
THE GENERAL ASSEMBLY OF PENNSYLVANIA

HOUSE RESOLUTION

No. 710 Session of
2004

INTRODUCED BY E. Z. TAYLOR, CAUSER, FLICK, ADOLPH, ARMSTRONG,
BAKER, BALDWIN, BARRAR, BASTIAN, BEBKO-JONES, BELFANTI,
BENNINGHOFF, BOYD, BUNT, CAPPELLI, CORRIGAN, COY, CRAHALLA,
CRUZ, CURRY, DALEY, DENLINGER, DERMODY, DeWEESE, DiGIROLAMO,
DONATUCCI, J. EVANS, FABRIZIO, FICHTER, FLEAGLE, FORCIER,
FRANKEL, GEIST, GEORGE, GILLESPIE, GINGRICH, GOOD, GOODMAN,
GRUCELA, HARHAI, HARHART, HERMAN, HERSHEY, HESS, HORSEY,
JAMES, KELLER, KOTIK, LAUGHLIN, LEACH, LEDERER, LESCOVITZ,
LEWIS, MAJOR, MANDERINO, MANN, MARKOSEK, MCGILL, McILHATTAN,
MELIO, MUNDY, MUSTIO, O'NEILL, PALLONE, PAYNE, PHILLIPS,
PICKETT, PISTELLA, READSHAW, ROBERTS, ROHRER, ROSS, RUBLEY,
SAINATO, SAMUELSON, SANTONI, SATHER, SCAVELLO, SCHRODER,
B. SMITH, SOLOBAY, SURRA, TANGRETTI, TIGUE, TRUE, TURZAI,
WALKO, WASHINGTON, WATSON, WEBER, WILT, WOJNAROSKI,
YOUNGBLOOD, ZUG AND KILLION, MAY 3, 2004

INTRODUCED AS NONCONTROVERSIAL RESOLUTION UNDER RULE 35,
MAY 3, 2004

A RESOLUTION

1 Observing May 1 through 7, 2004, as "National Physical Education
2 and Sports Week" and the month of May 2004 as "National
3 Physical Fitness and Sports Month" in Pennsylvania.

4 WHEREAS, May is "National Physical Fitness and Sports Month";
5 and

6 WHEREAS, This designation was established to encourage
7 broader promotion of physical fitness activities and programs in
8 schools, park and recreation departments, employee associations,
9 hospitals and other agencies involved in physical fitness; and

10 WHEREAS, Many residents of this Commonwealth would improve
11 the quality of their lives through proper exercise and diet; and

1 WHEREAS, The Surgeon General of the United States Public
2 Health Service's 1996 Report on Physical Activity and Health has
3 verified that regular physical activity is associated with
4 improved health-related quality of life; therefore be it

5 RESOLVED, That the House of Representatives observe May 1
6 through 7, 2004, as "National Physical Education and Sports
7 Week" and encourage the residents of Pennsylvania to support the
8 schools' physical education programs; and be it further

9 RESOLVED, That the House of Representatives observe the month
10 of May 2004 as "National Physical Fitness and Sports Month" in
11 Pennsylvania and encourage the residents of Pennsylvania to be
12 physically active on a regular basis; and be it further

13 RESOLVED, That the House of Representatives encourage the
14 residents of Pennsylvania to participate in the May 5, 2004,
15 event called ACES Day (All Children Exercising Simultaneously)
16 by participating in a physical activity that day. An event at
17 the State Capitol called "Enter the Keystone Healthy Zone" will
18 be held from 11 a.m. to 12 noon on May 5, 2004, to emphasize
19 better nutrition and increased physical activity.