## THE GENERAL ASSEMBLY OF PENNSYLVANIA

## **HOUSE BILL**

No. 1459 Session of 2019

INTRODUCED BY SCHLOSSBERG, FARRY, BARRAR, SAINATO, CALTAGIRONE, CIRESI, FREEMAN, HARKINS, HILL-EVANS, KIRKLAND, KULIK, MADDEN, McCLINTON, NEILSON, O'MARA, READSHAW, SAPPEY, SOLOMON, THOMAS, YOUNGBLOOD, OTTEN AND DeLUCA, MAY 14, 2019

REFERRED TO COMMITTEE ON VETERANS AFFAIRS AND EMERGENCY PREPAREDNESS, MAY 14, 2019

## AN ACT

| 1<br>2<br>3<br>4<br>5<br>6<br>7<br>8<br>9<br>10 | Amending Titles 35 (Health and Safety) and 75 (Vehicles) of the Pennsylvania Consolidated Statutes, providing for emergency responder mental wellness and stress management; establishing the Statewide Critical Incident Stress Management Program; providing for duties of the Secretary of Health and the Department of Health; in emergency medical services system, further providing for support of emergency medical services; in operation of vehicles general provisions, further providing for EMS costs; and, in driving after imbibing alcohol or utilizing drugs, further providing for Accelerated Rehabilitative Disposition. |
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| 12  | The General Assembly of the Commonwealth of Pennsylvania   |
| 13  | hereby enacts as follows:  |
| 14  | Section 1. Title 35 of the Pennsylvania Consolidated   |
| 15  | Statutes is amended by adding a chapter to read:   |
| 16  | CHAPTER 75A  |
| 17  | EMERGENCY RESPONDER MENTAL WELLNESS  |
| 18  | AND STRESS MANAGEMENT  |
| 19  | Sec.   |
| 20  | 75A01. Definitions.  |
| 21  | 75A02. Mental wellness and stress management protocol.   |

- 1 <u>75A03</u>. <u>Peer-to-peer support programs</u>.
- 2 75A04. Trained peer support individuals.
- 3 75A05. Toll-free helpline.
- 4 75A06. Statewide Critical Incident Stress Management Program
- 5 <u>and regional programs.</u>
- 6 75A07. Trauma and suicide awareness and impact training.
- 7 75A08. Nonprofit organizations.
- 8 75A09. Publication.
- 9 <u>75A10. Confidential communications involving emergency</u>
- 10 responders.
- 12 § 75A01. Definitions.
- The following words and phrases when used in this chapter
- 14 shall have the meanings given to them in this section unless the
- 15 context clearly indicates otherwise:
- 16 "Cooperating officials and agencies." Includes the
- 17 following:
- 18 (1) The Municipal Police Officers' Education and
- 19 Training Commission.
- 20 (2) The Director of the Bureau of Emergency Medical
- 21 Services, as designated by the secretary.
- 22 (3) The State Fire Commissioner.
- 23 "Critical incident." A situation to which an emergency
- 24 responder responds that presents or involves either the death or
- 25 <u>serious bodily injury of an individual, or the imminent</u>
- 26 potential of death or serious bodily injury, or any situation
- 27 <u>faced by an emergency responder in the course of duty which</u>
- 28 causes or may cause the emergency responder to experience strong
- 29 negative emotional reactions.
- 30 "Department." The Department of Health of the Commonwealth.

- 1 "Emergency responder." Any of the following: 2 (1) A first responder. 3 (2) A peace officer. (3) A 911 dispatcher. 4 5 (4) A coroner who responds in an official capacity to an 6 emergency. 7 "First responder." A current or former member of an 8 emergency medical services agency, fire company, rescue company 9 or quick response service. 10 "Mental wellness and stress management protocol." A plan 11 that: 12 (1) Requires education and training on traumatic brain injuries and traumatic stress, including acute stress 13 14 reactions, acute stress disorder, posttraumatic stress injuries and other emotional reactions and components of 15 16 trauma reaction for emergency responders. (2) Sets responsibilities for employer agencies and 17 18 emergency responders who sustain a posttraumatic stress 19 injury or traumatic brain injury arising from their work. 20 (3) Mandates remedial supportive actions for employer 21 agencies in response to a report of a posttraumatic stress 22 injury or traumatic brain injury sustained by an emergency 23 responder. 24 "Peace officer." As defined in 18 Pa.C.S. § 501 (relating to 25 definitions). 26 "Peer-to-peer support program." A regional peer support service program established under section 75A03 (relating to 27 28 peer-to-peer support programs) which offers services:
- 29 (1) designated by the department to be used in:
- 30 <u>(i) recognizing the symptoms of a mental health</u>

- 1 condition, including those caused by a critical incident; 2 and 3 (ii) making a behavioral health referral through an employee assistance program or other mental health agency 4 5 for treatment by a licensed behavioral health 6 professional; and 7 (2) delivered by a trained peer support individual. "Posttraumatic stress injury." The condition referred to as 8 posttraumatic stress disorder in the Diagnostic and Statistical 9 Manual of Mental Disorders, Fifth Edition (DSM-5), or 10 superseding editions as published by the American Psychiatric 11 12 Association. "Quick response service." An operation in which emergency 13 14 medical services providers of an emergency medical services 15 agency: (1) respond to an actual, reported or perceived 16 emergency; and 17 18 (2) provide emergency medical services to patients 19 pending the arrival of an ambulance. "Regional emergency medical services council." The regional 20 EMS councils established under section 8109 (relating to 21 regional emergency medical services councils). 22 "Secretary." The Secretary of Health of the Commonwealth. 23 24 "Trained peer support individual." An emergency responder who has the training, credentials or experience to provide 25 26 support and advocacy services and is recognized by the department under this chapter. 27
- 27 deparement ander entre enapter.
- 28 § 75A02. Mental wellness and stress management protocol.
- 29 <u>(a) General rule.--The secretary, in consultation with</u>
- 30 cooperating officials and agencies, shall develop a mental

- 1 <u>wellness and stress management protocol to assist emergency</u>
- 2 <u>responders who:</u>
- 3 (1) Suffer or may have suffered posttraumatic stress
- 4 <u>injuries or traumatic brain injuries as a result of their</u>
- 5 <u>employment.</u>
- 6 (2) Have been exposed to critical incidents.
- 7 (b) Implementation. -- The mental wellness and stress
- 8 management protocol shall be implemented no later than 180 days
- 9 after the effective date of this chapter. Emergency responders
- 10 and agencies for which emergency responders perform their duties
- 11 shall abide by the protocol formalized under this section.
- 12 § 75A03. Peer-to-peer support programs.
- 13 (a) Establishment of peer-to-peer support programs.--
- 14 Notwithstanding any other provision of law, the secretary shall
- 15 <u>establish at least one regional peer support service program</u>
- 16 <u>within the service area of each regional emergency medical</u>
- 17 services council for emergency responders in this Commonwealth.
- 18 (b) Cooperative establishment.--The secretary shall
- 19 establish the peer-to-peer support programs in conjunction with
- 20 cooperating officials and agencies, the Pennsylvania Emergency
- 21 Health Services Council, the regional emergency medical services
- 22 councils and any other entities designated by the department.
- 23 (c) Access.--The department shall, if possible, establish
- 24 the peer-to-peer support programs in a manner that ensures
- 25 access to a program by all emergency responders within this
- 26 Commonwealth regardless of geographic location.
- 27 (d) Services.--Services provided by a peer-to-peer support
- 28 program shall include peer-to-peer support for all of the
- 29 <u>following:</u>
- 30 <u>(1) Mental health issues, including treatment and</u>

- 1 recovery support for posttraumatic stress, traumatic brain
- 2 <u>injury and depression</u>.
- 3 (2) Alcohol, substance abuse or chemical dependence
- 4 <u>treatment and recovery support, including treatment planning,</u>
- 5 <u>recovery coaching and relapse prevention.</u>
- 6 (3) Sexual abuse trauma.
- 7 <u>(4) Workplace abuse.</u>
- 8 <u>(5) Co-occurring disorders.</u>
- 9 (6) Any other support service which the department
- 10 <u>believes will further the intent and goals of this chapter.</u>
- 11 (e) Critical incident stress management. -- Nothing in this
- 12 <u>chapter shall preclude incorporating critical incident stress</u>
- 13 management intervention into a peer-to-peer support program.
- 14 § 75A04. Trained peer support individuals.
- 15 The department, in conjunction with cooperating officials and
- 16 agencies, shall establish quidelines for the recruitment,
- 17 training and development of individuals capable of providing
- 18 peer-to-peer support under section 75A03 (relating to peer-to-
- 19 peer support programs). The guidelines shall include the
- 20 establishment of minimum qualifications to receive credentials
- 21 as a trained peer support individual and procedures to suspend,
- 22 revoke or annul the credentials.
- 23 § 75A05. Toll-free helpline.
- 24 (a) General rule. -- The department shall:
- 25 (1) Establish a toll-free helpline to respond to calls
- from emergency responders who have been involved in a
- 27 <u>critical incident or are dealing with mental wellness issues.</u>
- 28 (2) Obtain the toll-free telephone number 866-1ST-HELP
- for such purposes. If the telephone number 866-1ST-HELP is
- not available, the department shall obtain a substantially

| injuries and other emotional and psychological reactions common to emergency responders.  (2) Professionally trained to identify, assess and make an appropriate referral to either a peer-to-peer support program or a licensed behavioral health professional for the following:  (i) Mental health issues common to emergency responders, including treatment and recovery support for traumatic stress, including acute stress reaction, acute stress disorder, posttraumatic stress injury, traumatic brain injury and other conditions related to emotional reactions to traumatic and cumulative stress such as anxiety and depression.  (ii) Alcohol, substance abuse or chemical dependence treatment and recovery support, including treatment planning, recovery coaching and relapse prevention.  (iii) Co-occurring disorders.  (iv) Third-party counseling services which the department believes will further the intent and goals of   | Τ. | similar terephone number actorym for such purposes.          |
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| (4) Ensure the confidentiality of the names of callers, information discussed during the call and any referrals for further services.  (b) Helpline operators.—An operator of the helpline must be one of the following:  (1) Provided instruction and practical training approved by the department and familiar with posttraumatic stress injuries and other emotional and psychological reactions common to emergency responders.  (2) Professionally trained to identify, assess and make an appropriate referral to either a peer-to-peer support program or a licensed behavioral health professional for the following:  (i) Mental health issues common to emergency responders, including treatment and recovery support for traumatic stress, including acute stress reaction, acute stress disorder, posttraumatic stress injury, traumatic brain injury and other conditions related to emotional reactions to traumatic and cumulative stress such as anxiety and depression.  (ii) Alcohol, substance abuse or chemical dependence treatment and recovery support, including treatment planning, recovery coaching and relapse prevention.  (iii) Co-occurring disorders.  (iv) Third-party counseling services which the department believes will further the intent and goals of | 2  | (3) Permit persons to provide information anonymously,       |
| information discussed during the call and any referrals for further services.  (b) Helpline operators.—An operator of the helpline must be one of the following:  (1) Provided instruction and practical training approved by the department and familiar with posttraumatic stress injuries and other emotional and psychological reactions common to emergency responders.  (2) Professionally trained to identify, assess and make an appropriate referral to either a peer-to-peer support program or a licensed behavioral health professional for the following:  (i) Mental health issues common to emergency responders, including treatment and recovery support for traumatic stress, including acute stress reaction, acute stress disorder, posttraumatic stress injury, traumatic brain injury and other conditions related to emotional reactions to traumatic and cumulative stress such as anxiety and depression.  (ii) Alcohol, substance abuse or chemical dependence treatment and recovery support, including treatment planning, recovery coaching and relapse prevention.  (iii) Co-occurring disorders.  (iv) Third-party counseling services which the department believes will further the intent and goals of   | 3  | should they choose to do so.                                 |
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| 9 (1) Provided instruction and practical training approved 10 by the department and familiar with posttraumatic stress 11 injuries and other emotional and psychological reactions 12 common to emergency responders. 13 (2) Professionally trained to identify, assess and make 14 an appropriate referral to either a peer-to-peer support 15 program or a licensed behavioral health professional for the 16 following: 17 (i) Mental health issues common to emergency 18 responders, including treatment and recovery support for 19 traumatic stress, including acute stress reaction, acute 20 stress disorder, posttraumatic stress injury, traumatic 21 brain injury and other conditions related to emotional 22 reactions to traumatic and cumulative stress such as 23 anxiety and depression. 24 (ii) Alcohol, substance abuse or chemical dependence 25 treatment and recovery support, including treatment 26 planning, recovery coaching and relapse prevention. 27 (iii) Co-occurring disorders. 28 (iv) Third-party counseling services which the 29 department believes will further the intent and goals of  | 6  | <u>further services.</u>                                     |
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| injuries and other emotional and psychological reactions common to emergency responders.  (2) Professionally trained to identify, assess and make an appropriate referral to either a peer-to-peer support program or a licensed behavioral health professional for the following:  (i) Mental health issues common to emergency responders, including treatment and recovery support for traumatic stress, including acute stress reaction, acute stress disorder, posttraumatic stress injury, traumatic brain injury and other conditions related to emotional reactions to traumatic and cumulative stress such as anxiety and depression.  (ii) Alcohol, substance abuse or chemical dependence treatment and recovery support, including treatment planning, recovery coaching and relapse prevention.  (iii) Co-occurring disorders.  (iv) Third-party counseling services which the department believes will further the intent and goals of   | 9  | (1) Provided instruction and practical training approved     |
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| (2) Professionally trained to identify, assess and make an appropriate referral to either a peer-to-peer support program or a licensed behavioral health professional for the following:  (i) Mental health issues common to emergency responders, including treatment and recovery support for traumatic stress, including acute stress reaction, acute stress disorder, posttraumatic stress injury, traumatic brain injury and other conditions related to emotional reactions to traumatic and cumulative stress such as anxiety and depression.  (ii) Alcohol, substance abuse or chemical dependence treatment and recovery support, including treatment planning, recovery coaching and relapse prevention.  (iii) Co-occurring disorders.  (iv) Third-party counseling services which the department believes will further the intent and goals of   | 11 | injuries and other emotional and psychological reactions     |
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| 17 (i) Mental health issues common to emergency 18 responders, including treatment and recovery support for 19 traumatic stress, including acute stress reaction, acute 20 stress disorder, posttraumatic stress injury, traumatic 21 brain injury and other conditions related to emotional 22 reactions to traumatic and cumulative stress such as 23 anxiety and depression. 24 (ii) Alcohol, substance abuse or chemical dependence 25 treatment and recovery support, including treatment 26 planning, recovery coaching and relapse prevention. 27 (iii) Co-occurring disorders. 28 (iv) Third-party counseling services which the 29 department believes will further the intent and goals of   | 15 | program or a licensed behavioral health professional for the |
| responders, including treatment and recovery support for traumatic stress, including acute stress reaction, acute stress disorder, posttraumatic stress injury, traumatic brain injury and other conditions related to emotional reactions to traumatic and cumulative stress such as anxiety and depression.  (ii) Alcohol, substance abuse or chemical dependence treatment and recovery support, including treatment planning, recovery coaching and relapse prevention.  (iii) Co-occurring disorders.  (iv) Third-party counseling services which the department believes will further the intent and goals of  | 16 | <pre>following:</pre>  |
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| stress disorder, posttraumatic stress injury, traumatic  brain injury and other conditions related to emotional  reactions to traumatic and cumulative stress such as  anxiety and depression.  (ii) Alcohol, substance abuse or chemical dependence  treatment and recovery support, including treatment  planning, recovery coaching and relapse prevention.  (iii) Co-occurring disorders.  (iv) Third-party counseling services which the  department believes will further the intent and goals of  | 18 | responders, including treatment and recovery support for     |
| brain injury and other conditions related to emotional reactions to traumatic and cumulative stress such as anxiety and depression.  (ii) Alcohol, substance abuse or chemical dependence treatment and recovery support, including treatment planning, recovery coaching and relapse prevention.  (iii) Co-occurring disorders.  (iv) Third-party counseling services which the department believes will further the intent and goals of  | 19 | traumatic stress, including acute stress reaction, acute     |
| reactions to traumatic and cumulative stress such as anxiety and depression.  (ii) Alcohol, substance abuse or chemical dependence treatment and recovery support, including treatment planning, recovery coaching and relapse prevention.  (iii) Co-occurring disorders.  (iv) Third-party counseling services which the department believes will further the intent and goals of   | 20 | stress disorder, posttraumatic stress injury, traumatic      |
| 23 anxiety and depression.  24 (ii) Alcohol, substance abuse or chemical dependence  25 treatment and recovery support, including treatment  26 planning, recovery coaching and relapse prevention.  27 (iii) Co-occurring disorders.  28 (iv) Third-party counseling services which the  29 department believes will further the intent and goals of  | 21 | brain injury and other conditions related to emotional       |
| (ii) Alcohol, substance abuse or chemical dependence treatment and recovery support, including treatment planning, recovery coaching and relapse prevention.  (iii) Co-occurring disorders.  (iv) Third-party counseling services which the department believes will further the intent and goals of   | 22 | reactions to traumatic and cumulative stress such as         |
| treatment and recovery support, including treatment  planning, recovery coaching and relapse prevention.  (iii) Co-occurring disorders.  (iv) Third-party counseling services which the  department believes will further the intent and goals of  | 23 | anxiety and depression.                                      |
| planning, recovery coaching and relapse prevention.  (iii) Co-occurring disorders.  (iv) Third-party counseling services which the  department believes will further the intent and goals of   | 24 | (ii) Alcohol, substance abuse or chemical dependence         |
| (iii) Co-occurring disorders.  (iv) Third-party counseling services which the  department believes will further the intent and goals of  | 25 | treatment and recovery support, including treatment          |
| (iv) Third-party counseling services which the  department believes will further the intent and goals of   | 26 | planning, recovery coaching and relapse prevention.          |
| department believes will further the intent and goals of   | 27 | (iii) Co-occurring disorders.                                |
|  | 28 | (iv) Third-party counseling services which the               |
| this chapter.  | 29 | department believes will further the intent and goals of     |
|  | 30 | this chapter.  |

- 1 (c) Posting. -- A sign with information about the toll-free
- 2 helpline shall be posted as follows at all sites where emergency
- 3 responders serve:
- 4 (1) At least one sign, no smaller than 8 1/2 by 11
- 5 <u>inches and no larger than 1 by 2 feet, shall be posted in a</u>
- 6 conspicuous manner clearly visible to emergency responders.
- 7 (2) The sign shall include the following information:
- 8 <u>(i) The toll-free telephone number, which must be</u>
- 9 <u>printed in bold type and large font.</u>
- 10 (ii) Notice that callers may provide information
- 11 <u>anonymously if they choose to do so.</u>
- 12 <u>(d) Online access to sign.--The department and cooperating</u>
- 13 <u>officials and agencies shall provide the sign on their</u>
- 14 <u>respective publicly accessible Internet websites for any person</u>
- 15 <u>to print as needed.</u>
- 16 § 75A06. Statewide Critical Incident Stress Management Program
- and regional programs.
- 18 (a) Establishment. -- The department, in consultation with the
- 19 Pennsylvania Emergency Health Services Council, shall establish
- 20 a Statewide Critical Incident Stress Management Program to:
- 21 (1) Identify the emotional impact that external and
- 22 internal critical incidents have on this Commonwealth's first
- responders.
- 24 (2) Prepare a response to event-driven situations
- 25 <u>affecting the emotional well-being of first responders.</u>
- 26 (b) Regulations. -- The department shall promulgate
- 27 <u>regulations to serve as a protocol for those regional emergency</u>
- 28 medical services councils that choose to establish regional
- 29 <u>critical incident stress management programs.</u>
- 30 § 75A07. Trauma and suicide awareness and impact training.

- 1 (a) Training required. -- Training provided under 53 Pa.C.S.
- 2 Ch. 21 Subch. D. (relating to municipal police education and
- 3 training) shall include trauma awareness training as established
- 4 by the Municipal Police Officers' Education and Training
- 5 Commission. Required initial and continuing education for
- 6 <u>emergency responders shall include trauma awareness training as</u>
- 7 <u>established</u>, as applicable, by the department and cooperating
- 8 officials and agencies.
- 9 (b) Training topics.--Trauma awareness training shall
- 10 include education on stress management, critical incidents,
- 11 signs and symptoms of posttraumatic stress injury, vicarious
- 12 trauma, substance abuse and addiction, warning signs of
- 13 <u>depression and suicide and any other topics as determined by the</u>
- 14 department. The training shall also include the availability of
- 15 resources under this chapter.
- 16 § 75A08. Nonprofit organizations.
- 17 Nothing under this chapter shall prohibit the department or
- 18 cooperating officials and agencies from contracting with
- 19 nonprofit organizations within this Commonwealth to offer
- 20 support services to eligible responders in accordance with this
- 21 chapter.
- 22 § 75A09. Publication.
- 23 The department and cooperating officials and agencies shall
- 24 post on their respective publicly accessible Internet websites
- 25 the contact information of entities offering support services
- 26 under this chapter.
- 27 § 75A10. Confidential communications involving emergency
- responders.
- 29 <u>(a) Disclosure.--Except as provided under subsection (c), a</u>
- 30 trained peer support individual or helpline operator who, while

- 1 in the course of duty, has acquired information from any
- 2 <u>emergency responder in confidence may not be compelled or</u>
- 3 <u>allowed without the consent of the emergency responder to </u>
- 4 <u>disclose that information in a legal proceeding, trial or</u>
- 5 <u>investigation before any governmental agency.</u>
- 6 (b) Coparticipants. -- Except as provided under subsection
- 7 (c), a coparticipant who is present during the offering of
- 8 trained peer support services may not be compelled or allowed,
- 9 without the consent of the affected emergency responder, to
- 10 disclose any communication made during the offering of the
- 11 <u>services in a legal proceeding, trial or investigation before a</u>
- 12 governmental agency.
- 13 <u>(c) Exceptions.--The privilege established under subsections</u>
- 14 (a) and (b) shall not apply if any of the following apply:
- 15 (1) The communication indicates clear and present danger
- 16 <u>to the emergency responder who received trained peer support</u>
- 17 services or helpline assistance or to other individuals.
- 18 (2) The emergency responder who received trained peer
- 19 <u>support services or helpline assistance gives express consent</u>
- to the disclosure.
- 21 (3) The emergency responder who received trained peer
- 22 support services or helpline assistance is deceased and the
- 23 surviving spouse or the executor or administrator of the
- 24 estate of the deceased emergency responder gives express
- 25 <u>consent.</u>
- 26 § 75A11. Funding.
- 27 The department may expend annually an amount not to exceed
- 28 \$250,000 from the Emergency Medical Services Operating Fund to
- 29 carry out the provisions of this chapter.
- 30 Section 2. Section 8153(c) of Title 35 is amended by adding

- 1 a paragraph to read:
- 2 § 8153. Support of emergency medical services.
- 3 \* \* \*
- 4 (c) Purpose of fund.--Except as provided under subsection
- 5 (d), 75% of the money from the Emergency Medical Services
- 6 Operating Fund shall be disbursed by the department for only the
- 7 following uses:
- 8 \* \* \*
- 9 <u>(5) To carry out the provisions of Chapter 75A (relating</u>
- to emergency responder mental wellness and stress
- 11 <u>management</u>).
- 12 \* \* \*
- 13 Section 3. Sections 3121 and 3807(b)(1)(ix) of Title 75 are
- 14 amended to read:
- 15 § 3121. EMS costs.
- In addition to any other costs that may be imposed under this
- 17 part for a traffic violation, except for a parking violation, a
- 18 cost of [\$10] \$20 shall be imposed. Moneys collected shall be
- 19 forwarded to the State Treasurer for deposit in the Emergency
- 20 Medical Services Operating Fund.
- 21 § 3807. Accelerated Rehabilitative Disposition.
- 22 \* \* \*
- 23 (b) Evaluation and treatment.--
- 24 (1) A defendant offered Accelerated Rehabilitative
- Disposition for a violation of section 3802 is, as a
- 26 condition of participation in the program, subject to the
- following requirements in addition to any other conditions of
- 28 participation imposed by the court:
- 29 \* \* \*
- 30 (ix) The defendant shall pay a cost of [\$25] \$50

- which shall be forwarded to the State Treasurer for
- deposit in the Emergency Medical Services Operating Fund.
- 3 \* \* \*
- 4 Section 4. This act shall take effect in 60 days.