

THE GENERAL ASSEMBLY OF PENNSYLVANIA

SENATE RESOLUTION

No. 249 Session of
2012

INTRODUCED BY FONTANA, BROWNE, ORIE, KASUNIC, ROBBINS, HUGHES,
DINNIMAN, VOGEL, M. WHITE, VANCE, KITCHEN, ERICKSON,
TOMLINSON, COSTA, D. WHITE, BRUBAKER, RAFFERTY, BOSCOLA,
WARD, WAUGH, WILLIAMS, SCHWANK, STACK, BLAKE, FARNESE, BAKER,
PIPPY, FERLO, BREWSTER, ALLOWAY AND PILEGGI, JANUARY 24, 2012

INTRODUCED AND ADOPTED, JANUARY 24, 2012

A RESOLUTION

1 Designating Friday, February 3, 2012, as "National Wear Red Day"
2 in Pennsylvania.

3 WHEREAS, Currently, some eight million women in the United
4 States are living with heart disease, yet only one in five
5 American women believes that heart disease is her greatest
6 health threat; and

7 WHEREAS, Ninety percent of women have one or more risk
8 factors for developing heart disease; and

9 WHEREAS, Twenty-six percent of women die within a year of
10 suffering a heart attack compared with 19% of men; and

11 WHEREAS, While 1 in 30 American women dies from breast cancer
12 each year, one in three dies of cardiovascular disease; and

13 WHEREAS, Cardiovascular disease claims the lives of more than
14 419,000 American females each year, almost one death per minute;
15 and

16 WHEREAS, Only 43% of African-American women and 44% of

1 Hispanic women know that heart disease is their greatest health
2 risk, compared with 60% of Caucasian women; and

3 WHEREAS, Nearly as many women die of heart disease, stroke
4 and all other cardiovascular diseases than the next three
5 leading causes of death combined, including all cancers; and

6 WHEREAS, Only 16% of women surveyed in 2009 identified
7 cardiovascular disease as the greatest health problem facing
8 them; and

9 WHEREAS, In women, heart disease is too often a silent
10 killer, with less than a third of women in a recent survey
11 reporting any early warning signs, such as chest pain or
12 discomfort before a heart attack, compared with most men; and

13 WHEREAS, Common symptoms for women included pain of the jaw,
14 arm or back, but most reported a delay in seeking treatments
15 after the symptoms began of anywhere from 15 minutes to two
16 weeks; and

17 WHEREAS, Women are less likely to call 911 for themselves
18 when experiencing symptoms of a heart attack than they are if
19 someone else were having a heart attack; and

20 WHEREAS, Go Red For Women® is the American Heart
21 Association's national call to increase awareness about heart
22 disease, the leading cause of death for women, and to inspire
23 women to take charge of their heart health; and

24 WHEREAS, All women should learn their own personal risk for
25 heart disease by using tools such as the American Heart
26 Association's My Life Check, Go Red For Women® Heart CheckUp, Go
27 Red For Women® Better U and by talking to their health care
28 providers; and

29 WHEREAS, Making the right choices relating to proper
30 nutrition, physical activity and other healthy lifestyle choices

1 is essential to living a heart-healthy life; and

2 WHEREAS, The truth is: our lives are in our hands and we can
3 stop our number one killer together by sharing the truth and can
4 be the difference between life and death; therefore be it

5 RESOLVED, That, in recognition of the importance of the
6 ongoing fight against heart disease and stroke, the Senate
7 designate Friday, February 3, 2012, as "National Wear Red Day"
8 in Pennsylvania and urge all citizens to show their support for
9 women and the fight against heart disease by commemorating this
10 day by the wearing of the color red; and be it further

11 RESOLVED, That by increasing awareness, speaking up about
12 heart disease and empowering women to reduce their risk for
13 cardiovascular disease, we can save thousands of lives each
14 year.