CERTIFICATES OR PLANS AFTER JUNE 30, 1998.
- SECTION 10. REPORT. 14
- 15 THE LEGISLATIVE BUDGET AND FINANCE COMMITTEE SHALL CONDUCT A
- 16 STUDY ON THE EFFECTS OF THIS ACT, INCLUDING THE COSTS OF
- 17 PROVIDING THE MENTAL HEALTH SERVICES UNDER SECTION 7, THE EFFECT
- 18 ON POLICY PREMIUMS, COST SAVINGS DERIVED FROM INCREASED MENTAL
- 19 HEALTH COVERAGE, THE EFFECTS OF ADVERSE SELECTION RESULTING
- 20 FROM THE OPTIONAL NATURE OF NONDISCRIMINATORY COVERAGE AND THE
- 21 LIKELY EFFECT OF REMOVING THE OPTION. THE COMMITTEE SHALL SUBMIT
- 22 ITS FINDINGS TO THE SECRETARY OF THE SENATE AND THE CHIEF CLERK
- 23 OF THE HOUSE OF REPRESENTATIVES BY JULY 1, 2001.
- 24 SECTION 11. EXPIRATION.
- 25 THIS ACT SHALL EXPIRE SEPTEMBER 30, 2001.
- 26 SECTION 12. EFFECTIVE DATE.
- 27 THIS ACT SHALL TAKE EFFECT IMMEDIATELY.